

**TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2022**

Durhams Accountants Limited

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ONE VOICE BLACKBURN
Trustees' Report and Unaudited Financial Statements
For the period ended 31 March 2022

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ONE VOICE BLACKBURN
Legal and administrative Information
For the period ended 31 March 2022

Trustees

Abrar Hussain (Chair)
Nisbah Hussain
Ased Mahmood
Ehsen Raja

Charity Number

1194240

Registered Office

BANGOR STREET COMMUNITY CENTRE
NORWICH STREET
BLACKBURN
LANCASHIRE
BB1 6NZ

Independent Examiner

Durhams Accountants Limited
8 Yorkdale Drive
Hambleton
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ONE VOICE BLACKBURN
Charity No. 1194240
Trustees' Report for the period ended 31 March 2022

The trustees present their report and the financial statements for the period ended 31 March 2022.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Structure, governance and management

The trustees who held office during the period and subsequently were as follows:

Abrar Hussain (Chair) - - Appointed 27 April 2021
Nisbah Hussain - - Appointed 27 April 2021
Ased Mahmood - - Appointed 27 April 2021
Ehsen Raja - - Appointed 27 April 2021

Objective and activities

The key activities have been to provide benefit to the disadvantaged and deprived people from all backgrounds within the Borough of Blackburn with Darwen by improving health, empowerment, leadership and cohesion of these communities.

One Voice Blackburn is a charity that aspires to create an inclusive, cohesive and vibrant community in Blackburn with Darwen. One Voice Blackburn works on award winning projects aimed at addressing health inequalities in all communities in Blackburn with Darwen, and surrounding areas. One Voice seeks to improve the social and economic wellbeing of some of the most deprived communities in Blackburn with Darwen.

The charity delivers programmes of work aimed at improving the physical and mental health of residents of the borough alongside a strong programme of activities which instil leadership skills and abilities amongst both young people and women. In addition the charity provides opportunities for children and women to thrive and flourish through our provision of inclusive sports, arts and wellbeing activities on offer every week of the year. The activities benefit primarily residents from some of the most deprived wards in the borough and predominantly from South Asian backgrounds.

One Voice Blackburn works with the community in which the charity is based, mainly in Bastwell ward which was recently identified as experiencing the highest levels of child poverty in England.. The charity's health programmes engage residents of all ages, particularly those with long term conditions and mental health issues. The charity's social cohesion and leadership activities engage young people from 5 upwards and women of all ages.

Achievements and performance

The charity was originally established as a community organisation in 2011, and subsequently set up as a Community Interest Company in 2015, and registered with the Charity Commission on 27th April 2021.

The governing document is the Articles of Association.

The Board of Trustees is responsible for the overall governance, management and control of the charity. The operational management is delegated to the Chief Executive. The Chief Executive reports to the board.

The Charitable objects are:

1. To act as a resource for young people up to the age of 25 living in the Borough of Blackburn with Darwen 'the area of benefit' by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:
 - Advancing in life and helping young people by developing their skills, capabilities to enable them to participate in society as independent, mature and responsible individuals;
 - Advancing education;
 - Relieving unemployment;
 - Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.
- 2 To promote and protect the physical and mental health of people living in the area of benefit through the provision of support, education and practical advice.

3. To develop the capacity and skills of the members of the area of benefit in such a way that they are better able to identify, and help meet their needs and to participate more fully in society.

The Charitable objectives are delivered through four Primary Objectives

Health

Raising awareness of key health issues affecting our communities and supporting the strategies to deliver improvement in our health and well-being

Empowerment

Raising aspirations and opportunities for all within our communities to ensure that they fulfil their true potential

Leadership

Creating and developing pathways for those aspiring to become leaders now, and in the future

Cohesion

Working with key partners to develop both harmonious and cohesive local communities

Our values are engaging, passionate, warm and inclusive

Message From the Trustees and CEO

One Voice Blackburn have been leaders in delivering key community projects over the last decade in various forms, from a community group, then a community interest company, and now a charity.

The last few years have indeed been testing. The challenge that we have always set ourselves as a charity is to stay ahead of the curve when it comes to supporting marginalised communities. This preparation meant that we were able to serve our members and others over the challenging circumstances during the Covid-19 pandemic. Furthermore, as restrictions were lifted from April 2021 we were once again well prepared to adjust to the influx of new members, projects and enquiries. As the Chief Executive I am proud of how we have grown as an organisation in the previous 12 months, and especially of the staff and volunteers.

