



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	21	April	2021		20	April	2022

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Section A Reference and administration details

Charity name

Salford Families in need Meals Project

Other names charity is known by

SFinMP

Registered charity number (if any)

1194165

Charity's principal address

11 Stafford Road,

Eccles

Greater Manchester

Postcode

M30 9HN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Antony Edkins	Chair	n/a	SFinMP board of trustees
2	Julie Larkinson	Secretary	n/a	SFinMP board of trustees
3	Tom Marsden	Treasurer	n/a	SFinMP board of trustees
4	Victoria Unsworth	Trustee	n/a	SFinMP board of trustees
5	Barbara Keeley MP	Trustee	n/a	SFinMP board of trustees
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
None	n/a

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None	N/A	N/A

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution of a Charitable Incorporated Organisation with voting members other than its charity trustees ('Association' Model Constitution)
How the charity is constituted (eg. trust, association, company)	('Association' Model Constitution)
Trustee selection methods (eg. appointed by, elected by)	As per article 13 of our governing document. 13. Appointment of charity trustees (1) At every annual general meeting of the members of the CIO, one-third of the charity trustees shall retire from office. If the number of charity trustees is not three or a multiple of three, then the number nearest to one-third shall retire from office, but if there is only one charity trustee, he or she shall retire; (2) The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment. If any trustees were last appointed or reappointed on the same day those to retire shall (unless they otherwise agree among themselves) be determined by lot; (3) The vacancies so arising may be filled by the decision of the members at the annual general meeting; any vacancies not filled at the annual general meeting may be filled as provided in sub-clause (5) of this clause; (4) The members or the charity trustees may at any time decide to appoint a new charity trustee, whether in place of a charity trustee who has retired or been removed in accordance with clause 15 (Retirement and removal of charity trustees), or as an additional charity trustee, provided that the limit specified in clause 12(3) on the number of charity trustees would not as a result be exceeded; (5) A person so appointed by the members of the CIO shall retire in accordance with the provisions of subclauses (2) and (3) of this clause. A person so appointed by the charity trustees shall retire at the conclusion of the next annual general meeting after the date of his or her appointment and shall not be counted for the purpose of determining which of the charity trustees is to retire by rotation at that meeting. 16. Reappointment of charity trustees: Any person who retires as a charity trustee by rotation or by giving notice to the CIO is eligible for reappointment

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Bankers

National Westminster Bank
196 Monton Road,
Monton
Eccles
M30 9NW

Structure, Governance and Management Organisation and Governing Document

Salford Families in need Meals Project CIO is a Charitable Incorporated Organisation registered on 21st April 2021. The Chair, reporting to the Board of Trustees, carries out day-to-day management along with the Secretary and the Treasurer, and other members of the board. The Board keeps the skill requirements for the trustee body under review. New trustees may be sought through a dialogue with candidates in relevant sectors. The ultimate decision on selection is a matter for the Board of Trustees. When new trustees are appointed, they are given an introduction to the work of the charity and provided with the information that they need to fulfil their roles.

SFinMP CIO Report of the Trustees (continued) for the period from 1st January 2022 ended 31st December 2023

Risk management

The trustees have a duty to identify and review risks to which the charity is exposed and to ensure that appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees are of the opinion that the reserves, held in a charity bank account, and known subsequent income are sufficient for at least short to medium term financial requirements.

Public benefit

The charity has due regard to the guidance published by the Charity Commission on public benefit.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

Charitable objects

The relief of financial hardship among people living or working in Salford by providing such persons with food goods and related services, which they could not otherwise afford through lack of means. The prevention or relief of poverty in Salford by providing food grants, food items and related services to individuals and families in need and/ or charities, or other organisations working to prevent or relieve poverty.

