



Charity Registration No: 1193633
C/o 31 Empire Road Salisbury, Wiltshire SP2 9DE

Annual Report & Financial Records for Year ending 4th October 2025

Description of main purpose of charity

Cancer Support Salisbury (CSS) is a non-profit volunteer led charity based in Salisbury, which has been operating since September 2019. CSS offers support to anyone affected by cancer in Salisbury and the surrounding area. This includes family, carers, relatives and friends. Twice weekly social drop-ins are provided, in a safe, friendly non-medical environment alongside complementary therapies, counselling, and yoga & meditation.

Employees

We have no employees. The charity has 17 regular volunteers who help run the social drop-in sessions, organise fundraising activities, cater for functions, network, organise our social media and advertising, manage our finances, create artwork, flyers, maintain our website. Many of our clients donate their time too with our fundraising activities. We pay for the services of a Complementary Therapist, a Counsellor and this year a Yoga & Meditation Teacher.



Finance Report

During the last financial year Cancer Support Salisbury received a grant and a large individual donation which along with additional funding meant that we began this year with £23,475 in the bank. This year, our own fundraising events such as the market stalls, bingo night ceilidh, and outside group donations provided an increase in profit compared to funds raised last year. Individual donations remained about the same excluding the large single donation. Our clients at the social drop-in held on Wednesdays and Thursdays continue to give generously, which includes their donations made for services received of yoga, counselling and complementary therapies. Other funding comes from the Salisbury City Lottery, Easy Fundraising and donations for counselling giving us a total income of £18,756.

Social drop-in collection boxes	£1775
Cancer Support Salisbury fundraising events	£7415
Outside group donations	£3509
Individual donations	£4631
Salisbury City Lottery	£439
Easy Fundraising	£136
Counselling Donations	£851

As with previous years our main expenditure is for the hire of the Quaker Meeting House facilities and the services provided to our clients. This year the total expenditure was £17517 compared to £14496 in the previous year. The increase was due to spending more on counselling services, an increase for the first time in facility charges, and outgoings for fundraising events.

Facilities	£6084
Complementary Therapy	£3332
Yoga	£1080
Counselling	£2880
Cancer Support Salisbury fundraising events	£2901

We still have some restricted funding of £2434 for volunteer events, training and supervision.

As more people and groups are becoming aware of Cancer Support Salisbury, individual and group donations will hopefully continue to increase. For example, we now have the choir, "The Skylarks" who sing and fundraise for us. The rugby club held a quiz night with proceeds being donated to us and there will be another quiz in March 2026.

With income for the year exceeding expenditure by £1239 and with the money that was carried forward from last year, Cancer Support Salisbury is in a healthy financial position. This gives us more confidence that the Charity can continue into its fifth year delivering much needed support to all our clients.

Our main assets are a promotional banner and an Epson printer that was purchased this year. A laptop, donated by one of our volunteers.

Trading

This charity does not have any trading subsidiaries.

What the charity does

The advancement of health.

Organisation Type

Not for profit charity

Gift Aid

Not registered with Gift Aid at present.

Policies

Complaints Handling

Risk Management

Safeguarding

Volunteer Management

How we help

We offer social drop-in sessions where clients are welcome to attend for any length of time during opening hours. People may wish to talk on a 1:1 basis with a trained volunteer or with other clients attending which encourages rapport and conversation. Clients are offered the opportunity to access counselling, yoga and meditation and complementary therapies. These are all pre-booked via email or during the drop-in or by telephone. Complementary therapy and counselling provide an initial consultation of one hour to go through details with the client. This may include information regarding any relevant medication/health issues, or treatment being received. Following this, a further six sessions will be offered and made available to each client by appointment.

Who we help

CSS supports anyone affected by cancer including their family, carers, relatives and friends. We make our services available to the local Salisbury community and the surrounding areas. Our trained volunteer Befrienders provide a listening ear in a non-judgemental and confidential manner. This may help to reduce anxiety and emotional distress following a diagnosis. The service is delivered in a safe, nurturing and non-medical environment at the Quaker Meeting House. Free refreshments are available, and clients can be signposted to additional sources of support. CSS works in partnership with other services within the community. This year we had 112 clients who visited the social drop-in sessions 577 times.

