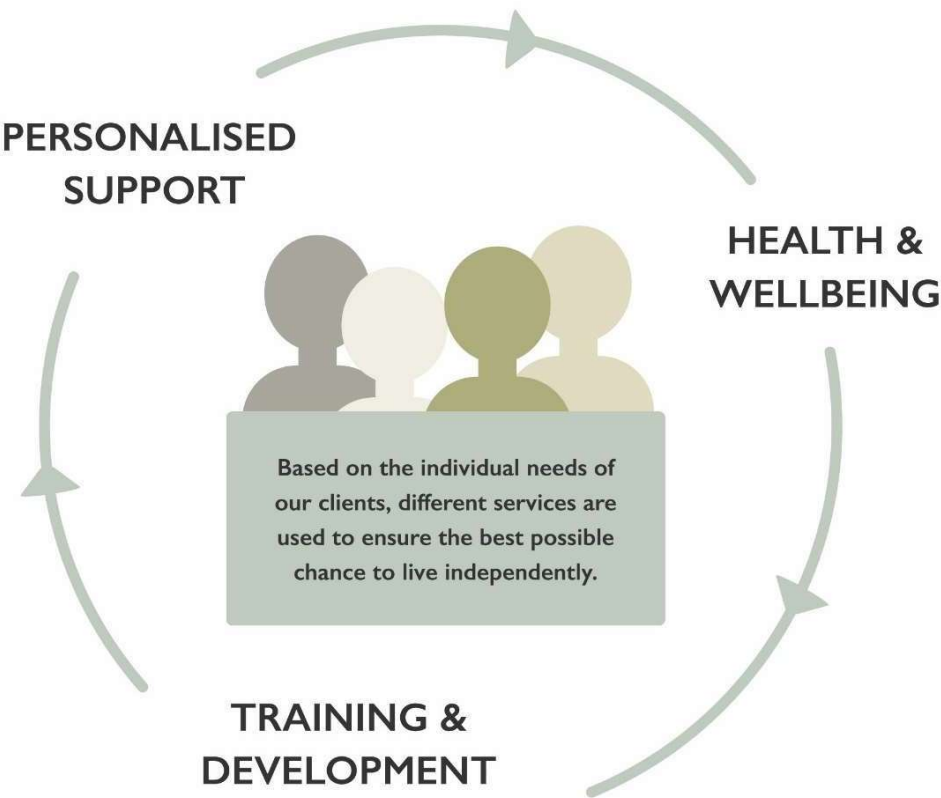




THE VINE CENTRE
Annual Report of the
Trustees & Financial
Statements
Year ended 31 March 2024
Registered Charity Number **1193666**



CONTENTS

	Page
Reference and Administrative Details	2
Structure, Governance and Management	3-6
Objectives and Activities (Achievements and Performance)	7-12
Future Plans	13
Financial Review	14
Independent Examiner’s Report	15
Statement of Financial Activities	16
Balance Sheet	17
Notes to the Financial Statements	18-26

The Trustees present their report with the financial statements of the Charitable Incorporated Organisation (CIO) for the year ended 31 March 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS102) in preparing the annual report and financial statements of the Charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1193666

Principal address:

33 Station Road, Aldershot, Hampshire, GU11 1BA

Trustees

Joyce Bellwood (Chair)

Katherine Loxton (Treasurer) resigned 11/01/2024

Mark Rosling (Treasurer) from 11/01/2024 – Trustee since 02/09/2022

Malcolm Bellwood

Hilary Steventon

Cathy Berry

Dave Haley – resigned 11/10/2023

New Trustees

Nicholas Harris – 11/01/2024

Secretary

Lynda Thatcher

CEO

Lesley Herniman

Independent Examiner

Janice Matthews, 'Menziess LLP', Magna House, 18-32 London Road, Staines-Upon-Thames, TW18 4BP

Bankers

CAF Bank Ltd, 25, Kings Hill Avenue, Kings Hill, West Malling, Kent. ME19 4JQ

HSBC UK Bank PLC, 1 Centenary Square, Birmingham. B1 1HQ

Hampshire Trust Bank, 55, Bishops Gate, London. EC2N. 3AS

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Vine Centre is controlled by its governing document, the Constitution, and operates as a CIO. The CIO was registered on 25 February 2021 as The Vine Centre (Charity number 1193666).

Trustees and Method of Appointment

As of 31st March 2024, the CIO had 6 Trustees, responsible for its governance. The CIO welcomed a new Treasurer, Mark Rosling, who succeeded Katherine Loxton in January 2024. Nicholas Harris was voted onto the board of Trustees in January 2024 and we said goodbye to Dave Haley at the end of 2023 after he came the end of his tenure.

The CIO actively recruits new Trustees, ensuring that The Vine Centre is led by people with skills that will support the CEO to deliver the CIO's many support services, ensuring that the individual needs of the people who access The Vine Centre continue to be met.

The Trustees of the CIO may be appointed during the year at a quarterly Trustees Meeting, subject to interview. The candidature of people with skills, experience and/or interests relevant to the CIO's activities are encouraged through advertising publicly and soliciting local organisations. Trustees may serve for up to four years before re-election. Trustees are governed by the CIO's Constitution.

