

Sing Healthy Choirs

Report and Financial Statements

Year ending 31st December 2021

Charity Number: 1194226

Table of Contents

1.0	Introduction	3
2.0	Reference and administrative details	3
3.0	Structure, governance and management	3
4.0	Objectives and activities	3
5.0	Achievements and performance	4
5.1	General situation.....	4
5.2	Performances	5
5.3	Charitable giving.....	5
6.0	Financial review	6
6.1	2020 Commentary.....	9
6.1.1	Income	9
6.1.2	Expenditure.....	9
6.2	Commentary on major movements between 2020 and 2021.....	9
6.2.1	Income	9
6.2.2	Expenditure.....	9
7.0	Plans for future periods	10

1.0 Introduction

The trustees present their annual report for the year ending 31st December 2021. The financial statements have been prepared on the "Receipts and Payments" basis as defined by the Charity Commission to apply to a charity of our size.

While Sing Healthy was only registered as a charity on the 24th April 2021 this report will cover the year January to December 2021.

2.0 Reference and administrative details

Charity name: Sing Healthy Choirs

Charity registration number: 1194226

Charity address: Wilton House, Basingstoke Road, Spencers Wood, Reading RG7 1PH

Trustees

Sing Healthy was run by an initial set of trustees to manage the process of becoming a charity which was achieved on the 24th April 2021. The first AGM was held on the 25th May 2021 when there were a number of changes to the trustee structure.

Ann Shaw	Chair	(from 25 May 2021, previously the treasurer)
Chris Edwards	Chair	(Until 25 May 2021)
Lynn Marshall	Secretary	
Michael Gale	Treasurer	(from 25 May 2021, previously a trustee)
Paul Dunn	Trustee	(from 25 May 2021)
Ann Stainton	Trustee	
Barry Utting	Trustee	(Until 25 May 2021)
Nicola Nicholson	Trustee	(from 13 July 2021)

3.0 Structure, governance and management

Sing Healthy Choirs is governed by its Constitution document of the 26th April 2021. The Constitution defines the objectives of the charity and the associated controls and governance around it.

4.0 Objectives and activities

Sing Healthy has two objectives for the benefit of the public:-

1. To promote, improve, develop and maintain public education in, and appreciation of, the art and science of music in all its aspects by any means the CIO trustees see fit including through the presentation of public concerts and recitals

2. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine

The charity seeks to fulfil both its objectives from the running of choirs that benefit both the choir members in their enjoyment of music and also the general public who benefit from the choir performances.

Charitable donations are made to, primarily, local charities when the funding position of the charity permits.

The trustees have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission.

"Please send our thanks to everyone that recently took part in one of the "singing around the Christmas trees" which you kindly put together a super choir for all to hear. It is lovely that at a time where it has been difficult to give performances that by coming along and singing outdoors not only did it give you the opportunity to perform for others, but you also gave great enjoyment to those that heard you. The feedback I have received has been so positive and well received and we could not have achieved this without your help and support."

RBH Charities Brants Bridge

"We had a lovely visit this week from Sing Healthy Choirs who raised over £1,200 for our Christmas Appeal! We couldn't do what we do without the support of the local community"

The Cowshed

"CLASP once again enjoyed a great choir session today, hosted by David from Sing Healthy Choirs. We always have such a good time, singing and dancing."

CLASP

5.0 Achievements and performance

5.1 General situation

The transition to becoming a charity this year was an important step for Sing Healthy and confirmed its roots that were strongly based on a charitable ethos by its founder.

Sing Healthy has continued to operate two choirs, one more oriented towards choral music and the other to more contemporary music. We have found this to be a good mix with the members typically preferring one or the other and some do attend both.

