

BETTER WAY RECOVERY

Registered Charity No. 1193773

**TRUSTEES' ANNUAL REPORT
and
FINANCIAL STATEMENTS**

for the period 1 October 2022 to 31 October 2023

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**BETTER WAY RECOVERY
TRUSTEES' REPORT
for the period 1 October 2022 to 31 October 2023**

REFERENCE AND ADMINISTRATION DETAILS

Organisational Name: Better Way Recovery

Registered Charity Number: 1193773

Charity's Principal Address:

10 Peregrine Way
Heath Hayes
Cannock
Staffordshire
WS11 7JX

Trustees serving during the period:

Jane Smith
Kathleen Griffith
Danielle Byatt
Hannah Leyshon (to 28/03/2023)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document: Better Way Recovery is a Charitable Incorporated Organisation governed by a Constitution.

Trustee selection methods: Apart from the founding Trustees, each Trustee is appointed for a period of 3 years. New Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the charity.

Other Trustee information: The charity has a Trustee Code of Conduct and Trustee Indemnity Insurance.

OBJECTIVES AND ACTIVITIES

Objects of the Charity:

- a) the development of a safe community space for service users to access information and services.
- b) the provision of mentoring and peer to peer support.
- c) providing services in collaboration with local community organisations which are concerned with the rehabilitation of those suffering from addiction.
- d) raising awareness of the public on the effects of drug and alcohol addiction.

Main activities undertaken during the period for public benefit:

- a) in carrying out these activities, the Trustees have had due regard to the relevant public benefit guidance.
- b) providing a place of safety for service users in Lichfield.
- c) facilitating 11 lived experience support groups per week in Lichfield and 5 in Tamworth.
- d) offering a drop-in service 6 days per week in Lichfield and 4 days per week in Tamworth.
- e) delivering outreach work in the community alongside other agencies.
- f) delivering drug awareness talks in schools and community groups.

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- g) working with local drugs and alcohol services to provide an effective service to recovery seekers.
- h) holding 2 family support groups per week in Lichfield.
- i) providing 5.5 days per week telephone support to service users.
- j) increased multi-agency working including police, probation, mental health, job centres and addiction agencies.

Achievements during the period:

- a) received funding from Lichfield Locality Fund for part-time recovery co-ordinators and marketing materials
- b) secured 3 years funding from National Lottery Community Fund for staffing and running costs.
- c) held an annual sleepout to raise awareness for a 3rd year.
- e) self-referrals to the Lichfield centre reached over 500.
- f) delivered drugs awareness talks in 6 local schools.
- g) received funding from Tamworth Council for an outreach worker for The Homeless Hub.
- h) received funding from Public Health via Humankind STARS for an office manager, part-time recovery co-ordinators and running costs.
- i) increased service provision in Tamworth to 4 days per week.
- j) supported 20 service users into rehabilitation centres.
- k) 10 former service users became volunteers and 2 former service users have been employed.

Financial Review:

Total income for the year was £151,649, of which £74,379 was funding from The National Lottery Community Fund RC Midlands Region Project ID 20207064, and £60,552 from other grant funders.

Total expenditure was £123,027 of which £116,775 related to restricted funds and £6,252 to general unrestricted funds.

Funds carried forward were £59,386, of which £29,827 were restricted.

Reserves Policy

As a newly-formed charity, the Trustees consider that reserves of at least 6 months operational expenditure should be held in order to cover future unforeseen expenditure or a shortfall in future income. The Trustees will continue to review the level of reserves in line with this policy as the work develops.

Signed on behalf of the Trustees:

J Smith

Trustee

Date: 23/05/2024

**REPORT OF THE INDEPENDENT EXAMINER
ON THE ACCOUNTS OF BETTER WAY RECOVERY
for the period 1 October 2022 to 31 October 2023**

I report to the members on my examination of the accounts of Better Way Recovery (the Organisation) for the year ended 30 September 2023.

The Trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts do not accord with the accounting records; or

the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Elizabeth M Ridler
C/o Better Way Recovery Registered Office
10, Peregrine Way
Heath Hayes
Cannock
WS11 7JX

E Ridler

Date: 23/05/2024

BETTER WAY RECOVERY
Statement of Financial Activities
(including Income and Expenditure Account)
for the period 1 October 2022 to 31 October 2023

Notes	period ended 31 October 2023			2022
	£	£	£	£
	Unrestricted Funds	Restricted Funds	Total	
Income from				
2.1	Donations and Legacies			
	Donations	9,220	9,220	3,040
8	Charitable Activities			
	Grants receivable:			
	NLCF RC Midlands region			
	Project ID 20207064	0	74,379	74,379
	NLCF RC Midlands region			
	Project ID 20197183	0	0	0
6	Other Grant Funding	0	60,552	60,552
	Fundraising Activities	2,864	2,864	2,670
8	Sponsored Events	4,454	100	4,554
	Investments			
	Bank Interest	80	0	80
Total Income		16,618	135,031	151,649
3.1 Expenditure				
	Fundraising Expenditure	285	100	385
8	Charitable Activities	4,662	114,834	119,496
	Other Charitable Expenditure			
	Insurance	0	1,488	1,488
	Bank Charges	5	60	65
	Sundries	1,300	293	1,593
9	Total Expenditure	6,252	116,775	123,027
	Net Income/(expenditure)	10,366	18,256	28,622
	Funds brought forward	19,193	11,571	30,764
5.1 and 8	FUNDS CARRIED FORWARD	29,559	29,827	59,386

The Statement of Financial Activities includes all gains and losses in the year, which derive from continuing activities.

The notes on pages 6 to 9 form part of these financial statements.

BETTER WAY RECOVERY
Balance Sheet
at 31 October 2023

Notes	period ended 31 October 2023	2022
	£	£
Current Assets		
6 Debtors	9,160	9,381
Cash at bank and in hand	50,226	21,383
	<u>59,386</u>	<u>30,764</u>
Current Liabilities		
Creditors falling due within 1 year	0	0
Net Current Assets	<u>59,386</u>	<u>30,764</u>
The Funds of the Charity		
5.1 Unrestricted Funds	29,559	19,193
8 Restricted Funds:	29,827	11,571
Total Funds at 31 October 2023	<u>59,386</u>	<u>30,764</u>

The notes on pages 6 to 9 form part of these financial statements.

The Financial Statements were approved by the Trustees on 17 April 2024
and were signed on its behalf by:

Trustee K Griffith

Trustee J Smith

Date: 23 May 2024

BETTER WAY RECOVERY
NOTES TO THE ACCOUNTS
for the period 1 October 2022 to 31 October 2023

1.1 Basis of Preparation of Accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:
the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, and with FRS 102 - The Financial Reporting Standard Applicable in the UK and Republic of Ireland January 2022, and with the Charities Act 2011.

1.2 Going Concern Basis

There are no material uncertainties related to events or conditions that cast significant doubt on the organisation's ability to continue as a going concern.

2.1 Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:
the charity becomes entitled to the resources;
and when it is probable that the economic benefits will flow to the charity;
and the monetary value can be measured with sufficient reliability.

3.1 Recognition of liabilities and expenditure

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the organisation to pay out resources;
and when it is probable that a transfer of economic benefits will be required in settlement;
and the amount of the obligation can be measured with reasonable certainty.

3.2 Provisions for liabilities (Accruals)

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

4.1 Debtors

Debtors are measured at the cash or other consideration expected to be received.

5.1 Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the organisation.
Restricted funds are funds subject to specific restrictions imposed by the donor, and are not available for other organisational purposes.