Induction and Training of Trustees

Following appointment, new Trustees are introduced to their new role and given copies of the Constitution and a guide to the policies and procedures adopted by the CIO. All Trustees are expected to attend training that is relevant to their roles and read a number of publications from the Charity Commission, ensuring that new Trustees are aware of the scope of their responsibilities under the Charities Act 2011. It is a mandatory requirement for all new Trustees to complete an online Safeguarding Training course.

Risk Management

The CIO operates a Risk Management process that meets the requirements of the Charity Commission. The significant risks to which the CIO could be exposed are a) income is insufficient to cover expenditure b) Trustees lack relevant skills or commitment c) activities potentially outside of objects, powers or terms of gift (unrestricted reserves) d) loss of key staff. Priority is given to managing and mitigating these risks effectively. The CIO's financial position is monitored and reported on monthly to the Trustees by the CEO. A number of lower priority potential risks have been identified and policies that are reviewed annually are in place to minimise the consequences of all identified risks. The Trustees discuss all aspects of the CIO's operations at quarterly Trustees Meeting to understand, identify and manage risks, any changes or updates are then added to the CIO's Risk Register.

Wider Network

The CIO works with many organisations including local authorities, voluntary organisations, corporate partners, the military, churches, the local community, adult services, older people's services, children's services, police and probation. We have strong links with the NHS and local GP surgeries in and around Hampshire. Staff and Volunteers attend multi-agency meetings, local training, presentations and events regularly.

Funding

The CIO's thanks go to all those that contribute to the support services offered by The Vine Centre, allowing for its continued success in supporting those most in need.

A list of Funders 2023/2024:

Funders

ABF Soldiers Charity
Alton Christian Church
Boomerang Media
Broadhurst Ltd
Edward Gosling Foundation
Farnborough Airport
Farnborough Lions
Farnborough Rotary
Fluor Ltd
Garfield Weston
Girdlers Charitable Trust
Hampshire County Council – (Household Support Fund, Councillor Funding)
Hampshire & Isle of Wight Community Foundation
Hartford Care - Harlow Hall
Holy Trinity Church
Howdens
Hubbub Foundation
MuchLoved – The Memorial Tribute Platform
Mumford Milestone Wealth
National Lottery – Awards for All & Community Fund
Navigator Trust
Rotary Club of Farnborough
Rotary Club of Rushmoor
Rushmoor Borough Council
Rushmoor Lottery
SEMMCO LTD
SGN Energy-Centre for Sustainability
Shanley Foundation
Sir Jules Thorne
Skipton Building Society
St. Mary's Church - Frensham
The Big Give Trust
The Hedley Foundation
The Neighbourly Foundation
The Shaw Trust
The Tudor Trust
VIVID Housing Ltd
We Are Digital Trading
Western Automation
WG Edwards Charitable Foundation
Yateley Industries

The list of Funders is not exhaustive, the CIO receives support from local churches, community groups, regular givers and one - off monetary donations. We are extremely grateful for the support we receive from the community of Rushmoor and surrounding areas.

The CIO is also supported with non-monetary donations equating to £38,000 per annum these include vouchers, food, toiletries, maintenance work and prizes for events. The CIO is supported regularly by the following organisations:

Aldershot Institute
Household Support Fund
Lidl
St. Mary's Church – Frensham
Sainsburys
Tesco
The Hygiene Bank
The Rotary Club
Waitrose
Zurich Insurance

The CIO holds an up-to-date Stakeholders Register which includes names of individuals and small businesses who also provide The Vine Centre with non-monetary donations and we would like to thank them all.

The CIO continues to seek grant and trust funds and has worked incredibly hard on the marketing and networking of the CIO, to attract funding. During 2023 to 2024 there has been a good community response and we continue to have successful outcomes when applying for grants.

The CIO aims to have its own income pathways, and during the year we have raised funds from room hire, quiz nights, an afternoon tea, selling our cookbook and tea and coffee sales.

Interest in the CIO is created through social media outlets, press releases, word of mouth, radio interviews, talks and a presence at community events.

The CIO has a robust fundraising strategy in place which is managed by the CEO, working closely with our fundraiser.

Volunteers

Volunteers are an important group of individuals that work with the staff team to support clients to independence. The Vine Centre accepts applications for these posts from clients and from the wider community, in total we received voluntary support from **42** individuals which includes the CIO's Board of Trustees.

Volunteers have supported the CIO by working with the staff team to help run the Community Cupboard, Silvers, Culture Café, My Helping Hand, Family Cooking, Barista Training, Community Café, My Space, driving and cleaning.

All Volunteers working directly with vulnerable adults and families are required to undergo a DBS check funded by the CIO.

At the end of 2023 one of our staff members received additional hours to become the CIO's volunteer lead ensuring that the CIO is supporting its volunteers with bi-monthly team meetings, offering training and development and keeping them up to date with any operational developments. The meetings are in place to encourage open conversations, brain storming and team building. All meetings will be facilitated by the volunteer and a member of the senior management team. The Vine Centre also held a volunteer thank you afternoon tea for the volunteers which was well received and gave everyone a chance to meet as a group, which because of workload there is often not enough time to do.

