



Woodland Wellbeing Charitable Trust Annual Report 2023

Unaudited Financial Statements
31 December 2023

CHARITY REGISTRATION NUMBER: 1194208

Trustees' Annual Report

**Year ended 31 December
2023**

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 December 2023.

Reference and administrative details

Registered charity name

Woodland Wellbeing Charitable Trust

Charity registration number

1194208

Principal office

Flat 7
Cavendish Court
Salford
M7 4LW
United Kingdom

The trustees

Aryeh Schonberg
Robert Berman

Independent examiner

Gary Harris
Brulimar House
Jubilee Road,
Middleton,
Manchester
England
M24 2LX

Mission Statement

Touching More Lives

Woodland Wellbeing Charitable Trust is dedicated to enhancing the emotional and mental wellbeing of children, teens, and vulnerable individuals through Animal Assisted Therapy (AAT). Our programs foster self-confidence, resilience, and joy, allowing participants to develop meaningful connections with animals and nature, leading to improved social, emotional, and behavioural outcomes.



Endorsements

Animal Assisted Therapy is a known and effective intervention for a wide range of developmental and emotional disorders. The physical, mental and psychological gains have tremendous therapeutic benefits. I plan to refer many clients to this new and innovated service.

MD Kantor - Pathways

As someone who has witnessed first-hand, the benefits that expressive therapies bring to children's lives, I full heartedly endorse this ambitious project. Therapies such as these, help children get in touch with inner world enabling them to find their inner resources to overcome challenges that can stymie their growth. I wish everyone involved much Hatzlacha and look forward to building partnerships with this unique organisation.

Rabbi Y J Pearlman - Broughton Jewish Primary School

I have become quite convinced of the high benefits of AAT. Given the rising numbers of children and young people with mental health issues and learning difficulties this project is very welcome. Once in place, I believe that this project will have a wider appeal – as an oasis of calm and comfort for individuals of all ages seeking to shed their anxieties, hypertension and stresses.

Nava Kestenbaum - Interlink Manchester

It is well known that having a pet to cuddle and to care for and for the child to consider as a personal friend, totally unthreatening, can instil within the child self-confidence and feelings of empathy towards others which were lacking previously. I look forward to being part of this great step forward in the education of our children and thank you all profusely for all your efforts in advancing this project.

R. Eli Cohen - Etz Chaim





In 2016, Liorah, whom whilst excelling academically, was struggling socially and wouldn't talk openly to anyone. Her parents had tried everything to enable her to speak her mind and offload all the troubles that the average child experiences.

Liorah's parents had heard of the work that Refoel was doing but were sceptical about sending their daughter to what they believed was a 'petting farm'. With guidance from Liorah's teachers and Rebbeim they eventually agreed and Liorah was enrolled in the course.

Liorah took an instant attachment to Woolly the sheep and gradually became a lot more comfortable in her surroundings. After every visit she would tell her parents about all the new things she had learned.

The floodgates had opened and Liorah was now a communicator. Her parents were thrilled with the results and had finally learnt a brand new way to communicate with their beloved daughter.



Our Strategic Aims



1. Empowerment Through Therapy:

Provide animal-assisted interventions that foster self-growth, emotional regulation, and interpersonal skills, helping individuals build resilience.

2. Inclusive Therapeutic Support:

Make AAT accessible to those with learning, social, and developmental challenges, creating a non-judgmental, healing environment.

3. Community Collaboration:

Work closely with local schools, special needs organizations, and social care services to support mental health needs across the Greater Manchester area.

Achievements and Impact

Over the last year, Woodland Wellbeing Charitable Trust has helped over 200 individuals, including children from mainstream and special education, at-risk youth, and adults facing mental health challenges. Our AAT sessions included:



Therapeutic Interactions

Over 800 hours of one-on-one and group animal therapy sessions, featuring structured activities with trained therapy animals. Sessions were tailored to foster emotional expression, reduce anxiety, and build confidence.



Educational Programs

Collaborations with local schools such as Aim Habonim and Bury and Whitefield Jewish Primary School, where AAT was introduced to over 70 students with special needs. This partnership led to noticeable improvements in engagement and social behaviour.



