

SOS RAPE CRISIS

England & Wales · Charity number 1194207

Details

Status Registered

Legal form CIO

Registered 2021-04-23

Register [View on the Charity Commission register](#)

Contact

Address Clarence House
20-24 Clarence Road
Southend-On-Sea
SS1 1AN

Phone 01702667590

Email info@sosrc.org.uk

Website www.sosrc.org

Activities

Objects: THE OBJECTS OF THE CIO ARE (1) TO ALLEVIATE THE TRAUMA AND DISTRESS OF WOMEN AND GIRLS WHO HAVE SUFFERED ANY FORM OF SEXUAL VIOLENCE. (2) TO PROMOTE EDUCATION AND RESEARCH IN THE SUBJECT OF RAPE AND ITS EFFECTS ON THE VICTIM, WHETHER PHYSICAL, MEDICAL, PSYCHOLOGICAL, OR SOCIAL AND TO TRAIN WOMEN AS COUNSELLORS SO AS TO BE ABLE TO COPE WITH THE PROBLEMS OF RAPE VICTIMS BY THE PROVISION OF MEDICAL, LEGAL AND EMOTIONAL COUNSELLING.

Activities: Provide free specialised support, advocacy and counselling services to survivors of rape, sexual violence and abuse in Southend-on-Sea and it's environs.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Other Defined Groups

Geography

- Southend-on-sea

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£723,380	£646,861	£851,658	9
2024-03-31	£697,760	£608,375	£775,139	9
2023-03-31	£639,452	£586,966	£685,754	13
2022-03-31	£543,047	£468,655	£633,269	12

Trustees

Name	Role	Appointed
Rosalind Dunhill	Chair	2021-04-23
ALISON SMITH MBE		2011-06-23
Caroline Jennings		2023-12-13
Emma King		2024-09-09
Laura Martin		2021-01-20
Lesley Richardson		2021-01-20
MARGARET HOWELL MBE		2011-06-23
Mali Dunkley		2011-06-23
Rachelle Jayne Stone		2023-12-13

SOS RAPE CRISIS

England & Wales - Charity number 1194207

Accounts

SOS RAPE CRISIS
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

SOS RAPE CRISIS

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SOS RAPE CRISIS

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2025

Trustees	R Dunhill R J Stone C Jennings L Martin L Richardson M Dunkley A Smith MBE M Howell MBE E King (appointed 9 September 2024) S Trinder (appointed 1 September 2024, deceased 31 March 2025)
Charity registered number	1194207
Principal office	Clarence House 20-24 Clarence Road Southend on Sea Essex SS1 1AN
Accountants	Venthams Chartered Accountants Millhouse 32 - 38 East Street Rochford Essex SS4 1DB
Bankers	Metro Bank One Southampton Row London WC1B 5HA CAF Bank Limited 25 Kings Hill Avenue Kings Hill Kent ME19 4JQ Shawbrook Bank Limited Lutea House Warley Hill Business Park The Drive Great Warley, Brentwood Essex CM13 3BE

SOS RAPE CRISIS

CHAIR'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

On behalf of the Trustees, I am pleased to present the Chair's Report alongside the Annual Accounts for Southend-on-Sea Rape Crisis (SOSRC) for the year April 2024 to March 2025. This has been a year of significant achievement and growth, matched by the challenges of increasing demand and the need to secure sustainable resources to meet the needs of survivors.

SOSRC continues to work as part of **Synergy Essex**, a collaborative partnership with **CARA (Centre for Action on Rape and Abuse)** in North Essex and **SERICC (South Essex Rape and Incest Crisis Centre)**. Together, we ensure that survivors across the whole of Essex receive the same consistent, high-quality specialist support, no matter where they live in the county. This partnership approach enables us to share expertise, pool resources, and provide a seamless offer of advocacy, counselling, and outreach for survivors of sexual violence.

This year, SOSRC also successfully completed the **National Service Standards** process from Rape Crisis England & Wales (RCEW). These standards are a rigorous quality assurance framework that ensures the services we deliver are safe, ethical, accessible, and survivor-centred. Achieving this accreditation confirms that our work meets the highest professional standards, and it reflects the dedication and expertise of our team in delivering trauma-informed, empowering support.

We remain unwavering in our mission to offer a wide spectrum of interventions and therapeutic support to children, young people, and adults affected by sexual violence—regardless of when the incident occurred. Our services are available not only to survivors but also to their families, supporters, and others impacted by sexual violence. Every individual who turns to us is offered compassionate, confidential, and specialist help to heal and rebuild their lives.

SOSRC is the only specialist sexual violence service provider for South East Essex, covering **Southend-on-Sea, Castle Point, and Rochford**. Our portfolio of services includes:

- **Therapeutic Support** – One-to-one counselling for adults, young people, and children; pre-trial therapy; play therapy for under-11s; and creative or empowerment groups for young people.
- **Advocacy Services** – Independent Sexual Violence Advocates (ISVAs) for adults and Children's ISVAs (CHISVAs), offering tailored support through the criminal justice process and advocating for survivors' rights.
- **Well-being & Group Work** – Women-only and men-only well-being groups; art, walking, and mindfulness sessions; and creative art journaling workshops.
- **Family Support** – Therapy for parents and carers and specialist workshops to help them support their loved ones.
- **Prevention & Community Outreach** – Education programmes in schools, training for professionals, and targeted outreach delivered by our dedicated team.

Throughout the year, demand for our services has continued to grow. Many survivors presenting to SOSRC have complex needs, including mental health challenges, economic hardship, and family pressures. The increasing severity and diversity of these needs have required our team to adapt and strengthen our offer, ensuring that we continue to respond effectively and holistically. We have expanded provision for young people, increasing the frequency of groups and workshops, and creating safe, peer-led environments where resilience, self-confidence, and a sense of empowerment can flourish.

Thanks to the vital financial support from our funders, we have been able to go beyond therapeutic work to address practical needs that are often essential to recovery. For example, funding from the **National Lottery Community Fund** has enabled us to provide hygiene products, clothing, and food to those facing economic hardship. This whole-person approach recognises that recovery from sexual violence is not only emotional but can be deeply affected by practical and material stability.

SOS RAPE CRISIS

CHAIR'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

We are proud of our achievements against our strategic aims this year:

- **Strengthening partnerships and communication** – Building stronger relationships with local schools, professionals, and community partners, which has improved awareness of our services and streamlined referral pathways.
- **Expanding access and reach** – Using Big Lottery Awards for All funding and the Navigator Project to extend our outreach, particularly to underserved communities and individuals in crisis.
- **Building resilience and visibility** – Amplifying survivor voices through community engagement and online resources, helping to promote public understanding and ensure clear routes to support.

We remain deeply grateful to our funders and commissioners whose generosity underpins our work:

- **The National Lottery Community Fund**
- **ROSCA**
- **Violence and Vulnerability Grant – (PFCC)**
- **The Brook Trust**
- **The Big Lottery – Awards for All –**
- **Children in Need**
- **The National Lottery - Cost of living**
- **Essex Community Foundation**
- **PFCC Community Fund**
- **Ministry of Justice**
- **Essex Police Fire Crime Commissioner**

Looking forward, from April 2025, SOSRC will begin a significant new chapter. We have been commissioned by the PFCC for Essex to deliver specialist sexual violence support services for an initial five-year period, with the option of two further one-year extensions (5 + 1 + 1). Under this contract, we will work in partnership with Synergy Essex to deliver a consistent, countywide package of counselling and ISVA/CHISVA services. This long-term investment secures our ability to meet current needs while enabling us to plan for the future—expanding our reach, deepening community engagement, and continuing to innovate in service delivery.

None of this would be possible without the dedication and passion of our people and partners. I extend heartfelt thanks to our staff, volunteers, and Trustees for their expertise and commitment; to our funders for their trust and invaluable financial support; and to our community partners in schools, local agencies, and the voluntary sector for their collaboration in creating a safer and more supportive environment for survivors. Trustees would like to express their sadness at the loss of Sue Trinder, trustee Sept 2024 - March 2025. Sue was a passionate advocate for women's rights. She will be missed.

As we move into the next stage of our journey, our vision remains clear: to ensure that every survivor—regardless of age, background, or circumstance—has access to the specialist, high-quality support they deserve, today and for years to come.

R Dunhill
Chair of Trustees
Date: 11 November 2025

SOS RAPE CRISIS

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report together with the financial statements of the Charity for the ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK And Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

a. Policies and objectives

The charity's principle objectives are:

1. To relieve the sickness and distress of women and girls who have suffered any form of sexual violence.
2. To promote education and research in the subject of rape and its affects on the victim, whether physical, medical, psychological or social and to train women as counsellors to be able to cope with the problems of rape victims by provision of medical, legal and emotional counselling.

There has been no change to these during the year.

Public Benefit: In accordance with Section 4 of the Charities Act 2006, the trustees confirm that they have met their obligation to consider the Charity Commission's guidance on public benefit. All activities undertaken by SOSRC directly further our charitable purposes and aim to serve the broader public. This is further elaborated upon in our Annual Report, which provides a comprehensive overview of the charity's achievements.

b. Activities undertaken to achieve objectives

Introduction to Services and Philosophy: At SOS Rape Crisis (SOSRC), we are deeply committed to offering a holistic, feminist-centred approach to supporting survivors of sexual violence. Our services are inclusive, ensuring that individuals of all genders and ages receive the support they need. We take pride in delivering a wide range of wraparound services that cater not only to survivors but also to their families, friends, and professionals in the field.

Comprehensive ISVA and Advocacy Services: Our Independent Sexual Violence Advocate (ISVA) and Advocacy services provide vital, hands-on support to survivors. These services are tailored to offer both practical and emotional assistance, with a particular focus on helping survivors navigate the complexities of the Criminal Justice System (CJS). We understand that the legal processes surrounding sexual violence cases can be daunting and overwhelming. Therefore, our ISVAs guide survivors through each step of their journey, ensuring they are well-informed, supported, and empowered. This not only includes accompaniment to court hearings but also practical advice on legal rights, reporting to the police, accessing compensation, and safeguarding.

Dedicated Support for Children and Young People: Our commitment to supporting children and young people is exemplified by our specialised Young Persons Service, which has been made possible through grants from BBC Children in Need (Ended in November 2023) and The National Lottery Community Fund. Designed for individuals aged 4-17, this service offers a variety of therapeutic and educational interventions aimed at empowering younger survivors. Key features of this service include workshops, creative activities, play therapy, and talking therapy, all of which are designed to address the unique needs of younger clients in a safe and supportive environment. Our objective is not only to help these young people heal but also to provide them with tools and strategies to thrive beyond their traumatic experiences.

Educational Initiatives for Preventing Sexual Violence: In alignment with our goal to combat and reduce the prevalence of sexual violence, SOSRC places a strong emphasis on education. Our outreach work in secondary schools includes delivering lessons on vital topics such as consent, toxic masculinity, the harms of pornography, and the importance of active bystander intervention. These educational initiatives are designed

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

not only to inform but to spark critical conversations about sexual violence, encouraging young people to challenge harmful behaviours and cultural norms. By providing this education, we aim to empower young people to seek help when needed and foster a future generation that is less tolerant of behaviours contributing to sexual violence against women and girls.

Therapeutic Services for All Ages: SOSRC continues to offer specialist therapy services for adult survivors and their families. We continue to be flexible by providing face to face, online and telephone support options for those who need them. Our therapeutic offerings include one-on-one counselling, group work, wellbeing groups and specialist therapeutic interventions. These services are designed to help individuals process their trauma, regain a sense of control, and ultimately, heal. For many of our clients, therapy has been a lifeline that allows them to reconnect with their sense of self, build healthier relationships, and overcome the long-term effects of sexual violence.

Achievements and performance

a. Main achievements of the Charity

2024-2025 Charitable Impact and Reach: Over the last financial year, SOSRC provided critical services to a total of 952 individuals. This includes 43 children under the age of 12, 142 young people between the ages of 13 and 17, and 768 adults. The demographic breakdown of our client base reflects 860 women, 89 men, and 3 individuals who identify as transgender/other. The volume of new referrals has been on par for the year before, with 556 new cases recorded during the year. These figures underscore the growing demand for our services and our continued commitment to meeting the needs of a diverse population of survivors.

b. Review of activities

Total income for the year was £723,380 (2024: £697,760) and the total expenditure was £646,681 (2024: £608,375) resulting in a surplus of £76,519 (2024: £89,385). At the period end the charity held cash at the bank of £819,018 (2024: £750,223) and has reserves of £851,658 (2024: £775,139). £64,513 (2024: £41,179) of which are restricted creating £787,145 (2024: £733,960) of unrestricted reserves.

c. Investment policy and performance

Investment Policy and Objectives: Our trustees have the authority to manage and invest the charity's funds prudently, ensuring that resources are allocated effectively to sustain our mission. At present, the general reserve funds are held in a dedicated savings account, separate from our operational accounts with CAF Bank, ensuring that these reserves are available when needed while still providing a modest return.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

b. Reserves policy

Financial Overview and Reserves Policy: SOSRC adheres to the guidelines set by the Charity Commission for England and Wales by maintaining unrestricted reserves equivalent to approximately 9 months of budgeted expenditure. This reserve policy serves as a safety net, enabling the charity to cover unforeseen costs such as redundancy, maternity leave, long-term sickness, and essential building maintenance. The reserve also guarantees that, in the event of operational cessation, we can continue providing services for up to six months.

c. Principal risks and uncertainties

Risk Management: Risk management is a priority at SOSRC, and the trustees are proactive in identifying and mitigating potential threats to the charity. This includes conducting an annual risk assessment and establishing procedures to manage and reduce identified risks. The systems in place aim to safeguard the charity from fraud, financial mismanagement, and operational disruptions, ensuring that any risks that do materialise have minimal impact on our services.