All volunteers are offered training opportunities which have include:

- Barista Training
- Learn My Way (IT course)
- Food Hygiene certificate (Level's 1 & 2)
- Allergy Awareness
- Safeguarding Adults

The CIO appreciates the hard work and commitment of all of its volunteers, as without them we would not be able to offer such a comprehensive package of support.

Staffing

The CIO employs a CEO, who is supported by an Operation's Manager, both posts are offered on a full-time basis.

Staffing for 2023/2024 included a full-time lead mental health worker, a full-time senior support worker, a part-time mental health worker and a part-time support worker.

The CIO employed a teacher to run the training and employment services, My Space and My Helping Hand, a driver (food collections), a barista and a project worker who is responsible for the smooth running of the Community Cupboard.

The CIO employed a support worker for a fixed term of one year to offer floating support to those aged 65 and over, this project named 'Stepping Out' ended on 31st March 2024.

The CIO employs a part-time Fundraiser who works closely with the CEO.

There were 11 staff members employed in total during 2023/2024.

During the year the staff team has attended the following training:

- Autism Ambassador Training
- Autism Awareness
- Awareness of Mental Health & Well-Being
- CO Awareness
- Drugs, Solvents & Alcohol Abuse Training
- Essential Health & Safety in the Workplace

- Emergency First Aid at Work
- Energy Essentials (SGN)
- Fire Marshall Training
- Food Allergen Course
- Fundraising Masterclass
- Level 3 Food & Hygiene Certificate
- Mental Health Awareness (Level 2)
- Mental Health & Wellbeing
- We Are Digital (new system approach)

The CIO has contracts with four self-employed individuals who provide their services as a book keeper, financial controller, therapeutic artist and healthy living coach.

Day to day operational responsibility for the CIO rests with the CEO, who is responsible for all and for oversight of the volunteers who provide valuable support to both staff and clients alike.

Client Participation

The CIO encourages clients to be involved in the shaping of our services and to participate in conversations around new initiatives and the implementation of new ideas. Clients act as peer mentors, particularly in social groups and are offered volunteering opportunities. Many of our trips, activities and training sessions have been developed with our attendees, making them true co-created projects. Clients have delivered creative art sessions, a clothing sale, Spanish and history talks and participated in an energy project. The more clients engage with the creation and improvement of our services, the more likely it is that we will see better attendance, leading to improved mental health, confidence and self-esteem and ultimately more individuals achieving their personal goals. The CIO believes that clients' assistance in the management of our services are integral to its continued success; in particular with helping to secure funding. Without client engagement, stories, achievements and feedback, the CIO would cease to exist.

Objectives & Activities

Objectives

The object of the CIO is: "to provide a centre and services", which offer information, advice, advocacy, training, counselling, health care services and recreational facilities to its clients, (particularly those who are vulnerable by homelessness, unemployment, poor mental health, learning difficulties, addiction, poverty, or social deprivation) to reduce social isolation, enable change and improve quality of life."

Aim

The CIO's aim is to offer an inclusive support service, which places clients at the centre, helping them to accept and to deal with their problems in a safe environment and assisting with the growth of self-esteem and confidence that facilitates change. This in turn empowers individuals to reach their full potential and progresses their chances of employment, training, education, freedom from addiction, improves mental health, assists with social interaction and prevents social isolation.

Vision

'To unlock the potential of every client through personalised support'

Public Benefit

The Trustees have had due regard to the Charity Commission guidance on public benefit.

The Trustees believe that the information outlined gives evidence of the public benefit The Vine Centre offers the community.

In 2023 to 2024 the CIO supported **1088** individuals and **352** families, which includes those in food and fuel poverty. In 2022 to 2023 the CIO worked with **1053** individuals and **459** families. The number of individuals continues to increase and remains high, which indicates that our services are still in demand. Of the 1088, there were **831** new clients, this shows that we are successfully supporting our clients into independence and that the community and other agencies are sign-posting people to The Vine Centre's many support services. The Vine Centre has seen a reduction in families coming for support and this is due to the staff and volunteers delivering quality support in particular with budgeting, energy, cookery classes and offering access to the Community Cupboard as an interim support measure.

Year on year there is an increase in females accessing the CIO's many services. In 2023/2024 The Vine supported, **53.6%** females and **45%** a further **0.6%** identified as a third gender. During 2022/2023 the client split was, **48.7 male** and **50.8%** female and **0.5%** identified as a third gender.

The CIO's staff team supported **444** clients during 2023/2024, on average accessing 1:1 support **4** times with **1,703** sessions taking place. The support offered included help with benefits, budgeting, housing, filling in forms, school applications, utility support, appeals and those needing support with low level - mental health issues. We also assisted clients to fill in PIP (Personal Independence Payments) applications and Work Capability Forms as well as insuring that they are in receipt of the correct personal and housing benefits. All clients accessing 1:1 support completed a full risk and needs assessment and physical health questionnaire, ensuring that they are referred to specialist support if necessary.

