

Sing Healthy Choirs
Report and Financial Statements
Year ending 31st December 2022
Charity Number: 1194226

Approved at Trustees meeting: 15/2/23

Table of Contents

1.0	Introduction	3
2.0	Reference and administrative details	3
3.0	Structure, governance and management	3
4.0	Objectives and activities	3
5.0	Achievements and performance	5
5.1	General situation.....	5
5.2	Performances	5
5.3	Charitable giving.....	6
6.0	Financial review	7
6.1	2022 Commentary.....	10
6.1.1	Income	10
6.1.2	Expenditure.....	10
7.0	Plans for future periods	10

1.0 Introduction

The trustees present their annual report for the year ending 31st December 2022. The financial statements have been prepared on the “Receipts and Payments” basis as defined by the Charity Commission to apply to a charity of our size.

2.0 Reference and administrative details

CIO name: Sing Healthy Choirs

Charity registration number: 1194226

Charity address: Wilton House, Basingstoke Road, Spencers Wood, Reading RG7 1PH

Trustees

Sing Healthy Choirs was run by an initial set of trustees to manage the process of becoming a charity which was achieved on 24th April 2021. The first AGM was held on 25th May 2021 when there were a number of changes to the trustee structure.

Ann Shaw	Chair	(from 25 May 2021, previously the treasurer)
Lynn Marshall	Secretary	
Michael Gale	Treasurer	(from 25 May 2021, previously a trustee)
Paul Dunn	Trustee	(from 25 May 2021)
Ann Stainton	Trustee	
Nicola Nicholson	Trustee	(from 13 July 2021)

In compliance with our constitution, two of the trustees (Ann Shaw and Lynn Marshall) stood down at the annual AGM on 26th May 2022. No members wished to stand for election and Ann and Lynn were re-elected unopposed back into their posts.

3.0 Structure, governance and management

Sing Healthy Choirs CIO is governed by its Constitution document of 26th April 2021. The Constitution defines the objects of the charity and the associated controls and governance around it.

4.0 Objectives and activities

Sing Healthy Choirs CIO has two objects for the benefit of the public:-

1. To promote, improve, develop and maintain public education in, and appreciation of, the art and science of music in all its aspects by any means the CIO trustees see fit including through the presentation of public concerts and recitals

2. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine

The charity seeks to fulfil its objects through the running of choirs that benefit both the members in their enjoyment of music and also the general public who benefit from the choir performances.

Charitable donations are made to, primarily, local charities when the funding position of the charity permits.

The trustees have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission.

"Thank you so much for raising such a wonderful amount for Link Visiting and for putting on a thoroughly enjoyable evening. I really loved it. We are so appreciative and grateful." – **Link Visiting Scheme**, April 2022

"On behalf of the trustees and beneficiaries I would like to thank you for the donation which we have received" – **COATS**, July 2022

"I really enjoyed the evening and was very impressed by everyone's talent. That's an incredible amount from one evening - thank you so much." - **First Days Children's Charity**, November 2022

"Thank you all so much, this is a huge, huge help to us!" – **Berkshire Maestros**, November 2022

"This is the most exciting email I have had all year! I am thrilled to hear you will be coming." **Wokingham Library**, November 2022

"Thank you so much for coming – your singing was excellent and we definitely got more donations when you were there" - **Step by Step**, December 2022

"Thank you for inviting us, we had a wonderful time" – **CLASP**, Christmas concert 2022

"Many, many thanks for your amazing donation. It is very much needed and appreciated" - **Pilgrim Hearts Trust**, December 2022

"Thank you again for such a splendid evening - it was simply fantastic! Please thank everyone again for me for their time and incredible performance" **'The Rose'** Wokingham, December 2022

5.0 Achievements and performance

5.1 General situation

2022 represented the first full year of Sing Healthy Choirs being a CIO and also saw the transition to more normal operation after the constraints of Covid had been relaxed. Sing Healthy has continued to operate two choirs, one more oriented towards classical choral repertoire and the other to popular contemporary music. This continues to be a good mix, offering the members a choice and some do attend both.