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

d. Principal funding - Grants, Funds and Income (2024/25)

Brooks Trust:

Brook Trust awarded SOSRC £32,000 to fund specialist counselling for children and young people, providing interventions to support recovery from all forms of sexual violence.

Synergy Partnership Funding:

Through funding from the Fire, Police and Crime Commissioner (FPCC) and the Ministry of Justice (MOJ), we have been able to sustain our ISVA service alongside other core functions of the charity. Our core funding amounted to £200,700.00, excluding additional MOJ allocations. We also received a further £235,304.00 through several funding streams, including the Rape Support Fund, Domestic ISVA Fund, Male Support Fund, and Engagement ISVA Fund.

The Lottery – Navigator Project:

With support from The National Lottery Community Fund, the Synergy Essex partnership delivers the Navigator Project. This service provides survivors and professionals with a single point of contact through a dedicated helpline. Our trained Navigators listen, outline the local support available, and guide people to the right service quickly and effectively. This funding has enabled more people across Essex to access timely support and clear information when they need it most. We received £42,374.00 from the Lottery to support this project.

Essex County Council – Sexual Violence and Domestic Abuse Fund

We received £89,040.00 in commissioned funding through this programme. The funding was used to increase staff capacity, enabling us to support survivors living in secure accommodation who have experienced both domestic abuse and sexual violence. It also allowed us to extend our reach by providing additional support within our own service areas, as well as delivering services on behalf of SERICC in their designated areas. This collaborative approach has ensured that survivors across multiple regions receive both the emotional and practical support they need. The fund began in August 2023 and will run until March 2025.

The National Lottery – Awards for All Grant

Our Girls to the Front (GTTF) group received £20,000 through this grant, supporting essential living costs, activity resources, and food. The funding is split across two years, with £10,000 allocated for 2024–25 and the remaining £10,000 for 2025–26.

The National Lottery – Reaching Communities Grant

From July 2024, SOSRC was awarded a three-year grant from The National Lottery's Reaching Communities Fund, totalling £307,758.00 (£102,586 per year). This funding has enabled us to employ three full-time equivalent counsellors, providing specialist sexual violence counselling for women and girls. In addition, 0.5 FTE of this grant supports a dedicated counsellor focused on specialist engagement work within our local communities across Southend, Castle Point, and Rochford.

ROSCA

We received £1,100 from ROSCA, which was used to purchase much-needed new desks for our office. These desks are ergonomically designed to better support staff, particularly those with additional physical needs, ensuring a safer and more comfortable working environment.

Violence and Vulnerability Fund

SOSRC received £26,589.00 from the Violence and Vulnerability Fund. This funding was dedicated to providing specialist counselling for children and young people, helping them to process their experiences, build resilience, and make positive life choices for the future.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

a. Constitution

SOS Rape Crisis is a registered charity, number 1194207, and is constituted under a CIO Association.

The governance of SOSRC is overseen by a dedicated Board of Trustees, whose role is to ensure the charity's operations align with best practices and high standards, particularly those set by Rape Crisis England and Wales (RCEW) National Service Standards. Throughout the year, the Board undertakes regular reviews of existing policies and adopts new ones as necessary to maintain the charity's compliance and effectiveness. SOSRC is a member of the National Council for Voluntary Organisations (NCVO), which allows our trustees access to ongoing training and professional development. This ensures that our leadership is well-equipped to tackle contemporary challenges facing the charity sector.

b. Methods of appointment or election of Trustees

As set out in the constitution the Chair of Trustees is nominated by her fellow trustees. The trustees have no beneficial interest in the charity. The trustees have the power to appoint additional trustees by majority vote and the training of new trustees becomes the responsibility of existing trustees upon appointment. In compliance with Rape Crisis England and Wales Membership criteria all honorary roles within the Trustees Board and Senior Management position within the charity are held by women.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management (continued)

c. Organisational structure and decision-making policies

Board of Trustees and Key Staff: The following individuals served as trustees during the financial year:

- Chair: Ms. Ros Dunhill
- Vice Chair: Ms. Alison Smith MBE
- Secretary: Ms. Rachelle Stone
- Treasurer: Ms. Laura Martin
- Trustee: Ms. Maggi Howell MBE
- Trustee: Ms. Lesley Richardson
- Trustee: Ms. Mali Dunkley
- Trustee: Ms. Caroline Jennings
- Trustee: Ms. Emma King
- Trustee: Ms. Sue Trinder (Deceased)

The Chair is nominated by her fellow trustees, and all trustees serve without a beneficial interest in the charity. All honorary roles within the Board, as well as senior management positions within the charity, are held by women, in compliance with Rape Crisis England and Wales membership criteria.

- **Key Staff (2024/25)**
- CEO: Ms. Cathryn Cardoza
- Operations Manager: Ms. Ellie McGregor
- ISVA and Advocacy Manager: Ms. Anne-Marie Betts
- Clinical Supervisor: Ms. Liz Lockwood
- Counselling Manager: Ms. Caroline Kosta (Previous surname Parry)
- Information Lead: Ms. Becki Scott
- CH/ISVA: Ms. Sam Anderson
- CH/ISVA: Ms. Cat Bentley
- CH/ISVA & YP Worker: Ms. Louise Murphy
- Sexual Violence Counsellor: Ms. Sarah Lowndes-King (sessional)
- Sexual Violence Counsellor: Ms. Ariana Pedzikowska
- Sexual Violence Counsellor: Ms. Sarah Goodwin (sessional)
- Sexual Violence Counsellor: Ms. Laura Otrfanowei (sessional)
- Sexual Violence Counsellor: Ms. Jane Jolly (sessional)
- Sexual Violence Counsellor: Ms. Denise Gleed (sessional)
- Sexual Violence Counsellor: Ms. Claire Anderson (sessional - departure Dec 2024)
- Sexual Violence Counsellor: Ms. Jo Sargent (sessional - departure July 2024)
- First Contact Navigator: Ms. Lauren Ashton (departure Jan 2025)
- Young Person Engagement Worker: Ms. Kelly Farrell

Plans for future periods

Future Developments: Looking ahead, the Board of Trustees remains committed to seeking sustainable income streams that will enable the charity to continue delivering essential services. While we have secured several key grants, we recognize the importance of diversifying our funding sources to ensure long-term stability and resilience.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the CIO Association. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

R Dunhill
Trustee

Date: 11 November 2025

SOS RAPE CRISIS

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner's report to the Trustees of SOS Rape Crisis ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

SOS RAPE CRISIS

INDEPENDENT EXAMINER'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed:

Dated: 17 November 2025

Stuart Harrison FCA

Venthams

Chartered Accountants
Millhouse
32 - 38 East Street
Rochford
Essex
SS4 1DB

SOS RAPE CRISIS

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Note	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Income from:					
Donations and legacies	3	560,071	161,288	721,359	693,480
Charitable activities	4	-	-	-	2,520
Investments	5	2,021	-	2,021	1,760
Total income		562,092	161,288	723,380	697,760
Expenditure on:					
Charitable activities	6	510,007	136,854	646,861	608,375
Total expenditure		510,007	136,854	646,861	608,375
Net income		52,085	24,434	76,519	89,385
Transfers between funds	15	1,100	(1,100)	-	-
Net movement in funds		53,185	23,334	76,519	89,385
Reconciliation of funds:					
Total funds brought forward		733,960	41,179	775,139	685,754
Net movement in funds		53,185	23,334	76,519	89,385
Total funds carried forward		787,145	64,513	851,658	775,139

SOS RAPE CRISIS

BALANCE SHEET FOR THE YEAR ENDED 31 MARCH 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	18,527	16,758
Investments	12	1	1
		<u>18,528</u>	<u>16,759</u>
Current assets			
Debtors	13	27,385	26,039
Cash at bank and in hand		819,018	750,223
		<u>846,403</u>	<u>776,262</u>
Current liabilities			
Creditors: amounts falling due within one year	14	(13,273)	(17,882)
		<u>833,130</u>	<u>758,380</u>
Total assets less current liabilities		<u>851,658</u>	<u>775,139</u>
Total net assets		<u>851,658</u>	<u>775,139</u>
Charity funds			
Restricted funds	15	64,513	41,179
Unrestricted funds	15	787,145	733,960
Total funds		<u>851,658</u>	<u>775,139</u>

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

R Dunhill

Trustee

Date: 11 November 2025

SOS RAPE CRISIS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Cash flows from operating activities		
Net cash used in operating activities	76,904	116,799
	<hr/>	<hr/>
Cash flows from investing activities		
Dividends, interests and rents from investments	1,208	1,760
Purchase of tangible fixed assets	(8,983)	(3,932)
	<hr/>	<hr/>
Net cash used in investing activities	(7,775)	(2,172)
	<hr/>	<hr/>
Cash flows from financing activities		
	<hr/>	<hr/>
Net cash provided by financing activities	-	-
	<hr/>	<hr/>
Change in cash and cash equivalents in the year	69,129	114,627
Cash and cash equivalents at the beginning of the year	750,223	635,596
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year	819,352	750,223
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SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. General information

SOS Rape Crisis CIO is a charitable incorporated organisation, registered with the Charity Commission, and is governed by its constitution dated 23 April 2021. The principal address of the charity is Clarence House, 20-24 Clarence Road, Southend-on-Sea, Essex, SS1 1AN.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

SOS Rape Crisis meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

2. Accounting policies (continued)

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £250 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following basis:

Fixtures and fittings	-	33%
Computer equipment	-	33%

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

3. Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Donations	1,917	-	1,917	789
Grants	558,154	161,288	719,442	692,691
	<u>560,071</u>	<u>161,288</u>	<u>721,359</u>	<u>693,480</u>
<i>Total 2024</i>	<u><u>517,612</u></u>	<u><u>175,868</u></u>	<u><u>693,480</u></u>	

4. Income from charitable activities

	Unrestricted funds 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Income from charitable activities - Support and education	-	-	2,520
	<u>2,520</u>	<u>2,520</u>	
<i>Total 2024</i>	<u><u>2,520</u></u>	<u><u>2,520</u></u>	

5. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Investment income - local cash	2,021	2,021	1,760
	<u>1,760</u>	<u>1,760</u>	
<i>Total 2024</i>	<u><u>1,760</u></u>	<u><u>1,760</u></u>	

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	<i>Total 2024 £</i>
Support and education	510,007	136,854	646,861	608,375
	<u>510,007</u>	<u>136,854</u>	<u>646,861</u>	
<i>Total 2024</i>	<u>451,328</u>	<u>157,047</u>	<u>608,375</u>	

7. Analysis of expenditure by activities

	Activities undertaken directly 2025 £	Support costs 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Support and education	639,678	7,183	646,861	608,375
	<u>639,678</u>	<u>7,183</u>	<u>646,861</u>	
<i>Total 2024</i>	<u>599,913</u>	<u>8,462</u>	<u>608,375</u>	

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

7. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Support and education 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Staff costs	465,859	465,859	437,507
Depreciation	7,214	7,214	8,379
Cleaning costs	7,352	7,352	6,011
Group work	15,083	15,083	8,974
Premises rent	41,047	41,047	42,372
Insurance	2,956	2,956	3,079
Telecommunications	9,700	9,700	8,399
Office expenses	12,909	12,909	11,870
Bank charges	60	60	60
Travel and subsistence	13,572	13,572	8,061
Computer software and expenses	11,894	11,894	14,125
Maintenance, equipment hire, repairs and renewals	8,872	8,872	20,641
Staff training	30,332	30,332	18,834
Sundry expenses	70	70	1,760
Staff support costs	4,330	4,330	3,024
Volunteer expenses and supervision	8,428	8,428	6,817
	<u>639,678</u>	<u>639,678</u>	<u>599,913</u>
<i>Total 2024</i>	<u>599,913</u>	<u>599,913</u>	

Analysis of support costs

	Support and education 2025 £	Total funds 2025 £	<i>Total funds 2024 £</i>
Legal and professional	6,043	6,043	4,088
Accountancy	1,140	1,140	4,374
	<u>7,183</u>	<u>7,183</u>	<u>8,462</u>
<i>Total 2024</i>	<u>8,462</u>	<u>8,462</u>	

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £2,340 (2024 - £2,274), and other services of £ - (2024 - £ -).

