

Silver Jubilee Park Charity FOUNDATION



**Annual Review & Report
2024**

Silver Jubilee Park Charity Foundation

Registered Charity Number 1193996

Our Trustees



Mike Harte
Chair



Sam Attah



David Bedford
OBE



Ann John
OBE

**Silver Jubilee Park
Townsend Lane
Kingsbury
London NW9 7NE**

info.silverjubileepark@gmail.com

Welcome from the Foundations founder Robert Morris

The SJP Charitable Foundation has continued to grow and evolve and now helps over 1500 people in Brent each week. When the foundation was started, I had a vision and I'm extremely proud of how it has developed and the impact it has had.

Using sport to engage with people from various communities has helped promote social cohesion, integration, create a healthy lifestyle and educate.

The feedback from both individuals and community groups has been heartwarming and is proof that the foundation is delivering some incredibly worthwhile projects.

The improvements in both physical and mental wellbeing are evident and I believe we are an example on how similar charities, sports clubs and other organisations should serve the community they are in. We have seen how our projects have strengthened the community by offering pathways for personal and social development.

Our aim is to work with more low-income families to give children opportunities that they wouldn't be able to. Also, children that have special educational needs will also be a priority to help improve confidence and self-esteem.

I am incredibly grateful to Graham Etchell, John and Viv Creith for their tireless efforts to make the projects a success. Thank you to the trustees for their continued help and support. which has benefitted so many.



2024 has been another busy and successful year for the charity with a wide range of activities having taken place involving service users from across the borough as you'll read in our annual report.

Central & North West London NHS Foundation continue to be a major supporter of our activities and earlier in the year completed a very positive review of the services provided by the charity.

In addition, the London Borough of Brent continue to be very supportive of a number of projects that are run at SJP and across the borough and we have welcomed a number of council representatives to events at SJP during the year.

Picking out some standout highlights for me during the year, I'll start with the sports programmes at SJP which are now all service user led, meaning that those individuals leading the activities can provide positive evidence of what can be achieved, and are able to speak of their own experiences with those who have recently joined the programmes. In addition, Brent have identified three of our service users to potentially work with them.

The charity has extended its ties with the Village School in Kingsbury and has run a 1st4Sport coaching qualification course for 18 of those taking part including

some wheelchair users, which we believe is a notable first for a 1st4sport qualification.

Service users from our dementia café and chair yoga groups have been on a number of outings to Wembley Stadium, Hampton Court and Kensington Palace to name but a few. This has been made possible as Viv Creith has now been trained to take group visits.

Another highlight for me is that the mental health work which has been going on here so successfully for a number of years now is being recognised further afield with other organisations seeking advice from those leading our projects. As an example, discussions have taken place with Watford FC who are seeking to replicate in Hertfordshire what we have been doing locally.

Again, I want to thank my fellow trustees, David Bedford, Ann John and Sam Attah as well as Rob Morris and John & Viv Creith for their ongoing support and contributions and of course our unsung heroes who do the day-to-day work so well to ensure that all of our service users get the maximum benefit and enjoyment from whatever activities they are involved in.

Mike Harte, Chair

What we do

- Work with and through local organisations to increase levels of participation in sport and physical activity;
- Promote and provide programmes and services for sport, recreation, physical activity, informal education, and other leisure time occupation for healthy recreation;
- Promote and provide education, training and coaching courses which promote mental and physical and fitness health.

COMMUNITY ACTION FOR SPORT

We launched this new Foundation initiative at the start of the year and the two events that have been held has generated over £9,000 which we have distributed to clubs and groups to help them support the community they represent.

Both events were quiz nights which were totally sold out long in advance.

We are fully aware of how difficult some of our clubs and groups are finding it to be financially viable, yet alone sustainable, and this limits the support they can offer their respective communities and we hope that our Community Action for Sport ('CAS') can be of help.

SJP FOUNDATION COMMUNITY FUND

The Trustee's made £10,000 available for distribution to deserving SJP user groups to support projects that focus on health and wellbeing, education and sport. The Maximum grant available per organisation through this round of funding was £1500 and one of the conditions was that applicants had to demonstrate how their funding, if successful, would be used for the benefit of the community. The Community Fund was over subscribed but there were 8 successful applicants in receipt of the funding.

