

BETTER WAY RECOVERY

Registered Charity No. 1193773

**TRUSTEES' ANNUAL REPORT
and
FINANCIAL STATEMENTS**

for the year ending 30 September 2022

1-2 Trustees' Annual Report

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**BETTER WAY RECOVERY
TRUSTEES' REPORT
for the year ended 30 September 2022**

REFERENCE AND ADMINISTRATION DETAILS

Organisational Name: Better Way Recovery

Registered Charity Number: 1193773

Charity's Principal Address:

10 Peregrine Way
Heath Hayes
Cannock
Staffordshire
WS11 7JX

Trustees serving during the period:

Clare Romeo to 9/2/2022
Jane Smith
Claire White to 9/2/2022
Kathleen Griffith
Ricky Ellis to 9/2/2022
Cassie O'Boyle to 30/10/2021
Danielle Byatt
Shaun Byatt to 9/2/2022
Hannah Leyshon (nee Kennedy) from 1/4/2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document: Better Way Recovery is a Charitable Incorporated Organisation governed by a Constitution.

Trustee selection methods: Apart from the founding Trustees, each Trustee is appointed for a period of 3 years. New Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the charity.

Other Trustee Information: The charity has a Trustee Code of Conduct and Trustee Indemnity Insurance.

OBJECTIVES AND ACTIVITIES

Objects of the Charity:

- a) the development of a safe community space for service users to access information and services.
- b) the provision of mentoring and peer to peer support.
- c) providing services in collaboration with local community organisations which are concerned with the rehabilitation of those suffering from addiction.
- d) raising awareness of the public on the effects of drug and alcohol addiction.

Main activities undertaken during the period for public benefit:

- a) in carrying out these activities, the Trustees have had due regard to the relevant public benefit guidance.
- b) providing a place of safety for service users in Lichfield.

**BETTER WAY RECOVERY
TRUSTEES' REPORT
for the year ended 30 September 2022**

- c) facilitating 11 support groups per week in Lichfield.
- d) offering a drop-in service 6 days per week.
- e) doing outreach work in the community alongside other agencies.
- f) delivering awareness talks in schools and community groups.
- g) working with local drugs and alcohol services to provide an effective service to recovery seekers.
- h) holding a weekly family support group in Lichfield.
- i) facilitating 2 groups per week in Tamworth.
- j) working closely with other agencies including police, probation, mental health, job centres and addiction agencies.

Achievements during the period:

- a) secured funding from The National Lottery Community Fund for 12 months.
- b) secured the rental of a building in Lichfield for 12 months.
- c) secured funding for 2 part-time workers from National Lottery for All Fund.
- d) raised over £6,000 from a 24 hour sleep-out at the centre.
- e) received over 200 self-referrals to the Lichfield centre.
- f) delivered drugs awareness talks in 5 Lichfield District and 1 Tamworth schools.
- g) achieved second place at the Staffordshire Volunteer Team of the Year awards.
- h) received funding from Tamworth Council to open a centre in Tamworth for 2 days per week.

Financial Review:

Total income for the year was £73,197, of which £34,650 was funding from The National Lottery Community Fund RC Midlands Region Project ID 20167192, and £6,816 from The National Lottery Community Fund RC Midlands Region Project ID 20197183.

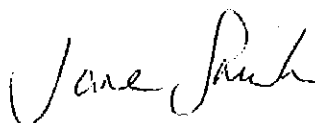
Total expenditure was £58,123 of which £49,960 related to restricted funds and £8,163 to general unrestricted funds.

Funds carried forward were £30,764, of which £11,571 were restricted.

Reserves Policy

As a newly-formed charity, the Trustees consider that reserves of at least 9 months operational expenditure should be held in order to cover future unforeseen expenditure or a shortfall in future income. The Trustees will continue to review the level of reserves in line with this policy as the work develops.

Signed on behalf of the Trustees:



Trustee Jane Smith

Date: 14th March 2023

**REPORT OF THE INDEPENDENT EXAMINER
ON THE ACCOUNTS OF BBETER WAY RECOVERY
for the year ended 30 September 2022**

I report to the members on my examination of the accounts of Better Way Recovery (the Organisation) for the year ended 30 September 20.

The Trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

the accounting records were not kept in accordance with section 130 of the Charities Act;
or

the accounts do not accord with the accounting records; or

the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Elizabeth M Ridler
C/O Wade Street Church
Wade Street
Lichfield
WS13 6HL



Date:

22-5-2023.

BETTER WAY RECOVERY
Statement of Financial Activities
(Including Income and Expenditure Account)
for the year ended 30 September 2022

Notes	2022			Period ended
	£	£	£	30 September 2021 £
	Unrestricted Funds	Restricted Funds	Total	
Income from				
2.1 Donations and Legacies				
Donations	2,390	650	3,040	2,935
8 Charitable Activities				
Grants receivable:				
NLCF RC Midlands region				
Project ID 20167192	0	34,650	34,650	0
NLCF RC Midlands region				
Project ID 20197183	0	6,816	6,816	0
6 Other Grant Funding	0	16,381	16,381	0
Fundraising Activities	2,670	0	2,670	497
8 Sponsored Events	9,530	100	9,630	13,372
Investments				
Bank Interest	10	0	10	0
Total Income	14,600	58,597	73,197	16,804
3.1 Expenditure				
Fundraising Expenditure	349	100	449	57
8 Charitable Activities	6,991	49,202	56,193	562
Other Charitable Expenditure				
Insurance	91	658	749	455
Bank Charges	91	0	91	40
Sundries	641	0	641	0
9 Total Expenditure	8,163	49,960	58,123	1,114
Net Income/(expenditure)	6,437	8,637	15,074	15,690
Funds brought forward	12,756	2,934	15,690	0
5.1 and 8 FUNDS CARRIED FORWARD	19,193	11,571	30,764	15,690

The Statement of Financial Activities includes all gains and losses in the year, which derive from continuing activities.