Initial Contact

People contact us in a variety of ways including attending our weekly social drop-in on Wednesday morning, or Thursday afternoon. They may complete a google search and complete the contact form on our website, email or telephone us, use word of mouth, or via referral from Salisbury District Hospital or local medical practices. Once contact is made, clients are offered an overview of the charity's services, provided with directions to the social drop-in, and invited to attend a session. They may also choose to book counselling or therapy or sign up to the Yoga group.

Our services

In addition to our befriending service and social groups at each drop-in, on Wednesdays we also provide counselling and yoga and meditation and on Thursdays we provide complementary therapies with yoga and meditation held once a month which also helps to encourage attendance at the social drop-in's.

Counselling

Our counselling helps support clients with some of the psychological effects of cancer.

'I found the counselling to be extremely beneficial. Kate was very easy to talk to and I was able to talk about experiences that I hadn't been able to talk about previously'

Complementary therapies

Our complementary therapies include aromatherapy, massage and reflexology which are individually tailored to help support and potentially alleviate associated physical, emotional and health challenges experienced with cancer.

*I was greeted with kindness and support from everyone at the centre and was offered some lovely treatments from Rachel which have helped immensely.
I have loved the time to just relax and feel pampered,
it's been something to look forward to instead of endless hospital appointments.*

*'Just a quick note to say I can't thank Cancer Support Salisbury team highly enough. The Complementary Therapies provided by the lovely Rachel have been amazing and gave me a wonderful sense of escapism, which allowed me to focus on the present moment rather than what my mind and body were going through.
Rachel is exceptional, professional and so caring, she made me feel heard, safe and truly pampered. These treatments have been a vital part of my wellbeing during a very difficult time.'*

Yoga and meditation

Our classes offer gentle movement, breathwork and relaxation to support health and wellbeing, reflecting the proven benefits of exercise for people affected by cancer. The gentle yoga supports both the mind and the body.

Everything I have experienced, including chatting and having a cuppa has had a positive outcome for me and has genuinely helped my physical and mental health.

Main activities we have carried out for the public benefit

For 49 weeks we have provided a social drop-in for anyone affected by cancer in Salisbury and the surrounding areas. During the year we helped 112 clients who attended the social drop-in 577 times over the Wednesdays and Thursdays. Over 49 weeks our volunteers attended 377 times.

We have provided 98 complementary therapy sessions for 14 clients, with a choice of Reflexology, Aromatherapy and Aromatherapy Massage.

We have provided 90 counselling sessions for 19 clients this year.

We have provided 135 Yoga sessions this year.

5th October 2024 – 4th October 2025 Achievements

During the last year:

We have been able to continue a social drop-in twice a week offering complementary therapies, yoga and meditation and counselling. In addition, this year we have been able to add an additional Yoga Class once a month, with a second Yoga Teacher.

'Marvellous service for the community. Everyone is very supportive and welcoming.'

Our monthly Market Stall in Salisbury has continued as a popular source of fundraising. The stall is run by our wonderful volunteers, with hourly shifts. Donations of home-baked cakes and handmade arts and crafts from volunteers are sold alongside, local handcrafted pottery, handmade knitted garments, jewellery and cards.

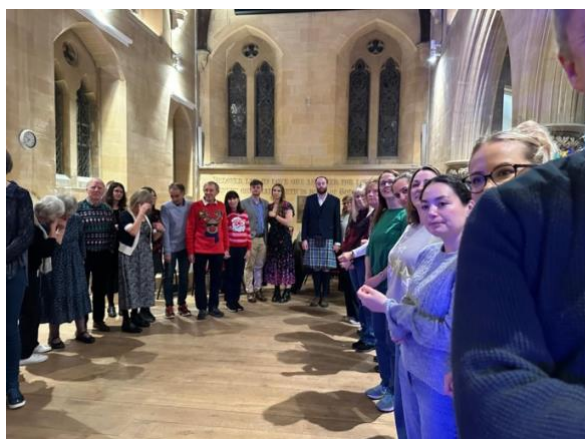
We have received donations from more individuals and local groups including New Sarum WI and Durrington School. Our fundraising raised more than our expenditure. Social Media has been successful in reaching local business and community particularly through Twitter (X) and Facebook, gaining more followers. This has

increased our online reach leading to collaborations with other local charities, local hospital Cancer Departments, local groups and communities.



