

SOS RAPE CRISIS
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

SOS RAPE CRISIS

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SOS RAPE CRISIS

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2025

Trustees	R Dunhill R J Stone C Jennings L Martin L Richardson M Dunkley A Smith MBE M Howell MBE E King (appointed 9 September 2024) S Trinder (appointed 1 September 2024, deceased 31 March 2025)
Charity registered number	1194207
Principal office	Clarence House 20-24 Clarence Road Southend on Sea Essex SS1 1AN
Accountants	Venthams Chartered Accountants Millhouse 32 - 38 East Street Rochford Essex SS4 1DB
Bankers	Metro Bank One Southampton Row London WC1B 5HA CAF Bank Limited 25 Kings Hill Avenue Kings Hill Kent ME19 4JQ Shawbrook Bank Limited Lutea House Warley Hill Business Park The Drive Great Warley, Brentwood Essex CM13 3BE

SOS RAPE CRISIS

CHAIR'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

On behalf of the Trustees, I am pleased to present the Chair's Report alongside the Annual Accounts for Southend-on-Sea Rape Crisis (SOSRC) for the year April 2024 to March 2025. This has been a year of significant achievement and growth, matched by the challenges of increasing demand and the need to secure sustainable resources to meet the needs of survivors.

SOSRC continues to work as part of **Synergy Essex**, a collaborative partnership with **CARA (Centre for Action on Rape and Abuse)** in North Essex and **SERICC (South Essex Rape and Incest Crisis Centre)**. Together, we ensure that survivors across the whole of Essex receive the same consistent, high-quality specialist support, no matter where they live in the county. This partnership approach enables us to share expertise, pool resources, and provide a seamless offer of advocacy, counselling, and outreach for survivors of sexual violence.

This year, SOSRC also successfully completed the **National Service Standards** process from Rape Crisis England & Wales (RCEW). These standards are a rigorous quality assurance framework that ensures the services we deliver are safe, ethical, accessible, and survivor-centred. Achieving this accreditation confirms that our work meets the highest professional standards, and it reflects the dedication and expertise of our team in delivering trauma-informed, empowering support.

We remain unwavering in our mission to offer a wide spectrum of interventions and therapeutic support to children, young people, and adults affected by sexual violence—regardless of when the incident occurred. Our services are available not only to survivors but also to their families, supporters, and others impacted by sexual violence. Every individual who turns to us is offered compassionate, confidential, and specialist help to heal and rebuild their lives.

SOSRC is the only specialist sexual violence service provider for South East Essex, covering **Southend-on-Sea, Castle Point, and Rochford**. Our portfolio of services includes:

- **Therapeutic Support** – One-to-one counselling for adults, young people, and children; pre-trial therapy; play therapy for under-11s; and creative or empowerment groups for young people.
- **Advocacy Services** – Independent Sexual Violence Advocates (ISVAs) for adults and Children's ISVAs (CHISVAs), offering tailored support through the criminal justice process and advocating for survivors' rights.
- **Well-being & Group Work** – Women-only and men-only well-being groups; art, walking, and mindfulness sessions; and creative art journaling workshops.
- **Family Support** – Therapy for parents and carers and specialist workshops to help them support their loved ones.
- **Prevention & Community Outreach** – Education programmes in schools, training for professionals, and targeted outreach delivered by our dedicated team.

Throughout the year, demand for our services has continued to grow. Many survivors presenting to SOSRC have complex needs, including mental health challenges, economic hardship, and family pressures. The increasing severity and diversity of these needs have required our team to adapt and strengthen our offer, ensuring that we continue to respond effectively and holistically. We have expanded provision for young people, increasing the frequency of groups and workshops, and creating safe, peer-led environments where resilience, self-confidence, and a sense of empowerment can flourish.

Thanks to the vital financial support from our funders, we have been able to go beyond therapeutic work to address practical needs that are often essential to recovery. For example, funding from the **National Lottery Community Fund** has enabled us to provide hygiene products, clothing, and food to those facing economic hardship. This whole-person approach recognises that recovery from sexual violence is not only emotional but can be deeply affected by practical and material stability.