Registration history:

- 21 April 2021: CIO registration

Organisation type:

CIO

Other names:

- SFINMP (Working name)

Gift aid:

Not recognised by HMRC for gift aid

Other regulators:

No information available

Policies:

- Safeguarding vulnerable youngsters and adults where needed.
-

Land and property:

This charity does not own and/or lease land or property

Activities - how the charity spends its money

The Salford Families in need Meals Project is a fundraising charity that exists for the benefit of the relief of poverty and of financial hardship, for those families in need with disadvantaged children. Principally, we raise these funds to provide a weekly food distribution hub to families in need with disadvantaged children, according to this charity object, in the City of Salford.

We have spent our money in this financial year by funding the food distribution hub and funding the activities linked with the hub which have included support to members to subsidise and cover food bags and for giving support to those who have no recourse to benefits.

We have also provided clothes from leading high street stores.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

SFinMP is successful because we are a team. The Chair consults on every matter with the trustees. We look to one another's strengths and experiences and build on these.

Volunteers do a fantastic job. Without them, the project would not work. SFinMP relies on the goodwill of volunteers to sort and bag food item bags for families in need, especially with children. Volunteers meet each week on a Wednesday to help bag food. Volunteers are coordinated by Julie Larkinson, (Community leader and former President of Eccles Rotary) who encourages members of the Eccles Rotary Club to assist each week, as well as those residents in the community, who help out.

SFinMP does not engage in grant making. However, we will make applications for grants from local bodies such as Salford City Council and Salford CVS, and other generous benefactors.

Summary of the main achievements of the charity during the year

The Salford Families in need Meals Project has specifically targeted families in need who do not have the means to cover all of their outgoings. Many of our families were used to feeding their children with the parents not eating, saying they would eat later after the children had gone to bed. After three years and moving into our fourth, we have supported well over 500 families using SFinMP and listed below are some of the reasons why this project has been a success to date. Our success begins with local knowledge. We have also built up trust with many families and other users.

We could do what we do without the auspices of Julie Larkinson, (local community leader, senior leader in schools and established governor, who has worked on the Brookhouse estate for 50 years). Julie, who is secretary of SFinMP knows these families, indeed she has taught generations of families on the estate, as a senior leader in schools and an influencer within the Eccles Rotary Club, which provides many of our volunteers. In 2023, Julie was unanimously voted City of Salford Volunteer of the year 2023.

We would not have existed other than for the donations of local people and local companies. These include Morsons PLC, Mark and Maxine Smeaton, A C Clark, Eccles Rotary, Dr Enid Noronha, For Housing, Salford City Council, Salford CVS and the commitment and support of trustees.

We created an infrastructure known as a food distribution hub on the BrookHouse Estate in the City of Salford. We distribute food to families in need once per week. About the food: We have an agreement with a charity, 'The Bread and Butter Thing' which sources food, that would otherwise be wasted, from supermarket chains and manufacturers.

SFinMP families receive guaranteed fresh food. The food is stored centrally by them in temperature controlled warehouses in Trafford Park. The food falls into 3 categories: chilled meat and dairy products, fresh fruit and vegetables and ambient/dry goods.

SFinMP families have more money to spend on other household goods and now, more for heat and lighting. The amount of food provided is equivalent to a shopping trolley's worth and typically would cost £40 to £50 per family. The Bread and Butter Thing charges £8.50 per family. Who pays for the food? The majority of the families in need pay the £8.50 themselves.

SFinMP refuses no one and we will help any family in need. However, there will be some families in need who cannot afford this cost. The Salford Families in need Meals Project has established a discretionary fund, which will feed these families in need (who cannot afford £8.50).

For example, in December 2023, we undertook to support families with food bags paid for by money SFinMP. We not only provided each of these families with food bags over Christmas – we also paid for the most needy to have cooking and house heating costs paid for on Christmas Day 2023. We could not have done this without generous donations.

We have learnt that there is no knowing what background these families come from. Our families tell us what their priorities are in the local community. Families in need broadly fall into the following categories:

51% are on a low wage and 49% are on benefits. Those on benefits include those whose life stories bring a tear to your eye. We try and do a small bit to stop them from struggling.