ALEX'S STORY

“I thought I would never be a normal person again”

“Four years ago, I had no hope about anything. A Couple years have passed by, and I have been completely confused. I didn't know what happened to me regarding my psychotic breakdown and I experienced lots of side effects from various medication until I finally tried one that worked well for me.

“About 6 months after being discharged from hospital I started attending Richard's football's session's where I had the chance to get to know lovely people and I'm talking about everyone, all the guys that had similar experience of mental health like me, and all the staff from Silver Jubilee Park.

“Thanks to Richard I have completed a couple of courses regarding mental health which helped a lot into my education towards this sensible topic that is not talked about.

“Last year I completed functional skills level 2 math's and GCSE English. This year I'm doing GCSE math's and accounting course AAT Level 2 which I find challenging. I can't be grateful enough that I'm able to do this when before there was no hope about anything .

“Thanks to God I'm able to attend and do this when before I thought I would never be a normal person again.

Alex

Alex is one of the service user's participating in our PathWay Project programme.

THE NATIONAL THEATRE

Ten of our Dementia friendly café community members enjoyed a performance of 'The Grapes of Wrath' at The National Theatre. The play, adapted from the book by John Steinbeck is set in various locations between Oklahoma and California.

The theatre was specifically adapted to make it more friendly for all and some of the lighting and sound effects had been adjusted to be less sudden or intense.



Our group thoroughly enjoyed the play as you can see from some of their comments below:

'Great production. Very pertinent to current issues. Excellent staging particularly the river! Many thanks to all involved. Highly recommended (5 stars)' – Penny

'Very inspirational and moving play performed by great actors and musicians, enjoyed by our group' – Ann L

'Brilliant!!!! Staff were very welcoming, good interpretation of John Steinbeck book, especially with the music added' – Margaret O.

**A huge thank you to the
National Theatre
for our tickets.**

THE KILN THEATRE

At the start of September five members of the SJP Foundation Dementia Friendly café went to The Kiln Theatre in Kilburn to see Sister Act 2. The film starring Whoopi Goldberg provided lots of laughs and singing. A fabulous time was had by all. And the popcorn and refreshments was enjoyed by all as well! **Our thanks to the Kiln Theatre and CAD Brent for providing our members with tickets.**



BRENT CHINESE ASSOCIATION & ESEA

BRENT CHINESE
ASSOCIATION



Our partnership with the Brent Chinese Association, East & South East Asian community (ESEA) and Frank Soo Foundation has continued during 2024.

For the second year running we supported their annual fund raising event featuring members of the Brent South East Asian community which included the Frank Soo Foundation, Chinese Welfare Trust, Brent Chinese Association and the Silver Jubilee Park Foundation.

Dr Ethie Kong, Brent Council Leader Cllr Muhammed Butt and Krupesh Hirani the London Assembly Member for Brent and Harrow attended the event along with a number of other guests.



Members of the Brent Health Matters team were also here carrying out free health checks which included heart, blood pressure and sugar level's to more than 50 participants and spectators who volunteered to undergo the test.

Another of the activities we were involved in was their Mental Health Awareness day which featured workshops offering advice, support and guidance while a football tournament for children and adults provided a most enjoyable activity.

Additionally along with the Brent Chinese Association and in collaboration with the Frank Soo Foundation we organised the 'Brent ESEA Community Youth Football programme' offering six free weekly football coaching sessions for boys and girls aged between 4 and 8. Due to its success the programme was extend for further six weeks.



The coaching was to encourage children from the East & South East Asian (ESEA) Communities to take part in more physical activities in a fun and enjoyable way. The SJP Foundation is delighted to help fund this programme.

BRENT HEALTH MATTERS

The goal of the Brent Health Matters programme is to reduce health inequalities in the borough and their team have made a number of visits to SJP this year.

The first visit provided a health check to our Over 50s community club members and the second discussed the NHS App and how to access and use it.

Following the success of the that a series of wellbeing advisory and instructional classes involving Brent's Health Matters team and parents of children playing for Hendon Youth FC teams.