The notes on pages 6 to 8 form part of these financial statements.

BETTER WAY RECOVERY
BALANCE SHEET
at 30 September 2022

Notes	2022 £	Period to 30/09/2021 £
Current Assets		
6 Debtors	9,381	0
Cash at bank and in hand	21,383	15,690
	<u>30,764</u>	<u>15,690</u>
Current Liabilities		
Creditors falling due within 1 year	0	0
Net Current Assets	<u>30,764</u>	<u>15,690</u>
The Funds of the Charity		
5.1 Unrestricted Funds	19,193	12,756
8 Restricted Funds:	11,571	2,934
Total Funds at 30 September 2022	<u>30,764</u>	<u>15,690</u>

The notes on pages 6 to 8 form part of these financial statements.

The Financial Statements were approved by the Trustees on 14 March 2023
and were signed on its behalf by:

Treasurer 

Trustee 

Date: 14th March 2023

BETTER WAY RECOVERY
NOTES TO THE ACCOUNTS
for the year ended 30 September 2022

1.1 Basis of Preparation of Accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, and with FRS 102 - The Financial Reporting Standard Applicable in the UK and Republic of Ireland March 2018, and with the Charities Act 2011.

1.2 Going Concern Basis

There are no material uncertainties related to events or conditions that cast significant doubt on the organisation's ability to continue as a going concern.

2.1 Recognition of Income

Income is included in the Statement of Financial Activities (SoFA) when:

the charity becomes entitled to the resources;

and when it is probable that the economic benefits will flow to the charity;

and the monetary value can be measured with sufficient reliability.

3.1 Recognition of liabilities and expenditure

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the organisation to pay out resources; and when it is probable that a transfer of economic benefits will be required in settlement;

and the amount of the obligation can be measured with reasonable certainty.

3.2 Provisions for liabilities (Accruals)

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

4.1 Debtors

Debtors are measured at the cash or other consideration expected to be received.

5.1 Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the organisation.

Restricted funds are funds subject to specific restrictions imposed by the donor, and are not available for other organisational purposes.

**BETTER WAY RECOVERY
NOTES TO THE ACCOUNTS
for the year ended 30 September 2022**

6 Debtors and Prepayments

	2022	2021
Grant Receivable	9,381	0
Prepayments	0	0
	<u>9,381</u>	<u>0</u>

7 Employees

Salaries	30,998	0
Social Security (net of Employers' NIC Allowance)	0	0
Pension contributions	1,060	0
	<u>32,058</u>	<u>0</u>

Average Employees during the year :

Employees FTE	<u>3</u>	<u>0</u>
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8 Movements in Restricted Funds

	Opening Balance	Income	Expenditur e	Closing Balance
Sponsored Walk	2,934	0	2,526	408
TNLCF: 20167192	0	34,650	32,668	1,982
TNLCF: 20197183	0	6,816	6,210	606
Lichfield DC- Locality Deal Fund	0	7,000	7,000	0
Tamworth DC - Locality Deal Func	0	9,381	904	8,477
Lichfield Round Table	0	450	450	0
Diane Sweeney Prize	0	100	100	0
Support Staffordshire	0	200	102	98
Total	<u>2,934</u>	<u>58,597</u>	<u>49,960</u>	<u>11,571</u>

The sponsored walk raised funds towards the rental of a building.

TNLCF: 20167192 funded centre costs including employment of workers and building rental.

TNLCF: 20197183 funded salaries of part-time recovery co-ordinators.

Lichfield DC Locality Deal Fund funded travel expenses and associated costs of volunteers.

Tamworth DC - Locality Deal Fund supported the running costs of the Tamworth Outreach Centre.

Lichfield Round Table funded salaries of part-time recovery co-ordinators.

Diane Sweeney Prize met the costs of a sponsored event.

Support Staffordshire funded purchases of PPE to maintain in-person meetings during the pandemic.

BETTER WAY RECOVERY
NOTES TO THE ACCOUNTS
for the year ended 30 September 2022

9 Analysis of Expenditure

	Unrestricted	Restricted	Total
Salary Costs	4013	28046	32059
Volunteer Expenses	387	2723	3110
Training	0	629	629
Fundraising Expenses	349	100	449
Office Costs	435	1655	2090
Rent and Utilities	1326	15213	16539
Publicity	292	556	848
Insurance	358	658	1016
Sundries	912	380	1292
Bank Charges	91	0	91
			0
	8,163	49,960	58,123

10 Trustees' Remuneration and Reimbursed Expenses

No Trustees have been paid any remuneration, fees or travel expenses or received any other benefits from employment with the organisation or related entity during the period.

11 Related Party Transactions

There have been no related party transactions that require disclosure during the period.