The Bingo Evening at Downton Football Club was a success, many supporters turned out for the evening and enjoyed homemade chilli whilst raising funds for our charity.

A Private Summer's Garden Party took place in July, much tea, homemade cake and cordial were enjoyed in the sunshine. Funds were raised from raffle and donations.



Our first Ho, Ho, Hoedown Evening event was a success at the St Johns Place, Lower Bemerton, seeing an evening of pre-Christmas merriment, dancing and delicious three course dinner, thanks to the fantastic efforts of Fundraising Team - Rachel, Helen, Jackie, Nicky & Suzanne and dedicated volunteers.



We enjoyed entering the annual Christmas Tree Festival at St Thomas's Church, showcasing our very own Christmas Tree adorned with decorations made by our volunteers. These included lavender bags, gingerbread biscuits, pom poms and handmade ceramic decorations by local artist Annette Wells. Our theme was our ethos 'stronger side by side' and represented all the support that our charity offers. The festival was well attended by local community alongside other businesses and charities and schools.

We continued to hold our Christmas Carol Sing-a-long where client's past and present were invited alongside the community to enjoy an afternoon of carols, mince pies and tea. There was also a Fundraising raffle with prizes donated from local businesses and supporters. This was very well attended and made a wonderful round off to the year.



Quaker Meeting House – Christmas Sing-a-long



Volunteers were invited to a new Menu tasting evening at Wagamma's Salisbury, who have kindly been supporting the charity since we started. Our volunteers enjoyed a delicious selection of food and drink and bonding together, with lots of chatter and laughter.



How does our year compare to our plans and aspirations from last year?

Our year has been steady. Our aims to keep the charity going have been met; total volunteer numbers are consistent and our financial situation is healthy.

What have been the difficulties and challenges for the past year?

Recruiting new volunteers and trustees.

Lack of volunteers to run the social drop in and market stall on occasions.

Peer Supervision did not work for our volunteers.

Our Fundraising Practice

Our fundraising group of five volunteers meet every three months to plan forthcoming events and discuss plans for future fundraising.

The monthly market stall, where homemade cakes and savouries, handcrafted goods made by volunteers are sold. This has been very successful in fundraising for the group and raising our profile and widening our local community relationships.

We would like to thank all individuals and companies who have helped support the charity during the year including:

Gilbert Scammell Tesco Stores Salisbury

All Seasons Laundry

Salisbury City Council

Waitrose

St Thomas Church

Radio Odstock

Salisbury & South Wiltshire Sports Club

Wagammass Salisbury
New Sarum WI
The Wig & Quill, Salisbury
Downton Football Club
Mrs & Mrs Salter
St Johns Place
Mrs A Collins

What are our aims? How are we going to go about achieving them?

Our mission is to provide an accessible service; information, signposting (where appropriate), emotional support, psychical activities, complementary therapies and counselling to anyone affected by cancer including their families and carers, friends and relatives recognising their needs, to reach all sections of the community, and to encourage feedback from users to shape the future of the charity.

Our aim is:

To continue to provide a service for anyone affected by cancer and their families and carers.

To build upon the success of complementary therapies, [yoga and meditation](#) and counselling.

To continue to maintain relations with (local) Salisbury District Hospital and local medical practices.

To continue building a selection of activities to attract people to participate in.

To continue raising our profile in Salisbury and the surrounding area to attract more clients to our services and to increase our donations from individuals and groups.

To continue our own fundraising activities.

To recruit new volunteers and trustees for the charity.

Future plans

To continue and improve existing services offered.

Build funds via fundraising and sponsorships from local businesses, schools and groups.

To build up a bank of volunteers, and recruit trustees.

To have a part-time Manager/Co-ordinator.

Our ultimate goal would be to have a permanent space with a café which would serve the community as well as a base for the charity.

To use Gift Aid.