SOS RAPE CRISIS

CHAIR'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

We are proud of our achievements against our strategic aims this year:

- **Strengthening partnerships and communication** – Building stronger relationships with local schools, professionals, and community partners, which has improved awareness of our services and streamlined referral pathways.
- **Expanding access and reach** – Using Big Lottery Awards for All funding and the Navigator Project to extend our outreach, particularly to underserved communities and individuals in crisis.
- **Building resilience and visibility** – Amplifying survivor voices through community engagement and online resources, helping to promote public understanding and ensure clear routes to support.

We remain deeply grateful to our funders and commissioners whose generosity underpins our work:

- **The National Lottery Community Fund**
- **ROSCA**
- **Violence and Vulnerability Grant – (PFCC)**
- **The Brook Trust**
- **The Big Lottery – Awards for All –**
- **Children in Need**
- **The National Lottery - Cost of living**
- **Essex Community Foundation**
- **PFCC Community Fund**
- **Ministry of Justice**
- **Essex Police Fire Crime Commissioner**

Looking forward, from April 2025, SOSRC will begin a significant new chapter. We have been commissioned by the PFCC for Essex to deliver specialist sexual violence support services for an initial five-year period, with the option of two further one-year extensions (5 + 1 + 1). Under this contract, we will work in partnership with Synergy Essex to deliver a consistent, countywide package of counselling and ISVA/CHISVA services. This long-term investment secures our ability to meet current needs while enabling us to plan for the future—expanding our reach, deepening community engagement, and continuing to innovate in service delivery.

None of this would be possible without the dedication and passion of our people and partners. I extend heartfelt thanks to our staff, volunteers, and Trustees for their expertise and commitment; to our funders for their trust and invaluable financial support; and to our community partners in schools, local agencies, and the voluntary sector for their collaboration in creating a safer and more supportive environment for survivors. Trustees would like to express their sadness at the loss of Sue Trinder, trustee Sept 2024 - March 2025. Sue was a passionate advocate for women's rights. She will be missed.

As we move into the next stage of our journey, our vision remains clear: to ensure that every survivor—regardless of age, background, or circumstance—has access to the specialist, high-quality support they deserve, today and for years to come.

R Dunhill
Chair of Trustees
Date: 11 November 2025

SOS RAPE CRISIS

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report together with the financial statements of the Charity for the ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK And Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

a. Policies and objectives

The charity's principle objectives are:

1. To relieve the sickness and distress of women and girls who have suffered any form of sexual violence.
2. To promote education and research in the subject of rape and its affects on the victim, whether physical, medical, psychological or social and to train women as counsellors to be able to cope with the problems of rape victims by provision of medical, legal and emotional counselling.

There has been no change to these during the year.

Public Benefit: In accordance with Section 4 of the Charities Act 2006, the trustees confirm that they have met their obligation to consider the Charity Commission's guidance on public benefit. All activities undertaken by SOSRC directly further our charitable purposes and aim to serve the broader public. This is further elaborated upon in our Annual Report, which provides a comprehensive overview of the charity's achievements.

b. Activities undertaken to achieve objectives

Introduction to Services and Philosophy: At SOS Rape Crisis (SOSRC), we are deeply committed to offering a holistic, feminist-centred approach to supporting survivors of sexual violence. Our services are inclusive, ensuring that individuals of all genders and ages receive the support they need. We take pride in delivering a wide range of wraparound services that cater not only to survivors but also to their families, friends, and professionals in the field.

Comprehensive ISVA and Advocacy Services: Our Independent Sexual Violence Advocate (ISVA) and Advocacy services provide vital, hands-on support to survivors. These services are tailored to offer both practical and emotional assistance, with a particular focus on helping survivors navigate the complexities of the Criminal Justice System (CJS). We understand that the legal processes surrounding sexual violence cases can be daunting and overwhelming. Therefore, our ISVAs guide survivors through each step of their journey, ensuring they are well-informed, supported, and empowered. This not only includes accompaniment to court hearings but also practical advice on legal rights, reporting to the police, accessing compensation, and safeguarding.

Dedicated Support for Children and Young People: Our commitment to supporting children and young people is exemplified by our specialised Young Persons Service, which has been made possible through grants from BBC Children in Need (Ended in November 2023) and The National Lottery Community Fund. Designed for individuals aged 4-17, this service offers a variety of therapeutic and educational interventions aimed at empowering younger survivors. Key features of this service include workshops, creative activities, play therapy, and talking therapy, all of which are designed to address the unique needs of younger clients in a safe and supportive environment. Our objective is not only to help these young people heal but also to provide them with tools and strategies to thrive beyond their traumatic experiences.