Community Days

Open days provided access to therapy animals for families and individuals, reaching over 125 attendees. These events enabled hands-on learning, social bonding, and relaxation in a natural setting.



Equine Therapy Initiative

This year, we introduced equine therapy, offering 60+ horse-assisted sessions that were instrumental in helping children with autism and other developmental disorders gain confidence and regulate emotions.

Financial Overview

Total Income

£44,492, primarily from donations and legacies (£44,242) and a small amount from charitable activities (£250).

Total Expenditure

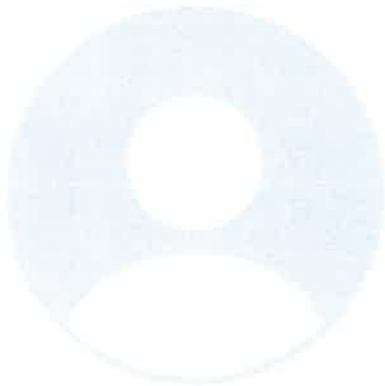
£35,740, directed towards charitable activities, resulting in a net income of £8,752 for the year.

Net Assets

£60,452, up from £51,700 in the previous year, showcasing growth in the trust's financial position.



Statement from the Chair – Aryeh Schonberg



Aryeh Shonberg



“Reflecting on the progress of Woodland Wellbeing Charitable Trust fills me with immense pride and gratitude. This year, we have witnessed firsthand the life-changing impact that Animal Assisted Therapy brings to children, teens, and adults. With each session, we see individuals flourish—whether a child who finds their voice through interaction with gentle animals or a teen struggling with self-confidence who learns to connect and trust.

The therapeutic bond between humans and animals is profound, and our charity is dedicated to nurturing this connection. Our success this year has only strengthened our resolve to expand our outreach, particularly with the new equine therapy initiative. As we look ahead, our goal is to increase our impact, offering more sessions, expanding our facilities, and bringing on additional skilled therapists. Together, we are building a sanctuary of hope, healing, and growth for all who seek it.”

Independent Examiners Statement

I report to the trustees on my examination of the financial statements of Woodland Wellbeing Charitable Trust ('the charity') for the year ended 31 December 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gary Harris
Independent Examiner



Brulimar House
Jubilee Road,
Middleton,
Manchester
England
M24 2LX
5 September 2024

Statement of Financial Activities

		2023		2022
	Note	Unrestricted funds £	Total funds £	Total funds £
Income and endowments				
Donations and legacies	4	44,242	44,242	24,881
Charitable activities	5	250	250	—
Total income		<u>44,492</u>	<u>44,492</u>	<u>24,881</u>
Expenditure				
Expenditure on charitable activities	6,7	35,740	35,740	71,534
Total expenditure		<u>35,740</u>	<u>35,740</u>	<u>71,534</u>
Net income/(expenditure) and net movement in funds		<u>8,752</u>	<u>8,752</u>	<u>(46,653)</u>
Reconciliation of funds				
Total funds brought forward		51,700	51,700	98,353
Total funds carried forward		<u>60,452</u>	<u>60,452</u>	<u>51,700</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

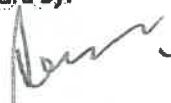
Statement of Financial Position

	Note	2023 £	2022 £
Fixed assets			
Tangible fixed assets	12	57,523	58,891
Current assets			
Debtors	13	2,050	1,915
Cash at bank and in hand		<u>2,420</u>	<u>742</u>
		4,470	2,657
Creditors: amounts falling due within one year	14	<u>720</u>	<u>5,892</u>
Net current assets		<u>3,750</u>	<u>(3,235)</u>
Total assets less current liabilities		61,273	55,656
Creditors: amounts falling due after more than one year	15	<u>821</u>	<u>3,956</u>
Net assets		<u>60,452</u>	<u>51,700</u>
Funds of the charity			
Unrestricted funds		<u>60,452</u>	<u>51,700</u>
Total charity funds	16	<u>60,452</u>	<u>51,700</u>

These financial statements were approved by the board of trustees and authorised for issue on 5 September 2024, and are signed on behalf of the board by:



