

ERHH Summary

The Exmoor Rural Health Hub Treasurer's account at Lloyds Bank had an opening balance of £16,501.62 on 31st July 2022. Up to and including 18th October there were 20 payments made totalling £4,576.97 and 1 receipt of £6,443.00. The balance in the bank at 18th October was £18,367.65.

The payments £4,576.97 are analysed below:

Donation	£100.00
Chiropodist	£1,200.00
Repairs & cleaning	£2,168.86
Operating items	£558.17
PR items	£549.94

ERHH

Date	Description	Receipts	Payments	Balance	Donation	Chiropodist	Repairs & cleaning	Operating items	PR items
31/07/2022	Opening Balance			£16,501.62					
13/01/2023	Farming Community Network - Donation		£100.00	£16,401.62	£100.00				
30/01/2023	Amazon - Pill boxes & brochure holder		£29.25	£16,372.37				£29.25	
14/02/2023	Quirumed Hydraulic chair		£430.32	£15,942.05				£430.32	
14/02/2023	WHSmiths - stationery		£21.44	£15,920.61				£21.44	
16/02/2023	Amazon - kettle, steps, wall mount		£77.16	£15,843.45				£77.16	
28/02/2023	Roman Glass - broken window repair		£72.46	£15,770.99			£72.46		
02/03/2023	Sarah Davie Chiropodist 1.3.23		£160.00	£15,610.99		£160.00			
03/03/2023	Jfix Services - cleaning		£180.00	£15,430.99			£180.00		
08/03/2023	SDL - repairs/updates to portacabin		£1,766.40	£13,664.59			£1,766.40		
18/04/2023	Amazon - display stand		£111.13	£13,553.46					£111.13
05/05/2023	Sarah Davie Chiropodist 26.4.23		£160.00	£13,393.46		£160.00			
08/06/2023	Sarah Davie Chiropodist 10.5.23		£160.00	£13,233.46		£160.00			
28/06/2023	Sarah Davie Chiropodist 21.6.23		£160.00	£13,073.46		£160.00			
29/06/2023	Jfix Services - cleaning		£150.00	£12,923.46			£150.00		
12/07/2023	NFU Mutual	£6,443.00		£19,366.46					
04/08/2023	Sarah Davie Chiropodist 19.7.23 & 19.8.23		£240.00	£19,126.46		£240.00			
23/08/2023	SDL - printed flags		£377.11	£18,749.35					£377.11
29/08/2023	Amazon - dispenser and lock		£53.70	£18,695.65					£53.70
19/09/2023	Sarah Davie Chiropodist 13.9.23		£160.00	£18,535.65		£160.00			
16/10/2023	Charater Graphics - NHS covid posters		£8.00	£18,527.65					£8.00
18/10/2023	Sarah Davie Chiropodist 4.10.23		£160.00	£18,367.65		£160.00			
Total to 18th October 2023		£6,443.00	£4,576.97		£100.00	£1,200.00	£2,168.86	£558.17	£549.94