9. Staff costs

	2025 £	2024 £
Wages and salaries	425,621	396,258
Social security costs	34,610	34,248
Contribution to defined contribution pension schemes	5,628	7,001
	<u>465,859</u>	<u>437,507</u>

The average number of persons employed by the Charity during the year was as follows:

	2025 No.	2024 No.
Employees	<u>9</u>	<u>9</u>

No employee received remuneration amounting to more than £60,000 in either year.

Key management personnel, considered to be the Service Director, whose cost of remuneration was £56,811 (2024: £54,580) including employers national insurance of £5,786 (2024: £5,516).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31 March 2025, expenses totalling £144 were reimbursed or paid directly to 3 Trustees (2024 - £115 to 3 Trustees). The amounts received related to travel and subsistence expenses incurred by the trustees.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

11. Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Total £
Cost or valuation			
At 1 April 2024	15,647	28,599	44,246
Additions	1,675	7,308	8,983
At 31 March 2025	<u>17,322</u>	<u>35,907</u>	<u>53,229</u>
Depreciation			
At 1 April 2024	9,218	18,270	27,488
Charge for the year	2,701	4,513	7,214
At 31 March 2025	<u>11,919</u>	<u>22,783</u>	<u>34,702</u>
Net book value			
At 31 March 2025	<u>5,403</u>	<u>13,124</u>	<u>18,527</u>
<i>At 31 March 2024</i>	<u>6,429</u>	<u>10,329</u>	<u>16,758</u>

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

12. Fixed asset investments

	Investments in associates £
Cost or valuation	
At 1 April 2024	1
At 31 March 2025	<u>1</u>

Principal associates

The fixed asset investment is a 20% shareholding in Icena Ltd, a company registered in England and Wales, registration number 12100766, registered office, Pavilion Court, 600 Pavilion Drive, Northampton, United Kingdom, NN4 7SL. SOSRC and 4 other Rape Crisis Centre in the region are Shareholders of ICENA with voting rights to the decision-making process, one vote per Centre. ICENA is a social enterprise company that provides training and other paid for services that are external to the services delivery of SOSRC as a whole.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

13. Debtors

	2025 £	2024 £
Due within one year		
Amounts owed by participating interests	15,000	15,000
Prepayments and accrued income	12,385	11,039
	<u>27,385</u>	<u>26,039</u>

14. Creditors: Amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	9,667	9,150
Other creditors	1,266	1,262
Accruals and deferred income	2,340	7,470
	<u>13,273</u>	<u>17,882</u>

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
Unrestricted funds					
General Fund	733,960	562,092	(510,007)	1,100	787,145
Restricted funds					
The Big Lottery	19,425	101,180	(66,092)	-	54,513
ROSCA Trust Grant	-	1,100	-	(1,100)	-
The Knock Fund	-	4,390	(4,390)	-	-
Violence and Vulnerability grant	21,754	2,418	(24,172)	-	-
The Brook Trust	-	32,200	(32,200)	-	-
The Big Lottery - Awards for All	-	20,000	(10,000)	-	10,000
	<u>41,179</u>	<u>161,288</u>	<u>(136,854)</u>	<u>(1,100)</u>	<u>64,513</u>
Total of funds	<u><u>775,139</u></u>	<u><u>723,380</u></u>	<u><u>(646,861)</u></u>	<u><u>-</u></u>	<u><u>851,658</u></u>

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2024 £</i>
Unrestricted funds				
General Fund	663,396	521,892	(451,328)	733,960
Restricted funds				
Children in Need	22,358	(18,597)	(3,761)	-
The Big Lottery - Cost of living	-	50,727	(50,727)	-
CARA Talking Therapy	-	4,050	(4,050)	-
ECF Rent	-	10,000	(10,000)	-
PFCC Community Fund	-	5,000	(5,000)	-
The Big Lottery	-	102,934	(83,509)	19,425
Violence and Vulnerability grant	-	21,754	-	21,754
	<u>22,358</u>	<u>175,868</u>	<u>(157,047)</u>	<u>41,179</u>
Total of funds	<u><u>685,754</u></u>	<u><u>697,760</u></u>	<u><u>(608,375)</u></u>	<u><u>775,139</u></u>

16. Summary of funds

Summary of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2025 £
General funds	733,960	562,092	(510,007)	1,100	787,145
Restricted funds	41,179	161,288	(136,854)	(1,100)	64,513
	<u><u>775,139</u></u>	<u><u>723,380</u></u>	<u><u>(646,861)</u></u>	<u><u>-</u></u>	<u><u>851,658</u></u>

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

16. Summary of funds (continued)

Summary of funds - prior year

	<i>Balance at 1 April 2023</i>	<i>Income</i>	<i>Expenditure</i>	<i>Balance at 31 March 2024</i>
	£	£	£	£
General funds	663,396	521,892	(451,328)	733,960
Restricted funds	22,358	175,868	(157,047)	41,179
	<u>685,754</u>	<u>697,760</u>	<u>(608,375)</u>	<u>775,139</u>

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2025	Restricted funds 2025	Total funds 2025
	£	£	£
Tangible fixed assets	18,527	-	18,527
Fixed asset investments	1	-	1
Current assets	781,890	64,513	846,403
Creditors due within one year	(13,273)	-	(13,273)
Total	<u>787,145</u>	<u>64,513</u>	<u>851,658</u>

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2024</i>	<i>Restricted funds 2024</i>	<i>Endowment funds 2024</i>	<i>Total funds 2024</i>
	£	£	£	£
Tangible fixed assets	-	-	16,758	16,758
Fixed asset investments	-	-	1	1
Current assets	-	41,179	735,083	776,262
Creditors due within one year	-	-	(17,882)	(17,882)
Total	<u>-</u>	<u>41,179</u>	<u>733,960</u>	<u>775,139</u>

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

18. Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net income for the year (as per Statement of Financial Activities)	76,519	89,385
Adjustments for:		
Depreciation charges	7,214	8,379
Dividends, interests and rents from investments	(1,208)	(1,760)
Decrease/(increase) in debtors	(1,346)	19,154
Increase/(decrease) in creditors	(4,675)	1,641
Net cash provided by operating activities	76,504	116,799

19. Analysis of cash and cash equivalents

	2025 £	2024 £
Cash in hand	819,352	750,223
Total cash and cash equivalents	819,352	750,223

20. Analysis of changes in net debt

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash at bank and in hand	750,223	69,129	819,352
	750,223	69,129	819,352

21. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £5,628 (2024 - £7,001). Amounts of £1,266 (2024: £1,262) were payable to the fund at the balance sheet date and are included in creditors.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

22. Operating lease commitments

At 31 March 2025 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2025 £	2024 £
Not later than 1 year	35,640	35,640
Later than 1 year and not later than 5 years	-	35,640
	<u>35,640</u>	<u>71,280</u>

23. Related party transactions

The Charity has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Charity at 31 March 2025.

SOS RAPE CRISIS

England & Wales - Charity number 1194207

Accounts

SOS RAPE CRISIS
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

SOS RAPE CRISIS

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SOS RAPE CRISIS

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2024

Trustees	R Dunhill R J Stone (appointed 13 December 2023) C Jennings (appointed 13 December 2023) L Martin L Richardson M Dunkley A Smith MBE M Howell MBE
Charity registered number	1194207
Principal office	Clarence House 20-24 Clarence Road Southend on Sea Essex SS1 1AN
Accountants	Venthams Chartered Accountants Millhouse 32 - 38 East Street Rochford Essex SS4 1DB
Bankers	Metro Bank One Southampton Row London WC1B 5HA CAF Bank Limited 25 Kings Hill Avenue Kings Hill Kent ME19 4JQ Shawbrook Bank Limited Lutea House Warley Hill Business Park The Drive Great Warley, Brentwood Essex CM13 3BE

SOS RAPE CRISIS

CHAIR'S REPORT FOR THE YEAR ENDED 31 MARCH 2024

At Southend on Sea Rape Crisis (SOSRC), we remain unwavering in our mission to offer a robust spectrum of interventions and therapeutic support to children, young people, and adults affected by sexual violence, no matter when the incident occurred. Our services are open to survivors, their families, supporters, and anyone impacted by sexual violence, ensuring they have continuous access to the specialised support they need to heal and rebuild their lives.

Despite the enduring impact of COVID-19 and subsequent lockdowns, our commitment to survivors has been steadfast. The Independent Sexual Violence Advocate (ISVA) service, which provides critical advocacy and support, has faced unprecedented challenges due to significant delays and backlogs in court cases and systemic issues across the Criminal Justice System. These barriers have deeply affected survivors seeking justice. Yet, through additional funding, we have been able to maintain and even enhance our support to both longstanding and new clients accessing SOSRC during this difficult period.

In response to the rising demand, we have dedicated substantial resources to expand our services for young people, recognising that early intervention is key in supporting younger survivors as they navigate the effects of trauma. The increased frequency of young people's groups and workshops has allowed us to foster a supportive environment that prioritises empowerment, resilience-building, and self-confidence. These sessions emphasise the power of peer support and provide a safe space where young survivors can connect, share, and heal together.

Thanks to the vital financial support from The National Lottery Community Fund, Essex Community Foundation, and Children in Need, we have been able to go beyond therapeutic services. By providing essential items like hygiene products, clothing, and food, we are helping these young individuals face the growing pressures of the cost-of-living crisis. This holistic approach aims to address not only the emotional and psychological toll of sexual violence but also the practical challenges that can exacerbate trauma recovery.

Throughout this reporting period, we have observed that survivors are presenting with more complex needs. Many are dealing with intensified emotional and mental health challenges, which have been compounded by the isolation during the pandemic and the economic strains of the cost-of-living crisis. These factors have added layers of anxiety, depression, and insecurity, making our work more critical than ever. Our dedicated team at SOSRC remains resolute in providing trauma-informed, empathetic support to ensure every survivor feels heard, validated, and empowered on their path to recovery.

R Dunhill

Chair of Trustees

Date: 3 December 2024

SOS RAPE CRISIS

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their annual report together with the financial statements of the Charity for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK And Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

a. Policies and objectives

The charity's principle objectives are:

1. To relieve the sickness and distress of women and girls who have suffered any form of sexual violence.
2. To promote education and research in the subject of rape and its affects on the victim, whether physical, medical, psychological or social and to train women as counsellors to be able to cope with the problems of rape victims by provision of medical, legal and emotional counselling.

There has been no change to these during the year.

Public Benefit: In accordance with Section 4 of the Charities Act 2006, the trustees confirm that they have met their obligation to consider the Charity Commission's guidance on public benefit. All activities undertaken by SOSRC directly further our charitable purposes and aim to serve the broader public. This is further elaborated upon in our Annual Report, which provides a comprehensive overview of the charity's achievements.

b. Activities undertaken to achieve objectives

Introduction to Services and Philosophy: At SOS Rape Crisis (SOSRC), we are deeply committed to offering a holistic, feminist-centred approach to supporting survivors of sexual violence. Our services are inclusive, ensuring that individuals of all genders and ages receive the support they need. We take pride in delivering a wide range of wraparound services that cater not only to survivors but also to their families, friends, and professionals in the field.

Comprehensive ISVA and Advocacy Services: Our Independent Sexual Violence Advocate (ISVA) and Advocacy services provide vital, hands-on support to survivors. These services are tailored to offer both practical and emotional assistance, with a particular focus on helping survivors navigate the complexities of the Criminal Justice System (CJS). We understand that the legal processes surrounding sexual violence cases can be daunting and overwhelming. Therefore, our ISVAs guide survivors through each step of their journey, ensuring they are well-informed, supported, and empowered. This not only includes accompaniment to court hearings but also practical advice on legal rights, reporting to the police, accessing compensation, and safeguarding.

Dedicated Support for Children and Young People: Our commitment to supporting children and young people is exemplified by our specialised Young Persons Service, which has been made possible through grants from BBC Children in Need (Ended in November 2023) and The National Lottery Community Fund. Designed for individuals aged 4-17, this service offers a variety of therapeutic and educational interventions aimed at empowering younger survivors. Key features of this service include workshops, creative activities, play therapy, and talking therapy, all of which are designed to address the unique needs of younger clients in a safe and supportive environment. Our objective is not only to help these young people heal but also to provide them with tools and strategies to thrive beyond their traumatic experiences.

Educational Initiatives for Preventing Sexual Violence: In alignment with our goal to combat and reduce the prevalence of sexual violence, SOSRC places a strong emphasis on education. Our outreach work in secondary schools includes delivering lessons on vital topics such as consent, toxic masculinity, the harms of pornography, and the importance of active bystander intervention. These educational initiatives are designed not only to inform but to spark critical conversations about sexual violence, encouraging young people to challenge harmful

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

behaviours and cultural norms. By providing this education, we aim to empower young people to seek help when needed and foster a future generation that is less tolerant of behaviours contributing to sexual violence against women and girls.