As with many organisations, the charity's activities during the year have been dominated by the Covid outbreak. However the charity has managed to sustain the majority of its members through the adoption of on line rehearsals while in lockdown. As the situation improved we were able to rehearse outside in a covered area provided by a local secondary school and in September we were able to return to our regular indoor rehearsals. All

through these phases we actively complied with the appropriate distancing and hygiene requirements that prevailed and the trustees are highly appreciative of those establishing the safe environments including all the choir members.

Our two Music Directors sustained the choir throughout the year with a wide range of music and engaging rehearsals. The trustees are similarly indebted to the Directors for their talent, musicality and willingness to try many new approaches for the enjoyment of the members. The loss of indoor rehearsals for much of the year did impact our membership numbers but we have seen a progressive recovery as the constraints have been lifted and we have been delighted to welcome a number of new members.

5.2 Performances

We have been able to make a number of public performances this year as the Covid constraints have been progressively lifted.

A summer concert/picnic was held in July for the choir members, family and friends. This was our first physical public performance since the Christmas Concert in December 2019. In July we also performed to the general public at the Windsor Bandstand.

The Christmas concert has always been a major Sing Healthy public event and we were delighted to be able to achieve that this year with both choirs coming together for a highly successful and enjoyable evening.

Christmas time also saw the members doing multiple fund raising and publicity “sing outs” of popular carols at Wisley RHS Gardens, NHS Brant’s Bridge, and Wokingham and Bracknell town centres.

5.3 Charitable giving

The charity has been very pleased to make two charitable donations this year.

The first was to CLASP, a self-advocacy group for people with learning disabilities in the Wokingham borough, and comprised the purchase of a printer and a Bluetooth loudspeaker. The latter was to assist CLASP in their choir rehearsals/performances. Sing Healthy and CLASP have a long standing relationship with choir members from Sing Healthy supporting the singing of the CLASP group. That included singing together at Christmas in Wokingham town centre.

The second was to The Cowshed Christmas Present Project. The Cowshed is a crisis charity that provides clothing and other items for individuals and families in Berkshire experiencing hardship and the Christmas Present Project was focussed on ensuring that the children of supported families received a Christmas present. The donation to The Cowshed was funded from the profits of the Christmas Concert.

6.0 Financial review

Despite the operational challenges of the year the financial position of the charity has improved such that its cash reserves are now back to close to the desired level of 50% of the annual subscription income. This level of reserve gives us the confidence that we can withstand any unexpected loss of income and more importantly allows us to commit to public performances where the income maybe uncertain.

The cash reserve for over the year increased by £4045 to a total of £12,465.

The increase in reserve has been achieved primarily through the following means:

- a) tighter control of expenditure and the cancellation of some marginal benefit services
- b) tighter control over expenses aided by the lower cost of “Zoom” based rehearsals
- c) a temporary reduction in rehearsal fees to our Music Directors
- d) the claiming of Gift Aid on eligible income

The following table shows the financial summary and is presented in the Receipts and Payments format.