The post-Covid world allowed us to return to indoor rehearsals albeit through compliance with Making Music recommendations on distancing, cleaning and ventilation. Despite initial nervousness, we saw the return of most of our members and confidence grew with the arrangements in place (as it did in broader society). The trustees continue to be grateful to the organisers and members in establishing the safe environments at all our venues and following the guidance.

Our two Music Directors developed repertoires for both choirs that were challenging in parts and immensely enjoyable. The trustees are similarly indebted to the Directors for their talent, musicality and willingness to try many new approaches for the enjoyment of the members and general public.

Overall, our membership numbers have marginally increased. There is some seasonality to the membership numbers, but the trend is positive and we are pleased to welcome new people. The trustees provide the membership with newsletters to keep them abreast of choir activities, plans and charitable donations.

As part of an overall strategic review of the charity, the trustees have engaged with the membership on different aspects of the choirs in order to determine where changes and improvements might be made. The responses to the engagement were overwhelmingly positive and supportive although there were some suggestions for changes. Some of these changes (e.g. a move of rehearsal location for one of the choirs) have already been implemented.

5.2 Performances

We have been able to hold a number of successful public performances this year as we have returned to more normal activities. In April, we staged a Wokingham choir concert centred around Faure's Requiem. This had been originally planned to take place in 2020, but cancelled due to the first lock down.

July saw the Bracknell choir stage a Jubilee concert in conjunction with Ascot Brass. The concert comprised musical pieces from each decade of the Queen's reign.

A summer concert/picnic was also held in July for the choir members, family and friends. This provided an opportunity for both choirs to come together, to enjoy each other's music and to sing joint pieces. Our CLASP Choir for adults with learning disabilities took part, too.

In November, Wokingham choir staged a concert of chamber music and songs of Ralph Vaughan Williams with the Berkshire Maestros talented orchestra of young musicians, Camerata.

Finally in December, we had our joint choirs Christmas concert in conjunction with CLASP self-advocacy charity.

All our organised concerts proved to be very popular and appreciated. All were profitable and donations were presented to our chosen charities.

Christmas time also saw the members doing multiple fundraising and publicity "sing outs" of popular carols at various Wokingham and Bracknell town centre locations.

5.3 Charitable giving

The charity has been very pleased to make an increased number of charitable donations this year from our concert profits. Recipient charities:

Link Visiting Scheme - The Link Visiting Scheme was founded more than 20 years ago to help reduce loneliness amongst older people and to bring generations together in friendship and shared experiences.

Thames Hospice (via Ascot Brass) – The charity's highly skilled staff and volunteers work with patients and their families to develop a complete programme of care tailored to their needs, treating everyone with dignity and respect.

COATS - Crowthorne Old Age to Teen Society is a charity whose object is to promote the welfare of Senior Citizens within Crowthorne and the surrounding area. It provides companionship, lunches, teas, activities, entertainment and services for local older people.

Berkshire Maestros – A charity that provides high quality music opportunities and education in schools and centres across Berkshire.

First Days - First Days was started in 2013 in response to needs in the local community in Berkshire. First Days reduces the long term effect of poverty on children by equipping them with the essential items they need for their early years and at school.

Pilgrim Hearts Trust – Serving the poorest in our communities by helping the homeless and vulnerable adults.

Caring, Listening and Supporting Partnership (CLASP) – a self-advocacy group for adults with learning disabilities

6.0 Financial review

The return to more normal post-Covid operation of Sing Healthy Choirs has meant some significant changes in the financial performance.

Overall the charity made a profit of just over £1.8k. However, some exceptional payments of approximately £2.3k were made in the year to our Music Directors such that the underlying profit for the year was over £4k. These exceptional payments were to make up for the reduction in fees which they generously accepted in 2021. The trustees agreed that the improvement in our overall financial position meant that we could address the underpayment.