The CIO's mental health provision is funded by Broadhurst Ltd, Fluor and the ABF Soldiers Charity, funding allows us to employ a Lead Mental Health Worker and a Mental Health Worker who have been supported by the Operations Manager. In addition to management support, both roles receive clinical supervision which is outsourced. Clients supported are those with a mental health diagnosis, those awaiting diagnosis, those with a dual diagnosis (mental health and addiction) and clients that require anger management support.

During 2023/2024 **145** clients were supported with their mental health. On average, clients attended 9 sessions, (The NHS offers 6 sessions) the total amount of appointments was **1,305**. Of those receiving support, **27** presented with dual diagnosis.

Referrals for mental health support are received from the Community Mental Health Recovery Service (CMHRS), Probation, NHS, GP's, Adult and Children's Services, other charitable organisations, community groups, the CIO's other support services and self-referrals.

The Lead Mental Health Worker facilitates the GASP group (Gambling, Alcohol & Substance Misuse Project). GASP works towards a harm minimisation approach to addiction, to help clients function and cope with everyday life with an aim to becoming productive members of society. The project links in with other 'Vine' support services such as social groups, therapeutic art, volunteering and support with budgeting and eventually being encouraged to take up training opportunities or employment.

During 2023/2024, **4** clients had been advised that if they continue consuming alcohol, they will face certain death, these clients receive additional support and are working towards total abstinence support model and attend GASP as well as additional 1:1 support sessions.

GASP supported **37** clients in 2023/2024. On average, clients access addiction and gambling support for 5 months, with **6** clients attending weekly throughout the year.

The CIO's mental health and addiction provision is further supported by offering a weekly therapeutic art group. On average, attendees work with the therapist for around 2 months. In all, **28** clients have been supported through this invaluable project.

Support/ Social Groups

Culture Café

The Culture Café has been running successfully for the past 3 years. The group, which is funded by The National Lottery Reaching Communities Fund has transformed the lives of its attendees and has often been a lifeline. Providing diverse sessions, volunteering, employment and training opportunities, it offers attendees a chance to meet others and develop positive relationships as well as giving them access to the other support services on offer at The Vine Centre.

The Culture Café has continued to run as a drop-in for the local community and a place of safety for locally placed asylum seekers who are aged under 55. During 2023/2024 there have been **132** clients have participated in the project, with on average **24** attending each week.

Clients have attended workshops such as floristry, willow weaving, photography, arts and crafts, a painting tutorial, Spanish lessons, team building, air dry clay making and cookery classes.

The Culture Café also offers Barista Training, giving clients the opportunity to learn how to use the barista machine and gain real work experience in our Café. Clients have the opportunity to practice customer service, making drinks and using the till in a supportive environment. Virtual College offer an online accredited course which **46** clients completed during the course of the year. A further **9** clients completed a Level 1, 2 or 3 Food Hygiene Certificate and have attended one of the cookery courses.

Silvers

The Silvers group is funded by HIWCF (Hampshire & Isle of Wight Community Fund), Shanly Foundation & The Skipton Building Society and takes place every Thursday afternoon for those aged over 55. On average there are **19** attendees weekly who are mainly of retirement age and access Silvers to widen their friendship group, engage in activities and reduce their social isolation. Many have been affected by the cost-of-living crisis and enjoy a free barista coffee or tea, snacks, trips and activities. We have worked with Silvers to improve their digital skills, spoken to them about on-line safety and have had a session on CO awareness and energy saving tips. Silvers have been on a seaside trip, attended the local Pantomime and visited the Watercress Line. During the national Mental Health Awareness week they had a Mindfulness class and took part in a Random Acts of Kindness session which also included a team building activity. Silvers have taken part in many activities including karaoke, line dancing, yoga, rock painting, plant potting, pyrography, games and arts and crafts.

Cooking/Community Lunches Sessions

Funded by The HUBBUB Foundation, Neighbourly and The Household Support Fund the aim of the cookery sessions, is to improve cookery skills, using basic healthy recipes that can be easily made at home using basic stock cupboard ingredients.

Those participating are encouraged to use leftovers, batch cook and freeze food leading to healthier and cheaper menu choices. In 2023 The Vine Centre cook book was launched and those attending cookery sessions received a free copy and store cupboard ingredients alongside kitchen utensils.

Cooking with Confidence

A weekly cookery class for adults, food is cooked during the session, once the meal is prepared everyone attending sits down to eat with each other. Reducing social isolation and giving participants an opportunity to share further money saving tips and recipe ideas.

During the year **26** individuals took part in Cooking with Confidence each attending **4** times there was

an improvement in confidence and self-esteem, as well as a willingness to try vegetarian and vegan options.

Family Cooking

For ease of access the classes take place after school hours and the groups are facilitated by a trained staff member and volunteer. The aim is that parents have quality time with their children, preparing a meal to eat on site as well as taking leftover home to freeze for another meal. It has been lovely to work with some Asylum Seekers (living in hotels) who really enjoy making a home-cooked meal with their children and they have come up with some different recipe ideas that other families have enjoyed cooking. Families with children who have learning difficulties have received additional support and recipes have been adapted for those who have dietary requirements. Family cooking sessions started in September 2023 and will run until August 2024, to date **39** families have enjoyed cooking together.

