

CANCER SUPPORT SALISBURY

England & Wales · Charity number 1193633

Details

Status Registered

Legal form CIO

Registered 2021-02-23

Register [View on the Charity Commission register](#)

Contact

Address 31 Empire Road
Salisbury
SP2 9DE

Phone 07926841698

Email info@cancersupportsalisbury.com

Website www.cancersupportsalisbury.com

Activities

Objects: FOR THE PUBLIC BENEFIT IN SALISBURY AND THE SURROUNDING AREA, TO RELIEVE THE NEEDS OF CANCER PATIENTS, AND ANYONE AFFECTED BY CANCER INCLUDING FAMILY MEMBERS CARERS AND FRIENDS, BY PROVIDING A SUPPORT CENTRE IN SALISBURY TO PROVIDE CONFIDENTIAL SUPPORT, COUNSELLING, INFORMATION AND COMPLEMENTARY THERAPIES DIRECTED TO CONTRIBUTE TO RELIEVING THEIR NEEDS, IN PARTICULAR, MASSAGE, REFLEXOLOGY, AROMATHERAPY, REIKI AND OTHER SERVICES AND ACTIVITIES THAT MAY BENEFIT THEIR WELLBEING.

Activities: Cancer Support Salisbury provides support to people affected by cancer in Salisbury and the surrounding area.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, Other Defined Groups

Geography

- Dorset
- Hampshire
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-04	£18,756	£17,517	-	-
2024-10-04	£29,158	£14,496	-	-
2023-10-04	£16,579	£13,507	-	-
2022-10-04	£6,512	£12,104	-	-
2021-10-04	£18,913	£7,656	-	-

Trustees

Name	Role	Appointed
Rachel Louise Salter	Chair	2021-02-10
Makaela Parkes		2021-02-10
Robert Wells		2021-02-10

CANCER SUPPORT SALISBURY

England & Wales - Charity number 1193633

Accounts



Charity Registration No: 1193633
C/o 31 Empire Road Salisbury, Wiltshire SP2 9DE

Annual Report & Financial Records for Year ending 4th October 2025

Description of main purpose of charity

Cancer Support Salisbury (CSS) is a non-profit volunteer led charity based in Salisbury, which has been operating since September 2019. CSS offers support to anyone affected by cancer in Salisbury and the surrounding area. This includes family, carers, relatives and friends. Twice weekly social drop-ins are provided, in a safe, friendly non-medical environment alongside complementary therapies, counselling, and yoga & meditation.

Employees

We have no employees. The charity has 17 regular volunteers who help run the social drop-in sessions, organise fundraising activities, cater for functions, network, organise our social media and advertising, manage our finances, create artwork, flyers, maintain our website. Many of our clients donate their time too with our fundraising activities. We pay for the services of a Complementary Therapist, a Counsellor and this year a Yoga & Meditation Teacher.



Finance Report

During the last financial year Cancer Support Salisbury received a grant and a large individual donation which along with additional funding meant that we began this year with £23,475 in the bank. This year, our own fundraising events such as the market stalls, bingo night ceilidh, and outside group donations provided an increase in profit compared to funds raised last year. Individual donations remained about the same excluding the large single donation. Our clients at the social drop-in held on Wednesdays and Thursdays continue to give generously, which includes their donations made for services received of yoga, counselling and complementary therapies. Other funding comes from the Salisbury City Lottery, Easy Fundraising and donations for counselling giving us a total income of £18,756.

Social drop-in collection boxes	£1775
Cancer Support Salisbury fundraising events	£7415
Outside group donations	£3509
Individual donations	£4631
Salisbury City Lottery	£439
Easy Fundraising	£136
Counselling Donations	£851

As with previous years our main expenditure is for the hire of the Quaker Meeting House facilities and the services provided to our clients. This year the total expenditure was £17517 compared to £14496 in the previous year. The increase was due to spending more on counselling services, an increase for the first time in facility charges, and outgoings for fundraising events.

Facilities	£6084
Complementary Therapy	£3332
Yoga	£1080
Counselling	£2880
Cancer Support Salisbury fundraising events	£2901

We still have some restricted funding of £2434 for volunteer events, training and supervision.

As more people and groups are becoming aware of Cancer Support Salisbury, individual and group donations will hopefully continue to increase. For example, we now have the choir, "The Skylarks" who sing and fundraise for us. The rugby club held a quiz night with proceeds being donated to us and there will be another quiz in March 2026.

With income for the year exceeding expenditure by £1239 and with the money that was carried forward from last year, Cancer Support Salisbury is in a healthy financial position. This gives us more confidence that the Charity can continue into its fifth year delivering much needed support to all our clients.

Our main assets are a promotional banner and an Epson printer that was purchased this year. A laptop, donated by one of our volunteers.

Trading

This charity does not have any trading subsidiaries.

What the charity does

The advancement of health.

Organisation Type

Not for profit charity

Gift Aid

Not registered with Gift Aid at present.