Educational Initiatives for Preventing Sexual Violence: In alignment with our goal to combat and reduce the prevalence of sexual violence, SOSRC places a strong emphasis on education. Our outreach work in secondary schools includes delivering lessons on vital topics such as consent, toxic masculinity, the harms of pornography, and the importance of active bystander intervention. These educational initiatives are designed

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

not only to inform but to spark critical conversations about sexual violence, encouraging young people to challenge harmful behaviours and cultural norms. By providing this education, we aim to empower young people to seek help when needed and foster a future generation that is less tolerant of behaviours contributing to sexual violence against women and girls.

Therapeutic Services for All Ages: SOSRC continues to offer specialist therapy services for adult survivors and their families. We continue to be flexible by providing face to face, online and telephone support options for those who need them. Our therapeutic offerings include one-on-one counselling, group work, wellbeing groups and specialist therapeutic interventions. These services are designed to help individuals process their trauma, regain a sense of control, and ultimately, heal. For many of our clients, therapy has been a lifeline that allows them to reconnect with their sense of self, build healthier relationships, and overcome the long-term effects of sexual violence.

Achievements and performance

a. Main achievements of the Charity

2024-2025 Charitable Impact and Reach: Over the last financial year, SOSRC provided critical services to a total of 952 individuals. This includes 43 children under the age of 12, 142 young people between the ages of 13 and 17, and 768 adults. The demographic breakdown of our client base reflects 860 women, 89 men, and 3 individuals who identify as transgender/other. The volume of new referrals has been on par for the year before, with 556 new cases recorded during the year. These figures underscore the growing demand for our services and our continued commitment to meeting the needs of a diverse population of survivors.

b. Review of activities

Total income for the year was £723,380 (2024: £697,760) and the total expenditure was £646,681 (2024: £608,375) resulting in a surplus of £76,519 (2024: £89,385). At the period end the charity held cash at the bank of £819,018 (2024: £750,223) and has reserves of £851,658 (2024: £775,139). £64,513 (2024: £41,179) of which are restricted creating £787,145 (2024: £733,960) of unrestricted reserves.

c. Investment policy and performance

Investment Policy and Objectives: Our trustees have the authority to manage and invest the charity's funds prudently, ensuring that resources are allocated effectively to sustain our mission. At present, the general reserve funds are held in a dedicated savings account, separate from our operational accounts with CAF Bank, ensuring that these reserves are available when needed while still providing a modest return.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

b. Reserves policy

Financial Overview and Reserves Policy: SOSRC adheres to the guidelines set by the Charity Commission for England and Wales by maintaining unrestricted reserves equivalent to approximately 9 months of budgeted expenditure. This reserve policy serves as a safety net, enabling the charity to cover unforeseen costs such as redundancy, maternity leave, long-term sickness, and essential building maintenance. The reserve also guarantees that, in the event of operational cessation, we can continue providing services for up to six months.

c. Principal risks and uncertainties

Risk Management: Risk management is a priority at SOSRC, and the trustees are proactive in identifying and mitigating potential threats to the charity. This includes conducting an annual risk assessment and establishing procedures to manage and reduce identified risks. The systems in place aim to safeguard the charity from fraud, financial mismanagement, and operational disruptions, ensuring that any risks that do materialise have minimal impact on our services.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

d. Principal funding - Grants, Funds and Income (2024/25)

Brooks Trust:

Brook Trust awarded SOSRC £32,000 to fund specialist counselling for children and young people, providing interventions to support recovery from all forms of sexual violence.

Synergy Partnership Funding:

Through funding from the Fire, Police and Crime Commissioner (FPCC) and the Ministry of Justice (MOJ), we have been able to sustain our ISVA service alongside other core functions of the charity. Our core funding amounted to £200,700.00, excluding additional MOJ allocations. We also received a further £235,304.00 through several funding streams, including the Rape Support Fund, Domestic ISVA Fund, Male Support Fund, and Engagement ISVA Fund.

The Lottery – Navigator Project:

With support from The National Lottery Community Fund, the Synergy Essex partnership delivers the Navigator Project. This service provides survivors and professionals with a single point of contact through a dedicated helpline. Our trained Navigators listen, outline the local support available, and guide people to the right service quickly and effectively. This funding has enabled more people across Essex to access timely support and clear information when they need it most. We received £42,374.00 from the Lottery to support this project.