Community Lunches

Once a month The Vine Centre invites the community to join us for lunch, the food is prepared by staff,

volunteers and clients. These meals range from afternoon tea to curry and filled jacket potatoes, making use of excess food in our Community Cupboard. Everyone that attends also receives a drink with their meal all for a donation of £1.00. The lunches are popular and really bring people together, there has been **5** sessions which have been attended by **110** people. If funding allows this could move to a weekly support offer. To link in with our cookery session The Vine Centre produced it's no-waste cook book and up to 31st March 2024 has sold 143 copies, raising £1,430, which will help towards the future costs of our cookery project.

Community Cupboard

The Community Cupboard has been in operation since May 2021 and is mainly funded by the Household Support Fund, awarded by Hampshire County Council and subsidised by supermarket food waste and donations from community groups, churches, schools, individuals, Neighbourly, HUBBUB and VIVID.

During 2023/2024 there were **2466** visits to the Community Cupboard, on average this equates to **48** households receiving food support weekly. Alongside food support sits energy and budgeting support, cookery classes and employment & training sessions.

To ensure that food support can continue to be offered all those accessing the Community Cupboard are offered the first visit free and then are charged a weekly membership fee to help cover costs. This will help with the sustainability of the project.

A membership fee is only charged after a budgeting session has been completed ensuring that those seeking food support are in receipt of the correct benefits and allowances and are not in debt. The Community Cupboard also provides 'kids lunches' during school holidays this has meant that we have supported **623** children to access additional food support over the course of the year this helps supplement their diets with fruit, vegetables and healthy snacks whilst helping families on low incomes to provide healthy choices to their children.

The week running up to the Christmas break the Community Cupboard provided Christmas hampers, toys and treats to **182** households supporting both adults and families, this is a particularly busy time at the Vine Centre and we see an increase in community support during the festive period.

Training & Employment Services:

My Space

My Space runs every Monday for 6.5 hours and is funded by The National Lottery Awards for All Fund and The Worshipful Company of Girdlers offering training and employment support opportunities. This includes CV writing, interview skills, job searches, digital skills, support and training. The project has been running for 9 years and offers one to one support with no time limit, so that those accessing 'My Space' can do things at their own pace. The project aims to help those who do not have access to the

internet or a computer, or those who have low level IT skills, lack confidence and self-esteem and who need additional support, to allow them to access employment, training or volunteering opportunities. A total of **85** clients were supported and achieved the following outcomes: **83** were helped to create a CV, **28** clients were helped to gain paid employment, **42** clients completed training courses and **13** took up voluntary positions both externally and at The Vine Centre. Through the 'Learn My Way' beginners IT course **62** clients completed 3 or more courses. All those attending 'My Space' are encouraged to complete our in-house Barista course and the on-the-job training which is offered at the Culture Café'.

The Project is aimed at those who have difficulty in gaining employment or have never been in paid work, due to lack of skills and low confidence and self-esteem, most are referred to My Space by Job Centre Plus.

My Helping Hand

My Helping Hand project was started six years ago in response to an increase in those attending 'My Space' presenting as being unable to read or write, struggling with numeracy or had no digital skills and English as a second language. Clients are expected to find work but don't have the basic skills required to gain employment, volunteering or training opportunities. The project runs with My Space on a Monday and works with clients on a long-term basis and is facilitated by a qualified teacher and a volunteer. As well as helping clients to access employment it helps them to be able to read signs, recipes, a book to a grandchild, order prescriptions and shop on-line. The project improves a client's quality of life and supported **16** individuals in 2023/2024. The outcomes were: learning to read to read and write, attaining basic numeracy and IT skills. This leads to improved knowledge, the confidence to socially interact, complete training courses, use the internet and improved mental health and wellbeing.

Stepping Out

Stepping Out delivered a floating support service funded by a Hampshire County Council (Local Solutions Grant) for those over 65 who were not digitally aware and spent much of their time isolated at home. The pilot project ran from the beginning of January 2023 until the end of December 2024. During that time there were **61** beneficiaries who were visited and offered support in their own homes, on average clients received **7** sessions, each lasting over an hour which equates to **411** home visits. The support offer helped older people become digitally aware, allowing them to order groceries and repeat prescriptions online, contact others via social media platforms and face time family and friends. All those supported completed the on-line safety module on the 'Learn My Way' platform as well as attending an online SCAMS workshop.

The project helped those that were socially isolated to engage with the wider community which included joining groups in their locality including walking, yoga, coffee mornings and the CIO's own social group Silvers.

The staff member working on the project was a trained IT tutor who could additionally offer support for mental health, energy support including CO awareness, checking if clients were receiving the correct benefits and helping with cost saving hints and tips.

The CIO continues to look at funding opportunities so that 'Stepping Out' can become a permanent service offer.