We worked in new and innovative ways. We supported parts of the Blackburn with Darwen community that we had never engaged with previously, and above all else we have sought to bring everyone together. As highlighted in the immensely successful One Voice Annual Dinner, which took place in October 2021 – the first main civic event in Blackburn since the start of the pandemic in March 2020.

Our growth in members and income shows the strength of the charity. This is also a reflection of our partnership work with many likeminded and strong organisations in the voluntary sector. As we look to expand our operations and move into new areas, such as publishing, events and marketing, it is important to remember the reason why One Voice Blackburn came into existence.

Supporting young people and their families is the cornerstone of our charity, especially those from deprived backgrounds. As the continuing challenging landscape endures our strength in volunteers will need to be activated again to ensure that we improve on the inequalities which exist in our Borough.

Response to COVID-19

The Covid-19 pandemic had a disproportionate impact on Black, Asian and Minority Ethnic (BAME) communities across the country, and locally here in Blackburn with Darwen. Public Health insight, data, research and evidence to date has identified some key factors that contribute to an increased risk of infection and adverse outcomes for BAME communities. Locally these risk factors include but are not limited to household size, high-density occupancy, poor quality housing and poor ventilation, high levels of multiple deprivation, co-morbidities and frontline occupational risk, which highlights the vital contribution our diverse communities have made as key workers during the pandemic.

The Covid-19 pandemic had a significant impact on the communities whom we engage with. These are predominantly residents from South Asian and other ethnic minority backgrounds and at a higher risk of experiencing more severe symptoms and higher rates of death from Covid-19, with families working in occupations identified as most at risk.

The pandemic significantly impacted on the mental wellbeing of the young people and families we support with many afraid to leave the house despite easing of lockdown conditions. The young people we work with live in deprived areas of town with very little access to outdoor space within their homes and often live with several generations under one roof. Although we provided online activities during periods of lockdown it became apparent that many could not access these due lack of digital access or equipment at home or due to overcrowding at home do not feel comfortable joining video calls.

In response to this issue, we successfully applied for funding from Children in Need to deliver a 12 month project focused on boosting the emotional and physical wellbeing of our young people with sessions framed around the 5 ways to wellbeing with additional group and 1:1 support from our Emotional Wellbeing Coaches.

Local organisations have a strong track record of working together to deliver strengths-based support to tackle not just immediate problems people face, but the underlying causes of those problems. During the Covid-19 pandemic poverty has worsened in Blackburn with Darwen with the impact of long-term furlough, job losses, reductions in working hours and zero hours contracts. Many people are fearful about the future and their health and wellbeing and people are increasingly digitally excluded as social distancing becomes the norm. "Long Covid" is likely to have a significant impact in Blackburn with Darwen– this will continue to have an impact on health and wellbeing and economic prosperity. This is why it is vitally important to engage, empower and increase resilience within our communities in the short, medium and long term.

The Aims of this programme was to: -

- Plan and deliver a collaborative and comprehensive programme of targeted engagement with Black, Asian, Minority Ethnic (BAME) communities, groups and individuals to build trust, communicate accurate health information, increase vaccination uptake and ultimately help to save lives.
- Support people shown to be most at risk from Covid-19 to follow safer behaviours and reduce the impact of the virus on themselves and those around them.
- Strengthen pathways into existing support services to ensure sustainable outcomes for those most affected by Covid-19.
- Reduce the impact of the virus on communities within Blackburn with Darwen.

Blackburn with Darwen's Covid Community Champion programme brought together the existing work already carried out in the borough. It saw targeted engagement with communities, groups and individuals on key public health messages to escalate existing support services to ensure sustainable outcomes for those most affected by Covid-19 – our BAME residents, residents with disabilities, but also young people – older teenagers and young adults. The programme provided an engagement pathway which shall lead to better outcomes for the residents of Blackburn with Darwen.

One Voice Blackburn recruited 15 Adult Covid-19 Champions, and 10 Young Covid-19 Champions to carry out the above work. The project was commissioned by Blackburn with Darwen Borough Council and included eight other voluntary sector organisations.