Further training for all volunteers.

What have our objectives been?

Our objective was to keep the charity going to be able to continue offering social drop-in and to build upon the availability of yoga, counselling and therapies offered.

To continue good relationships with the local hospital and medical practices.

How was our money spent and how did it make a difference?

We have rented the facilities at the Quaker Meeting House for the venue for social drop-in and additional rooms for complementary therapies and counselling.

We have rented the Market Stall pitch at Salisbury Market on Saturdays to use as a fundraising initiative for the charity. This enabled us to sell handcrafted goods, homemade cakes and savouries to the Salisbury community, raise the profile and awareness of the charity and its services.

By retaining the services of our complementary therapist, counsellor and Yoga and meditation teacher we were able to continue to offer complementary therapies, one-to-one counselling sessions and Gentle Yoga Classes to our clients.

Reserves money what's it for?

Our reserve policy is that we keep three months expenditure in reserve.

How we work

The charity trustees, of three members, are responsible for the overall management and control of the charity and meet quarterly. All trustees give their time freely and no remuneration or expenses are paid in the year.

We use online social media platforms, Wessex Community Action, GoVo and word of mouth to try to recruit new Trustees.

Our volunteers

We readily celebrated our Volunteers during 'Volunteers Week 2025 on social media. We would like to thank every one of them for their continued, support, time and love.



This year we were saddened by the death of Sally Bradley who was one of our volunteers who had been with the charity right from the beginning, bringing her love and warmth to everyone she met, supporting many people and volunteers with her wealth of experience. She will be missed.

The Trustees present their report and financial statements for the period 5th October 2024 to 4th October 2025.

Name of Trustees & Role	
Rachel Salter – Chairperson	
Robert Wells – Treasurer	
Makaela Parkes – Administrator	

Declarations

The trustees declare that they have approved the trustees report above.
Signed on behalf of the charity's trustees.



Signed:

Full name: Rachel Salter

Position within charity: Trustee and Chairperson Dated: 30.4.26



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
CANCER SUPPORT SALISBURY

No (if any)
1193633

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	05-Oct-24		04-Oct-25

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
DROP IN COLLECTION BOXES	1,775	-	-	1,775	1,611
FUNDRAISING EVENTS	7,415	-	-	7,415	5,181
OUTSIDE GROUP DONATION	3,509	-	-	3,509	2,355
GRANTS	-	-	-	-	9,543
INDIVIDUAL DONATIONS	4,631	-	-	4,631	7,890
SALISBURY CITY LOTTERY	439	-	-	439	543
EASY FUNDRAISING	136	-	-	136	168
COUNSELLING DONATIONS	851	-	-	851	398
JUST GIVING	-	-	-	-	1,467
	-	-	-	-	-
Sub total (Gross income for AR)	18,756	-	-	18,756	29,156
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,756	-	-	18,756	29,156
A3 Payments					
REFRESHMENTS	-	83	-	83	183
ADVERTISING	74	24	-	98	326
ADMINISTRATION	440	-	-	440	662
FACILITIES	4,440	1,644	-	6,084	5,105
THERAPY	3,332	-	-	3,332	4,463
YOGA	1,080	-	-	1,080	1,080
COUNSELLING	2,880	-	-	2,880	1,590
FUNDRAISING EVENTS	2,901	-	-	2,901	580
DBS/TRAINING	-	-	-	-	24
VOLUNTEER EVENTS/ POLO SHIRTS	-	526	-	526	385
BANK CHARGES	93	-	-	93	98
	-	-	-	-	-
	-	-	-	-	-
Sub total	15,240	2,277	-	17,517	14,496
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	15,240	2,277	-	17,517	14,496
Net of receipts/(payments)	3,516	- 2,277	-	1,239	14,660
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	23,475	-	-	23,475	-
Cash funds this year end	26,991	- 2,277	-	24,714	14,660

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		23,052	1,662	-
		-	-	-
		-	-	-
	Total cash funds	23,052	1,662	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
B4 Assets retained for the charity's own use				
	EPSON PRINTER	ADVERTISING	250	250
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	REWells	Robert Wells	22-Jan-26	