 CHARITY COMMISSION FOR ENGLAND AND WALES	Charity Name		No (if any)		CC16a
	Sing Healthy Choirs		1194226		
	Receipts and payments accounts				
	For the period from	Period start date	To	Period end date	
		01/01/2021		31/12/2021	
Section A Receipts and payments					
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership fees	25,132	-	-	25,132	28,413
HMRC Gift Aid	1,824	-	-	1,824	-
Christmas Concert Tickets	1,491	-	-	1,491	-
Christmas Concert Programmes/Raffle/Refreshments	881	-	-	881	
Clasp Choir sessions	760	-	-	760	480
Summer Picnic and summer/winter events donations	534	-	-	534	3,440
Clothing Sales	521	-	-	521	213
Music Score Sales	40	-	-	40	174
Tea/Coffee donations	13			13	238
Other income		-	-	-	2,992
Sub total (Gross income for AR)	31,197	-	-	31,197	35,950
A2 Asset and investment sales, (see table).					
		-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	31,197	-	-	31,197	35,950
A3 Payments					
Music Director 2 fees	7,750	-	-	7,750	7,270
Music Director 1 fees	7,427	-	-	7,427	14,578
Music Director 1 Mileage	2,093	-	-	2,093	407
Book Keeping	1,800	-	-	1,800	2,295
Rehearsal Venues Hall Hire	1,661	-	-	1,661	1,277
Christmas Concert Donation	1,274	-	-	1,274	1,255
Christmas Concert costs	1,207	-	-	1,207	724
Self Storage hire	1,135	-	-	1,135	884
Website/Telephone/Storage/IT	644	-	-	644	767
Making Music membership and insurance	412	-	-	412	434
Refunds for cancelled concert	350	-	-	350	-
Other Donations	326	-	-	326	1,082
Music scores	297	-	-	297	466
Choir Clothing	241	-	-	241	194
Miscellaneous purchases	199	-	-	199	622
Graphic design/publishing software	153	-	-	153	389
Zoom video conferencing	144	-	-	144	115
Increase in cash Float - Y/E £74.12- B/F £39.02	35	-	-	35	-
HSBC Bank Charges (Introduced Dec 2021)	6	-	-	6	-
Other expenditure	-	-	-	-	2,012
Sub total	27,151	-	-	27,151	34,771
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	27,151	-	-	27,151	34,771
Net of receipts/(payments)	4,045	-	-	4,045	1,179
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,420	-	-	8,420	7,241
Cash funds this year end	12,465	-	-	12,465	8,420

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank current account	12,465	-	-
		-	-	-
		-	-	-
	Total cash funds	12,465	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

6.1 2021 Commentary

Comments are made on an exception basis

6.1.1 Income

The bulk of the charity's income is sourced from member subscriptions. Where members have registered for Gift Aid then claims are made on their subscriptions.

The Christmas Concert covered all costs and the profit used to fund the donation to The Cowshed.

The Summer Picnic and public "singout" sessions provided a small income from donations. Clothing sales of Sing Healthy branded shirts/fleeces/scarfs etc are sold at cost from previously bought stock or from the top up order.

6.1.2 Expenditure

Our two Music Directors (and associated car mileage costs) represent the major area of spend and this cost was contained by the reduction in rehearsal fees for most of the year.

The refund for the concert was associated with a concert that was cancelled in March 2020 owing to Covid restrictions where tickets had already been sold. Ticket purchasers were offered a refund and a number took up this option. There is no further liability associated with the cancelled concert.

6.2 Commentary on major movements between 2020 and 2021

6.2.1 Income

No Christmas concert took place in 2020.

The £3440 in 2020 of event income is largely made up of the ticket sales for the concert that was cancelled. The majority of the ticket purchasers donated their payments.

The £2992 of "other income" in 2020 was for income from a company where we provided a choir leading role as part of their wellbeing programme. This ceased in 2020.

6.2.2 Expenditure

The change in representation of Music Director 1 fees and travel are as a result of a different payment approach given that Zoom based rehearsals did not require travel.

The 2020 Christmas concert donation of £1255 and £724 of costs were for the concert staged in 2019. The donation and invoice payment was not made until 2020.

The "other expenditure" in 2020 was for the costs associated with running the company choir and for a rehearsal files subscription service that has been ceased.

7.0 Plans for future periods

Sing Healthy has been through a period of change and stabilisation as it has transitioned into a new governance structure while at the same time having to grapple with the impacts of Covid. Our future plans are largely based on consolidating the current position and growing the existing choirs for the benefit of the members and the audiences. However we will be looking at the opportunities for any other expansion that would be in keeping with our charitable objectives.