One Voice Blackburn, alongside other partners, devised a youth friendly campaign that translated referrals into an isolation line for young people to complete programmes while isolating. Young people and families received practical support while isolating.

The campaign was twofold, it communicated important messages encouraging the need to self-isolate to reduce transmission as well as advertising how young people and families could get the practical support they needed to self-isolate.

The communication plan included:

- The creation of a new brand which was recognised across the Borough
- Key messages around isolation delivered through graphics and branding
- Video messages from young people encouraging their peers to isolate to reduce transmission
- The isolation contact line was present on all communication.
- Partnership working across youth agencies to co-deliver messages

Holiday Activity and Food Programme (HAF) Summer 2021

One Voice Blackburn conducted its first Holiday Summer Club in August 2021, commissioned by Spring North, Blackburn Youth Zone and Blackburn with Darwen Borough Council.

Parents and carers throughout Blackburn were eligible to benefit from free holiday clubs places for children and young people over the Summer and Winter holidays, through the Government's Holiday Activities and Food programme (HAF).

We had 280 young people registered to attend the summer club between the ages of 4-16 years. The number of young people attending each day was between 170 and 210.

The registered members were split into the following groups so that we could adapt each activity accordingly:

- Younger girls A&B (under 10)
- Younger Boys A&B (Under 10)
- Older girls
- Older boys.

We had a team comprising of 20+ staff members and volunteers that were spread across our groups to ensure the correct adult to child ratio was met. Our team was essentially the solid foundation for the holiday club as they played a key role in relationship development with the members.

Physical activity and health can be an issue during the school holiday period as families often struggle with providing their children with a balanced nutritious diet. Due to time restraints or work they are not always mindful of completing the recommended exercise levels.

As well as ensuring individuals creativity and skills were developed we also ensured that each group participated in a minimum of 2 hours of sporting activities a week so that they were staying active and engaged. This included:

- Cricket, Rounders, dodgeball for the older groups
- and fun street inspired games for our younger groups.

The Dance Studio was reserved for Peshkhar Dance and Drama group on Tuesday and Thursday of each they ran dance, drama and keep fit sessions. Each Monday and Wednesday was reserved for circuit training, cardio sessions and cross fit exercises.

The groups enjoyed being creative by decorating cupcakes/biscuits, making clay sculptures, slime, wind chimes/wall hangings, making jelly, self-portraits, water bombs and solving crime mysteries. The older girls group also went outdoors for their litter picking session.

We ensured that the activities planned had the right balance for individuals to develop their communication skills, character building, social and emotional skills and physical health

70% of our attendees received free school meals, and 100% of our young people on the programme experienced financial hardship with food in the holiday period. Each day we catered for 200+ children. The meals consisted of chicken biryani, lamb shepherd's pie, chicken pasta, tandoori chicken sandwiches, mixed vegetable rice with roast chicken, lasagne and other options were provided.

During the sessions we provided the members with regular snacks including fruit, cereal bars, fruit juice/water and other healthy snacks. The additional meals that were left over were sent to the children in the local community that were on free school meals but were unable to attend the daily sessions.

We had a policy where we did not turn any child away. Every child was always provided with snacks and a meal. Our activities were adapted towards all participants to keep them engaged and involved.

We received positive feedback from both parents and children. In particular one lady sent her son aged 7 years old and daughter aged 6 years old to the holiday club so that it enabled her to get her chemotherapy treatment completed from the hospital, as she has breast cancer.

She said that with us offering this service to the children it made her feel less anxious and ensured that the children were kept busy and having fun.

Many of our members also developed great relationships with the staff. The older girls group mentioned how there was a real sense of belonging and a positive environment within their sessions so much so that they could not wait to attend the following day.

Holiday Activity and Food Programme (HAF) Winter 2021

The aim of the programme was to make free places available to children eligible for free school meals for the equivalent of at least four hours a day, four days a week during the Winter break. The provision could be via existing holiday clubs that are supported to provide free places for eligible children and young people or it may fund new provision where there are gaps.

As a result of this programme, we ensured children who attended the provision:

- to eat more healthily over the Winter holidays
- to be more active over the Winter holidays
- to take part in engaging and enriching activities which support the development of resilience, character and wellbeing along with their wider education
- to be safe and not to be socially isolated
- to have greater knowledge of health and nutrition
- to be more engaged with school and other local services

We had 220 young people registered to attend the summer club between the ages of 4-16 years at some point during the 4 days of activities

One Voice Blackburn has four clear objectives. We create projects which support the implementation of our objectives. These projects are developed in consultation with stakeholders, staff, volunteers, key partners and members. The projects have been agreed by the board of trustees and the chief executive.