We carry out our purposes by relying on families in need coming forward for help, by receiving referrals from local school headteachers, from local medical centres and also from local community organisations. We have also started to accrue funds to provide grants for those who have no recourse to benefits.

Section E

Financial review

Brief statement of the charity's policy on reserves

Having established the SFinMP as a going concern, we work on the basis that we need £5000 to operate in any one year. This provides monies for us to support up to those in extreme hardship. We also have some good progress with our reserves, which at the end of 31st December were £27660. Again at the end of 2023, we still owe £10,000 to TBBT.

Details of any funds materially in deficit

SFinMP has no funds that are materially in deficit.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our principal sources of funding in the past year have come from the Manchester Guardian Charitable Trust, Salford CVS and the NHS through Salford CVS.

We also received donations from Dr Enid Noronha and cake money from her National Garden Society June event. also from the local Rotary Club.

All of the money raised in this reporting year has been devoted to the creation of a food distribution hub, from which families and individuals in need can collect food bags (chilled food, fresh fruit and vegetables and also ambient food)

SFinMP has no investments. We have a charity current account into which we pay donations and grants.

Section F

Other optional information

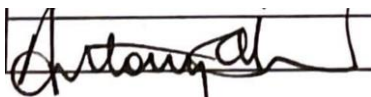
A word, if we might, about Julie Larkinson – in December 2023, Julie Larkinson was voted the City of Salford Volunteer of the Year 2023. We are so proud of this achievement.

We receive the stalwart support not only of good people like Julie Larkinson but also the two members of parliament for our area, Barbara Keeley MP for Worsley and Eccles South and Rebecca Long Bailey MP for Salford and Eccles. Both attend our meetings and have been key influencers and encouragers of our work. SFinMP is also grateful to the headteacher of Barton Moss Primary School and the Prestolee Trust, who kindly agreed to allow use of the school premises for this project each week.

- We have one charity bank account for SFinMP. Our accounting year showed a more diverse range of expenditure. This has included the following and more:...
- We have funded well-being sessions for those in need – this has been through cooking classes.
- We have engaged with over 850 individuals through the Cancer Screening Awareness and Month of Hope Months
- We have developed a well-women bra fitting service thanks to the generosity of Marks and Spencer and Julie Larkinson.
- We have supported local families and individuals with small cash grants – for those in the most need.

We had a bank balance of £27660 (as of 31 Dec 23) at the close of our financial year. We have a further £10,000 to pay to the Bread and Butter Thing. We have had our accounts independently examined by Mr Michael Brocklehurst – who is a retired financial accounts and audit manager.

**The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees**

Signature(s)	As per photo above – email consent was provided	As per photo above – email consent was provided
		
Full name(s)	Dr Antony Edkins	Thomas Marsden
Position (e.g., Secretary, Chair, etc)	Chair	Treasurer
Date	08/03/2024	



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Salford Families in need Meals Project

On accounts for the year
ended

31st December 2023

Charity no (if any)	1194165
Remember to include the 2006 numbers of additional events	

Set out on pages

1 & 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 1 / 3 / 2024

Name: Michael Brocklehurst

Relevant professional
qualification(s) or body
(if any):

Not applicable

Address:

9 Burlington Road, Eccles
Manchester
M30 9NB

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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Charity Name
Salford Families in need Meals Project

No (if any)
11945165

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/01/2023		31/12/2023

Section A Receipts and payments

Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
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A1 Receipts

Donations	14,950	-	-	11,455
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	14,950	-	14,950	11,455

A2 Asset and investment sales,
(see table).

Sub total					
Total receipts	14,950			14,950	11,455

A3 Payments

Total Expenditures					
Expenditure		5,460		5,460	1,742
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A4 Asset and investment purchases, (see table)

[illegible]**Total payments**

Net of receipts/(payments)	9,490	-	9,490	9,713
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	18,170	-	18,170	-
Cash funds this year end	27,660	-	27,660	9,713