Switched On (SGN Safe and Warm)

Switched On is funded by SGN Energy and was originally a pilot running from February 2023 to August 2023. Due to its on-going success and having another grant application accepted, the project will continue to run until February 2025, with a strong possibility of continuation funding. During 2023/2024 there were **399** households who accessed face to face support either at The Vine Centre or in their own homes or as part of the 'Stepping Out' project. All **399** were supported with CO (Carbon Monoxide) Awareness, energy saving tips, were added to the Priority Services Register (PSR) or asked if they had already been added and a check was made to ensure they were receiving the correct

benefits.

The project is delivered every morning as a drop-in, for face to face or telephone appointments. Clients that are eligible are added to the PSR to ensure that if there is a power outage they are contacted and a welfare check takes place. The PSR is for those with children under 5, of pensionable age, those with a physical disability and vulnerable adults particularly those with mental health or learning difficulties.

'Switched On' staff work with energy companies to set up more affordable repayment plans, reduce debts and open a line of communication ensuring that those most in need don't have utilities disconnected. The project links in CO (Carbon Monoxide) Awareness to ensure that vulnerable adults have a better understanding of this serious issue as well as having conversations around safety in their homes. All staff have received energy training provided by SGN which is a one-day course followed up with three short training sessions.

The Vine Centre has worked closely with Step Change and the Citizens Advice Bureau if someone needs debt advice rather than budgeting, ensuring that we are getting clients the best all round support available. We have also accessed food and energy vouchers as well as small grants to help those struggling to higher prices which has caused a cost-of-living crisis.

Cosy Hub

The CIO set up its Cosy Hub (Warm Space) in November 2022 and it has run successfully for two years, in response to high energy prices and the cost-of-living crisis. The Cosy Hub offered a warm space as well as access to our many support services particularly social groups. The Cosy Hub offered a warm space for people to come in use a computer, charge their phones, talk to a support worker, take part in activities, have a hot drink and something to eat. Those attending were struggling to heat their homes and were having to make choices between eating or heating. The Cosy Hub supported **46** individuals who accessed the service on average **5** times equating to **230** visits. All **46** clients accessed further support.

The Vine Centre handed out a total of **74** warm packs which included blankets, flasks, soup, hats, slippers and scarfs and gloves. **46** were handed out to the Cosy Hub attendees, with the remaining given to those presenting at the Community Cupboard.

New Project

Healthy Living -Yoga Sessions/Walk & Talk Group

The CIO received funding from WSA Obesity Fund (Hampshire County Council), Rushmoor Borough Council and the W.G Edwards Charitable Foundation to run activities to support healthy living.

Starting in January 2024 the funding has allowed us to offer Chair, Mat and Seated Yoga to our clients, the Yoga sessions are currently funded until December 2024 and are well attended.

Chair Yoga and Mat Yoga are for all ages and abilities and Seated Yoga is for those of pensionable age all sessions run weekly from The Vine Centre. The sessions offer gentle yoga, breathwork, physical postures and guided meditation and are facilitated by a trained professional.

The funding included a grant for a Walk & Talk group which runs bi-monthly starting at The Vine Centre on a 1.5 to 2 miles circular route around Aldershot in a friendly group setting. Post walk there is a stretching session and well-being talk which is enjoyed by clients of all ages and activity levels. The CIO will continue to look at new groups to improve the health and well-being of our clients, encouraging preventative measures to long term health conditions.

FUTURE PLANS (3 Years):

The Vine Centre will continue to adapt and change its services to meet the needs of the community.

Future plans include;

- The Trustees and CEO have developed a Business Plan (3 years). A planned Away Day will look further in how The Vine Centre plans to develop its services over a 5 year period. The Business Plan will be relooked at bi-annually to ensure it is still a relevant document
- A Succession Plan was put in place and approved in the January 2024 quarterly Trustees Meeting, this will be updated annually in October of each year. The Succession Plan was expediated due to changes in the staff Management Team and board of Trustees. As a result of the Succession Plan, a new staffing structure will be implemented in April 2024
- To implement a new skills/training matrix for the staff team due to the change in staff structure.
- Working with key partners to identify and to implement viable, sustainable projects that meet the needs of the community including floating support, health and wellbeing and climate projects (this has progressed during 2023/2024 the CIO now runs weekly yoga and walking groups)
- Identifying Opportunities that will allow the CIO to become more sustainable including room hire, fundraising events, giving talks and sales (including refreshments and cookbook). To look at a viable option/idea for a social enterprise. The CIO has previously run a catering business (Vine Dining) which had to cease operation due to the pandemic and subsequent lockdown, demand for a buffet delivery service has been low in recent years, but recent research shows that there is more of an appetite for buffets/afternoon teas as part of a delivery service. The CEO and fundraiser will seek funding/partnership opportunities to ascertain if a social enterprise is a viable option for the future plans of the CIO.

THIS IS WHAT WE DO:



Support is based on the individual needs of the client. We work with a client to determine the best support plan for their needs and circumstances. Support is not linear and some people may access multiple services, some may only access or have a need for one service. Different services are accessed to ensure the best possible chance to make sustainable changes to achieve independent living.

