

Activate Sports Ministry

Report and Accounts for the period
1 January to 31st December 2022

Accounts for Activate Sports Ministry for the period from 1st January to 31 December 2022

Registered charity number: 1193781

Report of the trustees

The Trustees present their report together with the financial statements of the charity for the period from 1st January 2022 to 31st December 2022.

These financial statements comply with the Charities Act 2011, the Articles of Association, and Accounting and Reporting by Charities Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS102) (Charities SDRP (FRS102) and the Charities Act 2011).

REFERENCE AND ADMINISTRATIVE INFORMATION

Officers for the period:

Rev Joe Moffatt (Chair to 12th July 2022) (Resigned trusteeship 12th July 2022)
Anne O'Neil (Chair from 12th July 2022)
Garth Watkins (Vice-Chair)
Sarah Gough (Treasurer to 3rd May 2022) (Resigned trusteeship 3rd May 2022)
James Kavanagh (Treasurer from 3rd May 2022) (Appointed trustee 3rd May 2022)
Mark Balcar
The Ven Richard Frank
The Rev John Gleghorn
The Rev Alex Munro
The Rev Tim Garrett (ex-officio as Area Dean of Hampton)
The Rev Chris Kennedy (ex-officio)

Registered office:

St Peter and St Paul's Church Office
Bychurch End
Teddington
TW11 8PS

Bank

CAF Bank
25 Kings Hill Avenue
West Malling
Kent
ME19 4JQ

STRUCTURE, GOVERNANCE AND MANAGEMENT

Activate Sports Ministry is a Charitable Incorporated Organisation governed by its Foundation document dated 11 March 2021.

Charity trustees

There are at least seven and no more than eleven charity trustees. Up to two are ex officio trustees, being the Pioneer Sports Minister appointed to Activate Sports Ministry and either the Area Dean or the Lay Vice-Chair of the Deanery of Hampton.

There are up to seven nominated trustees. One trustee to represent the Diocese of London, one to represent the episcopal area of Kensington, one to represent ecumenical relations, to be nominated by Churches Together in Teddington; and up to four trustees nominated by the Deanery of Hampton.

In addition, up to two trustees can be co-opted to represent a neighbouring Deanery and one to represent a local sports or activity body, group or organisation.

Apart from the first charity trustees, every appointed trustee is appointed for a term of three years. In selecting individuals for appointment as appointed charity trustees, the charity trustees have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Public Benefit

The Trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding the activities undertaken by the Charity in the period. The Trustees are satisfied that the information provided in the report and accounts meets the public benefit reporting requirements.

OBJECTIVES AND ACTIVITIES

OBJECTIVES:

Objectives – Activate's objectives are to promote the Christian faith, and support wellbeing for all, encouraging more activity and greater inclusion. We aim to connect communities, build partnerships, share resources, and strengthen community bonds. We hope to enable faith 'where you are', helping people to grow fitter physically, mentally and spiritually.

We seek to engage with all ages, abilities, and people, to create fun, friendly activity with a community focused approach to help people get or maintain being active, whilst creating local relationships that encourage inclusion and support.

During 2022 we have been running activities, focusing on three key areas – Wellbeing Hubs, Sport Church and Youth. Each area focus has a range of physical activity options, from light exercise to high-energy sports such as football and dance. Each also offers the opportunity for connection with a church or faith group as well as support with personal physical or emotional issues or difficulties which stem out of social crisis.

ACHIEVEMENTS AND PERFORMANCE

Wellbeing Hubs:

- Twice monthly Bereavement café attended by 6-8.
- Twice monthly Memory café attended by 8-12.
- Weekly Community Café attended by around 40.
- Warm Spaces provision at all our cafes.
- Christmas lunch provision for 90 in association with churches for those lonely or isolated.

Sport Church:

- Active! Church from May 2022. A late Sunday afternoon sport session for young families combined with a short service and a meal. Attended by 8-12.
- Soup & Stretch. A Communion service followed by a mobility class for the elderly and community lunch. Attended by 12-15.

Youth

- Twice weekly 'Mindful Ninja' sessions combining martial arts with anxiety management for young people struggling at junior school – attended by 8 young people per session.
- Weekly 3-a-side football sessions on a local estate, giving young people a safe place to play.
- Food parcel deliveries during the school Summer and Christmas holidays to 80 families in need.

