

ERHH Report 2023- 2024

The Integrated Care Board (ICB) confirmed permanent funding for the ERHH on 12/12/23.

For:

- Bi-monthly health screening drop-in clinics @ Cutcombe market
- Staffed by 1 x Community Nurse, and 1 x Mental well-being practitioner + some hours of clerical administration

In addition to the above, the ERHH offer free to patient chiropody clinics 1x month by appointment.

Number of NHS clinics Jan- December = 24 + Dunster Show

Number of Patients attending= c.70

Although there were more clinics this year than last, the early year sales were sparsely attended as lambs achieved poor growth over the winter.

Dunster show; August 16th 2024. ERHH again took a pitch to promote the charity and what it offers – some 35 people attended for screening.

NHS Bowel cancer nurses joined the ERHH team on the stand to raise awareness and answer questions about symptoms and preventative actions.

Covid Clinics –

- 5/06/24 for the over 75 cohort saw 9 vaccinations at market and two home visits
- 06/11/24 Covid and Flu +65s = 64
- 25/11/24 Vaccination clinic (flu & covid) = 10

9x Chiropody clinics from Feb – December = Total patients seen=87

Donations made:

The ERHH charity funded a new defibrillator to be situated at the Livestock market and this covered by the South West Farmer and the Western Morning News

Donations received: The Exmoor Hillfarming Network donated £2,000 to the charity from their 'farming first' division, and this was used to re-floor the portacabin, and pay for a number of chiropody appointments.

In September 2024, the charity received a cheque for £1,000 from XmoorRox Festival to acknowledge and recognise the charity's contribution to

supporting the health and mental well-being of the farming and wider community.

On 10/07/24 our Chair of Trustees was featured on Radio4's Farming today programme talking to an Exmoor GP about the ERHH and how the drop in health hub is facilitating farmers to seek medical health advice. The charity featured in a subsequent Radio4 farming today broadcast on 09/10, with a local farmer talking to the Health Hub community nurse about being able to see a nurse when he comes to market. Both of these interviews were coordinated by the I.C.B. & Somerset NHS Foundation Trust whose Chairman, Colin Drummond commended the ERHH for their contribution to health care to a hard-to-reach rural community, sentiments echoed by His Majesty's Lord Lieutenant: Mohammed Saddiq.

Charity business

In January two new younger Trustees were co-opted, to balance the age range of Trustees and to extend the charity's reach to younger farmers on Exmoor.

The Trustees now number 9, 4 men, and 5 women. The biographies and photographs of all Trustees are in the process of being added to the ERHH website, alongside the page introducing the Nursing staff.

Two new policies have been adopted:

- *Social Media*
- *Trustee Code of Conduct (inc. Conflict of interest)*

The Charity is regularly contacted by health professionals to cascade information and awareness to the farming community about relevant health information such as atrial fibrillation, bowel cancer, melanoma, prostate cancer, & breast cancer pre-hab. The charity works with the Exmoor HillFarming Network to get health messages out via newsletters, informal talks, social media and via the website.

Looking Forward: With permanent funding for NHS nurses now confirmed by Somerset NHS ICB, and with demand for the ERHH farming health services increasing, the Chair of Trustees has been in negotiation with Cutcombe market to secure a plot of land (on a long-term lease) on which the Charity propose building bespoke consulting rooms. This project is at an early stage, but if planning permission is granted, and funds can be raised, the new build would allow for 3 consulting rooms, a disabled toilet and a reception area, in close proximity to the market building itself.

Improved facilities, and additional space will allow the ERHH to extend its health offer to farmers and the larger rural community of Exmoor.

Financial report: prepared by Hannah Slade ACMA shows a balance of £16,731.57 at the end of September 2024.

The main charity expenditure was for Chiropody, portacabin repairs and internet provision.

ERHH Summary

The Exmoor Rural Health Hub Treasurer's account at Lloyds Bank had an opening balance of £18,367.65 on 18th October 2023. Up to and including 30th September 2024 there were 25 payments made totalling £4,636.08 and 2 receipts, £2,000 donation from EHFw and £1,000 donation from Xmoor-Rox.

The balance in the bank at 30th September 2024 was £16,731.57.

The payments £4,636.08 are analysed below:

Donations towards Defibrillator	£950.00
Chiropodist	£2,155.00
Repairs & cleaning	£1,322.00
Operating items	£10.99
Internet and telephone	£198.09

ERHH

Date	Description	Receipts	Payments	Balance	Donation	Chiropodist	Repairs & cleaning	Phone & internet	Sundries
18/10/2023	Opening Balance			£18,367.65					
07/11/2023	Chq 016 Jfix services 1/11/23		£144.00	£18,223.65			£144.00		
14/11/2023	Chq 017 Sarah Chiropodist 8/11/23		£160.00	£18,063.65		£160.00			
14/12/2023	Chq 019 Sarah Chiropody		£160.00	£17,903.65		£160.00			
27/12/2023	Chq 020 Jfix services 13/12/23 cleaning		£132.00	£17,771.65			£132.00		
28/12/2023	Chq 021 London Hearts - defibrillator		£750.00	£17,021.65	£750.00				
02/01/2024	Chq 018 Paragon Internet (via SDL)		£67.00	£16,954.65				£67.00	
09/01/2024	Chq 022 Sarah Chiropody 3/1/24		£200.00	£16,754.65		£200.00			
15/01/2024	EHFW donation	£2,000.00		£18,754.65					
24/01/2024	Chq 023 Parks Lane vinyl flooring		£719.00	£18,035.65			£719.00		
12/02/2024	Chq 024 EFLA contribution to Defibrillator		£200.00	£17,835.65	£200.00				
13/02/2024	Chq 025 Sarah Chiropody 7/2/24		£200.00	£17,635.65		£200.00			
21/02/2024	Chq 026 Jfix services 13/2/24 cleaning		£150.00	£17,485.65			£150.00		
15/03/2024	Chq 027 Sarah Chiropodist 5/3/24		£200.00	£17,285.65		£200.00			
02/05/2024	Chq 028 Sarah Chiropodist 1/5/24		£200.00	£17,085.65		£200.00			
15/05/2024	EE limited first inv & monthly bill		£44.69	£17,040.96				£44.69	
06/06/2024	DD EE limited		£21.60	£17,019.36				£21.60	
10/06/2024	Chq 029 Moorland Hall 1/5/24 for Chiropody		£35.00	£16,984.36		£35.00			
19/06/2024	Chq 030 Sarah Chiropody 12/6/24		£200.00	£16,784.36		£200.00			
03/07/2024	Chq 031 Solomon Davies lighting circuit repair		£177.00	£16,607.36			£177.00		
08/07/2024	DD EE limited		£21.60	£16,585.76				£21.60	
15/07/2024	Amazon		£10.99	£16,574.77					£10.99
19/07/2024	Chq 032 Sarah Chiropody 10/7/24		£200.00	£16,374.77		£200.00			
06/08/2024	DD EE limited		£21.60	£16,353.17				£21.60	
29/08/2024	Chq 033 Sarah Chiropody 21/8/24		£200.00	£16,153.17		£200.00			
29/08/2024	Mrs PT & Mr ART Xmoor-Rox - Donation	£1,000.00		£17,153.17					
09/09/2024	DD EE limited		£21.60	£17,131.57				£21.60	
18/09/2024	Chq 034 Sarah Chiropody 2/10/24 & 18/9/24		£400.00	£16,731.57		£400.00			
Total to 30th September 2024		£3,000.00	£4,636.08		£950.00	£2,155.00	£1,322.00	£198.09	£10.99