Health checks were carried out on 34 parents and this was followed by information relating to the NHS App and how to access and use it.



Members of the Brent Health Matters team were back again during the Brent Chinese Association's fund raising event carrying out free health checks including heart, blood pressure and sugar levels.

Our thanks to Nazia Ali, the Brent Health Matters co-ordinator for Kingsbury & Kenton, for all the help and support given to the Foundation.

WEMBLEY STADIUM FOUNDATION ANCHOR PARTNER PROJECT



Our chosen project specifically targets local primary school children that would most benefit from being involved in physical activities.

Local headteachers identified and recommended children who, for a variety of reasons, would not be able to attend sessions at Silver Jubilee Park therefore we decided to have activities in schools and at SJP. Up to a hundred children attend every week and we have seen improvements in concentration, behaviour, confidence, fitness and social skills.

We communicate with headteachers and parents on a regular basis and have had a number of surveys completed to evaluate that we are meeting our objectives. As with all of our sessions the primary aim is for the children to have fun with their friends.

Our coaches are specially selected and mentored to increase the aim of the children to achieve their true potential. These coaches are young local people who may have attended the schools and are excellent role models for the children they are working with. They also understand and evaluate the outcomes of the project.

Children attend coaching sessions for one hour on a weekly basis through term time. These sessions are delivered on a guided discovery basis which involves a variety of skills.

Some children have been able to play for Hendon Youth FC through this project free of charge which is administered on a strict need-to-know basis that ensures that the children feel no stigma. Where needed we also provide kit and equipment in strict confidence.

This project commenced in September 2023 and will continue to July 2025.

WEST END THEATRE VISIT FOR MEMBERS OF OUR PATHWAY PROJECT

Ten of our PathWay participants accompanied by Richard Hay, Dr Angela Byrne and Nick Green travelled to the Garrick Theatre in the heart of the West End's Theatreland to see the double Olivier Award nominated production '*For Black Boys Who Have Considered Suicide When The Hue Gets Too Heavy*' which returned to the West End following three previously sold-out runs.

The following has been taken from a report by Amer Hajan:

The trip was a huge success and the play itself offered lots of topics to take in and lots to think about such as listening to lyrics in a different way and realising how deep they are.

Some of the group found it interesting to hear about black history and want to hear more about it and some aspects were difficult for people with autism such as the loud noise, flashing lights, and feeling of claustrophobia.

Great themes covered including some that are usually taboo such as homosexuality, death, cancer and STIs.

Some of the comments we received were:

'Loved it. It was breathtaking'.

'Great to see the relationship between the group of friends'.

'It was focused on black boys but everyone could relate'.



The play was very emotional and it was good that we had enough staff with us to have one-to-ones with people who needed it.

Amer Hajan

COMMUNITY UNITY GIRLS ONLY EVENT



It was ladies day once again at SJP as the Foundation and the Metropolitan Police staged our second female only Community Unity event.

There was a 7-a-side mini football tournament involving 12 school teams from across the neighbouring boroughs of Brent, Barnet and Harrow, a fun element depicted by the youngster pictured right

kitted out in full riot gear and a very serious side to the event with a discussion on awareness and advice relating to violence against women and girls (VAWG).

Chief Inspector Vicky Coulsdon was delighted with the event's outcome remarking that there was a quite excellent turn out with the girls encouraged to partake in physical activity and adding that the event also created awareness in violence against women.

PC Ben Eynon, the Met's local engagement officer was also delighted with the event and the SJP facilities and is looking forward to future collaborations.

MENTAL HEALTH WELLBEING GAMES

As a direct result of our successful Community Wellbeing Games that took place towards the end of 2023, during March of this year we organised a version of fun challenges specifically designed for those members of the community living with mental health issues

Eight teams took part from various organisations and included, amongst others: The Pathway Project, Ashford Place, the Raheem Sterling Foundation, Park Royal Hospital and Brent Council. The event was led by three service users and was very successful and enjoyed by all.

We were delighted to welcome guest's Rachael Crossley (Director, Brent Adult Social Care), representation from Brent Health Matters and Alan Lau The Football Association's officer for Equality, Diversity and inclusivity.