FINANCIAL REVIEW - by Treasurer – Mark Rosling**Review of the Year**

During 2023-24, The Vine Centre generated an income of £363,102 (£377,900 in 2022-23). The CIO's total expenditure was £351,162 (£330,342 in 2022-23) The overall net surplus resource is £11,940 (£47,558 surplus in 2022-23)

Mark Rosling (Treasurer) comments

The CIO is carrying forward unrestricted reserves of £195,483 (£172,788 in 2022-23) of which £70,000 represents the CIO's free reserves. The remaining £125,483 alongside some restricted funding allows the CIO 6 months running costs and flexibility in case of future emergencies, provides the ability to react quickly to changing environments and potential client needs, and gives an indication of ongoing permanence. The CIO has once again demonstrated the ability to adapt and respond to evolving client needs.

Reserves policy

The Trustees aim to hold reserves sufficient to cover 6 months' running costs which amounts to £70,000, we are currently running in line with policy requirements. This is through a combination of unrestricted funds and appropriate restricted funds.

Reserves are split into general and fixed asset reserves. This is to ensure that fixed assets are separately accounted for.

Joyce Bellwood (Chairs) comments

In the last 12 months the CEO and the staff and volunteers of The Vine Centre have been proactive in identifying areas of need in the community. Support from the CIO's previous and new funders and donors, have allowed the charity to quickly implement appropriate help and training to individuals and families in the area. Without this money, the CIO would be unable to function. The CEO and staff are to be congratulated on their grant and fund raising work and the management of the funds received.

ON BEHALF OF THE BOARD:

Signed by:

 94511E9192FE4B0...

Joyce Bellwood - Chair of Trustees

Date: 05-Nov-2024

THE VINE CENTRE

MENZIES
BRIGHTER THINKING

INDEPENDENT EXAMINERS' REPORT

Independent examiner's report to the Trustees of The Vine Centre ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute for Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed:

DocuSigned by:

Janice Matthews FCA

Dated: 05-Nov-2024

Menzies LLP
Chartered Accountants
Magna House
18-32 London Road
Staines-Upon-Thames
TW18 4BP

THE VINE CENTRE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:					
Voluntary income		209,546	134,452	343,998	359,237
Activities for generating funds	2	-	17,021	17,021	17,410
Investments	3	-	2,083	2,083	1,253
Total income		209,546	153,556	363,102	377,900
Expenditure on:					
Raising funds	4	-	15,458	15,458	2,577
Charitable activities		220,301	115,403	335,704	327,765
Total expenditure		220,301	130,861	351,162	330,342
Net movement in funds		(10,755)	22,695	11,940	47,558
Reconciliation of funds:					
Total funds brought forward		119,652	172,788	292,440	244,882
Net movement in funds		(10,755)	22,695	11,940	47,558
Total funds carried forward		108,897	195,483	304,380	292,440

The Statement of financial activities includes all gains and losses recognised in the year.

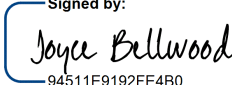
The notes on pages 18 to 26 form part of these financial statements.

THE VINE CENTRE

BALANCE SHEET
AS AT 31 MARCH 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	9	3,466	8,392
		<u>3,466</u>	<u>8,392</u>
Current assets			
Debtors	10	-	80
Cash at bank and in hand		301,972	293,162
		<u>301,972</u>	<u>293,242</u>
Creditors: amounts falling due within one year	11	(1,058)	(9,194)
Net current assets		<u>300,914</u>	<u>284,048</u>
Total assets less current liabilities		<u>304,380</u>	<u>292,440</u>
Total net assets		<u><u>304,380</u></u>	<u><u>292,440</u></u>
Charity funds			
Restricted funds	12	108,897	119,652
Unrestricted funds	12	195,483	172,788
Total funds		<u><u>304,380</u></u>	<u><u>292,440</u></u>

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Signed by:

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J Bellwood
Chair of Trustees

Date: 05-Nov-2024

The notes on pages 18 to 26 form part of these financial statements.

THE VINE CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Vine Centre meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.2 Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

1.3 Income

All income resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

1.4 Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

1.6 Taxation

The charity is exempt from tax on its charitable activities.

1. Accounting policies (continued)

THE VINE CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

3. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Investment income - bank interest	2,083	2,083	1,253
Total 2023	1,253	1,253	

4. Expenditure on raising funds

Costs of raising voluntary income

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Costs of raising voluntary income	15,458	15,458	2,577
Total 2023	2,577	2,577	

5. Analysis of expenditure by activities

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £	Total funds 2023 £
Cost of charitable activities	288,879	46,825	335,704	327,765
Total 2023	294,157	33,608	327,765	

THE VINE CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

5. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Activities 2024 £	Total funds 2024 £	Total funds 2023 £
Salaries (Inc Nest Pension)	214,449	214,449	199,730
Project costs	57,550	57,550	80,839
Vine Dining Project costs (set up and staffing)	-	-	(3,079)
Utilities (Heating & Light)	4,890	4,890	5,722
Rent & Rates	11,990	11,990	10,945
	<u>288,879</u>	<u>288,879</u>	<u>294,157</u>
<i>Total 2023</i>	<u>294,157</u>	<u>294,157</u>	

Analysis of support costs

	Activities 2024 £	Total funds 2024 £	Total funds 2023 £
Telephone & Computer costs	3,361	3,361	2,481
Postage, Printing & Stationary	2,809	2,809	4,316
Bank Charges	(120)	(120)	70
Equipment	-	-	502
Travel	4,450	4,450	2,305
Professional Fees	13,814	13,814	11,175
Insurance	1,585	1,585	1,199
Depreciation	4,926	4,926	2,463
Maintenance	16,000	16,000	9,097
	<u>46,825</u>	<u>46,825</u>	<u>33,608</u>
<i>Total 2023</i>	<u>33,608</u>	<u>33,608</u>	

6. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £2,725 (2023 - £2,475).