HEALTH

Baiter Sehat (Better Health) is the health delivery brand of One Voice Blackburn. Baiter Sehat aims to address the health inequalities which exist in Blackburn with Darwen, particularly among the borough's South Asian heritage and Arab/refugee communities.

Dementia

One Voice Blackburn received support from the National Lottery Community Fund to raise awareness of dementia. The project commenced in January 2022 with an aim of creating 2000 Dementia Friends by January 2025.

Organ Donation

With support from NHS Blood and Transplant One Voice Blackburn launches a project called 'Let's Talk About You and Me'. The Community Investment Scheme, funded One Voice Blackburn to drive awareness, understanding and behaviour change. The projects also highlighted the importance of blood donation.

Vitamin D

Commissioned by Blackburn with Darwen Borough Council, One Voice created an awareness campaign named 'We all Need Vitamin D'. It was aimed at all sections of the community but there was a specific emphasis on the South Asian heritage communities in Blackburn with Darwen.

Social media output reached 40,000 people between January and March 2022. Leaflets, posters and videos were also produced to distribute in the community.

Young Diabetes Champions

One Voice Blackburn and IMO Charity have created over 30 young Diabetes Champions to highlight type 1 and type 2 diabetes in a campaign named; 'Are you my Type?'

The young people received formal training by diabetes professionals. Across nine months, the Champions delivered education workshops to schools and youth groups across the borough and also delivered workshops for parents and carers on how they can best support young people living with Type 1 and 2 or at higher risk of developing Type 2 diabetes.

The social media campaign reached nearly 100,000 people. Leaflets and posters were also distributed into schools and colleges.

Mental Health – Flourishing Minds

Mental health charity Lancashire Mind has partnered with One Voice Blackburn to provide a range of wellbeing and mental health support for residents across the borough. One Voice conducted the second year of a three-year project during 2021/22.

With more people than ever facing mental health and wellbeing issues, some as a result of the current coronavirus pandemic, support and services like this are becoming increasingly important.

The support provided has helped people better self-manage their wellbeing and to improve their quality of life.

One Voice Blackburn has supported 158 individuals with their emotional health and wellbeing needs through workshops, counselling and referrals.

EMPOWERMENT

West End Girls (WEGs)

West End Girls (WEGs) was launched in 2014 to empower young females from marginalised communities and help them reach their full potential. The year 2021/22 saw the group increase its size to 175 members with the launch of mini WEGs. It was also the final year of a three-year funding programme from the National Lottery's Community Fund. WEGs ages range from 10 years of age to 17 years.

In this turbulent year we recruited 24 new members. We also managed to engage in 211 digital hours of provision for our young members. We recruited an extra 9 volunteers and were able to make use of the services of a number of freelancers.

The West End Girls have also created their own YouTube channel by the name of 1VTV. They have created a number of videos in the last 18 months.

https://www.youtube.com/watch?v=JoOOxN_gBy0
<https://www.youtube.com/watch?v=dd8V-cUaqSE>
<https://www.youtube.com/watch?v=wUdB-Ydf6AU>
<https://www.youtube.com/watch?v=04sKZ8vIh7w>
<https://www.youtube.com/watch?v=XSrxOH6RBL4>

WEGs launched a new campaign to create more awareness of eating disorders amongst young people.

The West End Girls (WEGs) 'Let's Stop the Stigma' project aims to better understand eating disorders and 'find a way to support people of all ages'.

<https://www.lancashiretelegraph.co.uk/news/19829393.girls-group-launch-new-campaign-address-eating-disorders/>

<https://www.lancashiretelegraph.co.uk/news/19963455.world-book-day-readers-challenge-publishers-improve-diversity/>
Ahead of World Book Day on Thursday, a charity is aiming to raise awareness of the lack of diversity in publishing. One Voice Blackburn, which runs a number of youth groups and a book club, is asking their members to read books written by females from minority backgrounds.