The following is Alan's report:

'Blown away today at Silver Jubilee Park to see the amazing things the Silver Jubilee Park Charitable Foundation are doing in mental health! The Pathway Project is making a massive difference in the community. The participants have a range of mental health issues but are all involved and taking part in exercise at the Brent Wellbeing Games for Mental Health. Working with local government, the NHS and communities, the impact on the participants is unbelievable.

The coaches/facilitators were all previous participants and now have been trained and lead the programme. There are many health inequalities across different communities with Mental Health being compounded by the stigma it carries'. Alan Lau The Football Association



The
SILVER JUBILEE PARK
CHARITY
FOUNDATION





RAHEEM STERLING FOUNDATION

Our partnership with the Raheem Sterling Foundation

Introduction

As Chair of the Raheem Sterling Foundation (RSF), I am immensely proud to present a groundbreaking collaboration with Silver Jubilee Park Foundation that has revolutionised mental health support.

This partnership stands as a beacon of innovation, challenging traditional approaches and prioritising holistic wellbeing.

The Vision

Our vision was clear from the outset – to create a paradigm shift in mental health assistance. We wanted to move

beyond just addressing mental health problems; our goal was to foster an overall transformation in lifestyle and mindset, cultivating resilience and a sense of belonging.

The Strategy

The heart of this initiative lies in our unique talking treatments. These sessions are designed to encourage open communication and self-expression, helping service users to adopt a positive mental attitude.

At SJP, a secure and non-judgmental environment allows individuals to share their experiences freely, breaking down the barriers of stigma.

The Outcome

This collaboration transcends traditional boundaries of mental health support by emphasising overall wellbeing.

The foundation laid by SJP and RSF is transformative, ensuring genuine improvement in the lives of our service users.

Conclusion

Looking back at the progress we have made, it fills me with immense pride and hope. Our partnership is more than a programme; it's a movement towards a healthier, more resilient community. We are not just changing lives; we are redefining the very approach to mental health and wellbeing.

HISTORIC ROYAL PALACES COMMUNITY ACCESS SCHEME



The SJP Foundation has joined the Historic Royal Palace Community Access Scheme (CAS).



CAS offers free entry and support for community groups to visit and explore the Tower of London, Hampton Court Palace, Kensington Palace and Hillsborough Castle and Gardens.

Having undergone specialised Group Leader training at Kensington Palace the Foundation's designated group leader is Viv Creith and she plans and leads visits for our own groups to the palaces. The first of our Community access visits was to the Tower of London and included a Yeoman tour and exploration of both the White and the Bloody Tower's on a glorious day in October.



Some of our multi-generational group at the Tower





Ten members of our Mental Health Community Group attended the big football curtain raiser at Wembley between Premier League Champions Manchester City and FA Cup winners Manchester United thanks to receiving tickets through our membership of the Wembley Community Club.

The Wembley Community Club is the FA's flagship community programme in Brent bringing together and supporting not-for-profit charities, schools and community groups, and providing them with greater access to events and facilities at Wembley.



Some of our group pictured above at Wembley

THE GREAT BOOK GIVEAWAY

The SJP Charity Foundation has given away over 1,000 books during the last year.

We are thankful to Sarah Calvert and Beryl Baitup for their incredible book donations that have made this possible.



Some of the books on display at Silver Jubilee Park.



SJP FOUNDATION SUPPORT FOR SPECIAL NEEDS GROUP

The St Mary Magdalene church Special Needs Group has a small group of dedicated parishioners supporting families with special needs. Each summer and at Christmas, they have a social activity and self-finance these events with various fundraising activities.

This summer's event was held at Silver Jubilee Park and sponsored by the SJP Foundation.



THE TRUAMAN R66T NW LONDON CRICKET LEAGUE

This event to promote excellence in playing, coaching, officiating and the provision of playing facilities for recreational cricket in Middlesex was organised by Muks Rabadia and supported by the SJP Foundation. It featured children from four local schools and was enjoyed by all including Middlesex and England cricketer Angus Fraser and other guests including Ronald Paterson, Geoff Hastings, Brent Cllr Saqib Butt and SJPs Robert Morris.