Essex County Council – Sexual Violence and Domestic Abuse Fund

We received £89,040.00 in commissioned funding through this programme. The funding was used to increase staff capacity, enabling us to support survivors living in secure accommodation who have experienced both domestic abuse and sexual violence. It also allowed us to extend our reach by providing additional support within our own service areas, as well as delivering services on behalf of SERICC in their designated areas. This collaborative approach has ensured that survivors across multiple regions receive both the emotional and practical support they need. The fund began in August 2023 and will run until March 2025.

The National Lottery – Awards for All Grant

Our Girls to the Front (GTTF) group received £20,000 through this grant, supporting essential living costs, activity resources, and food. The funding is split across two years, with £10,000 allocated for 2024–25 and the remaining £10,000 for 2025–26.

The National Lottery – Reaching Communities Grant

From July 2024, SOSRC was awarded a three-year grant from The National Lottery's Reaching Communities Fund, totalling £307,758.00 (£102,586 per year). This funding has enabled us to employ three full-time equivalent counsellors, providing specialist sexual violence counselling for women and girls. In addition, 0.5 FTE of this grant supports a dedicated counsellor focused on specialist engagement work within our local communities across Southend, Castle Point, and Rochford.

ROSCA

We received £1,100 from ROSCA, which was used to purchase much-needed new desks for our office. These desks are ergonomically designed to better support staff, particularly those with additional physical needs, ensuring a safer and more comfortable working environment.

Violence and Vulnerability Fund

SOSRC received £26,589.00 from the Violence and Vulnerability Fund. This funding was dedicated to providing specialist counselling for children and young people, helping them to process their experiences, build resilience, and make positive life choices for the future.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

a. Constitution

SOS Rape Crisis is a registered charity, number 1194207, and is constituted under a CIO Association.

The governance of SOSRC is overseen by a dedicated Board of Trustees, whose role is to ensure the charity's operations align with best practices and high standards, particularly those set by Rape Crisis England and Wales (RCEW) National Service Standards. Throughout the year, the Board undertakes regular reviews of existing policies and adopts new ones as necessary to maintain the charity's compliance and effectiveness. SOSRC is a member of the National Council for Voluntary Organisations (NCVO), which allows our trustees access to ongoing training and professional development. This ensures that our leadership is well-equipped to tackle contemporary challenges facing the charity sector.

b. Methods of appointment or election of Trustees

As set out in the constitution the Chair of Trustees is nominated by her fellow trustees. The trustees have no beneficial interest in the charity. The trustees have the power to appoint additional trustees by majority vote and the training of new trustees becomes the responsibility of existing trustees upon appointment. In compliance with Rape Crisis England and Wales Membership criteria all honorary roles within the Trustees Board and Senior Management position within the charity are held by women.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management (continued)

c. Organisational structure and decision-making policies

Board of Trustees and Key Staff: The following individuals served as trustees during the financial year:

- Chair: Ms. Ros Dunhill
- Vice Chair: Ms. Alison Smith MBE
- Secretary: Ms. Rachelle Stone
- Treasurer: Ms. Laura Martin
- Trustee: Ms. Maggi Howell MBE
- Trustee: Ms. Lesley Richardson
- Trustee: Ms. Mali Dunkley
- Trustee: Ms. Caroline Jennings
- Trustee: Ms. Emma King
- Trustee: Ms. Sue Trinder (Deceased)

The Chair is nominated by her fellow trustees, and all trustees serve without a beneficial interest in the charity. All honorary roles within the Board, as well as senior management positions within the charity, are held by women, in compliance with Rape Crisis England and Wales membership criteria.