Membership of Mini WEGs (girls aged 6 – 10) has increased to 56 during 2021/22

International Women's Day

A series of activities took place to celebrate International Women's Day in March 2022. A cinema event took place in the heart of Blackburn inviting ladies from across the borough.

Making it Digital Employment Programme

One Voice Blackburn delivered a series of 10-week programmes of digital skills and employability workshops to four cohorts of up to 10 women each cohort from ethnic minority backgrounds, with 15% of participants aged 50+. We provided six hours of guided learning each week. By keeping the numbers to this size, we were able to take a more personalised approach to supporting their development of digital, employability and communication skills.

Through the workshops we supported participants to gain new levels of digital confidence, leadership skills and gain accreditations in digital delivery and online safeguarding. We introduced the women to female role models from national digital agencies with a focus on encouraging them to achieve their full potential in education and workplace in a new way of working.

Our project lead supported each participant along this journey, helping them to contact relevant local educational establishments or businesses.

Participants in the first three cohorts had the opportunity to become volunteer mentors to later cohorts, taking on the role of 'buddies' for other women participating in the programme, offering support and guidance, and developing leadership skills.

Women's Network & Coffee Natters

These groups are designed to support females in areas such as health and well-being, empowerment and leadership.

The groups encourage civic participation and have been successful in supporting the development of female councillors from a south Asian heritage community. Currently there are four female councillors representing the local council, where there were none in 2018.

Over 40 ladies have participated in both groups over 2021/22. 18 ladies have received formal mental health and wellbeing qualifications, a further 10 have become community health champions, while six have supported One Voice's dementia work.

LEADERSHIP

Street Games

As part of the Street Games project, One Voice Blackburn empowered 10 young girls, 4 young people and 3 project workers to engage in regular sporting activities. We also created scope for some members to develop and become leaders for our sporting groups. We have established and developed a motivated group of girls that attend regular sports sessions on a weekly basis.

After consultation during and after the pandemic we realised many members were greatly affected and found it difficult to stay active. As soon as we were able to do so, we set up a female only sports group that gave these individuals the opportunity to engage in various sports on a regular basis. We provided these members with the space and equipment to get involved in a range of sports including football, cricket, and rounders. With the support of Street Games we introduced additional sports in our sessions including dodgeball and circuit training.

There was further interest in wanting to use social media to showcase their talent and create unique content through TikTok and Instagram, by using a Go Pro device. We have also created unique opportunities for some of the young people to get involved in training sessions where they learn skills that will enable them to lead and manage sports sessions in the near future.

Arts Council

Young people with an interest in drama and film are at the very heart of a One Voice Blackburn project which has been awarded funding through the Arts Council. Revival will feature the production of a series of videos and performances, and offer leadership opportunities.

One Voice Blackburn realise that creativity can help young people perceive the world in new and different ways. It enables us to think outside the box and produce real pieces of entertainment. Young people have little access to either music or arts provision and miss out on the benefits these can bring to their lives in terms of personal development, social and educational attainment.

2020 Vision is a project-based initiative created by One Voice Blackburn. It encompasses various social action programmes aimed at developing the next generation of leaders. It was launched in November 2015.

2020 Vision is also the recruitment ground for volunteers into the organisation. Many of these volunteers have then gone onto paid employment through the holiday club programmes, and various projects, run by One voice Blackburn.

2020 Vision is also a community think tank that will lend its views to local decision makers in shaping Blackburn with Darwen. Members are aged between 14 and 20. Some of the individuals are students at universities throughout the UK and beyond, with the aim giving back to their hometown once their career paths have been established.

In 2021/22 funding from BBC Children in Need allowed 12 youth leaders to work with our younger age groups as volunteers. The funding allowed for training courses and development for the youth leaders.

1V Scouts

There a total of 101 registered scouts within 1V Scouts meaning that it is the largest group run by One Voice Blackburn and one of the largest Scouts group in Blackburn and the Northwest.

1V Scouts are supported by 10 leaders led by Group Scout Leader Nisbah Hussain. The sessions take place as follows:

- Squirrels, Beavers, Cubs and Scouts at 10-15m to 11-30am on Saturdays at Brookhouse Primary School.
- Explorers at 7-30 to 9-00pm on Fridays at Bangor St Community Centre.

The Leaders have been planning sessions for the next few months with nay exciting sessions and trips planned.