Therapeutic Services for All Ages: SOSRC continues to offer specialist therapy services for adult survivors and their families. We continue to be flexible by providing face to face, online and telephone support options for those who need them. Our therapeutic offerings include one-on-one counselling, group work, wellbeing groups and specialist therapeutic interventions. These services are designed to help individuals process their trauma, regain a sense of control, and ultimately, heal. For many of our clients, therapy has been a lifeline that allows them to reconnect with their sense of self, build healthier relationships, and overcome the long-term effects of sexual violence.

Achievements and performance

a. Main achievements of the Charity

Charitable Impact and Reach: Over the last financial year, SOSRC provided critical services to a total of 979 individuals. This includes 43 children under the age of 12, 183 young people between the ages of 13 and 17, and 753 adults. The demographic breakdown of our client base reflects 871 women, 89 men, and 18 individuals who identify as transgender/other. The volume of new referrals has been on par for the year before, with 646 new cases recorded during the year. These figures underscore the growing demand for our services and our continued commitment to meeting the needs of a diverse population of survivors.

b. Review of activities

Total income for the year was £697,760 (2023: £639,452) and the total expenditure was £608,375 (2023: £589,966) resulting in a surplus of £89,385 (2023: £52,486). At the period end the charity held cash at the bank of £750,223 (2023: £635,596) and has reserves of £775,139 (2023: £685,754). £41,179 (2023: £22,358) of which are restricted creating £733,960 (2023: £663,396) of unrestricted reserves.

c. Investment policy and performance

Investment Policy and Objectives: Our trustees have the authority to manage and invest the charity's funds prudently, ensuring that resources are allocated effectively to sustain our mission. At present, the general reserve funds are held in a dedicated savings account, separate from our operational accounts with CAF Bank, ensuring that these reserves are available when needed while still providing a modest return.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

b. Reserves policy

Financial Overview and Reserves Policy: SOSRC adheres to the guidelines set by the Charity Commission for England and Wales by maintaining unrestricted reserves equivalent to approximately 9 months of budgeted expenditure. This reserve policy serves as a safety net, enabling the charity to cover unforeseen costs such as redundancy, maternity leave, long-term sickness, and essential building maintenance. The reserve also guarantees that, in the event of operational cessation, we can continue providing services for up to six months.

c. Principal risks and uncertainties

Risk Management: Risk management is a priority at SOSRC, and the trustees are proactive in identifying and mitigating potential threats to the charity. This includes conducting an annual risk assessment and establishing procedures to manage and reduce identified risks. The systems in place aim to safeguard the charity from fraud, financial mismanagement, and operational disruptions, ensuring that any risks that do materialise have minimal impact on our services.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

d. Principal funding

Grants, Funds, and Income (2023/24)

BBC Children in Need: Originally scheduled to conclude in November 2022, this grant was extended for an additional year, now continuing until November 2023. The funding is specifically designated for staff hours and resources, ensuring that specialist support is available for children and young people. This extension allows us to provide ongoing, dedicated care and services to meet the unique needs of these vulnerable individuals.

The National Lottery Community Fund: In the third year of a three-year grant, this fund supports 2.5 full-time equivalent therapists delivering face-to-face sessions to survivors. An uplift of £9700 was granted to fund the "Girls to the Front" (GTTF) group, covering essential living costs, resources for activities, and food – this grants end in March 2024.

The National Lottery Cost Living Grant: We received a payment of £50,727.45, which has been allocated to support survivors by providing food vouchers, assistance with utility bills, and covering staffing costs. This funding will be utilized until the grant concludes in March 2024, helping to address the essential needs of survivors during this period.

Essex Community Foundation: We received a grant of £10,000 to contribute towards the rent for 24 Clarence Road for a period of one year. This grant will be in effect until it concludes in August 2024.

Police Fire Crime Commissioner Community Fund: We received £1,000 to support staffing costs for delivering school education lessons. This grant concluded in March 2023.

Essex County Council Sexual Violence Domestic Abuse Fund: We received £51,943.50 in commissioned funding, which was allocated to increase staff hours dedicated to supporting survivors residing in secure accommodation who have experienced both domestic abuse and sexual violence. This funding allowed us to extend our services to these vulnerable individuals, ensuring they received the necessary emotional and practical support. Additionally, SOSRC provided support to survivors within our own service areas and extended our reach by delivering services on behalf of SERICC in their designated areas. This collaborative effort ensured comprehensive care for survivors across multiple regions – this fund started in August 2023 and ends in March 2025.

Synergy Partnership Funding: Through funding from the Fire, Police, and Crime Commissioner (FPCC) and the Ministry of Justice (MOJ), we have been able to support the ISVA service and other core functions of the charity. We received £200700.00 which is our core funding without the extra funds from the MOJ. £207306.00 additional funding came from several funds including The Rape Support Fund, Domestic ISVA fund, Male Support Fund and Engagement ISVA fund.

Better Outcomes through Linked Data Project (BOLD): received £8,675 from the Ministry of Justice (MOJ) to contribute valuable data and insights towards the initiative. The BOLD project aims to improve outcomes for survivors of sexual violence by using linked data to better understand their experiences and needs, particularly those whose cases have been marked 'no further action' (NFA) by the Criminal Justice System. Through this funding, SOSRC is supporting the collection and analysis of data that highlights the ongoing engagement of survivors with support services, such as counselling and emotional support, even when legal proceedings do not advance. Our contributions help ensure that the project is grounded in real-world experiences, ultimately aiming to improve services and resources for survivors, enhance decision-making processes, and inform policy development within the sector.

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management

a. Constitution

SOS Rape Crisis is a registered charity, number 1194207, and is constituted under a CIO Association.

The governance of SOSRC is overseen by a dedicated Board of Trustees, whose role is to ensure the charity's operations align with best practices and high standards, particularly those set by Rape Crisis England and Wales (RCEW) National Service Standards. Throughout the year, the Board undertakes regular reviews of existing policies and adopts new ones as necessary to maintain the charity's compliance and effectiveness. SOSRC is a member of the National Council for Voluntary Organisations (NCVO), which allows our trustees access to ongoing training and professional development. This ensures that our leadership is well-equipped to tackle contemporary challenges facing the charity sector.

b. Methods of appointment or election of Trustees

As set out in the constitution the Chair of Trustees is nominated by her fellow trustees. The trustees have no beneficial interest in the charity. The trustees have the power to appoint additional trustees by majority vote and the training of new trustees becomes the responsibility of existing trustees upon appointment. In compliance with Rape Crisis England and Wales Membership criteria all honorary roles within the Trustees Board and Senior Management position within the charity are held by women.

c. Organisational structure and decision-making policies

Board of Trustees and Key Staff: The following individuals served as trustees during the financial year:

- Chair: Ms. Ros Dunhill
- Vice Chair: Ms. Alison Smith MBE
- Secretary: Ms. Mali Dunkley
- Treasurer: Ms. Laura Martin
- Trustee: Ms. Maggi Howell
- Trustee: Ms. Lesley Richardson
- Trustee: Ms. Rachelle Stone
- Trustee: Ms. Caroline Jennings

The Chair is nominated by her fellow trustees, and all trustees serve without a beneficial interest in the charity. All honorary roles within the Board, as well as senior management positions within the charity, are held by women, in compliance with Rape Crisis England and Wales membership criteria.

- **Key Staff (2023/24)**
- CEO: Ms. Cathryn Cardoza
- Operations Manager: Ms. Ellie McGregor
- ISVA Manager: Ms. Anne-Marie Betts
- Clinical Manager: Ms. Liz Lockwood
- Counselling Lead: Ms. Caroline Parry
- Information Lead: Ms. Becki Scott
- CH/ISVA: Ms. Sam Anderson (previous surname Ingle)
- CH/ISVA: Ms. Cat Bentley
- CH/ISVA & YP Worker: Ms. Louise Murphy
- Sexual Violence Counsellor: Ms. Sarah Lowndes-King (sessional)
- Sexual Violence Counsellor: Ms. Ariana Pedzikowska
- Sexual Violence Counsellor: Ms. Yazmin Kiraz (departure Dec 2023)
- Sexual Violence Counsellor: Ms. Veedia Ramalingum (departure Nov 2023)
- First Contact Navigator: Ms. Lauren Ashton
- Young Person Engagement Worker: Ms. Kelly Farrell

SOS RAPE CRISIS

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Plans for future periods

Future Developments: Looking ahead, the Board of Trustees remains committed to seeking sustainable income streams that will enable the charity to continue delivering essential services. While we have secured several key grants, we recognize the importance of diversifying our funding sources to ensure long-term stability and resilience.

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the CIO Association. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

L Martin
Trustee

Date: 3 December 2024

SOS RAPE CRISIS

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2024

Independent examiner's report to the Trustees of SOS Rape Crisis ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

SOS RAPE CRISIS

INDEPENDENT EXAMINER'S REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed:

Dated: 3 December 2024

Stuart Harrison FCA

Venthams

Chartered Accountants
Millhouse
32 - 38 East Street
Rochford
Essex
SS4 1DB

SOS RAPE CRISIS

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Income from:					
Donations and legacies	3	175,868	517,612	693,480	636,373
Charitable activities	4	-	2,520	2,520	1,770
Investments	5	-	1,760	1,760	1,309
Total income		175,868	521,892	697,760	639,452
Expenditure on:					
Charitable activities	6	157,047	451,328	608,375	586,966
Total expenditure		157,047	451,328	608,375	586,966
Net movement in funds		18,821	70,564	89,385	52,486
Reconciliation of funds:					
Total funds brought forward		22,358	663,396	685,754	633,268
Net movement in funds		18,821	70,564	89,385	52,486
Total funds carried forward		41,179	733,960	775,139	685,754

SOS RAPE CRISIS

**BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	11	16,758	21,205
Investments	12	1	1
		16,759	21,206
Current assets			
Debtors	13	26,039	45,193
Cash at bank and in hand		750,223	635,596
		776,262	680,789
Creditors: amounts falling due within one year	14	(17,882)	(16,241)
Net current assets		758,380	664,548
Total assets less current liabilities		775,139	685,754
Total net assets		775,139	685,754
Charity funds			
Restricted funds	15	41,179	22,358
Unrestricted funds	15	733,960	663,396
Total funds		775,139	685,754

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

L Martin
Trustee
Date: 3 December 2024

SOS RAPE CRISIS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
Cash flows from operating activities		
Net cash used in operating activities	116,799	50,104
	<hr/>	<hr/>
Cash flows from investing activities		
Dividends, interests and rents from investments	1,760	1,308
Purchase of tangible fixed assets	(3,932)	(4,897)
	<hr/>	<hr/>
Net cash used in investing activities	(2,172)	(3,589)
	<hr/>	<hr/>
Cash flows from financing activities		
	<hr/>	<hr/>
Net cash provided by financing activities	-	-
	<hr/>	<hr/>
Change in cash and cash equivalents in the year	114,627	46,515
Cash and cash equivalents at the beginning of the year	635,596	589,081
	<hr/>	<hr/>
Cash and cash equivalents at the end of the year	750,223	635,596
	<hr/> <hr/>	<hr/> <hr/>

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. General information

SOS Rape Crisis CIO is a charitable incorporated organisation, registered with the Charity Commission, and is governed by its constitution dated 23 April 2021. The principal address of the charity is Clarence House, 20-24 Clarence Road, Southend-on-Sea, Essex, SS1 1AN.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

SOS Rape Crisis meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

2. Accounting policies (continued)

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £250 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following bases:

Fixtures and fittings	-
Computer equipment	-

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

3. Income from donations and legacies

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Donations	-	789	789	1,150
Grants	175,868	516,823	692,691	635,223
	<u>175,868</u>	<u>517,612</u>	<u>693,480</u>	<u>636,373</u>
<i>Total 2023</i>	<u>161,025</u>	<u>475,348</u>	<u>636,373</u>	

4. Income from charitable activities

	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Income from charitable activities - Support and education	2,520	2,520	1,770
	<u>2,520</u>	<u>2,520</u>	<u>1,770</u>
<i>Total 2023</i>	<u>1,770</u>	<u>1,770</u>	

5. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Investment income - local cash	1,760	1,760	1,309
	<u>1,760</u>	<u>1,760</u>	<u>1,309</u>
<i>Total 2023</i>	<u>1,309</u>	<u>1,309</u>	

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

6. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total 2024 £	<i>Total 2023 £</i>
Support and education	157,047	451,328	608,375	586,966
<i>Total 2023</i>	<u>150,794</u>	<u>436,172</u>	<u>586,966</u>	

7. Analysis of expenditure by activities

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Support and education	599,913	8,462	608,375	586,967
<i>Total 2023</i>	<u>576,361</u>	<u>10,606</u>	<u>586,967</u>	

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

7. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Support and education 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Staff costs	437,507	437,507	416,456
Depreciation	8,379	8,379	10,443
Cleaning costs	6,011	6,011	6,500
Group work	8,974	8,974	32,945
Premises rent	42,372	42,372	40,856
Insurance	3,079	3,079	1,932
Telecommunications	8,399	8,399	7,609
Office expenses	11,870	11,870	9,281
Bank charges	60	60	69
Travel and subsistence	8,061	8,061	6,847
Computer software and expenses	14,125	14,125	12,354
Maintenance, equipment hire, repairs and renewals	20,641	20,641	8,226
Staff training	18,834	18,834	13,794
Sundry expenses	1,760	1,760	130
Staff support costs	3,024	3,024	1,794
Volunteer expenses and supervision	6,817	6,817	7,125
	<u>599,913</u>	<u>599,913</u>	<u>576,361</u>
<i>Total 2023</i>	<u>576,361</u>	<u>576,361</u>	

Analysis of support costs

	Support and education 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Legal and professional	4,088	4,088	6,154
Accountancy	4,374	4,374	4,452
	<u>8,462</u>	<u>8,462</u>	<u>10,606</u>
<i>Total 2023</i>	<u>10,606</u>	<u>10,606</u>	

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £2,274 (2023 - £3,600), and other services of £ - (2023 - £ -).