Receipts and payments account

For the period from	Period start date 1/1/2021	To
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
Membership fees	25,132	-	-
HMRC Gift Aid	1,824	-	-
Christmas Concert Tickets	1,491	-	-
Christmas Concert Programmes/Raffle/Refreshments	881	-	-
Clasp Choir sessions	760	-	-
Summer Picnic and summer/winter events donations	534	-	-
Clothing Sales	521	-	-
Music Score Sales	40	-	-
Tea/Coffee donations	13	-	-
Other income	-	-	-
Sub total (Gross income for AR)	31,197	-	-
A2 Asset and investment sales, (see table).			
	-	-	-
Sub total	-	-	-
Total receipts	31,197	-	-
A3 Payments			
Music Director 2 fees	7,750	-	-
Music Director 1 fees	7,427	-	-
Music Director 1 Mileage	2,093	-	-
Book Keeping	1,800	-	-
Rehearsal Venues Hall Hire	1,661	-	-
Christmas Concert Donation	1,274	-	-
Christmas Concert costs	1,207	-	-
Self Storage hire	1,135	-	-
Website/Telephone/Storage/IT	644	-	-
Making Music membership and insurance	412	-	-
Refunds for cancelled concert	350	-	-
Other Donations	326	-	-
Music scores	297	-	-
Choir Clothing	241	-	-
Miscellaneous purchases	199	-	-
Graphic design/publishing software	153	-	-
Zoom video conferencing	144	-	-
Increase in cash Float - Y/E £74.12- B/F £39.02	35	-	-
HSBC Bank Charges (Introduced Dec 2021)	6	-	-
Other expenditure	-	-	-
Sub total	27,151	-	-
A4 Asset and investment purchases, (see table)			
	-	-	-
Sub total	-	-	-
Total payments	27,151	-	-
Net of receipts/(payments)	4,045	-	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	8,420	-	-
Cash funds this year end	12,465	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £																		
B1 Cash funds	<table border="1"> <tr><td>Bank current account</td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table> Total cash funds (agree balances with receipts and payments account(s))	Bank current account			<table border="1"> <tr><td>12,465</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>12,465</td></tr> </table> OK	12,465	-	-	12,465											
Bank current account																				
12,465																				
-																				
-																				
12,465																				
B2 Other monetary assets	<table border="1"> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>							<table border="1"> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> <tr><td>-</td></tr> </table>	-	-	-	-	-	-						
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B3 Investment assets	<table border="1"> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>						<table border="1"> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>													
B4 Assets retained for the charity's own use	<table border="1"> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>										<table border="1"> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>									
B5 Liabilities	<table border="1"> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>						<table border="1"> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> <tr><td> </td></tr> </table>													

Signed by one or two trustees on behalf of all the trustees	Signature	Print N			
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to (if any) 194226
ounts
Period end date 12/31/2021

CC16a



Total funds	Last year
to the nearest £	to the nearest £
25,132	28,413
1,824	-
1,491	-
881	
760	480
534	3,440
521	213
40	174
13	238
-	2,992
31,197	35,950
-	
-	-
-	-
31,197	35,950
7,750	7,270
7,427	14,578
2,093	407
1,800	2,295
1,661	1,277
1,274	1,255
1,207	724
1,135	884
644	767
412	434
350	-
326	1,082
297	466
241	194
199	622
153	389
144	115
35	-
6	-
-	2,012
27,151	34,771
-	
-	
-	-
27,151	34,771
4,045	1,179
-	-
8,420	7,241
12,465	8,420



Restricted funds to nearest £	Endowment funds to nearest £
-	-
-	-
-	-
-	-
OK	OK

Restricted funds to nearest £	Endowment funds to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Amount due (optional)	When due (optional)
-	
-	
-	
-	
-	

Name	Date of approval



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Sing Healthy Choirs

**On accounts for the year
ended**

31st December 2021

**Charity no
(if any)**

1194226

Set out on pages

7&8

**Responsibilities and
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2021.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

HBCMPD

Date:

11/05/2022

Name:

Hayley Basmis

**Relevant professional
qualification(s) or body
(if any):**

CIMA

Address:

1 Aldworth Gardens, Crowthorne, Berkshire, RG45 6PQ

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A