1V Scouts now include the following sections:

- Squirrels (4-6 year olds) - 11 registered
- Beavers (6-8 year olds) - 16 registered
- Cubs (8-10 year olds) – 24 registered
- Scouts (10-14 year olds) – 33 registered
- Explorers (14-18 year olds) – 17 registered

1V Scouts continued to hold sessions between April and August 2022 with a break for Ramadhan. They have participated in the following activities during this period:

- Visit to RAF in Wolverhampton
- Hike to Entwistle Reservoir
- Sailing in the Lake District with other Scoots sections
- Supporting the organising of Lammack Fayre with Lammack Community Association and raising over £1,000 towards the Scouts Jamboree to be held in Seoul in August 2023.
- Visit to Cornwall at the end of August

1V Scouts returned to sessions on 10th September 2022 at Brookhouse Primary School and Bangor St following the Summer break. An initial information and registration session was held for parents and Scouts with nearly 130 people attending.

COHESION

Youth Ambassadors

Alongside various youth partners in Blackburn with Darwen One Voice Blackburn delivered two cohorts of an arts based social integration project. The project worked with 20 young people from diverse backgrounds in the borough to create arts based projects in music and drama, and also cement long lasting friendships. This work was commissioned by Blackburn with Darwen Council and Blackburn Youth Zone.

I'm not a Muslim But I Will Fast For One Day

One Voice Blackburn produced the latest video on how Muslims enjoy the festive season.

The project 'I'm a Muslim and I love the festive period' was produced in December 2021 as a community cohesion initiative. It was the fifth video of its kind produced by One Voice since 2016. There was no video in 2020 due to covid-19 restrictions. The project supported local charity Secret Santa, where it was also filmed, in raising funds to distribute gifts to disadvantaged young people in the town.

The video featured members of the Blackburn community where they revealed what they like about Christmas and the new year.

High Tea Events

One Voice Blackburn conducts high tea events to promote community cohesion and integration in Blackburn with Darwen. These events are attended by up to 150 people from a diverse range of backgrounds. The next event scheduled alongside a Queens Platinum Jubilee celebration in June 2022. Some of our groups are provided with leadership opportunities as they plan and execute these gatherings.

Membership

Following the disruption caused by Covid-19 lockdowns One Voice was able to recruit new members to the organisation. Currently we have 440 members in all of our groups.

1V Awards & Annual Dinner 2021

The ninth One Voice Annual Dinner, celebrating the charity's 10th anniversary, and the 1V Awards took place on Saturday 9th October 2021. The awards celebrated the very best of community people and groups in Blackburn with Darwen. Awards included the Aya Hachem Young Person, Group, Man and Woman of the Year. The dinner was hosted by 14-year-old Witton Park Academy student Sara Hussain and supported by Pleckgate High School student, Shahida Hafeji.

It was held at King George's Hall in Blackburn and over 400 guests attended the glittering showpiece. The event featured key-note speeches delivered by Dr Fazal Dad, Principal of Blackburn College, the Director of NHSBT Anthony Clarkson, and Councillor Mohammed Khan. There was also a stunning performance by BANNED Cohesion pop group with members of our WEGs group. The guests were treated to a touching commemoration video which included messages from those who had lost loved ones in the last 18 months.

One Voice Blackburn's Impact

Ruby, 55-year-old female, a primary school teacher and mother of seven, suffered from depression. She came to the UK in 2018, this was her first visit she had to leave half her family in Pakistan due to Visa problems, this therefore increased her depression, and her mental health was affected greatly. A lot of her family believed her depression was the result of an evil spirit or black magic. She would not sleep well or eat well; her health was deteriorating. She had been to various spiritual people to help overcome these feelings of depression and anxiety.

Ruby had already attended counselling sessions and was taking medication which kept her stable, but she was still lonely, depressed, suffered from anxiety and had poor mental health.

One of Ruby's friends told her about One Voice and mentioned how they may be able to help her. She contacted us and we went through her problems and her referral was completed. One Voice was able to gain the appropriate support through a well-being programme. She was also able to join our Coffee Natter's group. Within three sessions her condition started to improve. She became a lot happier, she seemed more alert and engaged and was able to understand how to deal with her problems more effectively. Ruby is now in a much happier place, she is open about her situation and is dealing with her children being away from her and is now focusing on the positives rather than the negatives. In part this is due to her completing the well-being course and was able to join a group where mental health and well-being is a key focus.

