



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 22 April 2021 to 30 September 2022

Charity name: Babyloss Support Leicester, Leicestershire & Rutland

Charity registration number: 1194212

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit to relieve the needs of bereaved parents and families who have suffered the loss of a baby during pregnancy or after birth in particular, but not restricted to Leicester, Leicestershire and Rutland in such ways and by such means as are charitable within the laws of England & Wales and in particular, but not exclusively, by: • Working closely with healthcare professionals to offer peer to peer support via the phone, email and face to face meeting by anyone affected by the death of a baby; • Funding items and resources to aid parents in the memory making process and to enable the maternity and neonatal units to provide comforts to parents going through loss; • Removing the barriers to accessing bereavement support for all families by working collaboratively with other local organisations, bereaved parents, healthcare professionals and education providers; • Signposting the beneficiaries to relevant information to help anyone affected by the death of a baby; • Providing peer to peer support for parents in subsequent pregnancies through our Pregnancy After Loss support group.
Summary of the main activities in relation to those purposes for the public	Para 1.17 and 1.19	Activities <u>Virtual support groups</u> – these have taken place on a monthly basis plus ad hoc

benefit, in particular, the activities, projects or services identified in the accounts.		contact depending on need. We provided ongoing telephone support following referrals received from midwives, GPs, other charities and organisations, and parents themselves. During this period, there were 3 to 4 telephone contacts per month. <u>Pregnancy After Loss Support (PALS)</u> – we continued virtual meetings via Zoom. The frequency of these was determined by the need at the time. Some parents received additional telephone support. <u>Babyloss Support (BLS) United</u> – we facilitated the continuation of an established football team of bereaved fathers and family members. This provided support on a weekly basis during the season giving participants and their families an opportunity to gather, forge friendships and connections, in an informal and relaxed setting. <u>Wave of Light Service 15.10.21</u> (during Baby Loss Awareness Week) – Covid restrictions in Leicestershire had been in place for the longest duration, the impact of which had been felt by most families, particularly those who had lost a baby or a child during that time. We felt it was important to arrange an event to enable families to meet and connect in person. This was held at the Kings Centre, Wigston with approximately 80 attendees. <u>Nurture Stay and Play Group</u> - this group was formed to provide a safe space for parents to come with their children, where they could meet other parents bereaved of a baby or child. The group met on a fortnightly basis from April 2022. A play therapist was on hand to play with the children whilst parents could talk and get support from the peer supporters. This was a joint offering with Bodie Hodges Foundation. Education <u>De Montfort University Midwifery Conference 07.09.21</u> – presentation to approximately 100 student midwives on the subject of supporting parents through the loss of a baby, providing sensitive and compassionate care, and the importance of signposting to suitable therapeutic services and support organisations.
---	--	---

	<u>George Eliot Hospital NHS Trust and South Warwickshire Foundation Trust 27.10.21</u> – presentation to staff within 2 NHS trusts comprising staff from several specialties and professional backgrounds. This session was delivered in support of Speak Up month, raising awareness of the difference good quality can make to the long-term mental wellbeing of parents experiencing the loss of a baby. <u>De Montfort University Bereavement Study Day 28.02.22</u> – co-presenting and facilitating a study day for 35 final year Midwifery students. Subjects covered during this day included the grief journey, memory making, breaking bad news, ongoing support, self-care for professionals. Publicity <u>ITV news feature 01.08.21</u> – a couple, Mark and Neeley Woolley, that we had supported following the loss of their daughter, Olivia, shared their story to raise awareness of the range of support they had received from the charity, particularly, during the time of Covid restrictions which limited contact indoors. Through the football team and virtual meetings, parents like Mark and Neeley were still able to connect and share experiences. <u>BBC Radio Leicester April 2022</u> – Charity Chair, Roopal Shah, interviewed to discuss the work of the charity, the support we offer and its impact. Funding of equipment We were delighted to be able to fund the purchase of 2 foldaway beds for use in the hospital bereavement suites. Breaking down barriers to accessing support The charity was named Babyloss Support with the aim of reaching the widest range of parents who have experienced baby loss. The ethnic and gender diversity amongst the charity's peer supporters and trustees enables us to reach some families that may not otherwise access support. Collaboration and signposting We have established close links with several organisations which include Bodie
--	--