9. Staff costs

	2024 £	2023 £
Wages and salaries	396,258	380,773
Social security costs	34,248	29,261
Contribution to defined contribution pension schemes	7,001	6,421
	<u>437,507</u>	<u>416,455</u>

The average number of persons employed by the Charity during the year was as follows:

	2024 No.	2023 No.
Employees	<u>9</u>	<u>13</u>

No employee received remuneration amounting to more than £60,000 in either year.

Key management personnel, considered to be the Service Director, whose cost of remuneration was £54,580 (2023: £41,825) including employers national insurance of £5,516 (2023: £5,658).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 31 March 2024, expenses totalling £115 were reimbursed or paid directly to 3 Trustees (2023 - £147 to 2 Trustees). The amounts received related to travel and subsistence expenses incurred by the trustees.

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

11. Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Total £
Cost or valuation			
At 1 April 2023	13,813	26,501	40,314
Additions	1,834	2,098	3,932
At 31 March 2024	15,647	28,599	44,246
Depreciation			
At 1 April 2023	6,003	13,106	19,109
Charge for the year	3,215	5,164	8,379
At 31 March 2024	9,218	18,270	27,488
Net book value			
At 31 March 2024	6,429	10,329	16,758
<i>At 31 March 2023</i>	7,810	13,395	21,205

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

12. Fixed asset investments

	Investments in associates £
Cost or valuation	
At 1 April 2023	1
At 31 March 2024	<u>1</u>

Principal associates

The fixed asset investment is a 20% shareholding in Icena Ltd, a company registered in England and Wales, registration number 12100766, registered office, Pavilion Court, 600 Pavilion Drive, Northampton, United Kingdom, NN4 7SL. SOSRC and 4 other Rape Crisis Centre in the region are Shareholders of ICENA with voting rights to the decision-making process, one vote per Centre. ICENA is a social enterprise company that provides training and other paid for services that are external to the services delivery of SOSRC as a whole.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13. Debtors

	2024 £	2023 £
Due within one year		
Amounts owed by participating interests	15,000	15,000
Other debtors	-	18,597
Prepayments and accrued income	11,039	11,596
	<u>26,039</u>	<u>45,193</u>

14. Creditors: Amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	9,150	9,040
Other creditors	1,262	-
Accruals and deferred income	7,470	7,201
	<u>17,882</u>	<u>16,241</u>

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Unrestricted funds				
General Fund	663,396	521,892	(451,328)	733,960
Restricted funds				
Children in Need	22,358	(18,597)	(3,761)	-
The Big Lottery - Cost of living	-	50,727	(50,727)	-
CARA Talking Therapy	-	4,050	(4,050)	-
ECF Rent	-	10,000	(10,000)	-
PFCC Community Fund	-	5,000	(5,000)	-
The Big Lottery	-	102,934	(83,509)	19,425
Violence and Vulnerability grant	-	21,754	-	21,754
	22,358	175,868	(157,047)	41,179
Total of funds	685,754	697,760	(608,375)	775,139

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2022 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2023 £</i>
Unrestricted funds					
General Fund	624,108	478,427	(436,172)	(2,967)	663,396
Restricted funds					
Children in Need	8,063	56,291	(41,996)	-	22,358
Girls Camping Trip	-	3,500	(3,640)	140	-
Girls Group Fund	1,097	-	(1,097)	-	-
Sir Captain Tom	-	8,000	(8,954)	954	-
The Big Lottery Fund	-	93,234	(95,107)	1,873	-
	<u>9,160</u>	<u>161,025</u>	<u>(150,794)</u>	<u>2,967</u>	<u>22,358</u>
Total of funds	<u><u>633,268</u></u>	<u><u>639,452</u></u>	<u><u>(586,966)</u></u>	<u><u>-</u></u>	<u><u>685,754</u></u>

16. Summary of funds

Summary of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
General funds	663,396	521,892	(451,328)	733,960
Restricted funds	22,358	175,868	(157,047)	41,179
	<u><u>685,754</u></u>	<u><u>697,760</u></u>	<u><u>(608,375)</u></u>	<u><u>775,139</u></u>

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

16. Summary of funds (continued)

Summary of funds - prior year

	<i>Balance at 1 April 2022</i>	<i>Income</i>	<i>Expenditure</i>	<i>Transfers in/out</i>	<i>Balance at 31 March 2023</i>
	£	£	£	£	£
General funds	624,108	478,427	(436,172)	(2,967)	663,396
Restricted funds	9,160	161,025	(150,794)	2,967	22,358
	<u>633,268</u>	<u>639,452</u>	<u>(586,966)</u>	<u>-</u>	<u>685,754</u>

17. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Restricted funds 2024	Unrestricted funds 2024	Total funds 2024
	£	£	£
Tangible fixed assets	-	16,758	16,758
Fixed asset investments	-	1	1
Current assets	41,179	735,083	776,262
Creditors due within one year	-	(17,882)	(17,882)
Total	<u>41,179</u>	<u>733,960</u>	<u>775,139</u>

Analysis of net assets between funds - prior period

	<i>Restricted funds 2023</i>	<i>Unrestricted funds 2023</i>	<i>Total funds 2023</i>
	£	£	£
Tangible fixed assets	-	21,205	21,205
Fixed asset investments	-	1	1
Current assets	22,358	658,431	680,789
Creditors due within one year	-	(16,241)	(16,241)
Total	<u>22,358</u>	<u>663,396</u>	<u>685,754</u>

SOS RAPE CRISIS

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

18. Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	2023 £
Net income for the period (as per Statement of Financial Activities)	89,385	52,486
Adjustments for:		
Depreciation charges	8,379	10,443
Dividends, interests and rents from investments	(1,760)	(1,309)
Decrease/(increase) in debtors	19,154	(16,178)
Increase in creditors	1,641	4,662
Net cash provided by operating activities	116,799	50,104

19. Analysis of cash and cash equivalents

	2024 £	2023 £
Cash in hand	750,223	635,596
Total cash and cash equivalents	750,223	635,596

20. Analysis of changes in net debt

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash at bank and in hand	635,596	114,627	750,223
	635,596	114,627	750,223

21. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £7,001 (2023 - £3,628). Amounts of £1,262 (2023: £nil) were payable to the fund at the balance sheet date and are included in creditors.

SOS RAPE CRISIS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

22. Operating lease commitments

At 31 March 2024 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2024 £	2023 £
Not later than 1 year	35,640	36,645
Later than 1 year and not later than 5 years	35,640	73,291
	<u>71,280</u>	<u>109,936</u>

23. Related party transactions

The Charity has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Charity at 31 March 2024.

SOS RAPE CRISIS

England & Wales - Charity number 1194207

Accounts

Charity Registration No. 1194207

Company Registration No. (England and Wales)

SOS RAPE CRISIS CIO
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

SOS RAPE CRISIS CIO

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

M. Howell MBE
M. Dunkley
R. Dunhil
A. Smith MBE
L. Martin
L. Richardson

Charity number

1194207

Principal address

Clarence House
20-22 Clarence House
Southend on Sea
Essex
SS1 1AN

Independent examiner

L Keith FCA
457 Southchurch Road
Southend on Sea
Essex
SS1 2PH

Bankers

Metro Bank
One Southampton Row
London
WC1B 5HA

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Shawbrook Bank Limited
Lutea House
Warley Hill Business Park
The Drive
Great Warley, Brentwood
Essex
CM13 3BE

SOS RAPE CRISIS CIO

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SOS RAPE CRISIS CIO

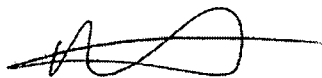
CHAIR'S REPORT

FOR THE YEAR ENDED 31 MARCH 2023

SOSRC stands firm in its commitment to providing a comprehensive range of interventions and therapies for children, young people, and adults impacted by sexual violence, regardless of when it occurred. Our doors remain open to survivors, their supporters, and anyone affected by sexual violence, ensuring access to our specialised support services.

Despite persistent challenges posed by COVID-19 and subsequent lockdowns, our dedication to serving survivors has persevered. The ISVA service faced significant hurdles due to court case backlogs and staffing issues across the Criminal Justice System. However, our additional funding played a crucial role in ensuring uninterrupted support for both existing and new survivors accessing SOSRC during this period.

Recognising the growing need, we invested considerable time and resources into expanding our young people's service. The remarkable 113% increase in referrals for those aged 17 and under prompted us to enhance our service. We've increased the frequency of young person's groups and workshops, focusing on peer support, empowerment, resilience building, and boosting self-confidence. Thanks to funding support from The National Lottery Community Fund, we've been able to provide essential items like hygiene products, clothing, and food to support these young individuals amidst the ongoing cost of living crisis.



Chair of Trustees

Date: 13.12.2023

SOS RAPE CRISIS CIO

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's principle objectives are:

1. To relieve the sickness and distress of women and girls who have suffered any form of sexual violence.
2. To promote education and research in the subject of rape and its affects on the victim, whether physical, medical, psychological or social and to train women as counsellors to be able to cope with the problems of rape victims by the provision of medical, legal and emotional counselling

There has been no change in these during the year.

Charitable Activities

Our services are deeply rooted in a women-centred, feminist perspective, providing counselling irrespective of gender. We cater to individuals of all ages, offering specialised wrap around holistic support to Survivors, their supporters and professionals.

Our **ISVA and Advocacy** services provide survivors with comprehensive practical and emotional aid, particularly navigating the complexities of the Criminal Justice System.

Our dedication to **children and young people** is evident through our specialised Young Persons Service, which received specialist funding from BBC Children in Need and The National Lottery Community Fund.

This service, tailored for ages 4-17 years old, aims to empower and support individuals through workshops, activities, play therapy and talking therapy.

Education remains at the forefront of our strategy to help reduce sexual violence in our community by delivering lessons about consent, toxic masculinity, the harms of pornography, and active bystander in secondary schools. Not only do these lessons encourage young people to reach out for support but we hope to prevent future behaviours that can lead to sexual violence towards women and girls.

Therapy in addition to the children and young people therapy, we continue to deliver specialist therapy to adult survivors and their supporters. Although we have seen most of the individuals who access our services return to face-to-face sessions we still offer, online and telephone support when needed.

Achievements and performance

In the last financial year, SOS Rape Crisis received 717 new referrals and provided support to a total of 1082 individuals, including 41 children (aged 12 and under), 190 young people (13 years – 17 years old) and 851 adults. We can also break this data down that reflects 938 women, 121 men and 9 people who identify as being transgender. We continue with our commitment to survivors, striving to provide comprehensive support while adapting to the evolving needs of those we serve.

Financial review

Charity has achieved income of £639,452 (2022: £543,047) and has spent £586,966 (2022 : £468,655) on its charitable activities. This has created a surplus for the period of £52,486 (2022 : £74,392) from charitable activities. At the period end the charity holds cash at the bank of £635,596 (2022: £589,082) and has reserves of £685,754 (2022: £633,269), £22,358 (2022 : £9,161) of which are restricted creating £663,396 (2022 : £624,108) of unrestricted reserves.

SOS RAPE CRISIS CIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Following guidance from the Charity Commission for England and Wales, the charity maintains unrestricted reserves equal to about six months of budgeted expenditure. These reserves serve to cover unforeseen expenses and fulfil statutory obligations, including provisions for scenarios like redundancy, maternity leave, long term sickness and additional a provision for repair and maintenance of the office building. They also encompass running costs for up to 6 months in case the charity faces operational cessation. These six months running costs are estimated to equate to approximately £100,000.

BBC Children in Need grant was due to end in November 2022, but SOSRC was granted with additional 1 year extension until November 2023. We also received £500 from CiN as a cost-of-living payment – this was spent on supermarket vouchers for survivors who were affected by the cost-of-living crisis and identified as having a low economic status.

The National Lottery Community Fund moved into its second year of its three-year grant. This fund was spent on 2.5 FTE therapist delivering face to face sessions to survivors. TNL provided an uplift fund over this financial period of £4850.00 to directly support the GTTF (Girls to the Front) group with essential cost of living items and resources for activities including a budget for food and snacks.