Our cash reserves have increased to just over £14k which represents our target level of approximately 50% of our subscription income.

Our approach to charitable donations is to use the profits from our concerts. The increase in the number of concerts and the generosity of our audiences has allowed us to make over £5k in donations to a range of local charities selected by our members.

(Note that for ease of comparison the numbers for 2021 in the CC16A table have been recut to align as far as possible with the line items for 2022)

 CHARITY COMMISSION FOR ENGLAND AND WALES	Charity Name		No (if any)		CC16a
	Sing Healthy Choirs		1194226		
	Receipts and payments accounts				
	For the period from	Period start date	To	Period end date	
		01/01/2022		31/12/2022	
Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Membership Fees	27,478	-	-	27,478	25,132
Concert Income	8,530	-	-	8,530	2,372
HMRC Gift Aid on Membership Fees	3,251	-	-	3,251	1,824
Music Score Sales	1,453	-	-	1,453	40
HMRC Gift Aid on Concert/Event donations	615	-	-	615	
Other Income	581	-	-	581	1,294
Clothing Sales	219	-	-	219	521
Tea/Coffee donations	38	-	-	38	13
		-	-	-	
		-	-	-	
Sub total (Gross income for AR)	42,164	-	-	42,164	31,197
A2 Asset and investment sales, (see table).					
		-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	42,164	-	-	42,164	31,197
A3 Payments					
Musical Director 2 Fees	9,035	-	-	9,035	7,750
Musical Director 1 Fees	8,830	-	-	8,830	7,427
Donations from concerts	5,101	-	-	5,101	1,274
Concert Costs	4,083	-	-	4,083	1,207
Musical Director 1 Mileage	3,466	-	-	3,466	2,093
Rehearsal Venues Hall Hire	3,039	-	-	3,039	1,661
Music Scores	2,042	-	-	2,042	297
Book Keeping	1,800	-	-	1,800	1,800
Self Storage Hire	1,032	-	-	1,032	1,135
Making Music Membership & Insurance	508	-	-	508	412
Website/Telephone/Storage/IT	430	-	-	430	644
Choir clothing	418	-	-	418	241
Other Donations	200	-	-	200	326
Miscellaneous Purchases	149	-	-	149	701
Zoom Video Conferencing	91	-	-	91	144
HSBC Bank Charges	82	-	-	82	6
Increase in cash float	39	-	-	39	35
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
Sub total	40,345	-	-	40,345	27,151
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	40,345	-	-	40,345	27,151
Net of receipts/(payments)	1,818	-	-	1,818	4,045
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	12,465	-	-	12,465	8,420
Cash funds this year end	14,283	-	-	14,283	12,465

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current account	14,283	-	-
		-	-	-
		-	-	-
	Total cash funds		14,283	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Details			
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>M R Gale</i>	M R Gale	15/02/2023	
	<i>A Shaw</i>	A Shaw	15/02/2023	

6.1 2022 Commentary

Comments are made on an exception basis

6.1.1 Income

The bulk of the charity's income is sourced from member subscriptions. Subscription charges have remained unchanged and the increase in income represents an increase in membership, largely driven by the return to in-person rehearsals.

The income for all the concerts has been aggregated in the accounts for simplicity. The additional concerts in 2022 has markedly increased the concert income over 2021. 2022 was the first full year as a charity and that is reflected in the Gift Aid income. The accounts now separate the Gift Aid claimed on subscriptions and the GASD claims from concerts and other events.

The increase in events is also reflected in the music score income (and costs). The charity partially subsidises music scores for the members and in 2022 this subsidy amounted to just under £600 (i.e. the difference between music income and costs).

6.1.2 Expenditure

Our two Music Directors (and associated car mileage costs) continues as expected to represent the major area of spend for the charity. As noted at 6.0 above, their costs were increased this year by the repayment of rehearsal fees that were reduced in 2021.