WELLBEING WORKSHOPS

EXPLORING MASCULINITY & IDENTITY

The community psychology team at Central and North West London NHS Foundation Trust (CNWL) partnered with the STP Foundation's Pathway Programme to deliver a series of workshops focusing on masculinity and wellbeing.

The sessions were facilitated by J'shawn Cook (Assistant Psychologist, CNWL), Richard Hay (Mental Health Support Worker) and Alexander Donnalaja (CBT Therapist, CNWL NHS).

Each session explored various aspects of masculinity ranging from societal expectations, influence of family and culture, the impact on mental health, relationship with others (platonic/romantic), and how previous generations have perceived gender and attributes associated with them.

Creating a space for these discussions surrounding masculinity and identity has been transformative for the attendees of the group and the facilitators. These sessions have acted as a catalyst for future explorations surrounding what it means to be a man in society and how we as a community can better engage with masculinity.

Dr Angela Byrne
Clinical Psychologist
Central and North West London NHS

Firstly, thank you to all the amazing individuals that are involved in building and maintaining this safe space. Your efficiency and welcoming nature continue to allow this space to flourish, to exist and to remain. Thank you.

To all of you incredible people, thank you for allowing me in into your space.

The meaningful and genuine relationships I have cultivated here has made Thursday's my favourite working day. Each and every interaction with you all has been a privilege as it meant I was able to get you all. You are a very special bunch, every single one of you, and I am so grateful to have been a part of SJP's family.

J'Shawn
Asst. Psychologist CNWL NHS



A WISH COMES TRUE FOR TEDDIE

Playing football was one of the few things that kept a smile on Teddie's face during his cancer treatments.

Teddie's heartfelt wish was: *"I wish I could have a football pitch in my garden, so I can play whenever I want!"* and thanks to makeawishuk and a couple of supportive organisations, including the SJP Foundation that dream came true!



The Foundation was approached for help and was delighted to provide funding for a young Teddie's wish. We purchased a number of pieces of football equipment including goals, footballs, bibs and cones to go with a small football pitch set up in his back garden for Teddie and some friends to enjoy.

Over 60,000 children in the UK have been diagnosed with a critical condition, changing their lives and the lives of their families forever.

For them, the joy of childhood is brought to an abrupt end, with treatment plans, hospital visits and sleepless nights taking over.

A wish revives a childhood stolen by critical illness. It brings light and joy to children and their loved ones and leaves a profound and lasting on all their lives. The Make A Wish Foundation create joy, happiness and magical

memories through life-changing wishes for children with critical illnesses. and putting the child at the heart of their own experience.

Make-A-Wish®

COMMUNITY SERVICE & CRISIS SUPPORT WORKSHOP



At the end of August service users, services and guests attended a workshop at Silver Jubilee Park. The event was delivered by the CNWL NHS Foundation Trust, Hestia and the Silver Jubilee Park Foundation. Discussions included: achievable improvement, safe movement between teams and prevention. This was followed by two short video films and a Q&A session regarding service user journey's.

Thank you for such a fantastic workshop. Your guys are amazing and so inspirational. I was really touched and couldn't stop listening to them and their stories". **Jenny Lanyero** CNWL NHS

PEER SUPPORT TRAINING FOR PATHWAY SERVICE USERS

During the last quarter of the year five of our service users started a peer support mental health training course. On successfully completing the course these five individuals will gain the required skills and knowledge that will qualify them to share their knowledge and lived-in experience to help and support their peers through difficult times.

We hope that they will also be able to use their qualification in the work place and in doing so help many more people and the fact that these five service users have the newly found confidence to help others is another testament to the difference the Pathway Project has made to them, and many others.

New kit for Women's team is a winner



A brand new season and a brand new playing kit courtesy of the SJP Charity foundation.

They wore it for the first time in their opening match of the season, winning 4-2 at SJP.



Professional musicians from the RPO made a very welcome return to SJP for a fun based creative music session. The theme was 'mental health awareness' and the session was designed to provide respite from wellbeing challenges and improve mood.

The musicians worked together with participants to create melodies, rhythms and lyrics as well as trying out a range of instruments.

Photography course is another winner



Graham Field has been delivering a specifically designed photography course for SJP Pathway Project participants to help people with mental health challenges learn a new skill.