THE VINE CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

7. Staff costs

	2024 £	2023 £
Wages and salaries	202,965	208,848
Social security costs	6,983	9,121
Contributions to defined pension schemes	4,501	7,504
	<u>214,449</u>	<u>225,473</u>

The average number of persons employed by the Charity during the year was as follows:

	2024 No.	2023 No.
Employees	11	11
	<u>11</u>	<u>11</u>

No employee received remuneration amounting to more than £60,000 in either year.

8. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 31 March 2024, no Trustee expenses have been incurred (2023 - £NIL).

THE VINE CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

9. **Tangible fixed assets**

	Fixtures and fittings £
Cost or valuation	
At 1 April 2023	32,944
Additions	1,050
At 31 March 2024	33,994
Depreciation	
At 1 April 2023	24,552
Charge for the year	5,976
At 31 March 2024	30,528
Net book value	
At 31 March 2024	3,466
At 31 March 2023	8,392

10. **Debtors**

	2024 £	2023 £
Due within one year		
Prepayments and accrued income	-	80
	-	80

11. **Creditors: Amounts falling due within one year**

	2024 £	2023 £
Accruals and deferred income	1,058	9,194

THE VINE CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

12. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Unrestricted funds				
General Funds	172,788	153,556	(130,861)	195,483
Restricted funds				
Community Pantry	15,746	32,999	(38,730)	10,015
First Wessex Job Club	8,006	10,000	(5,470)	12,536
Employment/Training Community Fund	-	19,960	-	19,960
Girdlers	16,471	500	(15,378)	1,593
Connecting for Community	10,184	5,600	(8,082)	7,702
CFS	3,517	-	(3,214)	303
Evening vine	1,413	-	(1,304)	109
Veterans Fund	1,236	-	(823)	413
HCC Obesity	-	4,999	-	4,999
ABF the soldiers charity	442	5,000	-	5,442
Asylum Seeker Support	-	4,800	-	4,800
Hubbub	-	7,000	(1,876)	5,124
Culture Café	4,354	32,495	(29,845)	7,004
Operations Manager Salary	23,000	-	(20,185)	2,815
Broadhurst	9,672	41,722	(48,503)	2,891
SGN Energy	11,785	26,868	(23,095)	15,558
Stepping Out	12,062	14,103	(21,580)	4,585
The Arts Council	-	3,500	(708)	2,792
Other restricted funds	1,764	-	(1,508)	256
	119,652	209,546	(220,301)	108,897
Total of funds	292,440	363,102	(351,162)	304,380

The main restricted funds are explained in detail in the trustees' report.

THE VINE CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

12. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2022 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2023 £</i>
General Funds	143,129	166,581	(136,922)	172,788
Restricted funds				
Community Pantry	24,000	20,602	(28,856)	15,746
First Wessex Job Club	7,855	5,298	(5,147)	8,006
Girdlers	7,906	15,000	(6,435)	16,471
Connecting for Community	17,262	10,734	(17,812)	10,184
CFS	7,000	-	(3,483)	3,517
Evening vine	10,000	47	(8,634)	1,413
Veterans Fund	10,000	348	(9,112)	1,236
HCC Obesity	2,500	-	(2,389)	111
Culture Café	2,355	32,284	(30,285)	4,354
Operations Manager Salary	-	23,000	-	23,000
Broadhurst	-	63,690	(54,018)	9,672
SGN Energy	-	11,785	-	11,785
Stepping Out	-	14,104	(2,042)	12,062
Other restricted funds	12,875	14,427	(25,207)	2,095
	101,753	211,319	(193,420)	119,652
Total of funds	244,882	377,900	(330,342)	292,440

13. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	-	3,466	3,466
Current assets	108,897	193,075	301,972
Creditors due within one year	-	(1,058)	(1,058)
Total	108,897	195,483	304,380

THE VINE CENTRE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior period

	<i>Restricted funds 2023 £</i>	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Tangible fixed assets	-	8,392	8,392
Current assets	119,652	173,590	293,242
Creditors due within one year	-	(9,194)	(9,194)
Total	119,652	172,788	292,440

14. Operating lease commitments

At 31 March 2024 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2024 £
Not later than 1 year	11,000
Later than 1 year and not later than 5 years	43,000
	54,000

15. Related party transactions

There were no related party transactions in the year ended 31 March 2024, nor the year ended 31 March 2023.