- **Key Staff (2024/25)**
- CEO: Ms. Cathryn Cardoza
- Operations Manager: Ms. Ellie McGregor
- ISVA and Advocacy Manager: Ms. Anne-Marie Betts
- Clinical Supervisor: Ms. Liz Lockwood
- Counselling Manager: Ms. Caroline Kosta (Previous surname Parry)
- Information Lead: Ms. Becki Scott
- CH/ISVA: Ms. Sam Anderson
- CH/ISVA: Ms. Cat Bentley
- CH/ISVA & YP Worker: Ms. Louise Murphy
- Sexual Violence Counsellor: Ms. Sarah Lowndes-King (sessional)
- Sexual Violence Counsellor: Ms. Ariana Pedzikowska
- Sexual Violence Counsellor: Ms. Sarah Goodwin (sessional)
- Sexual Violence Counsellor: Ms. Laura Otrfanowei (sessional)
- Sexual Violence Counsellor: Ms. Jane Jolly (sessional)
- Sexual Violence Counsellor: Ms. Denise Gleed (sessional)
- Sexual Violence Counsellor: Ms. Claire Anderson (sessional - departure Dec 2024)
- Sexual Violence Counsellor: Ms. Jo Sargent (sessional - departure July 2024)
- First Contact Navigator: Ms. Lauren Ashton (departure Jan 2025)
- Young Person Engagement Worker: Ms. Kelly Farrell

Plans for future periods

Future Developments: Looking ahead, the Board of Trustees remains committed to seeking sustainable income streams that will enable the charity to continue delivering essential services. While we have secured several key grants, we recognize the importance of diversifying our funding sources to ensure long-term stability and resilience.

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the CIO Association. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

R Dunhill
Trustee

Date: 11 November 2025

SOS RAPE CRISIS

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner's report to the Trustees of SOS Rape Crisis ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

SOS RAPE CRISIS

INDEPENDENT EXAMINER'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed:

Dated: 17 November 2025

Stuart Harrison FCA

Venthams

Chartered Accountants
Millhouse
32 - 38 East Street
Rochford
Essex
SS4 1DB

SOS RAPE CRISIS

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	3	560,071	161,288	721,359	693,480
Charitable activities	4	-	-	-	2,520
Investments	5	2,021	-	2,021	1,760
Total income		562,092	161,288	723,380	697,760
Expenditure on:					
Charitable activities	6	510,007	136,854	646,861	608,375
Total expenditure		510,007	136,854	646,861	608,375
Net income		52,085	24,434	76,519	89,385
Transfers between funds	15	1,100	(1,100)	-	-
Net movement in funds		53,185	23,334	76,519	89,385
Reconciliation of funds:					
Total funds brought forward		733,960	41,179	775,139	685,754
Net movement in funds		53,185	23,334	76,519	89,385
Total funds carried forward		787,145	64,513	851,658	775,139

SOS RAPE CRISIS

BALANCE SHEET FOR THE YEAR ENDED 31 MARCH 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	18,527	16,758
Investments	12	1	1
		<u>18,528</u>	<u>16,759</u>
Current assets			
Debtors	13	27,385	26,039
Cash at bank and in hand		819,018	750,223
		<u>846,403</u>	<u>776,262</u>
Current liabilities			
Creditors: amounts falling due within one year	14	(13,273)	(17,882)
		<u>833,130</u>	<u>758,380</u>
Net current assets			
		<u>851,658</u>	<u>775,139</u>
Total assets less current liabilities			
		<u>851,658</u>	<u>775,139</u>
Total net assets			
		<u><u>851,658</u></u>	<u><u>775,139</u></u>
Charity funds			
Restricted funds	15	64,513	41,179
Unrestricted funds	15	787,145	733,960
		<u>851,658</u>	<u>775,139</u>
Total funds		<u><u>851,658</u></u>	<u><u>775,139</u></u>

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

R Dunhill
Trustee
Date: 11 November 2025

SOS RAPE CRISIS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Cash flows from operating activities		
Net cash used in operating activities	76,904	116,799
Cash flows from investing activities		
Dividends, interests and rents from investments	1,208	1,760
Purchase of tangible fixed assets	(8,983)	(3,932)
Net cash used in investing activities	(7,775)	(2,172)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	69,129	114,627
Cash and cash equivalents at the beginning of the year	750,223	635,596
Cash and cash equivalents at the end of the year	819,352	750,223

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. General information

SOS Rape Crisis CIO is a charitable incorporated organisation, registered with the Charity Commission, and is governed by its constitution dated 23 April 2021. The principal address of the charity is Clarence House, 20-24 Clarence Road, Southend-on-Sea, Essex, SS1 1AN.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

SOS Rape Crisis meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

2. Accounting policies (continued)

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £250 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following basis:

Fixtures and fittings	-	33%
Computer equipment	-	33%

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

3. Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Donations	1,917	-	1,917	789
Grants	558,154	161,288	719,442	692,691
	<u>560,071</u>	<u>161,288</u>	<u>721,359</u>	<u>693,480</u>
<i>Total 2024</i>	<u>517,612</u>	<u>175,868</u>	<u>693,480</u>	

4. Income from charitable activities

	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from charitable activities - Support and education	-	-	2,520
	<u>2,520</u>	<u>2,520</u>	
<i>Total 2024</i>	<u>2,520</u>	<u>2,520</u>	

5. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Investment income - local cash	2,021	2,021	1,760
	<u>1,760</u>	<u>1,760</u>	
<i>Total 2024</i>	<u>1,760</u>	<u>1,760</u>	

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Support and education	510,007	136,854	646,861	608,375
<i>Total 2024</i>	<i>451,328</i>	<i>157,047</i>	<i>608,375</i>	

7. Analysis of expenditure by activities

	Activities undertaken directly 2025 £	Support costs 2025 £	Total funds 2025 £	Total funds 2024 £
Support and education	639,678	7,183	646,861	608,375
<i>Total 2024</i>	<i>599,913</i>	<i>8,462</i>	<i>608,375</i>	

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

7. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Support and education 2025 £	Total funds 2025 £	Total funds 2024 £
Staff costs	465,859	465,859	437,507
Depreciation	7,214	7,214	8,379
Cleaning costs	7,352	7,352	6,011
Group work	15,083	15,083	8,974
Premises rent	41,047	41,047	42,372
Insurance	2,956	2,956	3,079
Telecommunications	9,700	9,700	8,399
Office expenses	12,909	12,909	11,870
Bank charges	60	60	60
Travel and subsistence	13,572	13,572	8,061
Computer software and expenses	11,894	11,894	14,125
Maintenance, equipment hire, repairs and renewals	8,872	8,872	20,641
Staff training	30,332	30,332	18,834
Sundry expenses	70	70	1,760
Staff support costs	4,330	4,330	3,024
Volunteer expenses and supervision	8,428	8,428	6,817
	<u>639,678</u>	<u>639,678</u>	<u>599,913</u>
<i>Total 2024</i>	<u>599,913</u>	<u>599,913</u>	

Analysis of support costs

	Support and education 2025 £	Total funds 2025 £	Total funds 2024 £
Legal and professional	6,043	6,043	4,088
Accountancy	1,140	1,140	4,374
	<u>7,183</u>	<u>7,183</u>	<u>8,462</u>
<i>Total 2024</i>	<u>8,462</u>	<u>8,462</u>	

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £2,340 (2024 - £2,274), and other services of £ - (2024 - £ -).

9. Staff costs

	2025 £	2024 £
Wages and salaries	425,621	396,258
Social security costs	34,610	34,248
Contribution to defined contribution pension schemes	5,628	7,001
	<u>465,859</u>	<u>437,507</u>

The average number of persons employed by the Charity during the year was as follows:

	2025 No.	2024 No.
Employees	<u>9</u>	<u>9</u>

No employee received remuneration amounting to more than £60,000 in either year.

Key management personnel, considered to be the Service Director, whose cost of remuneration was £56,811 (2024: £54,580) including employers national insurance of £5,786 (2024: £5,516).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31 March 2025, expenses totalling £144 were reimbursed or paid directly to 3 Trustees (2024 - £115 to 3 Trustees). The amounts received related to travel and subsistence expenses incurred by the trustees.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

11. Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Total £
Cost or valuation			
At 1 April 2024	15,647	28,599	44,246
Additions	1,675	7,308	8,983
At 31 March 2025	17,322	35,907	53,229
Depreciation			
At 1 April 2024	9,218	18,270	27,488
Charge for the year	2,701	4,513	7,214
At 31 March 2025	11,919	22,783	34,702
Net book value			
At 31 March 2025	5,403	13,124	18,527
At 31 March 2024	6,429	10,329	16,758

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

12. Fixed asset investments

	Investments in associates £
Cost or valuation	
At 1 April 2024	1
At 31 March 2025	<u>1</u>

Principal associates

The fixed asset investment is a 20% shareholding in Icena Ltd, a company registered in England and Wales, registration number 12100766, registered office, Pavilion Court, 600 Pavilion Drive, Northampton, United Kingdom, NN4 7SL. SOSRC and 4 other Rape Crisis Centre in the region are Shareholders of ICENA with voting rights to the decision-making process, one vote per Centre. ICENA is a social enterprise company that provides training and other paid for services that are external to the services delivery of SOSRC as a whole.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