Sessions have focused on particular subjects such as animals, flowers, sports and using different lenses.

Throughout each session, Graham takes the time to explain how to improve image clarity and how to position and angle the camera. He also provides helpful tips on capturing the details of the subjects.



In September Hendon Youth Academy coach Jean Billong travelled to Windhoek (Namibia) and Harare (Zimbabwe) to continue his work with disadvantage youths.

With the support of the Silver Jubilee Park Foundation ahead of his visit Jean was busy collecting clothes, sports kit and stationery to provide significant help for the children and teenagers of the communities he visited. Thank you to everyone who donated items at the SJP collection point, everything you gave will make an enormous difference to the children.



COACHING CHILDREN AT THE KINGSBURY MANDIR

Every Saturday we send two of our coaches along Townsend Lane to coach children at the Shree Swaminarayan Mandir where we are supporting children who would most benefit from participating in a sporting activity.

THE VILLAGE SCHOOL

In May eighteen children with disabilities including wheelchair users from the Village school took part in sporting activities on the SJP pitch and in June five children with physical and learning difficulties and five carers commenced a specially designed 1st4Sport Level 1 coaching course at SJP. Everyone passed the course and the children are now assisting with the delivery of activities at the school.



The School caters to those with special educational needs and/or disabilities, many in wheelchairs and is located nearby in Grove Park, Kingsbury and the SJP Foundation with the help of Coaching Xchange is looking to provide help to another 32 children so they too can gain qualifications.



A VISIT TO THE ZOO

On a glorious day in June, courtesy of CAD Brent and ZSL London we took 16 members from our Dementia friendly group to London Zoo.

A good time was had by all, among the animals and some of their new offspring. Some of our group and pictured left.

KEW PALACE & GARDENS

Another fantastic visit for the Foundation's community group. This time to Kew Palace & Gardens and even the wet weather could not spoil our day out. Four of the 12 members attending are pictured right.



THE PATHWAY PROJECT

Changing Lives Forever



This mental health project, a collaboration involving the SJP Foundation, Central & North West London NHS Foundation Trust (a large and diverse organisation, providing health care services for people with a wide range of physical and mental health needs) and Brent Council, has been a resounding success.

Led by the SJP Foundation this project offers support to service users including in-patients at Park Royal Hospital's Centre for Mental Health on their wellness pathways. Through our work we also engage with Community Mental Health services and the Brent Early Intervention service, the local authority (Brent) and the voluntary services to provide a strong support base.



We also fill gaps in aftercare and a culturally sensitive inclusive environment at SJP.

As well as Park Royal and Silver Jubilee Park we use other centre's in Brent for specialised physical activities.

Our support workers visit the mental health centre every weekend and provide enjoyable physical activities for the in-patients. We also make numerous home visits.



Many of the in-patients experience loneliness during and after hospital stays and though the SJP Foundations Thursday sessions at Silver Jubilee Park we have helped address these concerns for some and offer a non-medical, welcome, friendly and stigma free environment and make service users feel valued and heard. Our work at the SJP facility provides an essential support hub, helping participants to overcome feelings of isolation and empowering them to re-engage with their communities and wider society.

The **PATHWAY PROJECT** continued from previous page

Up to the end of 2024 we have had almost 450 referrals to us from various services some of the project's participants have gone on to find employment, others have returned to or started at various universities and other academic institutions to pursue further education.



We always encourage our participants to be involved by helping to deliver an activity, involving their fellow service users. Some also plan courses and activities as well as deliver them.

In June we appointed Amer Hajan as peer co-ordinator to promote service user leadership ensuring that service users influence the development of the programme's at SJP.



Service users are encouraged from an early stage that their input is not only valued but put into action.

This new role also includes recruiting, inducting, supporting and supervising service users and integrate new members into the group and make them feel welcomed. Home visits are made to those who lack confidence to make the first step.



Amongst other support we also provide psychoeducation on mental illness via peer support, including suicide awareness;

Interventions that address the physical health needs of service users suffering from serious mental illness, including physical activity and lifestyle advice;

In-reach work on the wards, working with the bed manager and discharge co-ordinator and we continuously signpost patients to substance use services in consultation with their care co-ordinators.