Captain Tom Fund provided support for the counselling services providing extra hours for the counselling service. This fund is due to end in August 2023.

Lloyds Foundation COVID Recovery Fund ended in Jan 2023. This fund provided much needed core costs over 2022/23 which went towards rent of our office space which ensured safe spaces are available for Survivors who access our services. £2250.00 was also give as a cost-of-living crisis fund – this grant went towards the Crisis Fund we have set up to support survivors with any essential costs they be facing for example providing credit for gas, electric and winter clothing.

Waitrose donation of £750 was received to purchase new tables for the young people groups to use for workshop and sessions.

Olympus (KEYMED) donation of £500 was received and was spent on activities and resources for the children and young person's service.

Essex Community Foundation funded a camping trip for the GTTF (Girls to the Front) group.

SYNERGY Partnership Funding – FPCC (Fire, Police, Crime, Commission) and MOJ (Ministry of Justice) provided funding to support the ISVA service and other core funding for centralised services.

Investment Policy and Objectives: The constitution grants the Trustees the authority to manage and invest the charity's general funds. The trustees possess the discretion to make investments deemed suitable. Presently, the trustees' strategy involves allocating the reserve general funds to a distinct savings account, maintained independently from CAF Bank.

Risk management: The trustees are responsible for identifying and assessing risks that the charity faces, ensuring the implementation of effective controls to mitigate fraud and errors. The approach to manage risk involves:

- Annual review of the risks the charity may face.
- The establishment of systems and procedures to mitigate those risks identified in the plan.
- Implementation of the procedures designed to minimise any potential impact on the charity should those risks materialise.

SOS RAPE CRISIS CIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Public Benefit: The trustees confirm that they have complied with the duty of Section 4 of the Charities Act 2006 to have due regard to the Charity Commission's guidance on public benefit. The main activities of the charity are described in this report. These activities are undertaken to further our charitable purposes for the public benefit. Further information regarding the charities achievements is provided in the Annual Report.

Plans for future periods

Future Developments: The Trustees remain committed to seeking self-sustaining income avenues that will ensure long-term support for the charity.

Structure, governance and management

The charity is controlled by its governing document, the charity's constitution dated 23rd April 2021 and constitutes incorporated charity.

The trustees who served during the year and up to the date of signature of the financial statements were:

M. Howell MBE
M. Dunkley
R. Dunhil
A. Smith MBE
L. Martin
L. Richardson

As set out in the constitution the Chair of Trustees is nominated by her fellow trustees. The trustees have no beneficial interest in the charity. The trustees have the power to appoint additional trustees by majority vote and the training of new trustees becomes the responsibility of existing trustees upon appointment. In compliance with Rape Crisis England and Wales Membership criteria all honorary roles within the Trustee Board and Senior Management positions within the charity are held by women.

Organisational Structure

Service Director:	C Cardoza
Advocacy ISVA Service Manager:	A M Betts
Counselling Manager:	L Lockwood
Children, Young Person and Family Lead:	E McGregor
Information Admin:	S. Thomas
CHISVA and ISVA:	C Bentley
CHISVA and ISVA:	S Ingle
Engagement ISVA:	J Markusenkaite
CH/ISVA and Young Person Worker:	L Murphy
Adult Counsellor:	S Lowndes King
Adult and Young Person Counsellor:	A Pedzikowska
Adult Counsellor:	V Ramalingum
Child and Young Person Counsellor:	Y Kiraz

Staff Left Service during 2022/2023:

J. Markusenkaite - Engagement ISVA
H. McDonald - Young Person Service Lead

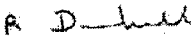
SOS RAPE CRISIS CIO

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Governance, Structure and Management: The Board of Trustees at SOSRC diligently conducts ongoing reviews of existing policies and consistently ratifies new ones throughout the year. Their commitment to upholding the charity's standards aligns with their role, ensuring adherence to the high benchmarks set by the Rape Crisis England Wales (RCEW) National Service Standards. The charity is an active member in the National Council for Voluntary Organisation (NCVO) which provides trustees with regular access to diverse training opportunities, focusing on enhancing governance practices and addressing contemporary issues. These sessions are routinely attended by the trustees, further enriching their knowledge and expertise. The charity is controlled by its governing document.

The trustees' report was approved by the Board of Trustees.


.....

R. Dunhil
Treasurer

Date: 13.12.2023

SOS RAPE CRISIS CIO

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF SOS RAPE CRISIS CIO

I report to the trustees on my examination of the financial statements of SOS Rape Crisis CIO (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

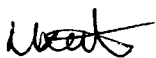
Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



L Keith FCA

457 Southchurch Road
Southend on Sea
Essex
SS1 2PH

Dated: 12/01/2024

SOS RAPE CRISIS CIO

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
Income from:						
Donations and legacies	3	475,348	161,025	636,373	452,809	542,506
Charitable activities	4	1,770	-	1,770	-	-
Investments	5	1,309	-	1,309	541	541
Total income		<u>478,427</u>	<u>161,025</u>	<u>639,452</u>	<u>453,350</u>	<u>543,047</u>
Expenditure on:						
Charitable activities	6	436,172	150,794	586,966	99,587	468,655
Transfer of assets from SOS Rape Crisis	10	-	-	-	270,345	558,877
Net incoming resources before transfers		<u>42,255</u>	<u>10,231</u>	<u>52,486</u>	<u>624,108</u>	<u>9,161</u>
Gross transfers between funds		<u>(2,967)</u>	<u>2,967</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net income for the year/ Net movement in funds		<u>39,288</u>	<u>13,198</u>	<u>52,486</u>	<u>624,108</u>	<u>9,161</u>
Fund balances at 1 April 2022		<u>624,108</u>	<u>9,160</u>	<u>633,268</u>	<u>-</u>	<u>-</u>
Fund balances at 31 March 2023		<u><u>663,396</u></u>	<u><u>22,358</u></u>	<u><u>685,754</u></u>	<u><u>624,108</u></u>	<u><u>9,161</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

SOS RAPE CRISIS CIO

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023		2022	
		£	£	£	£
Fixed assets					
Tangible assets	11		21,205		26,751
Investments	12		1		-
			<u>21,206</u>		<u>26,751</u>
Current assets					
Debtors	13	45,193		29,015	
Cash at bank and in hand		635,596		589,082	
		<u>680,789</u>		<u>618,097</u>	
Creditors: amounts falling due within one year	14	(16,241)		(11,579)	
Net current assets			664,548		606,518
Total assets less current liabilities			<u>685,754</u>		<u>633,269</u>
Income funds					
Restricted funds	15		22,358		9,161
Unrestricted funds			663,396		624,108
			<u>685,754</u>		<u>633,269</u>

The financial statements were approved by the Trustees on 13/12/23

R. Dunhill
.....
R. Dunhil
Trustee

SOS RAPE CRISIS CIO

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash generated from operations	20		50,104		70,831
Investing activities					
Purchase of tangible fixed assets		(4,897)		(35,417)	
Purchase of associates				(6,500)	
Proceeds on disposal of associates				750	
Proceeds on funds transferred in creation of CIO		-		558,877	
Investment income received		1,308		541	
		<u> </u>		<u> </u>	
Net cash (used in)/generated from investing activities			(3,589)		518,251
Net cash used in financing activities			-		-
			<u> </u>		<u> </u>
Net increase in cash and cash equivalents			46,515		589,082
Cash and cash equivalents at beginning of year			589,082		-
			<u> </u>		<u> </u>
Cash and cash equivalents at end of year			<u>635,596</u>		<u>589,082</u>

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

SOS Rape Crisis CIO is a charitable incorporated organisation, registered with the Charity Commission for England and Wales, and is governed by its constitution as created on 23rd April 2021. The principle address of the entity is 20-22 Clarence House, Southend on Sea, Essex, SS1 1AN.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's constitution, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
Computers	33% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

An associate is an entity, being neither a subsidiary nor a joint venture, in which the charity holds a long-term interest and where the charity has significant influence. The charity considers that it has significant influence where it has the power to participate in the financial and operating decisions of the associate.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and gifts	1,150	-	1,150	1,555	1,450	3,005
Grants receivable	474,198	161,025	635,223	451,254	88,247	539,501
	<u>475,348</u>	<u>161,025</u>	<u>636,373</u>	<u>452,809</u>	<u>89,697</u>	<u>542,506</u>

4 Charitable activities

	Charitable Income 2023	2022
	£	£
Education income	<u>1,770</u>	<u>-</u>

5 Investments

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Interest receivable	<u>1,309</u>	<u>541</u>

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6 Charitable activities

	2023	2022
	£	£
Staff costs	416,455	327,966
Depreciation and impairment	10,443	14,416
Cleaning costs	6,501	6,187
Group work	32,945	10,050
Premises rent	40,856	37,323
Insurance	1,932	1,844
Telecommunications	7,609	7,286
Office Expenses	9,280	9,180
Bank charges	69	88
Travel and subsistence	6,847	4,973
Computer software and expenses	12,354	7,382
Maintenance, equipment hire, repairs and renewals	8,226	6,600
Staff training	13,794	12,126
Sundry expenses	130	-
Staff support costs	1,794	333
Volunteer expenses and supervision	7,125	5,555
	<u>576,360</u>	<u>451,309</u>
Share of governance costs (see note 7)	10,606	17,346
	<u>586,966</u>	<u>468,655</u>
Analysis by fund		
Unrestricted funds	436,172	99,587
Restricted funds	150,794	369,068
	<u>586,966</u>	<u>468,655</u>

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

7 Support costs

	Support costs	Governance costs	2023 Support costs	Governance costs	2022
	£	£	£	£	£
Legal and professional	-	6,154	6,154	-	12,058
Accountancy fees	-	4,452	4,452	-	5,288
	-	10,606	10,606	-	17,346
Analysed between					
Charitable activities	-	10,606	10,606	-	17,346

Governance costs includes payments to the independent examiner of £1,800 for independent examination fees.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year. In the year two trustees received a total of £147 (2022 - £615) in relation to incurred expenses during the year. These amounts entirely related to travel and subsistence expenses incurred by trustees. No amounts were paid directly to third parties in relation to trustees expenses

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	13	12
Employment costs	2023	2022
	£	£
Wages and salaries	380,773	293,982
Social security costs	29,261	27,418
Other pension costs	6,421	6,566
	416,455	327,966

Key management personnel, considered to be the Service Director, were remunerated a total of £41,825, £5,657.76 of which constitutes employer's national insurance contributions.

There were no employees whose annual remuneration was more than £60,000.

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

10 Transfer of Assets

	Total	Unrestricted funds	Restricted funds	Total
	2023	2022	2022	2022
	£	£	£	£
Transfer of assets from SOS Rape Crisis on creation of CIO	-	270,345	288,532	558,877

11 Tangible fixed assets

	Fixtures and fittings	Computers	Total
	£	£	£
Cost			
At 1 April 2022	11,085	24,332	35,417
Additions	2,728	2,169	4,897
At 31 March 2023	13,813	26,501	40,314
Depreciation and impairment			
At 1 April 2022	2,157	6,509	8,666
Depreciation charged in the year	3,846	6,597	10,443
At 31 March 2023	6,003	13,106	19,109
Carrying amount			
At 31 March 2023	7,810	13,395	21,205
At 31 March 2022	8,928	17,823	26,751

12 Fixed asset investments

	Other investments
Cost or valuation	
At 1 April 2022	-
Valuation changes	1
At 31 March 2023	1
Carrying amount	
At 31 March 2023	1
At 31 March 2022	-

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

12 Fixed asset investments

(Continued)

Investment represents share capital owned in an associate undertaking; Icena Ltd. The ownership of this share capital grants the charity 20% control over the Icena Ltd. Icena Ltd (12100766) is a company registered in England and Wales with a registered office of 2 Pavilion Court, 600 Pavilion Drive, Northampton, United Kingdom, NN4 7SL.

