

Annual Report and Accounts

Arch Support

Charitable Incorporated Requisition Number: 1193688

2021

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Arch Support

Legal and administrative information

Charity registration number

1193688

Registered office

Quartz House, 207 Providence Square,
Mill Street, London SE1 2EW

Honorary Secretary

Helena Basarab-Horwath
Quartz House, 207 Providence Square,
Mill Street, London SE1 2EW

Independent auditors

RSM UK Audit LLP
25 Farringdon Street, London EC4A 4AB

Solicitors

Russell-Cooke LLP
2 Putney Hill, London SW15 6AB

Bankers

Bank of Scotland
PO Box 1000 BX2 1LB

Stockbrokers

Investec Wealth & Investment
2 Gresham Street, London EC2V 7QN

Trustees

The Council of The Royal College of Podiatry appoints the Trustees of Arch Support for a term of three years. The Trustees are:

Jacqueline Schofield
Allister Campbell
Thomas Kelly
Emma Supple
Alison Wishart

Report of the Trustees

ARCH SUPPORT

Report of the Trustees 2021

The Trustees are pleased to present their annual Trustees' Report together with the financial statements of the charity for the year ending 31 December 2021.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and the Republic of Ireland published October 2019.

Public benefit

The Trustees have paid due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and planning the activities of the charity. The Trustees are satisfied that the Trust has charitable purposes as set out in the Charities Act 2011 covering the prevention and relief of poverty for the public benefit.

Structure and Objects

The charity, founded in 1946, was incorporated in 2021. There are several advantages of incorporation including offering limited liability to the Trustees. The charity operates under a constitution dated 3 March 2021. Its purpose is to make grants or loans without interest to any member, or to the spouse, children, dependents or widow/er of any member or deceased member who "in the opinion of the Trustees may be in need of assistance". The transfer of assets and liabilities from the unincorporated charity have been carried out via the use of merger accounting now that Arch Support has been registered as a CIO from August 2021.

Activities and achievements

During 2021, the Board of Trustees of Arch Support met seven times to discuss member applications, the performance and operations of the charity. Members have been helped where their earning capacity has been reduced considerably by various circumstances. In all cases, the Trustees consider the circumstances with great care, in absolute confidence, and offer help as swiftly as possible. The charity continued to receive applications from members of the Royal College who were adversely impacted by the effects of Covid-19. Trustees, in accordance with the provisions of the Trust Deed, distributed grants from the income generated by investments.

The total income of Arch Support in 2021 was £32,086 which is a small increase from the previous year (2020: £28,753). Donations from Branches and Regional Branch Committees total £2,876. Expenditure from grant requests approved in 2021 reduced by £1,319 to £30,897 (2020: £32,216). We had a higher number of applications in 2020 as a result of the COVID-19 pandemic, compared to 2021. Legal fees of £8,862 have been incurred in 2021 in relation to incorporating the charity. The fund made an operating loss of £11,368 including investment management fees and excluding investment gains/losses, compared with a loss in the previous year (2020: £15,375). Grants totalling £19,292 (2020: £21,239) were made to nine individual members.

Year ended 31 December 2021

The net movement of funds for the year was £131,436 which is a increase of £106,984 against the previous year (2020: increase in funds of £24,452 was reported). This has resulted in a balance sheet total for 2021 of £1,578,669 (2020: £1,447,233). The increase in 2021 is due to net gains on investments of £142,805 in year (2020: £39,827).

Investment powers

The Constitution of the charity grants Trustees the right to make investments of various types and to delegate powers of investment to our stockbrokers, and to allow the transfer of some or all the gilt-edged stocks into equities.

Investment performance

The Trustees instructed the charity's stockbrokers to invest its monies to maximise income and capital to ensure there was an operational fund to assist those in need who apply for financial support. Performance of the investments is measured against the market in the United Kingdom. Overall, the value of the investment portfolio increased by £115,296 in the year (2020: £15,268).

Reserves policy

As at 31 December 2021, the unrestricted reserves amounted to £1,578,669 (2020: £1,447,233). The Trustees' aim is to maintain a level of reserves that will generate income from invested funds enough to support a minimum of 80 per cent of an annual grant programme based on an average of grants made annually over the last three years. The charity's overall planned grant programme will be based on both this funding and the forecast total of donations for any reporting year. The level of reserves held will also allow for substantial exceptional grants to be made in addition to the planned annual programme. These may be required, for example, to support members of The Royal College of Podiatry facing further impacts from austerity measures and changes to the payment of tax credits and benefits.

Risk management

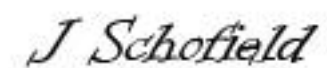
The Trustees have instituted procedures to identify and examine the major strategic, business, and operational risks that the charity faces. The necessary systems have been established to enable regular reports to be provided to them to make sure that action is taken to mitigate the effect of the identified risks.

Going-concern

The Trustees have set out above a review of financial performance and the charity's reserves position. In their view, the charity has adequate financial resources and the Trustees remain well-placed to manage the business risks. The investments are still performing well in the long term. The Trustees' planning process, including financial projections, has taken into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The Trustees believe that there are no material uncertainties that call into doubt the charity's ability to continue.