Policies

Complaints Handling

Risk Management

Safeguarding

Volunteer Management

How we help

We offer social drop-in sessions where clients are welcome to attend for any length of time during opening hours. People may wish to talk on a 1:1 basis with a trained volunteer or with other clients attending which encourages rapport and conversation. Clients are offered the opportunity to access counselling, yoga and meditation and complementary therapies. These are all pre-booked via email or during the drop-in or by telephone. Complementary therapy and counselling provide an initial consultation of one hour to go through details with the client. This may include information regarding any relevant medication/health issues, or treatment being received. Following this, a further six sessions will be offered and made available to each client by appointment.

Who we help

CSS supports anyone affected by cancer including their family, carers, relatives and friends. We make our services available to the local Salisbury community and the surrounding areas. Our trained volunteer Befrienders provide a listening ear in a non-judgemental and confidential manner. This may help to reduce anxiety and emotional distress following a diagnosis. The service is delivered in a safe, nurturing and non-medical environment at the Quaker Meeting House. Free refreshments are available, and clients can be signposted to additional sources of support. CSS works in partnership with other services within the community. This year we had 112 clients who visited the social drop-in sessions 577 times.

Initial Contact

People contact us in a variety of ways including attending our weekly social drop-in on Wednesday morning, or Thursday afternoon. They may complete a google search and complete the contact form on our website, email or telephone us, use word of mouth, or via referral from Salisbury District Hospital or local medical practices. Once contact is made, clients are offered an overview of the charity's services, provided with directions to the social drop-in, and invited to attend a session. They may also choose to book counselling or therapy or sign up to the Yoga group.

Our services

In addition to our befriending service and social groups at each drop-in, on Wednesdays we also provide counselling and yoga and meditation and on Thursdays we provide complementary therapies with yoga and meditation held once a month which also helps to encourage attendance at the social drop-in's.

Counselling

Our counselling helps support clients with some of the psychological effects of cancer.

'I found the counselling to be extremely beneficial. Kate was very easy to talk to and I was able to talk about experiences that I hadn't been able to talk about previously'

Complementary therapies

Our complementary therapies include aromatherapy, massage and reflexology which are individually tailored to help support and potentially alleviate associated physical, emotional and health challenges experienced with cancer.

*I was greeted with kindness and support from everyone at the centre and was offered some lovely treatments from Rachel which have helped immensely.
I have loved the time to just relax and feel pampered, it's been something to look forward to instead of endless hospital appointments.*

*'Just a quick note to say I can't thank Cancer Support Salisbury team highly enough. The Complementary Therapies provided by the lovely Rachel have been amazing and gave me a wonderful sense of escapism, which allowed me to focus on the present moment rather than what my mind and body were going through.
Rachel is exceptional, professional and so caring, she made me feel heard, safe and truly pampered. These treatments have been a vital part of my wellbeing during a very difficult time.'*

Yoga and meditation

Our classes offer gentle movement, breathwork and relaxation to support health and wellbeing, reflecting the proven benefits of exercise for people affected by cancer. The gentle yoga supports both the mind and the body.

Everything I have experienced, including chatting and having a cuppa has had a positive outcome for me and has genuinely helped my physical and mental health.

Main activities we have carried out for the public benefit

For 49 weeks we have provided a social drop-in for anyone affected by cancer in Salisbury and the surrounding areas. During the year we helped 112 clients who attended the social drop-in 577 times over the Wednesdays and Thursdays. Over 49 weeks our volunteers attended 377 times.

We have provided 98 complementary therapy sessions for 14 clients, with a choice of Reflexology, Aromatherapy and Aromatherapy Massage.

We have provided 90 counselling sessions for 19 clients this year.

We have provided 135 Yoga sessions this year.

5th October 2024 – 4th October 2025 Achievements

During the last year:

We have been able to continue a social drop-in twice a week offering complementary therapies, yoga and meditation and counselling. In addition, this year we have been able to add an additional Yoga Class once a month, with a second Yoga Teacher.

'Marvellous service for the community. Everyone is very supportive and welcoming.'

Our monthly Market Stall in Salisbury has continued as a popular source of fundraising. The stall is run by our wonderful volunteers, with hourly shifts. Donations of home-baked cakes and handmade arts and crafts from volunteers are sold alongside, local handcrafted pottery, handmade knitted garments, jewellery and cards.

We have received donations from more individuals and local groups including New Sarum WI and Durrington School. Our fundraising raised more than our expenditure. Social Media has been successful in reaching local business and community particularly through Twitter (X) and Facebook, gaining more followers. This has

increased our online reach leading to collaborations with other local charities, local hospital Cancer Departments, local groups and communities.



The Bingo Evening at Downton Football Club was a success, many supporters turned out for the evening and enjoyed homemade chilli whilst raising funds for our charity.