13. Debtors

	2025 £	2024 £
Due within one year		
Amounts owed by participating interests	15,000	15,000
Prepayments and accrued income	12,385	11,039
	<u>27,385</u>	<u>26,039</u>

14. Creditors: Amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	9,667	9,150
Other creditors	1,266	1,262
Accruals and deferred income	2,340	7,470
	<u>13,273</u>	<u>17,882</u>

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
Unrestricted funds					
General Fund	733,960	562,092	(510,007)	1,100	787,145
Restricted funds					
The Big Lottery	19,425	101,180	(66,092)	-	54,513
ROSCA Trust Grant	-	1,100	-	(1,100)	-
The Knock Fund	-	4,390	(4,390)	-	-
Violence and Vulnerability grant	21,754	2,418	(24,172)	-	-
The Brook Trust	-	32,200	(32,200)	-	-
The Big Lottery - Awards for All	-	20,000	(10,000)	-	10,000
	41,179	161,288	(136,854)	(1,100)	64,513
Total of funds	775,139	723,380	(646,861)	-	851,658

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2024 £</i>
Unrestricted funds				
General Fund	663,396	521,892	(451,328)	733,960
Restricted funds				
Children in Need	22,358	(18,597)	(3,761)	-
The Big Lottery - Cost of living	-	50,727	(50,727)	-
CARA Talking Therapy	-	4,050	(4,050)	-
ECF Rent	-	10,000	(10,000)	-
PFCC Community Fund	-	5,000	(5,000)	-
The Big Lottery	-	102,934	(83,509)	19,425
Violence and Vulnerability grant	-	21,754	-	21,754
	22,358	175,868	(157,047)	41,179
Total of funds	685,754	697,760	(608,375)	775,139

16. Summary of funds

Summary of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
General funds	733,960	562,092	(510,007)	1,100	787,145
Restricted funds	41,179	161,288	(136,854)	(1,100)	64,513
	775,139	723,380	(646,861)	-	851,658

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

16. Summary of funds (continued)

Summary of funds - prior year

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2024 £</i>
General funds	663,396	521,892	(451,328)	733,960
Restricted funds	22,358	175,868	(157,047)	41,179
	<u>685,754</u>	<u>697,760</u>	<u>(608,375)</u>	<u>775,139</u>

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Tangible fixed assets	18,527	-	18,527
Fixed asset investments	1	-	1
Current assets	781,890	64,513	846,403
Creditors due within one year	(13,273)	-	(13,273)
Total	<u>787,145</u>	<u>64,513</u>	<u>851,658</u>

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2024 £</i>	<i>Restricted funds 2024 £</i>	<i>Endowment funds 2024 £</i>	<i>Total funds 2024 £</i>
Tangible fixed assets	-	-	16,758	16,758
Fixed asset investments	-	-	1	1
Current assets	-	41,179	735,083	776,262
Creditors due within one year	-	-	(17,882)	(17,882)
Total	<u>-</u>	<u>41,179</u>	<u>733,960</u>	<u>775,139</u>

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

18. Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net income for the year (as per Statement of Financial Activities)	76,519	89,385
Adjustments for:		
Depreciation charges	7,214	8,379
Dividends, interests and rents from investments	(1,208)	(1,760)
Decrease/(increase) in debtors	(1,346)	19,154
Increase/(decrease) in creditors	(4,675)	1,641
Net cash provided by operating activities	76,504	116,799

19. Analysis of cash and cash equivalents

	2025 £	2024 £
Cash in hand	819,352	750,223
Total cash and cash equivalents	819,352	750,223

20. Analysis of changes in net debt

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash at bank and in hand	750,223	69,129	819,352
	750,223	69,129	819,352

21. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £5,628 (2024 - £7,001). Amounts of £1,266 (2024: £1,262) were payable to the fund at the balance sheet date and are included in creditors.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

22. Operating lease commitments

At 31 March 2025 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2025 £	2024 £
Not later than 1 year	35,640	35,640
Later than 1 year and not later than 5 years	-	35,640
	<u>35,640</u>	<u>71,280</u>

23. Related party transactions

The Charity has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Charity at 31 March 2025.