The Auditors RSM UK Audit LLP have expressed their willingness to continue in office.

By order of the Trustees and signed on their behalf by



Jacqueline Schofield

Chairman of the Board of Trustees

15th June 2022

Trustees' responsibilities

Under the Charities Act 2011, the Trustees are required to prepare a statement of accounts for each financial year which gives a true and fair view of the state of affairs of the charity at the end of the financial year and of the incoming resources and application of resources in the year. In preparing the statement the Trustees are required to:

- select suitable accounting policies and apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explain in the statement of accounts.
- prepare the financial statements on the going-concern basis unless it is inappropriate to assume that the Trust will be able to continue in operation; and
- observe the methods and principles in the Charities SORP.

The Trustees are responsible for keeping accounting records that disclose, with reasonable accuracy at any time, the financial position of the charity at that time and to enable the Trustees to ensure that any statement of account prepared by them complies with the regulations under section 132(1) of the Charities Act 2011. They are also responsible for safeguarding the assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each of the Trustees at the date of this report is aware, there is no relevant audit information of which the charity's auditor is unaware. Each Trustee has taken all the steps that he/she ought to have taken as a Trustee in order to make himself/herself aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Independent Auditors' Report

Opinion

We have audited the financial statements of Arch Support (the 'charity') for the year ended 31 December 2021 which comprise the Statement of Financial Activities the Balance Sheet and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going-concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with

respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Annual Report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the Annual. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustee's Report, which includes the Trustee's 2021 Report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustee's 2021 Report included within the Trustee's Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustee's 2021 Report included within the Trustee's Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit

Responsibilities of Trustees

As explained more fully in the Statement of Trustees' responsibilities set out on page 04, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities are instances of non-compliance with laws and regulations. The objectives of our audit are to obtain sufficient appropriate audit evidence regarding compliance with laws and

regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements, to perform audit procedures to help identify instances of non-compliance with other laws and regulations that may have a material effect on the financial statements, and to respond appropriately to identified or suspected non-compliance with laws and regulations identified during the audit.

In relation to fraud, the objectives of our audit are to identify and assess the risk of material misstatement of the financial statements due to fraud, to obtain sufficient appropriate audit evidence regarding the assessed risks of material misstatement due to fraud through designing and implementing appropriate responses and to respond appropriately to fraud or suspected fraud identified during the audit.

However, it is the primary responsibility of management, with the oversight of those charged with governance, to ensure that the entity's operations are conducted in accordance with the provisions of laws and regulations and for the prevention and detection of fraud.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud, the audit engagement team:

- obtained an understanding of the nature of the sector, including the legal and regulatory framework that the charitable company operates in and how the charitable company is complying with the legal and regulatory framework;
- inquired of management, and those charged with governance, about their own identification and assessment of the risks of irregularities, including any known actual, suspected or alleged instances of fraud;
- discussed matters about non-compliance with laws and regulations and how fraud might occur including assessment of how and where the financial statements may be susceptible to fraud.

As a result of these procedures we consider the most significant laws and regulations that have a direct impact on the financial statements are FRS 102, Charities SORP (FRS 102), Companies Act 2006, Charities Act 2011 and the charitable company's governing document, tax. We performed audit procedures to detect non-compliances which may have a material impact on the financial statements which included reviewing the financial statements including the Trustees' Report, remaining alert to new or unusual transactions which may not be in accordance with the governing documents.

The audit engagement team identified the risk of management override of controls and as the area where the financial statements were most susceptible to material misstatement due to fraud. Audit procedures performed included but were not limited to [testing manual journal entries and other adjustments, evaluating the business rationale in relation to significant, unusual transactions and transactions entered into outside the normal course of business, challenging judgments and estimates.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

RSM UK Audit LLP

NICHOLAS SLADDEN (Senior Statutory Auditor),
For and on behalf of RSM UK AUDIT LLP, Statutory Auditor
Chartered Accountants
25 Farringdon Street
London
EC4A 4AB

17 June 2022

Statement of Financial Activities

For the year ended 31 December 2021

Unrestricted funds	Notes	2021 £	2020 £
Income and endowments from:			
Donations and Legacies			
Regions and Branch collections	2	2,876	1,050
Investments			
Gross income on investments		29,210	27,703
Total income		32,086	28,753
Expenditure on:			
Raising funds			
Stockbroker's and administration charges		12,557	11,912
Charitable activities			
Assisting members	3	30,897	32,216
Total expenditure		43,454	44,128
Net gains on investments		142,805	39,827
Net income		131,436	24,452
Net movement in funds		131,436	24,452
Reconciliation of funds:			
Balance brought forward, 1 January		1,447,233	1,422,781
Balance carried forward, 31 December		1,578,669	1,447,233

The notes on pages 10-12 form part of these accounts.

