

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	Jan	2024		31	Dec

Section A Reference and administration details

Charity name	Association for Psychoanalytic Psychotherapy in the Public Sector		
Other names charity is known by	APPPS		
Registered charity number (if any)	1193815		
Charity's principal address	c/o Albany Trust		
	239A Balham High Road		
	London		
	Postcode	SW17 7BE	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jeremy Clarke	Chair		
2	Anthony Burch	Treasurer, Secretary		
3	Andrew Soutter			
4	Mary Burd			
5	David O'Driscoll			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected by AGM (Trustee Board may co-opt)

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The trustee board is the governing body, although much of the work is done by the Journal editorial team and the Special Interest Group sub-committees. The latter put on educational events. The primary care committee continues to hold regular seminars. The older adults committee has been relaunched and events were planned for 2025.

We are a Member Institution of the BPC, and a member of the European Federation of public sector psychoanalytic organisations.

The major risk is time that busy clinicians have to give to volunteer for the charity. As a small organisation we are looking to collaborate with other similar organisations.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance education in the field of psychoanalytic psychotherapy in the NHS, public and voluntary sectors

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

1. Publish the Journal 'Psychoanalytic Psychotherapy': Four issues per year
2. Hold educational events: One annual lecture, two primary care group seminars
3. Promote higher standards of training through membership of the British Psychoanalytic Council

Trustees have had regard to the guidance issued by the Charity Commission on public benefit

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We have made no grants this year.

We have explored training options for our members with the British Psychoanalytic Council

Apart from Office functions and Journal Editors, all the other activities are performed by volunteers. Most of this work is in planning, organising and holding educational events, plus the Trustee Board.

Summary of the main achievements of the charity during the year

1. Journal 'Psychoanalytic Psychotherapy' ISSN 0266-8734:
4 regular issues.
2. Educational events:
Annual Lecture: Psychoanalytic Psychotherapy with Somatic and Long Term Conditions
Primary Care Group seminars:
Intercultural Considerations in Therapy and Supervision, Dynamic Interpersonal Therapy (DIT) in Primary Care
3. British Psychoanalytic Council (BPC). Having previously developed a pathway for members to Register with the BPC, we have been exploring training options for members, in addition to existing training schemes and pathways

Section E Financial review

Brief statement of the charity's policy on reserves

We currently hold substantial cash reserves. We intend to review these in 2026

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Most of our income is from membership subscriptions. Although we receive royalties and editorial subsidies from the publisher, this income does not match our publication and editorial costs of the Journal.

We outsource office functions, which includes IT support for maintaining the website etc. There are no employees.

We pay for the publication of the Journal and the associated editorial costs (see above). Although we aim to break even on our educational events, this was not the case in 2024.

We paid for consultancy in developing our work with the BPC

We made a surplus of £4643 in the year

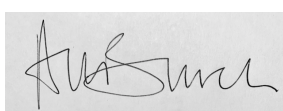
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

A M Burch

Position (eg Secretary, Chair, etc)

Treasurer and Secretary

Date

29/10/2025



Receipts and payments accounts

CC16a

For the period
from

01/01/2024

To

31/12/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Subscription	18,468	-	-	18,468	20,260
Journal Royalties	6,780	-	-	6,780	6,244
Journal Editorial	5,300	-	-	5,300	5,300
Events	-	-	-	-	435
Other	-	-	-	-	133
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	30,548	-	-	30,548	32,372
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	30,548	-	-	30,548	32,372
A3 Payments					
Journal Publication	5,276	-	-	5,276	5,260
Journal Editorial	8,550	-	-	8,550	12,150
Office	6,134	-	-	6,134	7,274
Web, IT	300	-	-	300	186
Memberships	1,893	-	-	1,893	1,883
Development	3,317	-	-	3,317	-
Bank	30	-	-	30	51
Other	405	-	-	405	-
Events	-	-	-	-	1,949
Sub total	25,905	-	-	25,905	28,753
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	25,905	-	-	25,905	28,753
Net of receipts/(payments)	4,643	-	-	4,643	3,619
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	93,351	-	-	93,351	89,732
Cash funds this year end	97,994	-	-	97,994	93,351

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	97,994	-	-
CCXX R1 accounts (SS)		OK	OK	OK
(agree balances with receipts and payments account(s))				

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Details			
	APP Education Trust Loan	16000	-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A M Burch	29/10/2025

Independent examiner's report to the trustees of the Association for Psychoanalytic Psychotherapy in the Public Sector, a charitable incorporated organisation

I report to the trustees on my examination of the accounts of the Association for Psychoanalytic Psychotherapy in the Public Sector, (the Trust) for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Juliet Pedrazas, ACA

Member of the Institute of Chartered Accountants of England and Wales.

Address: 2 Dragonfly Way, Hawkinge, Kent, CT18 7FY.

Date: 29 October 2025