The trustees are delighted that the 2022 charitable donations were a fourfold increase over those possible to be made in 2021. The number of concerts drives the level of donations and concert costs – hence the significant increase in numbers for these items vs 2021. Our overall approach is to keep the concerts financially “self-contained” with any surplus generated over the costs forming the charitable donation. We carry a risk margin in our financial planning for the potential of making a concert loss, but we have not needed to make any use of this in 2022.

7.0 Plans for future periods

The trustees have felt 2022 to be a much-welcomed return to normal operation and the increase in public singing concerts and carol-singing sessions has been a source of enjoyment for all.

As a consequence, the trustees have had more time to think about how the charity might progress and initiated a broader strategic review of its activities to identify changes which might be made to improve. This process is still under review and discussion with our Music Directors who are pivotal to the week to week singing activities with the members.

Some improvements have already been made and the trustees are not expecting radical change given the overall positive feedback from the members on the current status quo. However, there are likely to be minor adjustments made as the opportunities arise. The trustees believe that Sing Healthy Choirs CIO continues to be well set up to meet our charitable objects.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Sing Healthy Choirs	No (if any) 1194226
-------------------------------------	------------------------

CC16a

Receipts and payments accounts

For the period from	Period start date 1/1/2022	To	Period end date 12/31/2022
------------------------	-------------------------------	----	-------------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership Fees	27,478	-	-	27,478	25,132
Concert Income	8,530	-	-	8,530	2,372
HMRC Gift Aid on Membership Fees	3,251	-	-	3,251	1,824
Music Score Sales	1,453	-	-	1,453	40
HMRC Gift Aid on Concert/Event donations	615	-	-	615	
Other Income	581	-	-	581	1,294
Clothing Sales	219	-	-	219	521
Tea/Coffee donations	38	-	-	38	13
		-	-	-	
		-	-	-	
Sub total (Gross income for AR)	42,164	-	-	42,164	31,197
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	42,164	-	-	42,164	31,197
A3 Payments					
Musical Director 2 Fees	9,035	-	-	9,035	7,750
Musical Director 1 Fees	8,830	-	-	8,830	7,427
Donations from concerts	5,101	-	-	5,101	1,274
Concert Costs	4,083	-	-	4,083	1,207
Musical Director 1 Mileage	3,466	-	-	3,466	2,093
Rehearsal Venues Hall Hire	3,039	-	-	3,039	1,661
Music Scores	2,042	-	-	2,042	297
Book Keeping	1,800	-	-	1,800	1,800
Self Storage Hire	1,032	-	-	1,032	1,135
Making Music Membership & Insurance	508	-	-	508	412
Website/Telephone/Storage/IT	430	-	-	430	644
Choir clothing	418	-	-	418	241
Other Donations	200	-	-	200	326
Miscellaneous Purchases	149	-	-	149	701
Zoom Video Conferencing	91	-	-	91	144
HSBC Bank Charges	82	-	-	82	6
Increase in cash float	39	-	-	39	35
	-	-	-	-	-
	-	-	-	-	-
Sub total	40,345	-	-	40,345	27,151
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	40,345	-	-	40,345	27,151
Net of receipts/(payments)	1,818	-	-	1,818	4,045
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	12,465	-	-	12,465	8,420
Cash funds this year end	14,283	-	-	14,283	12,465

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current account	14,283	-	-
		-	-	-
		-	-	-
	Total cash funds	14,283	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	M R Gale	M R Gale	2/15/2023
	A Shaw	A Shaw	2/15/2023



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Sing Healthy Choirs

On accounts for the year
ended

31st December 2022

Charity no
(if any)

1194226

Set out on pages

7&8

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

H Basmal

Date:

12/05/2023

Name:

Hayley Basmal

Relevant professional
qualification(s) or body
(if any):

CIMA

Address:

1 Aldworth Gardens

Crowthorne

Berkshire, RG45 6PQ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.