GET BRENT ACTIVE

Get Brent Active delivers a quality, professional, enjoyable and highly successful multi-generational borough-wide project with programmes designed to increase the numbers of Brent residents taking part in regular physical health activities designed to improve the health of identified disadvantaged Brent residents.

Activities

- Chair Yoga at SJP
- Tai Chi at Barham Dementia Cafe
- Fitness class at John Billam
- Fitness circuit at Fresh Arts
- Yoga St Cuthberts Dementia Cafe
- Brent Mencap Willesden

Attendees across activities since March 2024 is 399

Range of Referrals

Participants have been recommended from the following:

- Ashford place
- Silver Jubilee Park
- GPs
- Brent Mental Health Services
- Friends
- Self-referral
- Dementia Bulletin
- Schools



Get Brent Active is now half-way through its third year during which time our programme of activities has played an important part in the improved wellbeing and mental health of Brent residents and also helped alleviated stress, anxiety and loneliness.

We continue to encouraged and support non-active residents with issues to be more active and to engage with other residents and provide a programme of activities that targets areas of high deprivation and low income at locations that are easily accessible and offer a range of activities – all of which are free.

FINANCIAL SUMMARY

The table below is not the statutory accounts but a summary of key financial information from the Trustees Accounts extracted from the 2023/2024 Statement of Financial Activities and Balance Sheet for the period 01 May 2023 to 30 April 2024.

The full accounts were subject to an external audit by Richman & Co and approved by the Silver Jubilee Park (Charitable) Foundation’s Board of trustees on 15th November 2024.

Mike Harte, Chair of Trustees

01 May 2023 to 30 April 2024	£000s
INCOME	
Central & North West London NHS Foundation (CNWL)	146,400
Wembley Stadium Foundation	15,000
London Borough of Brent	30,000
Others	2,974
Use of facilities	2,515
Interest received	104
Total	196,997
EXPENDITURE	
Charitable activities	73,898
Donations (Grants)	46,600
Total	120,498
RESERVES	
Balance of general funds	164,030
Total	164,030



The
**SILVER JUBILEE PARK
CHARITY FOUNDATION**

info.silverjubileepark@gmail.com

SILVER JUBILEE PARK (CHARITABLE) FOUNDATION

ACCOUNTS FOR THE YEAR ENDED

30 APRIL 2024

SILVER JUBILEE PARK (CHARITABLE) FOUNDATION

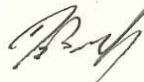
BALANCE SHEET AS AT 30 APRIL 2024

30 April 2023

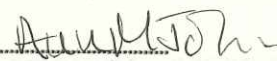
£		£
	<u>CURRENT ASSETS</u>	
341	Debtors (Note 2)	86,191
88,560	Cash at Bank	78,449
<u>88,901</u>		<u>164,640</u>
	<u>DEDUCT: CREDITORS</u>	
1,370	Amounts falling Due Within One Year (Note 3)	610
<u>87,531</u>	<u>NET ASSETS</u>	<u>164,030</u>
	<u>FINANCED BY:</u>	
	<u>RESERVES</u>	
87,531	Profit and Loss Account	164,030
<u>87,531</u>		<u>164,030</u>



M HARTE - TRUSTEE



D BEDFORD - TRUSTEE



ANN JOHN - TRUSTEE

SILVER JUBILEE PARK (CHARITABLE) FOUNDATION
INCOME AND EXPENDITURE ACCOUNT FOR THE
YEAR ENDED 30 APRIL 2024

Year Ended 30 April 2023

£	£		£	£
		<u>INCOME</u>		
		Donations:-		
75,000		Central and North West London NHS Foundation		146,400
-		Wembley Stadium Trust		15,000
35,360		Ashford Place		-
21,280		London Borough of Brent		30,000
350		Others		2,974
131,990				194,374
-		Use of Facilities		2,519
-		Interest Received		104
131,990				196,997
		<u>DEDUCT: EXPENSES</u>		
	125	Sports Equipment	-	
	14,000	Hire of Premises	-	
	275	Insurance	275	
	160	Training Costs	-	
	-	Travel Costs	541	
	181	Printing, Postage, Stationery and Computer Costs	652	
	56,121	Consultancy Charges	71,430	
	230	Promotional Costs	-	
	640	General Expenses	640	
	360	Accountancy Charges	360	
	20,720	Donations	46,600	
92,812				120,498
<u>39,180</u>		<u>SURPLUS FOR THE YEAR</u>		<u>76,499</u>

SILVER JUBILEE PARK (CHARITABLE) FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
30 APRIL 2024

I. ACCOUNTING POLICIES

I.1 ACCOUNTING CONVENTION

These accounts have been prepared under the historical convention.