BETTER WAY RECOVERY
NOTES TO THE ACCOUNTS
for the period 1 October 2022 to 31 October 2023

6 Debtors and Prepayments

	period ended 31 October 2023	2022
Grant Receivable	9,160	9,381
Prepayments	0	0
	<u>9,160</u>	<u>9,381</u>

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Employees

Salaries	74,067	30,998
Social Security (net of Employers' NIC Allowance)	0	0
Pension contributions	2,193	1,060
Other employment costs	4,811	0
	<u>81,071</u>	<u>32,058</u>
Average Employees during the year :		
Employees FTE	<u>3</u>	<u>3</u>

8 Movements in Restricted Funds

	Opening Balance	Income	Expenditure	Closing Balance
Sponsored Walk	408	0	408	0
TNLCF: 20207064	1,982	74,379	57,246	19,115
TNLCF: 20197183	606	0	606	0
Lichfield DC- Locality Deal Fund	0	7,744	6,678	1,066
Tamworth DC - Locality Deal Fund	8,477	10,000	11,159	7,318
Public Health funding	0	40,250	40,250	0
Citizen Advice Mid Mercia	0	2,558	328	2,230
Support Staffordshire	98	0	0	98
Sponsored Events	0	100	100	0
Total	<u>11,571</u>	<u>135,031</u>	<u>116,775</u>	<u>29,827</u>

The sponsored walk raised funds towards the rental of a building.

TNCLF: 20207064 funded centre costs including employment of workers and building rental.

TNCLF: 20197183 funded salaries of part-time recovery co-ordinators.

Lichfield DC Locality Deal Fund funded part-time recovery co-ordinators and marketing materials.

Tamworth DC Locality Deal Fund funded Tamworth Centre costs including Manager Salary rental costs, volunteer expenses and running costs.

Citizens Advice Mid Mercia funded an outreach worker for the Homeless Hub.

Public Health funding through Humankind STARS for an office manager, part time recovery co-ordinators and running costs.

Support Staffordshire funded purchases of PPE to maintain in-person meetings during the pandemic.

This fund will be utilised during the 2023/24 financial year.

BETTER WAY RECOVERY
NOTES TO THE ACCOUNTS
for the period 1 October 2022 to 31 October 2023

9 Analysis of Expenditure

	Unrestricted	Restricted	Total
Employment Costs	3095	77976	81071
Volunteer Expenses	583	4610	5193
Training	0	773	773
Fundraising Expenses	285	100	385
Office Costs	251	9173	9424
Rent and Utilities	591	18290	18881
Publicity	32	887	919
Insurance	0	1488	1488
Sundries	1410	2918	4328
Bank Charges	5	60	65
Evaluation	0	500	500
	<u>6,252</u>	<u>116,775</u>	<u>123,027</u>

10 Trustees' Remuneration and Reimbursed Expenses

No Trustees have been paid any remuneration, fees or travel expenses or received any other benefits from employment with the organisation or related entity during the period. (2022 nil)

11 Related Party Transactions

There have been no related party transactions that require disclosure during the period.

BETTER WAY RECOVERY
NOTES TO THE ACCOUNTS
for the period 1 October 2022 to 31 October 2023

12 Statement of Financial Activities - Comparative figures for prior year

	Year ending 30 September 2022		
	£	£	£
	Unrestricted Funds	Restricted Funds	Total
Income from			
Donations and Legacies			
Donations	2,390	650	3,040
Charitable Activities			
Grants receivable:			
NLCF RC Midlands region			
Project ID 20167192	0	34,650	34,650
NLCF RC Midlands region			
Project ID 20197183	0	6,816	6,816
Other Grant Funding	0	16,381	16,381
Fundraising Activities	2,670	0	2,670
Sponsored Events	9,530	100	9,630
Investments			
Bank Interest	10	0	10
Total Income	14,600	58,597	73,197
Expenditure			
Fundraising Expenditure	349	100	449
Charitable Activities	6,991	49,202	56,193
Other Charitable Expenditure			
Insurance	91	658	749
Bank Charges	91	0	91
Sundries	641	0	641
Total Expenditure	8,163	49,960	58,123
Net Income/(expenditure)	6,437	8,637	15,074
Funds brought forward	12,756	2,934	15,690
FUNDS CARRIED FORWARD to 2022/23	19,193	11,571	30,764