		Hodges Foundation, The Laura Centre, Jakin Pregnancy and Counselling Service, Maternity Voices Partnership, De Montfort University, University Hospitals of Leicester, Leicester Mammias. These connections have allowed us to provide training, deliver workshops, organise joint events and support groups as well as signpost to the most appropriate support.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The charity's activities for this period are detailed above. The Trustees have complied with their duties to have due regard to the guidance on public benefit published by the Charities Commission.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	Volunteers The charity is grateful for the unstinting efforts of its many volunteers who are involved in service provision and fundraising. These include: • Providing compassionate peer support to grieving families via telephone, virtual and face to face meetings; • Organising and helping during events such as the Wave of Light and remembrance services; • Administrative duties and management of BLS United.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Approximately 60 individual bereaved parents and family members have accessed support from the charity in the period to 30.09.2022 at least once through one of the following means: Telephone (including text messaging), email, support groups, private messages on the charity's social media. A further 50 individuals attended the Wave of Light remembrance Service held in October 2021. Impact The charity provides the opportunity to talk, connect and reflect on a devastating loss that stays with parents and families indefinitely. Parents returning to the support groups or for one-to-one ongoing communication indicates they are benefitting from these support mechanisms. The training delivered to student midwives enables them to deliver sensitive and compassionate care to families that have suffered the loss of a baby within a hospital and community setting. The Pregnancy After Loss Support group is run with the bereavement midwifery team to provide emotional and practical support to parents during subsequent pregnancies. Many of our parents have said they feel comforted and less isolated meeting others going through the same emotions and practical challenges. Many parents have built close friendships with others and meet up socially with their new born babies at other events.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has reserves of £8,185 at 30.09.2022; Income of £10,582 from donations and a fundraising event organised by a beneficiary and expenditure of £2,397.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This reporting period represents the first year of the charity's operations. The reserve fund of £8,185 is a result of donations and fundraising which will be utilised for the day-to-day operations, funding of memory making equipment, events, training and support provision. We envisage a minimum of £2,000 in reserves to ensure continuation of the charity's operations for at least 12 months.
Amount of reserves held	Para 1.22	£7,825
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties about the charity continuing as a going concern.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Foundation Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed for a term of three (3) years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Reference and Administrative details

Charity name	Babyloss Support Leicester, Leicestershire & Rutland
Other name the charity uses	Babyloss Support LLR
Registered charity number	1194212
Charity's principal address	1 Elm Tree Gardens Leicester LE2 3NG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Roopal Shah	Chair		
2	Deepa Masani	Vice-Chair		
3	Moiri McLean			
4	Mark Finney			
5	Jordan Walkerdine			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Exemptions from disclosure

Reason for non-disclosure of key personnel details

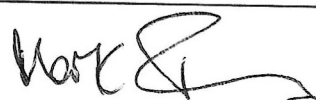
N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Roopal Shah	Mark Finney
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	26.07.2023	

Babyloss Support Leicester, Leicestershire & Rutland

Charity number 1194212

**Statement of Financial Activities (Including Income & Expenditure Account) for the
year ended 30 September 2022**

	Unrestricted Funds
	2022
	£
Income	
Income from:	
Donations	10,582
Total	10,582
Expenditure	
Expenditure on:	
Donations	(1,670)
Supervision	(480)
Other	(247)
Total	(2,397)
Net income/(expenditure) before tax for the for the year	8,185
Tax payable	0
Net income/(expenditure) after tax/Net movement in funds	8,185
Total funds brought forward	0
Total funds carried forward	8,185

Babyloss Support Leicester, Leicestershire & Rutland
Charity number 1194212
Balance Sheet as at 30 September 2022

Unrestricted Funds
2022
£

Current assets

Debtors	360
Cash at bank and in hand	7,825

Total current assets	8,185
-----------------------------	--------------

Creditor: amounts falling due within one year	0
---	---

Net current assets/(liabilities)	8,185
----------------------------------	-------

Total assets less current liabilities	8,185
--	--------------

Funds of the Charity

Unrestricted funds	8,185
--------------------	-------

Total funds	8,185
--------------------	--------------

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors



Print name ROOPAL J SHAH



MARK TUNNEY

Date of approval 26th July 2023

26/07/23.

CONFIDENTIAL