The Foundation has taken advantage of the exemption in Financial Reporting Standard No.1 from the requirement to produce a cash flow statement on the grounds that it is a small entity.

The accounts have been prepared in accordance with applicable accounting standards and the Co-operative and Community Benefit Societies Act 2014.

I.2 INCOMING RESOURCES

Donations, legacies and other forms of voluntary income are recognised as incoming resources when receivable, except insofar as they are incapable of financial measurement.

I.3 RESOURCES EXPENDED

Liabilities are recognized as resources expended as soon as there is a legal or constructive obligation committing the society to the expenditure. All resources expended are accounted for on an accrual basis and the irrecoverable amount of VAT is included in the expenses to which it relates.

2. DEBTORS

	<u>30 April 2024</u>	<u>30 April 2023</u>
	£	£
Amount owed by KTMC	241	341
Donations Receivable	85,950	-
	<u>86,191</u>	<u>341</u>
	=====	=====

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	<u>30 April 2024</u>	<u>30 April 2023</u>
	£	£
Accrued Expenses	610	1,370
	<u>610</u>	<u>1,370</u>
	=====	=====

SILVER JUBILEE PARK (CHARITABLE) FOUNDATION

ACCOUNTS FOR THE YEAR ENDED

30 APRIL 2024

SILVER JUBILEE PARK (CHARITABLE) FOUNDATION

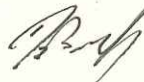
BALANCE SHEET AS AT 30 APRIL 2024

30 April 2023

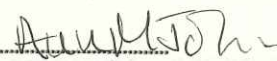
£		£
	<u>CURRENT ASSETS</u>	
341	Debtors (Note 2)	86,191
88,560	Cash at Bank	78,449
<u>88,901</u>		<u>164,640</u>
	<u>DEDUCT: CREDITORS</u>	
1,370	Amounts falling Due Within One Year (Note 3)	610
<u>87,531</u>	<u>NET ASSETS</u>	<u>164,030</u>
	<u>FINANCED BY:</u>	
	<u>RESERVES</u>	
87,531	Profit and Loss Account	164,030
<u>87,531</u>		<u>164,030</u>



M HARTE - TRUSTEE



D BEDFORD - TRUSTEE



ANN JOHN - TRUSTEE

SILVER JUBILEE PARK (CHARITABLE) FOUNDATION
INCOME AND EXPENDITURE ACCOUNT FOR THE
YEAR ENDED 30 APRIL 2024

Year Ended 30 April 2023

£	£		£	£
		<u>INCOME</u>		
		Donations:-		
75,000		Central and North West London NHS Foundation		146,400
-		Wembley Stadium Trust		15,000
35,360		Ashford Place		-
21,280		London Borough of Brent		30,000
350		Others		2,974
131,990				194,374
-		Use of Facilities		2,519
-		Interest Received		104
131,990				196,997
		<u>DEDUCT: EXPENSES</u>		
	125	Sports Equipment	-	
	14,000	Hire of Premises	-	
	275	Insurance	275	
	160	Training Costs	-	
	-	Travel Costs	541	
	181	Printing, Postage, Stationery and Computer Costs	652	
	56,121	Consultancy Charges	71,430	
	230	Promotional Costs	-	
	640	General Expenses	640	
	360	Accountancy Charges	360	
	20,720	Donations	46,600	
92,812				120,498
<u>39,180</u>		<u>SURPLUS FOR THE YEAR</u>		<u>76,499</u>

SILVER JUBILEE PARK (CHARITABLE) FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED
30 APRIL 2024

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