Exmoor Rural Health Hub Annual Report 2022-2023	
The Exmoor Rural Health Hub (ERHH) is a CIO (Foundation Model) charity (no 1193697) and was registered with Charity Commission on 04/03/2021. The charity was set up in partnership with the NHS who were concerned to get health provision to the 'hard to reach' rural, farming community living on and around Exmoor. Its mission is to offer physical and mental well being screening on-site at the local farming livestock market at Wheddon Cross. Clinics run bi-monthly alternating between sheep and cattle sales to maximise access for farmers and others having business at the market on sale days. The ERHH facilitates the 'drop-in' health screening clinics at an on-site portacabin adjacent to the livestock market itself. The clinics are staffed by NHS nurses and mental well-being practitioners and the ICB (Integrated Care Board) voted to make funding on-going and permanent in November 2023. Screening services offered by our NHS Nurses include: • Atrial Fibrillation screening (Non-invasive gadget that is placed on the top of leg above your knee or ankle) • Blood Glucose level (Finger lancet test, using a small droplet of blood) This measures your blood glucose (sugar) in your blood • Blood Cholesterol level (Finger lancet test, using a small droplet of blood) • Blood pressure pulse/ Oximeter • High blood pressure (hypertension) • Body Mass Index (BMI) (Non-invasive, measure weight and height) • Dermatology Screening (Non-invasive, questionnaire and a photograph of skin issue) Over the calendar year approximately 80 people visited the nurses for screening @ the Health Hub. 18 clinics were run. Covid vaccination numbers were counted separately (see below). In addition to the above, on market days when the nurses are not running clinics, the ERHH funds the provision of a 'free to patient' monthly Chiropody clinic. Since these clinics were first offered in April '23, c.40 clients have attended. There continues to be a high demand for this service. ERHH also facilitated 2 Covid vaccination drop-in clinics at the market site in November '23 which were well attended by our farming and wider community, 70+ people over 65 or classified as 'vulnerable' were vaccinated. In August the ERHH took a trade stand at the 75th Dunster show, with 22 people taking advantage of the free health checks on the day. The ERHH was pleased to be able to promote its work at this event which is an important annual local country show. In September the ERHH and Somerset NFU hosted a combined health information evening event at Cutcombe Market, raising awareness of issues relating to Menopause, Prostate Cancer and Sepsis. Our local NFU (Williton) office sponsored the food provided afterwards; and the talks provoked many questions and testimony from the attendees.	

In December 2023 ERHH Trustees agreed to fund the purchase and installation of a Mindray C1A Defibrillator and external heated cabinet for the Cutcombe market building. This will be accessible for use by anyone on or close to the market as required.

The ERHH funds its own website www.ERHH.co.uk, and social media platform which are valued sources of information for anyone looking to take advantage of all that is on offer at the health hub. These are managed and regularly updated by two of our Trustees with help from Shearwell Data, one of our sponsors.

Volunteers: It is generally acknowledged that numbers of 'volunteers' have dropped considerably since Covid, and while ERHH is still actively supported by the Farming Community Network (FCN) and the Market Chaplain, there are other pressures on these volunteers making their regular attendance at the market less frequent. All of the Trustees continue to give their time and advice freely and were thanked by the Chair of Trustees in his AGM Chairman's report: *'I am proud of everything that the Exmoor Rural Health Hub has achieved to date and know that there is so much more we can do. It is important to say that none of this would be possible without the support of my fellow Trustees, volunteers and of course colleagues from the NHS'.*

Structure Governance and Management

Five Trustees were appointed at the Charity's inception (2021), all were identified as having strong links and involvement with the farming community. Two additional Trustees joined in 2022, and two new Trustees came forward in November 2023 and will be coopted at the next Trustee meeting on 25/01/24. From this date, the Trustee group will be made up of four men and five women, with a broader age range than when the charity was founded.

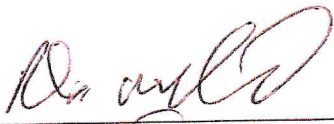
Clause 9:4 of the ERHH governing document details the founding charity Trustees (5) registered for terms of 4 and 3 years respectively, and all subsequent joining Trustees to serve for three years from their election dates.

Financial Review (summary by Hannah Slade ACMA)

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The charity continues to receive generous financial support from local farming businesses and other charities. In July 2023, a further grant was awarded to the ERHH by our local NFU branch for £6,443.00, and in December 2023 we received a donation from the Exmoor Hillfarming Network for £2,000 on behalf of the local farming community in recognition of our services, the chiropody clinics in particular.

The ERHH now finances and maintains its own portacabin; running costs have increased, but the charity remains well-funded and will continue to consider

offering additional free beneficial health services for the local community guided by its beneficiaries.	
Declarations The Trustees declare that they have approved the Trustee's report above Signed on behalf of the ERHH Charity's Trustees	
Signature: 	
Full Name <u>RICHARD WEBBER</u>	
Position <u>CHAIRMAN</u>	
Date: <u>16.1.24</u>	