

BRAVE MIND

England & Wales · Charity number 1193710

Details

Status Registered

Legal form CIO

Registered 2021-03-05

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO RELIEVE THE NEEDS OF PEOPLE WITH MENTAL ILL HEALTH IN THE SPORT OF RUGBY, BY WORKING TO INCREASE UNDERSTANDING OF MENTAL HEALTH WITHIN THE SPORT OF RUGBY AND RUGBY CLUBS THROUGH THE PROVISION OF EDUCATION ON MENTAL HEALTH, PROVIDING TRAINING ON MENTAL HEALTH FIRST AID AND THROUGH ACTING AS A RESOURCE FOR RUGBY CLUBS ON ALL MATTERS PERTAINING TO MENTAL HEALTH AWARENESS AND EDUCATION.

Activities: We deliver mental health programmes to the rugby and sporting community, building teams of mental health champions and providing a safe environment to educate on mental health, split into different areas for discussion. For example: what is mental health? Dealing with stress etc. We also provide Mental Health First Aid training via our support network of qualified trainers.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, The General Public/mankind

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£49,633	£85,100	-	-
2023-12-31	£96,204	£28,832	-	-
2022-12-31	£53,999	£35,920	-	-
2021-12-31	£20,308	£15,527	-	-

Trustees

Name	Role	Appointed
David Lewis Cockram	Chair	2023-10-01
Dr Daniel Robert Frederick Martin		2024-09-27
Graeme Richard Tottle		2022-06-01
Kathleen Elizabeth Bennett		2022-06-01
Mark Ashley Coles		2025-05-16
Oliver Sindall		2025-04-16
Sarah Williamson		2025-07-30