		2023	2022
	Notes	£	£
Other investments comprise:			
Investments in associates	19	1	-
		<u>1</u>	<u>-</u>
13 Debtors		2023	2022
Amounts falling due within one year:		£	£
Amounts owed by associate undertakings		15,000	-
Other debtors		18,597	19,702
Prepayments and accrued income		11,596	9,313
		<u>45,193</u>	<u>29,015</u>
14 Creditors: amounts falling due within one year		2023	2022
		£	£
Other taxation and social security		9,040	7,979
Accruals and deferred income		7,201	3,600
		<u>16,241</u>	<u>11,579</u>

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Transfers	Balance at 31 March 2023
	Incoming resources	Resources expended	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 31 March 2023		
	£	£	£	£	£	£	£	
CARA TT Fund	11,356	(11,356)	-	-	-	-	-	
Children in Need	79,608	(71,544)	8,063	56,291	(41,996)	-	22,358	
Girls Camping Trip	13,935	(13,935)	-	3,500	(3,640)	140	-	
Girls Group Fund	67,089	(67,089)	1,097	-	(1,097)	-	-	
Lloyds Bank Foundation	4,062	(4,062)	-	-	-	-	-	
Male Support Fund	16,000	(16,000)	-	-	-	-	-	
MOJ Capacity Fund	34,035	(34,035)	-	-	-	-	-	
MOJ Engagement ISVA Fund	1,375	(1,375)	-	-	-	-	-	
MOJ Extraordinary Fund	776	(776)	-	-	-	-	-	
MOJ ISVA FUND	26	(26)	-	-	-	-	-	
Navigator Big Lottery Fund	29,542	(29,542)	-	-	-	-	-	
SERICC Fund for 24	3,188	(3,188)	-	-	-	-	-	
Sir Captain Fund	13,174	(13,174)	-	-	-	-	-	
Sir Captain Tom	8,885	(8,885)	-	8,000	(8,954)	954	-	
Talking Therapy	4,653	(3,556)	-	-	-	-	-	
The Big Lottery Fund	90,525	(90,525)	-	93,234	(95,107)	1,873	-	
	<u>378,229</u>	<u>(369,068)</u>	<u>9,160</u>	<u>161,025</u>	<u>(150,794)</u>	<u>2,967</u>	<u>22,358</u>	

BBC Children in Need - Funding from BBC Children in Need funds the salaries of counselling staff. The balance held at the year end is to pay staff until the end of the funding agreement duration in the subsequent year.

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

16 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Tangible assets	21,205	-	21,205	26,751	-	26,751
Investments	1	-	1	-	-	-
Current assets/(liabilities)	642,190	22,358	664,548	597,357	9,161	606,518
	<u>663,396</u>	<u>22,358</u>	<u>685,754</u>	<u>624,108</u>	<u>9,161</u>	<u>633,269</u>

17 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023 £	2022 £
Within one year	36,645	33,022
Between two and five years	73,291	16,511
	<u>109,936</u>	<u>49,533</u>

18 Related party transactions

The only related party transaction in the period was a working capital loan made to Icena Ltd totaling £15,000. This loan is repayable on demand, bears no interest and is shown in Debtors (note 13).

19 Associates

Details of the charity's associates at 31 March 2023 are as follows:

Name of undertaking	Registered office	Nature of business	Class of shares held	% Held	
				Direct	Indirect
ICENA LTD	England	Training and education	Ordinary Share	20.00	-

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

20	Cash generated from operations	2023	2022
		£	£
	Surplus for the year	52,486	633,269
	Adjustments for:		
	Investment income recognised in statement of financial activities	(1,309)	(541)
	Gain on disposal of investments	-	(558,877)
	Depreciation and impairment of tangible fixed assets	10,443	14,416
	Movements in working capital:		
	(Increase) in debtors	(16,178)	(29,015)
	Increase in creditors	4,662	11,579
	Cash generated from operations	<u>50,104</u>	<u>70,831</u>

SOS RAPE CRISIS

England & Wales - Charity number 1194207

Accounts

Charity Registration No. 1194207

SOS RAPE CRISIS CIO
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 MARCH 2022

SOS RAPE CRISIS CIO

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	M. Howell MBE M. Dunkley R. Dunhil A. Smith MBE L. Martin L. Richardson	(Appointed 23 April 2021)
Charity number	1194207	
Principal address	Clarence House 20-22 Clarence House Southend on Sea Essex SS1 1AN	
Independent examiner	L Keith ACA 457 Southchurch Road Southend on Sea Essex SS1 2PH	
Bankers	Metro Bank One Southampton Row London WC1B 5HA	
	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ	
	Shawbrook Bank Limited Lutea House Warley Hill Business Park The Drive Great Warley, Brentwood Essex CM13 3BE	

SOS RAPE CRISIS CIO

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SOS RAPE CRISIS CIO

CHAIR'S REPORT

FOR THE PERIOD ENDED 31 MARCH 2022

From 23rd April 2021 SOSRC (SOS Rape Crisis) changed its charitable status and is now a CIO (Charitable Incorporated Organisation). This has meant that SOSRC now has a new charity number, 1194207. By developing into a CIO this will provide the Charity to have greater flexibility with its funding and any contracts it may hold in the future, with the local authority for example.

SOSRC continues to enjoy and develop the close relationship with its Essex Partners (CARA SERICC) known as SYNERGY Essex to provide a county wide specialised support service.

Over this year SOSRC has seen an increase of 24% in referrals from survivors/victims who have chosen to access SOSRC specialist support services. The impact of increased referrals affected waiting list times for ISVA (Independent Sexual Violence Advocate) services and specialist sexual violence counselling services. In response SOSRC increased its capacity of workers to ensure wait times were controlled and reduced. The Essex Partners SYNERGY was able to meet the ever increasing demand for specialist sexual violence support services across the county by receiving essential additional funding from the Ministry of Justice and Essex Fire Police Crime Commissioner.

The charity continues to provide a broad range of interventions and therapy for children and adult who have experienced any form of sexual violence whether this is recent and/or non recent.

The impacts and challenges of COVID 19 and the national lockdowns continued to effect the charity's capacity and service delivery over 2021/22 Survivors/Victims who are engaged in the criminal justice system had unprecedented delays with rearranged court dates with some confirmed not until 2023. These delays have meant that many survivors/victims who would have normally had an organic ending to their engagement with the completion of the CJS are now having to be held for longer by the service for therapeutic, emotional support and ISVA services. The additional funding support that has been received allowed SOSRC to not only continue a level of consistent support for these survivor/victims but also ensure essential support was available for new survivors/victims who accessed SOSRC over 2021/22.

From November 2020 SOSRC team continued to work from the office located in Southend on Sea providing face to face sessions, empowerment support groups and providing safe spaces for survivors/victims to access. The Charity followed national guidance and also carried out regular robust assessments to mitigate as much risk as was feasible to keep the team and survivors/victims as safe as possible from COVID 19. Providing safe spaces for survivors/victims to access is an essential part of the trauma informed support SOSRC provides and as a victim support service we are pleased we were able to achieve continued and consistent high quality support over this time.

This year SOSRC developed its young person's service providing weekly empowerment groups for girls aged 11-17 year olds.

Partnership working is a fundamental part of SOSRC and the continuation over 2021/22 of these strong relations with Essex Police, Southend and Essex social care services, health, housing services, domestic abuse services and other voluntary organisations allowed us to provide holistic wrap around support for survivors/victims.

SOSRC received funding from the MOJ to employ a specialist Engagement ISVA who is dedicated to work with survivors/victims who are from marginalised communities and deemed as having protected characteristics this can be because of their age, race, culture, sex disability etc. The Engagement ISVA ensures their needs are individually met by the police and other services while they progress through the CJS to make sure barriers are removed and their voices are heard.

SOS RAPE CRISIS CIO

CHAIR'S REPORT (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2022

The Engagement ISVA also reaches out to different communities projects and engages with their service users providing information on Rape Crisis services and pathways to report any sexual violence they have experienced.

From 23rd April 2021 SOSRC was very pleased to be able to employ 2.5 FTE specialist sexual violence therapists with the newly awarded Supporting Women and Girls Fund Big Lottery which will commence for the next three years.

SOSRC received a dedicated fund from the MOJ to support male survivors/victims which allowed the charity to provide an option for the male survivor/victim to access a male therapist if they chose. This option was also available for fathers who may be accessing parent/carer support too.

To help reduce waiting list times SOSRC received funding from the Captain Tom Grant helping the charity to employ a specialist play therapist working with under 11's in the dedicated play therapy room at the Southend office.

Cathryn Cardoza continues as Service Director, Liz Lockwood was appointed as the Clinical and Counselling Manager and Anne Marie Betts continued as the Advocacy and ISVA Manager.

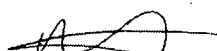
As part of the Lloyds Bank Foundation COVID Recovery Fund, SOSRC was provided with a specialist development partner, Jean Barclay who worked with the Trustees and SOSRC team over a period of six months producing a three year strategy for the charity which is now been embedded in the service delivery and values and aims of the organisation.

SOSRC participated in the PROSPER Study (University of Birmingham) which is the first national study of voluntary sector services for survivors/victims in England. Cathryn, Liz, Anne Marie and two SOSRC survivors/victims were interviewed over a period of two weeks to provide insight and knowledge into the challenges and successes experienced within the voluntary sector. We look forward to the outcomes of this project next year.

SOSRC ISVA team and service users took part in the Essex PFCC Victim Scrutiny Panels over this year providing valuable feedback with their experiences of their engagement with the criminal justice system.

Alison Smith received the Member of the British Empire this year for her charitable work, I would like to congratulate Alison on behalf of the all the Trustees.

Many Thanks to all at SOS Rape Crisis, it's stakeholders, the funders and the survivors/victims who accessed our service specialist support services.



.....
M Dunkley
Chairwoman

Date: 12.12.2022

SOS RAPE CRISIS CIO

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE PERIOD ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the period ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's principle objectives are:

1. To relieve the sickness and distress of women and girls who have suffered any form of sexual violence.
2. To promote education and research in the subject of rape and its affects on the victim, whether physical, medical, psychological or social and to train women as counsellors to be able to cope with the problems of rape victims by the provision of medical, legal and emotional counselling

There has been no change in these during the period.

The trustees confirm that they have complied with the duty of Section 4 of the Charities Act 2006 to have due regard to the Charity Commission's guidance on public benefit. The main activities of the charity are described in this report. These activities are undertaken to further our charitable purposes for the public benefit. Further information regarding the charities achievements is provided in the Chair Report.

Achievements and performance

Counselling Services: The charity provides a women centred, feminist perspective when counselling survivors of sexual violence regardless of gender. Counselling is provided for all ages with specialist child and young person counselling as well as therapeutic support for adults.

ISVA and Advocacy: Practical and emotional support is provided to survivors through the wider impacts of sexual violence including practical help and advocacy particularly through the criminal justice system. This is provided for all adult, children young people and their families.

Young Persons Service: Specialist Young Persons Service (funded by BBC Children in Need) is available to support ages from 11 to 25 who have experienced recent or non recent sexual violence. Girl's and Young Persons Groups provide workshops and activities with the aim to empower and support young people.

Under 11 's : This is part of a specialist therapy that is facilitated in the dedicated therapeutic play space with a trauma informed child centred approach.

Education Lessons and Training: SOSRC has delivered a school's outreach service since 2017 continuing to build up working relationships with several schools and education institutions across Southend, Castle Point and Rochford. The Young person's worker delivers to year and tutor groups on consent. During the COVID 19 pandemic our education lessons with schools have been on hold following Government Guidelines.

Volunteers: SOS Rape Crisis celebrates the fact that it has a committed and diverse volunteer team. Staff donate additional work time and, together with volunteers, contribute many hours to the charity.

SOS RAPE CRISIS CIO

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2022

Charitable Activities

This financial year, SOS Rape Crisis received 690 new referrals. The total number of individuals supported throughout the 2021/2022 period was 997. Survivors ranged in age and genders: Children aged 13 years and under 27, Young People aged 14 to 17 years 129 and 18 years and over 841. SOSRC supported 97 men and 10 people who identify as transgender.

NHS England continued to fund the Talking Therapy project which provided specialist therapeutic support for individuals who have experienced a recent incident and attended the SARC (Sexual Assault Referral Centre) for Essex.

This financial year the charity has increased its capacity within the ISVA team to ensure the high demand for specialist advocacy support from survivors/victims is met. Engagement ISVAs were employed to ensure people who are from marginalised communities have their individual needs met while progressing through the criminal justice system.

Achievements data:

New Referrals:	690
Existing Clients:	307
Total Clients in Supported:	997

Including 97 male survivors and 10 people that identify as Transgender

Age Breakdown for survivors/victims supported:

Children Under 13 years old:	27
Young People 13-17 years:	129
Adults 18 year plus:	841
People from marginalised communities:	184

Average waiting time counselling:	141 days
Average waiting time ISVA:	84 days
Counselling Sessions Provided:	3140
ISVA contacts	17428

(telephone calls, emails to client and external workers)

Financial review

In the charity's first eleven months of operating as a CIC it has achieved income of £543,047 and has spent £468,655 on its charitable activities. This has created a surplus for the period of £74,392 from charitable activities. The charity also benefitted from £558,877 of transferred funds from the previous entity, creating a total movement in funds for the year of £633,269.

At the period end the charity holds cash at the bank of £589,082 and has reserves of £633,269, £9,161 of which are restricted creating £624,108 of unrestricted reserves.

In accordance with the advice of the Charity Commission for England and Wales, the charity currently holds unrestricted reserves at a level of approximately 3 months of budgeted expenditure in order to meet unforeseen costs and statutory obligations such as redundancy, maternity leave and long term sickness as well as running costs for a period for up to 3 months in the event the charity ceases to operate. Three month's running costs is estimated to be approximately £100,000 and this money has been invested in a 60 day notice account.