Aryeh Schonberg
Trustee



Robert Berman
Trustee

Notes to the Financial Statements

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Brulimar House, Jubilee road, Middleton, Manchester, M24 2LX, United Kingdom.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Notes to the Financial Statements (continued)

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- Other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Notes to the Financial Statements (continued)

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Notes to the Financial Statements (continued)

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Notes to the Financial Statements (continued)

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Donations				
Sales	—	—	20,436	20,436
Donations Received	34,242	34,242	4,445	4,445
Grants	10,000	10,000	—	—
	<u>44,242</u>	<u>44,242</u>	<u>24,881</u>	<u>24,881</u>

5. Charitable activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Gain/loss on disposal of tangible asset	<u>250</u>	<u>250</u>	<u>—</u>	<u>—</u>



6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Operating costs	34,420	34,420	70,813	70,813
Support costs	1,320	1,320	721	721
	<u>35,740</u>	<u>35,740</u>	<u>71,534</u>	<u>71,534</u>

7. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2023 £	Total fund 2022 £
Operating costs	34,420	—	34,420	70,813
Governance costs	—	1,320	1,320	721
	<u>34,420</u>	<u>1,320</u>	<u>35,740</u>	<u>71,534</u>

8. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	<u>1,118</u>	<u>1,118</u>

9. Independent examination fees

	2023 £	2022 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>720</u>	<u>720</u>

10. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2023 £	2022 £
Wages and salaries	<u>15,934</u>	<u>20,014</u>

The average head count of employees during the year was 2 (2022: 2).

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

11. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.



12. Tangible fixed assets

	Long leasehold property £	Motor vehicles £	Farm Animals £	Total £
Cost				
At 1 January 2023	50,349	4,470	5,190	60,009
Disposals	—	—	(250)	(250)
At 31 December 2023	<u>50,349</u>	<u>4,470</u>	<u>4,940</u>	<u>59,759</u>
Depreciation				
At 1 January 2023	—	1,118	—	1,118
Charge for the year	—	1,118	—	1,118
At 31 December 2023	<u>—</u>	<u>2,236</u>	<u>—</u>	<u>2,236</u>
Carrying amount				
At 31 December 2023	<u>50,349</u>	<u>2,234</u>	<u>4,940</u>	<u>57,523</u>
At 31 December 2022	<u>50,349</u>	<u>3,352</u>	<u>5,190</u>	<u>58,891</u>

13. Debtors

	2023 £	2022 £
Trade debtors	<u>2,050</u>	<u>1,915</u>

14. Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	<u>720</u>	<u>5,892</u>

15. Creditors: amounts falling due after more than one year

	2023 £	2022 £
Other creditors	<u>821</u>	<u>3,956</u>



16. Analysis of charitable funds

Unrestricted funds

	At 1 January 20 23	Income	Expenditure	At 31 December 2023
	£	£	£	£
General funds	51,700	44,492	(35,740)	60,452

	At 1 January 20 22	Income	Expenditure	At 31 December 2022
	£	£	£	£
General funds	98,353	24,881	(71,534)	51,700

17. Analysis of net assets between funds

	Unrestricted Funds	Total Funds 2023
	£	£
Tangible fixed assets	57,523	57,523
Current assets	4,470	4,470
Creditors less than 1 year	(720)	(720)
Creditors greater than 1 year	(821)	(821)
Net assets	60,452	60,452

	Unrestricted Funds	Total Funds 2022
	£	£
Tangible fixed assets	58,891	58,891
Current assets	2,657	2,657
Creditors less than 1 year	(5,892)	(5,892)
Creditors greater than 1 year	(3,956)	(3,956)
Net assets	51,700	51,700



Looking Forward

As we look to the future, Woodland Wellbeing Charitable Trust is filled with hope and determination to deepen our impact and extend our reach. We are excited to build upon the strong foundations laid this year, with a vision of providing even more children, teens, and vulnerable individuals with the transformative benefits of animal-assisted therapy. Our ambition is to create a sanctuary that not only heals but inspires—a place where every visitor finds peace, support, and a renewed sense of purpose. With continued community support and dedication, we are eager to expand our facilities, enhance our programs, and touch more lives, fostering resilience and wellbeing across our community for years to come.



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