Ruby is more involved in the community, she feels she has been well supported by One Voice and was grateful for all the help she has received. She was also able to reduce her medication as a result of all this.

Ruby comments,

'If I hadn't contacted One Voice Blackburn then I may not be in the place I am currently in. I feel like a different person. I feel thankful to One Voice for all the kindness I have received since joining the Coffee Natter's women's group. They have had a powerful and positive impact on my mental health.'

"West End Girls (WEGs) has completely changed our lives as parents of an autistic child. One Voice Blackburn have been not only supportive but extremely professional in developing young girls into confident young British citizens. WEGs are an inclusive organisation balancing between culture, religion and well-being. The programmes they plan and set clearly show how carefully each activity is chosen to meet each individual's needs. They have excellent communication skills with parents and keep us involved at all times. It is an honour to have our daughter be a part of such an amazing organisation. She will only move forward from being with WEGs."

Mr Butt (Parent of Member)

One Voice Blackburn Future Strategy

In April 2022 One Voice Blackburn developed a three-year strategy to plan for the future of the charity.

Our Aspirations

- To continue to develop strong partnerships in Blackburn with Darwen to support all communities in the Borough in areas of health, empowerment, leadership and cohesion.
- Work in key focused areas such as health and wellbeing to improve the quality of life for residents of Blackburn with Darwen
- To continue to use resources and income wisely so that we can invest and improve our services for our young people and socially isolated members of our communities
- To establish a base for One Voice Blackburn where the organisation can deliver all its services to the community
- To be a great place of work or volunteering where individuals can learn and grow to expand One Voice Blackburn for the next generation. Invest in our young people
- Retain and grow membership which is consistent with our resources. Keeping a focus on parts

Our Outcomes

- Recognition. Rewards. Increased membership. Increased income.
- Grow and expand the Baiter Sehat (Better Health) project
- Financially sustainable (with an income of £350K per year by 2024 and membership of 500)
- Relocation of offices to a multi use/purpose site. Designate a specific amount of reserves for the purpose of our own building.
- Regular surveys of staff, regular training and succession planning
- Membership systems and framework in place to analyse data on a quarterly basis.

Our Future

Our future will consist of:

- an organisation of excellence for young people and women
- in particular.
- a provider of a range of services that are consistent with our purpose and key objectives.
- an innovator of delivery including the provision of digital excellence.
- an organisation which uplifts and promotes marginalized communities in Blackburn with Darwen

One Voice Blackburn Magazine

It was agreed by the trustees of One Voice Blackburn to launch a magazine in Spring 2022 to celebrate the work of the charity alongside providing news about the local communities in Blackburn with Darwen. The magazine will be published quarterly from June 2022.

Marketing & Events

One Voice Blackburn's strengths lie in its community work and engagement and uplifting marginalised communities. Our area of work in marketing, communications and events has been considerable since the launch of the charity, and we are a respected communicator of key messages which are aligned to our objectives. One Voice will seek opportunities to conduct further work into marketing and events which support the objectives of the charity.

Building

It is the aim of the charity to build up reserves to develop a new purpose built building in the heart of Blackburn to serve the needs of One Voice Blackburn, its members and the wider community. The trustees have suggested a five-year plan to make this vision a reality.

One Voice Blackburn in Numbers 2021/22

- **418 Current Members**
- **242 (average weekly engagements)**
- **6200+ unique people engaged**
- **16 Projects delivered (3 Covid Specific)**
- **780 Volunteer Hours provided**
- **85% improved Confidence rate among new members (within first six months)**
- **3800 Free Meals provided to young people**
- **225 individuals supported with mental health needs**
- **11 Targeted Campaigns to promote health, leadership, empowerment, cohesion**

Financial review

The charity is reporting total income of £431,776 (including £137,793 transferred from the conversion of One Voice Blackburn CiC on incorporation of the charity). Total expenditure for the year was £208,359 resulting in an in-year surplus of £223,417 for the first year of operation.

The reserves show a total of £223,417 at 31 March 2022. The trustees are of the opinion that to maintain unrestricted reserves at this level appears to be a prudent course of action.

The Trustees will be developing a reserves policy during 2022/23 to ensure that the charity has a sustainable financial position for the medium to long term.