FINANCIAL REVIEW

The Trustees have prepared accounts for Activate Sports Ministry in accordance with the requirements of the SORP of best accounting practice.

Until Activate Sports Ministry was registered with the Charity Commission on 11th March 2021, two Teddington churches - St Marys with St Albans (SMwSA) and St Peter and St Paul (SPSP) - enabled the activities of the charity by managing a restricted fund for income and expenditure relating to the Activate project. An Appendix is included which includes this financial information to indicate the full extent of Activate's financial transactions 2020-2022. The trustees are grateful for this support.

Review of the period

Activate Sports Ministry received income of £31,154 (2021: £44,931)** of which £2,000 was restricted fund income. Expenditure was £39,209 leaving a net deficit of £8,056. Of this a deficit of £15,772 was held on restricted funds and £7,717 in general funds.

***Incorporating the funds processed via SMwSA and SPSP the income received for projects undertaken by Activate Sports Ministry in 2021 was £52,092 (2020: £15,800). For a Statement of Financial Activities 2020-2022, see Appendix 1.*

Income and Expenditure

Activate Sports Ministry relies on donations from grant making trusts, local churches, the Diocese of London and individuals. In 2022 the majority of income has been from grant making trusts including The Joseph Rank Trust, The National Lottery Fund, Hampton Wick United Charity, Places Called Home, One Richmond, and the London Borough of Richmond upon Thames.

Fundraising was undertaken voluntarily by the trustees so there were no costs attributed to this work.

Expenditure was on staff, direct activity costs and indirect costs which enable the charitable activities to take place. Activate employed a permanent part time Operations Manager, contracted one fixed term youth project leader, and one 'PAIS' youth intern during 2022.

The trustees are grateful to the Diocese of London for providing the Pioneer Sports Minister to enable this project.

Reserves policy and balance sheet

The charity does not intend to accumulate significant reserves, but the trustees aim to keep 3 months programme expenditure in reserve to ensure that funding can continue reliably without interrupting delivery whilst fundraising continues in the UK.

Monthly general fund running costs of the programme in 2023 are forecast at £3,200. The general fund held cash assets of £17,213 at the year-end.

The trustees believe the charity to be a going concern as of the date of signing as a new strategy is being created which will deliver ministry within the funds available.

PLANS FOR FUTURE PERIODS

For 2023, our focus was on 3 key areas: Wellbeing Hubs, Sport Church and Youth. We plan to run further activities in each area alongside those already in place.

Sport Church:

- Launch of Activate Fit Church. An early Sunday morning service, starting with exercise, followed by family worship, ending with Pilates.
- Offer midday prayer / Communion on more days.

Wellbeing Hubs:

- Partner with GP's and Social Prescribers and volunteers from 5 church mum's and toddler's groups to create a referral pathway for parents with postnatal depression.
- Partner with a local charity to establish a nutrition and exercise programme for people struggling with weight, relationships with eating, as well as lack of activity.

Youth:

- Extend the current Mindful Ninja programme into a second school.
- Work with 3 local primary schools to offer girls' football and cricket, mentoring and dance.
- Aid 2 local schools to rejuvenate their sporting facilities and open them to the community.

The Trustees approved the trustees' report above on

Signed on behalf of the Trustees

Statement of Financial Activities for the year ended 31st December 2022

	2022			11 March – 31 December 2021		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
	£	£	£			
Income						
Donations and legacies	27,766	2,000	29,766	24,265	20,180	44,445
Income from charitable activities	1,374	-	1,374	486	0	486
Investment income	15		15	-	-	-
Total income	29,154	2,000	31,154	24,751	20,180	44,931
Expenditure						
Charitable activities	21,437	17,772	39,209	14,847	4,257	19,104
Activities for raising funds			-			
Governance costs			-			
Total expenditure	21,437	17,772	39,209	14,847	4,257	19,104
Net income / (expenditure)	7,717	(15,772)	(8,056)	9,904	15,923	25,827
Gross transfers between funds			0	-	-	-
Net movement in funds	7,717	(15,772)	(8,056)	9,904	15,923	25,827
Reconciliation between funds						
Total funds brought forward	9,904	15,923	25,827	-	-	-
Total funds carried forward	17,621	151	17,772	9,904	15,923	25,827

The statement of financial activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

Balance Sheet as at 31st December 2022

		<u>2022</u>		<u>2021</u>	
	Notes	£	£	£	£
Tangible Fixed assets	1		509		1,019
Current assets					
Debtors and accrued income	2	-		84	
Cash at bank and in hand		17,263		24,974	
		17,263		25,058	
Creditors: falling due within one year	3	-		(250)	
Net current assets			17,263		24,808
Net assets less current liabilities			17,772		25,827
Net assets			17,772		25,827
Reserves					
Unrestricted funds:					
General fund		17,621		9,904	
Restricted funds		151		15,923	
			17,772		25,827
			17,772		25,827

The accounts have been prepared in accordance with the Financial Reporting Standard 102.