SOS RAPE CRISIS CIO

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE PERIOD ENDED 31 MARCH 2022

Lloyds Bank Foundation COVID Recovery Fund began its first year of funding core costs for SOSRC. This fund is due to complete in Jan 2023

Children in Need continued it's support providing salary costs for a specialist child and young person play therapist, volunteer and groups costs .

From 1st April 2021 The Big Lottery fund started ensuring that SOSRC can employ 2.5 FTE specialist sexual violence therapists. This fund is due to end March 2024 .

Ministry of Justice Funds - Extraordinary Fund, Male Rape Support Fund, Rape Support Fund, Engagement ISVA Fund these additional funds were fundamental to SOSRC ensuring a high quality service could be delivered to survivors/victims through the challenges and impacts of COVID 19.

The Partnership FPCC contract funding continued into the second year of a three year contract fund. This contract is fixed until March 2023 with a continuation plus one year and plus one year (March 2025). SOSRC receives 20%, SERICC 40% and CARA 40%.

NHS Talking Therapy continued supporting survivors/victims how have been referred into SOSRC via the SARC.

In August 2021, SOSRC received 20% of Partnership Funding on behalf of CARA. This fund was from the money Captain Tom raised during COVID. SERICC and SOSRC combined both their shares to employ a specialist play therapist to provide support for children across, Southend, Cast le Point, Rochford and Basildon.

The Girls Group (Girls to the Front) were successful applying for their own funding from a local Community Fund managed by SAVS. The girls received £3,203 of a £10,000 total.

We saw the completion of the Henry Smith Fund which was managed by Essex Community Foundation. This fund ended in November 2021.

Investment Policy:

The constitution authorises the trustees to make and hold investments using the general funds of the charity. The trustees have the power to invest these funds in ways that they see fit. The current policy of the trustees is to invest surplus general funds into a savings account held separately from CAF Bank.

Risks and uncertainties:

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The strategy for risk management comprises of:

1. Annual review of the risks the charity may face
2. The establishment of systems and procedures to mitigate those risks identified in the plan
3. Implementation of the procedures designed to minimise any potential impact on the charity should those risks materialise.

Plans for future periods

Trustees continue to be inspired by exploring self sustainable income to enable longevity support for the charity.

Structure, governance and management

The charity is controlled by its governing document, the charity's constitution dated 23rd April 2021 and constitutes incorporated charity.

SOS RAPE CRISIS CIO

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2022

The trustees, who are also the directors for the purpose of company law, and who served during the period and up to the date of signature of the financial statements were:

M. Howell MBE

M. Dunkley

R. Dunhil

(Appointed 23 April 2021)

A. Smith MBE

L. Martin

L. Richardson

As set out in the constitution the Chair of Trustees is nominated by her fellow trustees. The trustees have no beneficial interest in the charity. The trustees have the power to appoint additional trustees by majority vote and the training of new trustees becomes the responsibility of existing trustees upon appointment.. In compliance with Rape Crisis England and Wales Membership criteria all honorary roles within the Trustee Board and Senior Management positions within the charity are held by women.

Organisational Structure

Service Director:	C Cardoza
Advocacy ISVA Service Manager:	A M Betts
Clinical Counselling Manager:	L Lockwood
Children Young Person Service Lead:	H McDonald
Engagement and Information Co:	N Jolly
Engagement and Information Co:	R Thomas
Engagement ISVA:	J Markusenkaite
CHISVA and ISVA:	S McKenna
CHISVA and ISVA:	C Woodcock
CHISVA and ISVA:	E McGregor
Sexual Violence Counsellor:	S Lowndes King
Sexual Violence Counsellor:	A Pedzikowska
Sexual Violence Counsellor:	K Maybury
Sexual Violence Counsellor:	Y Kiraz
Sexual Violence Counsellor:	V Ramalingum
Sexual Violence Counsellor:	D Cole
Sexual Violence Counsellor:	J Dilliway
Counselling Manager:	J Oldacre

Staff Left Service during 2021/2022:

N Jolly

S McKenna

C Woodcock

K Maybury

D Cole

J Dilliway

J Oldacre

Governance: The Board of Trustees operate a rolling programme throughout the year to review and update existing policies and ratify any new ones. Trustees are conscientious in their duties to fulfil their obligations as guardians of the charity and to uphold the high standards achieved through the Rape Crisis England Wales (RCEW) National Service Standards. SOSRC successfully achieved its validation of the National Service Standards in February 2020 for a further three years. The charity is also a member of the National Council for Voluntary Organisation (NCVO) which provides frequent and varied training opportunities related to good governance and topical issues and is regularly attended by trustees.

Decision making within the charity is undertaken at a general members meeting where decisions, including those of the remuneration of key management personnel, are taken on a majority vote basis.

SOS RAPE CRISIS CIO

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE PERIOD ENDED 31 MARCH 2022

The trustees' report was approved by the Board of Trustees.

R Dunhill

.....

R. Dunhil
Treasurer

Date: 12.12.2022

SOS RAPE CRISIS CIO

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOS RAPE CRISIS CIO

I report to the trustees on my examination of the financial statements of SOS Rape Crisis CIO (the charity) for the period ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



L Keith ACA

457 Southchurch Road
Southend on Sea
Essex
SS1 2PH

Dated: 20.10.2023.

SOS RAPE CRISIS CIO

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE PERIOD ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Income from:				
Donations and legacies	3	452,809	89,697	542,506
Investments	4	541	-	541
Total income		<u>453,350</u>	<u>89,697</u>	<u>543,047</u>
Expenditure on:				
Charitable activities	5	99,587	369,068	468,655
Transfer of assets from SOS Rape Crisis	9	270,345	288,532	558,877
Net income for the period/ Net movement in funds		<u>624,108</u>	<u>9,161</u>	<u>633,269</u>
Fund balances at 23 April 2021		-	-	-
Fund balances at 31 March 2022		<u><u>624,108</u></u>	<u><u>9,161</u></u>	<u><u>633,269</u></u>

The statement of financial activities includes all gains and losses recognised in the period.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.


SOS RAPE CRISIS CIO

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£
Fixed assets			
Tangible assets	10		26,751
Current assets			
Debtors	11	29,015	
Cash at bank and in hand		589,082	
		<hr/>	
Creditors: amounts falling due within one year	12	618,097 (11,579)	
		<hr/>	
Net current assets			606,518
			<hr/>
Total assets less current liabilities			633,269
			<hr/> <hr/>
Income funds			
Restricted funds	13		9,161
Unrestricted funds			624,108
			<hr/>
			633,269
			<hr/> <hr/>

The financial statements were approved by the Trustees on 12/12/2022


.....
R. Dunhil
Trustee

Company Registration No.

SOS RAPE CRISIS CIO

STATEMENT OF CASH FLOWS

FOR THE PERIOD ENDED 31 MARCH 2022

	Notes	2022 £	£
Cash flows from operating activities			
Cash generated from/(absorbed by) operations	17		70,831
Investing activities			
Purchase of tangible fixed assets		(35,417)	
Purchase of associates		(6,500)	
Proceeds on disposal of associates		750	
Proceeds on funds transferred in creation of CIO		558,877	
Investment income received		541	
		<hr/>	
Net cash generated from/(used in) investing activities			518,251
Net cash used in financing activities			<hr/> -
Net increase in cash and cash equivalents			589,082
Cash and cash equivalents at beginning of period			<hr/> -
Cash and cash equivalents at end of period			<hr/> 589,082

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 MARCH 2022

1 Accounting policies

Charity information

SOS Rape Crisis CIO is a charitable incorporated organisation, registered with the Charity Commission for England and Wales, and is governed by its constitution as created on 23rd April 2021. The principle address of the entity is 20-22 Clarence House, Southend on Sea, Essex, SS1 1AN.

The assets of the predecessor charity (SOS Rape Crisis, Charity number 1143021) have been transferred into this charity on 23rd April 2021.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's constitution, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102

The entity is presenting its financial information for a period less than a year due to this being the first period since incorporating on 23rd April 2021.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	33% reducing balance
Computers	33% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total
	2022	2022	2022
	£	£	£
Donations and gifts	1,555	1,450	3,005
Grants receivable	451,254	88,247	539,501
	<u>452,809</u>	<u>89,697</u>	<u>542,506</u>

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 MARCH 2022

4 Investments

**Unrestricted
funds**

**2022
£**

Interest receivable

541

5 Charitable activities

**2022
£**

Staff costs

327,966

Depreciation and impairment

14,416

Cleaning costs

6,187

Group work

10,050

Premises rent

37,323

Insurance

1,844

Telecommunications

7,286

Office Expenses

9,180

Bank charges

88

Travel and subsistence

4,973

Computer software and expenses

7,382

Maintenance, equipment hire, repairs and renewals

6,600

Staff training

12,126

Staff support costs

333

Volunteer expenses and supervision

5,555

451,309

Share of governance costs (see note 6)

17,346

468,655

Analysis by fund

Unrestricted funds

99,587

Restricted funds

369,068

468,655

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2022

6 Support costs

	Support Governance		2022
	costs	costs	
	£	£	£
Legal and professional	-	12,058	12,058
Accountancy fees	-	5,288	5,288
	<u>-</u>	<u>17,346</u>	<u>17,346</u>
Analysed between			
Charitable activities	<u>-</u>	<u>17,346</u>	<u>17,346</u>

Governance costs includes payments to the independent examiner of £3,600 for independent examination fees.

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the period. In the year two trustees received a total of £615 in relation to incurred expenses during the year. These amounts entirely related to travel and accommodation expenses incurred by trustees. No amounts were paid directly to third parties in relation to trustees expenses

8 Employees

The average monthly number of employees during the period was:

	2022
	Number
	<u>12</u>
Employment costs	2022
	£
Wages and salaries	293,982
Social security costs	27,418
Other pension costs	6,566
	<u>327,966</u>

There were no employees whose annual remuneration was more than £60,000.

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 MARCH 2022

9 Transfer of Assets

	Unrestricted funds	Restricted funds	Total
	2022 £	2022 £	2022 £
Transfer of assets from SOS Rape Crisis on creation of CIO	270,345	288,532	558,877

10 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
Additions	11,085	24,332	35,417
At 31 March 2022	11,085	24,332	35,417
Depreciation and Impairment			
Depreciation charged in the period	2,157	6,509	8,666
At 31 March 2022	2,157	6,509	8,666
Carrying amount			
At 31 March 2022	8,928	17,823	26,751

11 Debtors

	2022 £
Amounts falling due within one year:	
Other debtors	19,702
Prepayments and accrued income	9,313
	29,015

12 Creditors: amounts falling due within one year

	2022 £
Other taxation and social security	7,979
Accruals and deferred income	3,600
	11,579

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2022

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		Balance at 31 March 2022
	Incoming resources £	Resources expended £	
Lloyds Bank Foundation	11,356	(11,356)	-
BBC Children in Need	79,608	(71,544)	8,064
Essex Community Foundation	13,935	(13,935)	-
Talking Therapy	67,089	(67,089)	-
Digital Transformation Project	4,062	(4,062)	-
Find a Centre Project	16,000	(16,000)	-
Henry Smith Charity	34,035	(34,035)	-
Southend CCG Supervision	1,375	(1,375)	-
Tesco	776	(776)	-
ROSCA Trust	26	(26)	-
MOJ Extraordinary fund	29,542	(29,542)	-
Lloyds Covid PPE	3,188	(3,188)	-
Brooks Trust	13,174	(13,174)	-
CARA TT	8,885	(8,885)	-
Girls Group Fund	4,653	(3,556)	1,097
The Big Lottery	90,525	(90,525)	-
	<u>378,229</u>	<u>(369,068)</u>	<u>9,161</u>

BBC Children in Need - Funding from BBC Children in Need funds the salaries of counselling staff. The balance held at the year end is to pay staff until the next funding payment is received from the grantor in the subsequent year.

Girls Group Fund - These funds relate to an ongoing project which is set to run to January 2023. The funds held at the year end are allocated to provide the programme for this project in the subsequent year.

14 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2022 are represented by:			
Tangible assets	26,751	-	26,751
Current assets/(liabilities)	597,357	9,161	606,518
	<u>624,108</u>	<u>9,161</u>	<u>633,269</u>

SOS RAPE CRISIS CIO

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MARCH 2022

15 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £
Within one year	33,022
Between two and five years	16,511
	<hr/>
	49,533
	<hr/>

16 Related party transactions

The Charity paid a sum of £2,307 to ICENA Ltd, a company linked to the Charity via two Trustees holding the position of Director in ICENA Ltd, for training services during the year.

17 Cash generated from operations

	2022 £
Surplus for the period	633,269
Adjustments for:	
Investment income recognised in statement of financial activities	(541)
Gain on disposal of investments	(558,877)
Depreciation and impairment of tangible fixed assets	14,416
Movements in working capital:	
(Increase) in debtors	(29,015)
Increase in creditors	11,579
	<hr/>
Cash generated from/(absorbed by) operations	70,831
	<hr/> <hr/>