



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	07	2022		30	06	2023

Section A

Reference and administration details

Charity name Swaffham and District Lions Club (CIO)

Other names charity is known by

Registered charity number (if any) 1193924

Charity's principal address c/o 6 Wolferton Drive

Swaffham

Norfolk

Postcode

PE37 7RZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Merchant	President		
2	Peter Young	Secretary		
3	Adrian Adcock	Treasurer		
4	Nicolas Ashford			
5	Rodney Goddard			
6	Anthony Lakey			
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15				
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17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO Association Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Volunteer Vetting and Voting

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The club is part of Lions Clubs International which has in excess of 1.4 million members across over 200 countries. Within the structure of our CIO we have a branch club known as Swaffham Lioness Lions Branch Club. It has its own officers one of whom is a member of the parent Lions Club and acts as liaison between the branch and the main club.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the club are such purposes as are exclusively charitable in England & Wales, including in particular:

- 1) The advancement of citizenship
- 2) Promoting the voluntary sector for the public benefit by associating with local authorities in a common effort to advance education and provide facilities in the interests of social welfare for recreation or other leisure time occupation to improve the conditions of life of people in local, national and international communities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- 3) Promoting volunteering
- 4) The relief of poverty and the relief of those in need in particular by providing humanitarian aid and disaster relief.
- 5) The advancement of health or the saving of lives by preventing avoidable blindness, assisting disabled people to lead independent lives or helping to prevent or manage health issues.
- 6) Promoting for the benefit of the public the conservation protection and improvement of the physical and natural environment
- 7) Promoting community participation in healthy recreation.

- 1) Citizenship: We have sponsored local student who will be attending World Scout Jamboree during 2023. We also helped to get a new playgroup off the ground at a local church by donating towards the purchase of equipment and also helped a local family raising monies for a life changing operation for their son the cost of which could not be funded by the NHS. On behalf of the Wayland Show Committee, we manned the pay booths for its annual show, also promoting "Guardian Angel" wrist bands to parents attending with young children.
- 2) We have continued to enjoy good relationship with local authorities, other agencies including the Icen Partnership and other charitable organisations. We worked with Meadow House with their fundraising and were able to donate £500 to them and in particular their wonderful work with MS patients.
- 3) Promoting Volunteering: The club has promoted volunteering at fundraising events and also by holding a promotional/information morning on Swaffham Market Place in March 2023
- 4) Relief of Poverty: The club continues to be heavily involved with the work of Mid Norfolk Foodbank. Every Monday, members of our club transport donations of food from local supermarkets and churches from Swaffham to Dereham for sorting returning with boxes of food for singles, couple and families for distribution by the staff at the Mid Norfolk Foodbank outlet in Swaffham to those in need in the town and the surrounding villages. We have also been involved with In store collections for the Mid Norfolk Foodbank at our local Tesco Branch. Both our Lions and Lioness Ladies organised fundraising events for the Children In Need Appeal raising £916 between them. Fundraising events have also been arranged for the Magic Breakfast Charity which provides breakfasts for school children where families, due to a variety of reasons are unable to feed their offspring prior to school.
- 5) Advancement of Health: Lions "Message in a Bottle" has been promoted at various events and again we have organised events to publicise Diabetes and Sight Issues. We have continued to collect used spectacles from local surgeries and opticians with around 3000 pairs being delivered by us to the Lions Club of Chichester for grading and sorting for eventual use in Third World Countries. We have also supported Macmillan, Guide Dogs, Muscular Dystrophy and Children versus Cancer with donations.
- 6) Environment – Again our Lioness Ladies Branch Club have been involved with litter collection during the year.
- 7) Promoting Community Participation in healthy recreation: We organised Pancake day races for the local Primary and Junior Schools in our town

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Achievements and performance

- a) Over 3000 pairs of spectacles collected from local surgeries , opticians and local Tesco forwarded to Chichester Lions for sorting and transmission to a French company where they are graded and forwarded to Third World Countries.
- b) Approximately £1000 raised by raffling off Easter Eggs in local pubs and clubs – 22 eggs in all were raffled. Pictured below are part of the team responsible for decorating the baskets.



- c) Our Lioness Lions Branch club raised £2109 from fundraising events enabling them to make donations as follow : Macmillan £325, Children In Need £375, Guide dogs £120, Muscular Dystrophy £250, Magic Breakfast £387, (from Sponsored walk – members ready for the off are pictured below), Young Lives versus Cancer £367. Other donations were Poppy Appeal £50, Lions Clubs International Foundation £100 and £250 to a local family to help pay for a life changing Operation for their son that the NHS were not able to fund, this being in addition to a donation of £750 from the Lions Club who also raised £541 for Children in Need.