These accounts were approved by the trustees on and were signed on its behalf by

Trustee: Date.....

Notes to the accounts of Activate Sports Ministry for year to 31st December 2022

1 Accounting policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the charity's accounts.

Basis of preparation

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to the accounts. The accounts have been prepared in accordance with the Statement of Recommended Accounting Practice FRS 102 and with the Charities Act 2011.

Incoming resources

The accounts are prepared on the accrual's basis of accounting: income is recognised when receivable, except for donations of all kinds that are recognised when received; income tax recoverable is recognised at the same time as the donation. Funds generated through sales of merchandise are accounted for gross. Grants and donations are accounted for when paid over, or when awarded, if that award creates a binding obligation on the charity. Legacies are only recognised when received.

Resources expended

'Resources expended' has a wider meaning than 'expenditure': it excludes the costs of fixed assets that are capitalised but includes their subsequent depreciation on the basis set out below. The categories as defined by the SORP 2006 are:

- Costs of generating funds are those costs incurred in fundraising.
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes all costs that can be allocated directly to such charitable activities.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees.

Funds

Unrestricted funds represent funds that are not subject to any restrictions regarding their use and are available for application on the general purposes of the charity. Restricted funds are funds donated with restrictions as to their use.

Fixed assets and depreciation

Items of plant and equipment are capitalised where the acquisition value exceeds £1,000. Depreciation rates used are:

IT equipment: 3 years straight line

Notes to the accounts of Activate Sports Ministry for the period 1st January 2022 to 31st December 2022 (continued)

1 Fixed assets		
Cost	2022	2021
Brought forward 1 January 2022	1,528	1,528
Additions	0	0
Carried forward 31 December 2022	1,528	1,528
Depreciation		
Brought forward 1 January 2022	509	0
Charge	509	509
Carried forward 31 December 2022	1,018	509
Net book value		
As at 31 December 2021		1,019
As at 31 December 2022	510	
2 Debtors	2022	2021
	£	£
Prepayments and accrued income	-	84
	-	84
3 Creditors due within one year	2022	2021
	£	£
Accounts payable	-	-
Accruals		250
	-	250

4 Staff numbers and costs

St Peter's West Molesey was reimbursed for the costs of employing a PAIS intern on Activate's behalf.

5 Related party disclosures

No trustees have been paid any remuneration or received any benefits from their association with the charity.

6 Commitments

There are no payments due under non-cancellable operating leases expiring within two to five years.

7 Restricted funds				
	Balance brought forward at 1 January 2022	Income	Expenditure	Balance carried forward at 31 December 2022
2022		£	£	£
Unrestricted funds				
General funds	9,904	29,154	(21,437)	7,717
Restricted funds for				
- Hampton Wick United Charity for equipment	881			
- The National Lottery for digital equipment	25			
- The National Lottery for youth worker	9,874			
- LBRUT for community youth worker	3,600			
- One Richmond for youth mindfulness wellbeing programme	1,543			
Total restricted funds	15,923	2,000	(17,772)	151
	15,923	2,000	(17,772)	151

	Income	Expenditure	Balance carried forward at 31 December 2021
2021	£	£	£
Unrestricted funds	24,751	(14,847)	9,904
General funds			
Restricted funds for			
- Hampton Wick United Charity for equipment	881		881
- The National Lottery for digital equipment	825	(800)	25
- The National Lottery for youth worker	9,874		9,874
- LBRUT for community youth worker	3,600		3,600
- One Richmond for youth mindfulness wellbeing programme	5,000	(3,457)	1,543
Total restricted funds	20,180	(4,257)	15,923
	44,931	(19,104)	25,827

9 Net assets by fund	Restricted funds	Unrestricted funds	Total
	£	£	£
Fixed assets		509	509
Debtors		0	0
Bank and cash	151	17,112	17,263
Creditors	0		0
	151	17,621	17,772