



Trustees' Annual Report for the period

From **13/04/2021** To **28/02/2022**

Charity name: **The Nous Organisation**

Charity registration number: **1194079**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Our Mission is to raise awareness about mental health issues among the Black, Asians, and Minority Ethnic (BAME) Communities in UK and Africa. Focussing on support in the community for hard-to-reach communities to empower through education Staying true to our mission and ensuring that every Operating with Accountability and Empathy. To Train Mental Health advocates and ambassadors
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The object of the CIO is: (1) the advancement of education about mental health in Black, Asian, and Minority Ethnic (BAME) Communities in the UK and Africa, in such ways as the trustees think fit, including: a. Organising workshops, open mic sessions, and conferences. b. Engaging young people in raising awareness about mental health issues. c. Serving as a bridge between psychiatrists and other professionals in raising awareness about mental health in BAME communities. d. Campaigning on the improvement of mental health services through social media and other media outlets. e. Providing advocacy for those who are disadvantaged by existing mental health service provision. f. Working in collaboration with local authorities, health services, and other community networks to deliver care to mental health service users. g. To canvass to successive governments and political agendas, for the promotion of matters directly linked to the aims of the Charity. h. Offering peer support to parents, carers, and persons that may be going 'through' mental health services.

		i. Supporting victims of domestic abuse or violence who may experience mental health issues. j. Working collaboratively with faith-based organisation's in the community in organising Mental Well-being awareness. k. Working with the educational sector; primary and secondary schools, colleges including universities to organise sessions raising awareness about mental health issues to promote prevention and early intervention. l. Organising Nous Organisation developed Training and Workshop Sessions to promote early intervention within the hard-to-reach communities. m. Delivering, as licensed by Mental Health First Aid England, these courses in the communities and to organisations: i. Mental Health First Aid ii. Mental Health Champion iii. Mental health Awareness iv. MHFA Refresher course n. Collaborating with the criminal justice system to work with BAME ex-offenders and prisoners that have diagnosed and undiagnosed mental issues. o. Provision of a talking therapy telephone/call-in for persons who need support. p. Consulting for organisations to ensure they have a mental well-being strategy. q. Deliver suicide prevention workshops and training. r. Organising respite away days for carers and persons with mental illness and providing a space for support for people with mental health issues.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We The Board of Trustees can confirm that we have had regard to guidance issued by the charity commission on public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
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Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The Nous organisation had a successful 2022 as it carried out several activities and events supporting its objectives. Some Key events Mental Health awareness week. MHFA for the community quarterly conference Date: 09/05/2022 -15/05/2022 Face 2 Face event - Collaborated with One People Commission. Date: 14/05/2022 Time: 10:30 – 13:30 Venue – Evangelical Alliance, 176 Copenhagen Street, London, N1 0ST & Virtual. The seminar targeted young people's Mental Health with a Theme of Let's Talk About Loneliness, over 40 attendees listened to Informative talks from various distinguished professionals addressing the issue of loneliness with a particular focus on young adults between the ages of 18-30 years old. Suicide First Aid Lite Training Date: 05/09/2022

		Time: 10:00 – 13:30 Venue – Virtual It was a great opportunity for the 50 attendees to learn about how you can take action to prevent suicide. World Suicide Prevention Day Event Collaboration between The Nous Organisation & Royal Borough of Greenwich Date: 10/09/2022 Time – 11:00 – 13:00 Venue – Woolwich Town Hall & Virtual Attendees heard from people who have been impacted by suicide, learned about the support people can access to protect themselves and others, and what we can all do to Create Hope Through Action
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance, and Management

Description of charity's trusts:		Our Mission is to raise awareness about mental health issues among the Black, Asians, and Minority Ethnic (BAME) Communities in UK and Africa. Focussing on support in the community for hard-to-reach communities to empower through education Staying true to our mission and ensuring that every Operating with Accountability and Empathy. To Train Mental Health advocates and ambassadors
Type of governing document (trust deed, royal charter)	Para 1.25	Constitutional adopted 13/04/2021
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed or reappointed annually during the Annual general meeting in February

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	The Nous Organisation
Other name the charity uses	
Registered charity number	1194079

Charity's principal address	61 AUSTEN CLOSE LONDON SE28 8AY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint a trustee (if any)
1	Melvin Odupe Davies	Chair	06 September 2021	
2	Dr Shadrach Ofosuware		13 April 2021	
3	Adebola Olugbolade Hephzibah Olugbemi		13 April 2021	
4	Rev BUNMI ADEYEMI ADEDEJI		13 April 2021	
5	Olivia Mobolanle Adeola Joseph-Aluko		13 April 2021	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

he trustees declare that they have approved the trustees’ report above.

igned on behalf of the charity’s trustees

Full name(s)	Melvin Davies	<i>Melvin Odupe Davies</i>	
sition (eg Secretary, Chair, etc)	Chair		
Date	10/01/2023		



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
THE NOUS ORGANISATION

No (if any)
1194079

CC16a

Receipts and payments accounts

For the period from	Period start date 13/04/2021	To	Period end date 28/02/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	3,164	-	-	3,164	11,868
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,164	-	-	3,164	11,868
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,164	-	-	3,164	11,868
A3 Payments					
Hall hire	2,810	-	-	2,810	-
Motor running costs	1,368	-	-	1,368	-
Repairs and maintenance	156	-	-	156	-
Events cost	300	-	-	300	-
Telecommunication costs	641	-	-	641	-
Accountancy fees	500	-	-	500	-
Consultancy fees	5,161	-	-	5,161	-
Volunteer costs	860	-	-	860	-
Bank charges	85	-	-	85	-
Charitable donations	158	-	-	158	-
General office costs	1,753	-	-	1,753	-
Sundry expenses	149	-	-	149	-
Travel costs	169	-	-	169	-
Sub total	14,110	-	-	14,110	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	14,110	-	-	14,110	-
Net of receipts/(payments)	- 10,946	-	-	- 10,946	11,868
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	11,868	-	-	11,868	-
Cash funds this year end	922	-	-	922	11,868

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	922	-	-
		-	-	-
		-	-	-
	Total cash funds	922	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Adebola O. Olugbemi		