ONE VOICE BLACKBURN
Charity No. 1194240
Trustees' Report for the period ended 31 March 2022

Statement of Trustees' Responsibilities

The trustees are required to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of its financial activities for that period. In preparing those financial statements, the trustees are required to:

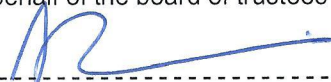
- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether the policies followed are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it's appropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose the reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent Examiner

A resolution proposing that Durhams Accountants Limited be reappointed as Independent Examiner of the charity will be put to members.

On behalf of the board of trustees



Abrar Hussain (Chair)

Dated: 1st November 2022

ONE VOICE BLACKBURN
Independent Examiner's Report
For the period ended 31 March 2022

In accordance with the engagement letter dated 13 December 2020, we report on the financial statements of the charity for the period ended 31 March 2022, which are set out herein.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's report

In connection with our examination, no matter has come to our attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare financial statements which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Durhams Accountants Limited
8 Yorkdale Drive
Hambleton
North Yorkshire
YO8 9YB

ONE VOICE BLACKBURN
Statement of Financial Activities
For the period ended 31 March 2022

	Notes	Unrestricted £	Restricted £	2022 £
<u>Incoming and Endowments from:</u>				
Donations and legacies	2	136,847	946	137,793
Charitable activities		261,956	32,027	293,983
Other trading activities		-	-	-
Investments		-	-	-
Total incoming resources		398,803	32,973	431,776
 <u>Expenditure</u>				
Raising Funds		-	-	-
Charitable activities	3	175,570	32,789	208,359
Total resources expended		175,570	32,789	208,359
 Net income/(expenditure)				223,417
 Reconciliation of funds:				
Total funds brought forward				-
 Funds at the end of the year	4			223,417

The notes on page 7-8 form part of these financial statements.

ONE VOICE BLACKBURN
Balance Sheet
As at 31 March 2022

	Notes	2022 £	£
FIXED ASSETS			
Fixed assets	5	7,382	7,382
CURRENT ASSETS			
Prepayments and other debtors		5,829	
Cash at bank and in hand		287,017	
			292,846
CURRENT LIABILITIES			
Deferred income		(48,287)	
Accruals		(28,524)	
			(76,811)
NET CURRENT ASSETS			216,035
TOTAL ASSETS LESS CURRENT LIABILITIES			223,417
NET ASSETS			223,417
Unrestricted funds	4		223,233
Restricted Funds	4		184
MEMBERS' FUNDS			223,417

On behalf of the board



Abrar Hussain (Chair)

Dated: 1st November 2022

The notes on page 7-8 form part of these financial statements.

ONE VOICE BLACKBURN
Notes to the Financial Statements
For the period ended 31 March 2022

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

1.2. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably. Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

1.3. Taxation

Corporation Taxation The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

1.4. Fund Accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the Trust's work or for specific artistic projects being undertaken by the Trust.

1.5. Fixed Assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

ICT Equipment	3 Years
Fixtures & Fittings	3 Years

2. Donations and Legacies

On incorporation of the charity, reserves of £137,793 were transferred from One Voice Blackburn CiC as the CiC converted to a charity. Of these £136,847 were Unrestricted and £946 were Restricted

3. Total resources expended

	2022
	£
Charitable activities undertaken directly	207,819
Governance costs	540
Total resources expended	<u>208,359</u>

ONE VOICE BLACKBURN
Notes to the Financial Statements
For the period ended 31 March 2022

3. Trustees

None of the trustees (or any persons connected) received any remuneration during the period.

4. Analysis of restricted funds

	Income Received	Spent	Deferred Income
	£	£	£
Restricted funds at the balance sheet date are represented by:			
WEA	18,960	18,960	-
BBC Children in Need	14,812	9,812	5,000
Scouts	3,255	4,017	-
	32,027	32,789	5,000

5. Fixed Assets

	ICT & Office Equipment	Total
	£	£
Cost:		
At the start of the year	-	-
Transferred	12,074	12,074
Additions	1,721	1,721
At the end of the year	13,795	13,795
Accumulated depreciation:		
At the start of the year	-	-
Transferred	2,496	2,496
Charge for the year	3,917	3,917
At the end of the year	6,413	6,413
Net book value		
At the end of the year	7,382	7,382
At the start of the year	-	-