Arch Support
Balance Sheet
 31 December 2021

	Notes	2021		2020	
		£	£	£	£
Investments	5	1,470,781	1,470,781	1,355,485	1,355,485
Current Assets					
Cash at bank	6	107,888		91,748	
Current Liabilities					
Sundry creditors		-		-	
Net Current Assets			107,888		91,748
Total Assets less Current Liabilities			1,578,669		1,447,233
Accumulated Fund			1,578,669		1,447,233

Approved and authorised for issue by the Trustees on 15th June 2022 and signed on their behalf by:

J Schofield

Jacqueline Schofield

Alison Wishart

Alison Wishart

Trustees

The notes on pages 10-12 form part of these accounts.

1 ACCOUNTING POLICIES

a) Charity information

Arch Support is a registered charity in the United Kingdom, with The Royal College of Podiatry being the Member of the charity. The nature of the charity's operations and principal activities are detailed in the Trustees' Report. The principal place of business is Quartz House, 207 Providence Square, Mill Street, London, SE1 2EW.

b) Basis of accounting

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (October 2019) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policies.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

c) Merger accounting policy

Arch support moved from being an unincorporated charity to a CIO structure in August 2021 by transferring its assets to a new CIO registered for that purpose.

d) Cash flow exemption

The charity has elected to take the exemption from preparing a statement of cash flows under FRS 102, available for non-large charities.

e) Fund accounting

All the charity's funds are unrestricted. They can, therefore, be used at the discretion of the Trustees in furtherance of the Objects of the charity.

f) Income

Income is recognised when the charity has entitlement to the funds, and it is probable that the income will be received and the amount can be measured reliably.

g) Investments

Investments are stated at bid price. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

h) Taxation

Arch Support is a registered charity and is thus exempt from tax on income falling within sections 518-537 of the Income Tax Act 2007 or s256 of the Taxation of Chargeable Gains 1992 to the extent that these are applied to its charitable objectives.

i) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments (sundry creditors). Basic financial instruments are recognised at transaction value and subsequently measured at their settlement value.

j) Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future, being a period of at least twelve months from the date of approval of these financial statements, and as explained in the Trustees' Report. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Notes to the Accounts (continued)

31 December 2021

2 REGIONS AND BRANCH COLLECTIONS

	2021	2020
	£	£
Transfer	500	500
Highland	-	350
Mid Sussex	-	200
Glasgow	2,126	-
London	250	-
	2,876	1,050

3 EXPENDITURE

	2021	2020
	£	£
Grants	19,292	21,239
Subscriptions paid on behalf of members	1,198	1,806
Legal and professional fees	8,862	-
Sundry expenses	1,545	9,171
	30,897	32,216

Grants paid were to 9 individuals (2020: 21).

No staff are employed by Arch Support.

All costs in relation to the charity audit are paid by The Royal College of Podiatry.

4 TRUSTEE REMUNERATION AND KEY MANAGEMENT PERSONNEL

Trustees received £1,348 reimbursement of expenses for their services during the year 2021 (2020: 0). In the absence of any employees, the Trustees are considered to be the charity's key management personnel.

5 INVESTMENTS

	2021	2020
	£	£
Market value at 1 January	1,355,485	1,340,217
Additions at cost	320,390	309,952
Disposals at opening market value	(343,426)	(334,511)
Unrealised and Realised gains	138,332	39,827
	1,470,781	1,355,485
Market value at 31 December*		
	1,032,932	965,316
Historical cost		
	1,032,932	965,316

There were no investments constituting 5% or more of the total portfolio.

* Market value does not include cash investments which totalled £28,715 in 2021 (2020: 10,759). These are shown on the balance sheet under cash in hand.

The investment portfolio market value comprises the following geographical and asset class categories:

Notes to the Accounts (continued)

31 December 2021

5 INVESTMENTS (continued)

	2021	2020
	£	£
UK Fixed Interest	133,607	151,210
UK Equities	327,311	378,750
Overseas Fixed Interest	64,633	61,918
Overseas Equities	553,174	435,643
Property	87,566	84,859
Alternative assets	257,672	195,121
Emergency Economies	46,818	47,985
	1,470,781	1,355,485

6 CASH

	2021	2020
	£	£
At bank on current account	70,617	72,474
At bank on deposit account	8,556	8,515
At brokers on interest bearing account	28,715	10,759
	107,888	91,748

7 RELATED PARTY TRANSACTIONS

The Trustees of Arch Support are appointed by the Council of The Royal College of Podiatry and include Directors of The Royal College of Podiatry.

The Royal College of Podiatry is the immediate parent company and ultimate controlling party of the charity.

Excepting stockbroker's fees, the management, administration, and support costs of the Arch Support are borne by The Royal College of Podiatry.

Donations were received from local branches and regional committees of the College to the sum of £2,876 (2020: £1,050). Membership subscription fees totalling £1,198 (2020: £1,806) was paid by the charity to The Royal College of Podiatry on behalf of members.

Further information:

The Royal College of Podiatry
Quartz House
207 Providence Square
Mill Street
London SE1 2EW
Tel: 020 7234 8620
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