- d) On an annual basis , we organise a Xmas Party for Senior Citizens - the 2022 event was attended by over 80 Senior Citizens – the event was held at the Nicholas Hamond Academy in Swaffham who supported us by providing the School hall free of charge and their Catering staff.

Achievements and performance

- e) We held our annual Xmas Collections at our local Tesco and Waitrose raising £1020 for Lions Charities
- f) We held a Diabetes Awareness day at our local Tesco combining this with collection for Children In Need



- g) As well as providing transport for the Mid Norfolk Foodbank (as mentioned earlier in the report) we also helped with collections for them at Tesco. We also assisted Tesco with their own Foodbank collections held nationally in all stores in November/December
- h) We supported the Royal British Legion Poppy Appeal with donations as well as manning their stall at Tesco for 2 days during the appeal.
- i) We received the sum of £750 from the Wayland Show Committee for manning the pay booths at its yearly show and for providing Guardian Angel wrist bands for young children.

Achievements and performance

Brief statement of the charity's policy on reserves

No actual reserves are held. Our events etc are organised taking into account what funds are available at the time to fund any expenditure that needs paying up front.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of income is our own fundraising
No actual investment policy – funds raised are either for a specific purpose or for nominated beneficiaries. We do not hold large credit balances.

Section F

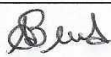
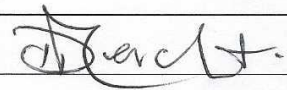
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ADRIAN BRUCE ADCOCK	DAVID IAN MERCHANT
Position (eg Secretary, Chair, etc)	TREASURER	PRESIDENT
Date	11/9/23	



Receipts and payments accounts

For the period from	Period start date 01/07/2022	To	Period end date 30/06/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Members Subscriptions 22-23	-	1,150	-	1,150	1,759
Chanters Jigge receipts	-	30	-	30	-
Tail Twisting Club Meetings	-	177	-	177	123
Raffles Club Meetings	-	253	-	253	120
Donation for help -Wayland Show	750	-	-	750	-
Gift Aid	561	-	-	561	1,036
Changeover Dinner	-	510	-	510	-
Donations	395	-	-	395	1,979
Xmas Party Income	2	1,478	-	1,480	1,593
Bank Charges refund	-	8	-	8	-
Subscriptions in advance 23-24	-	60	-	60	80
Fundraising	2,112	3,015	-	5,127	6,518
Recycled Ink Cartridges	-	-	-	-	31
per Swaffham Lioness Club	-	-	-	-	1,701
per barclays accounts	-	-	-	-	1,524
	-	-	-	-	-
Sub total (Gross income for AR)	3,820	6,681	-	10,501	16,464
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,820	6,681	-	10,501	16,464
A3 Payments					
Chanters Jigge Refund	-	30	-	30	-
Changeover Costs	20	510	-	530	-
Lioness Lions Presidents Allowance	150	-	-	150	-
Insurances	78	-	-	78	44
Leaflets re Diabetes Awareness	14	-	-	14	-
Xmas Party Costs	-	1,478	-	1,478	1,492
Almoners Expenses	16	-	-	16	10
Breckland Council Lottery Licence	20	-	-	20	20
Information Commissioners Office	35	-	-	35	35
Chanters Jigge Cancellation Fee	75	-	-	75	-
Seniors Xmas Party Expenses	289	-	-	289	416
Fundraising Expenses	374	-	-	374	475
Bank charges	113	-	-	113	76
Donations	2,423	3,015	-	5,438	6,741
Lions International Dues	717	1,150	-	1,867	1,855
Foodbank Mileage Expenses	91	-	-	91	-
Room Hire	32	430	-	462	308
club regalia expenses	48	-	-	48	-
Social Swaffham Fee	-	-	-	-	10
Sub total	4,495	6,613	-	11,108	11,482
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,495	6,613	-	11,108	11,482

<i>Net of receipts/(payments)</i>	- 675	68	-	- 607	4,982
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,362	1,620	-	4,982	4,982
<i>Cash funds this year end</i>	2,687	1,688	-	4,375	4,375

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		4,307	68	-
		-	-	-
		-	-	-
	Total cash funds	4,307	68	-
	(Signed by one or two trustees on behalf of all the trustees)			

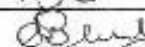
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	PETER YOUNG	1/9/23
	ADRIAN ADCOCK	1/9/23