A Private Summer's Garden Party took place in July, much tea, homemade cake and cordial were enjoyed in the sunshine. Funds were raised from raffle and donations.



Our first Ho, Ho, Hoedown Evening event was a success at the St Johns Place, Lower Bemerton, seeing an evening of pre-Christmas merriment, dancing and delicious three course dinner, thanks to the fantastic efforts of Fundraising Team - Rachel, Helen, Jackie, Nicky & Suzanne and dedicated volunteers.



We enjoyed entering the annual Christmas Tree Festival at St Thomas's Church, showcasing our very own Christmas Tree adorned with decorations made by our volunteers. These included lavender bags, gingerbread biscuits, pom poms and handmade ceramic decorations by local artist Annette Wells. Our theme was our ethos 'stronger side by side' and represented all the support that our charity offers. The festival was well attended by local community alongside other businesses and charities and schools.

We continued to hold our Christmas Carol Sing-a-long where client's past and present were invited alongside the community to enjoy an afternoon of carols, mince pies and tea. There was also a Fundraising raffle with prizes donated from local businesses and supporters. This was very well attended and made a wonderful round off to the year.



Quaker Meeting House – Christmas Sing-a-long

Volunteers were invited to a new Menu tasting evening at Wagamma's Salisbury, who have kindly been supporting the charity since we started. Our volunteers enjoyed a delicious selection of food and drink and bonding together, with lots of chatter and laughter.



How does our year compare to our plans and aspirations from last year?

Our year has been steady. Our aims to keep the charity going have been met; total volunteer numbers are consistent and our financial situation is healthy.

What have been the difficulties and challenges for the past year?

Recruiting new volunteers and trustees.

Lack of volunteers to run the social drop in and market stall on occasions.

Peer Supervision did not work for our volunteers.

Our Fundraising Practice

Our fundraising group of five volunteers meet every three months to plan forthcoming events and discuss plans for future fundraising.

The monthly market stall, where homemade cakes and savouries, handcrafted goods made by volunteers are sold. This has been very successful in fundraising for the group and raising our profile and widening our local community relationships.

We would like to thank all individuals and companies who have helped support the charity during the year including:

Gilbert Scammell Tesco Stores Salisbury

All Seasons Laundry

Salisbury City Council

Waitrose

St Thomas Church

Radio Odstock

Salisbury & South Wiltshire Sports Club

Wagammass Salisbury
New Sarum WI
The Wig & Quill, Salisbury
Downton Football Club
Mrs & Mrs Salter
St Johns Place
Mrs A Collins

What are our aims? How are we going to go about achieving them?

Our mission is to provide an accessible service; information, signposting (where appropriate), emotional support, psychical activities, complementary therapies and counselling to anyone affected by cancer including their families and carers, friends and relatives recognising their needs, to reach all sections of the community, and to encourage feedback from users to shape the future of the charity.

Our aim is:

To continue to provide a service for anyone affected by cancer and their families and carers.

To build upon the success of complementary therapies, [yoga and meditation](#) and counselling.

To continue to maintain relations with (local) Salisbury District Hospital and local medical practices.

To continue building a selection of activities to attract people to participate in.

To continue raising our profile in Salisbury and the surrounding area to attract more clients to our services and to increase our donations from individuals and groups.

To continue our own fundraising activities.

To recruit new volunteers and trustees for the charity.

Future plans

To continue and improve existing services offered.

Build funds via fundraising and sponsorships from local businesses, schools and groups.

To build up a bank of volunteers, and recruit trustees.

To have a part-time Manager/Co-ordinator.

Our ultimate goal would be to have a permanent space with a café which would serve the community as well as a base for the charity.

To use Gift Aid.

Further training for all volunteers.

What have our objectives been?

Our objective was to keep the charity going to be able to continue offering social drop-in and to build upon the availability of yoga, counselling and therapies offered.

To continue good relationships with the local hospital and medical practices.

How was our money spent and how did it make a difference?

We have rented the facilities at the Quaker Meeting House for the venue for social drop-in and additional rooms for complementary therapies and counselling.

We have rented the Market Stall pitch at Salisbury Market on Saturdays to use as a fundraising initiative for the charity. This enabled us to sell handcrafted goods, homemade cakes and savouries to the Salisbury community, raise the profile and awareness of the charity and its services.

By retaining the services of our complementary therapist, counsellor and Yoga and meditation teacher we were able to continue to offer complementary therapies, one-to-one counselling sessions and Gentle Yoga Classes to our clients.

Reserves money what's it for?

Our reserve policy is that we keep three months expenditure in reserve.

How we work

The charity trustees, of three members, are responsible for the overall management and control of the charity and meet quarterly. All trustees give their time freely and no remuneration or expenses are paid in the year.

We use online social media platforms, Wessex Community Action, GoVo and word of mouth to try to recruit new Trustees.

Our volunteers

We readily celebrated our Volunteers during 'Volunteers Week 2025 on social media. We would like to thank every one of them for their continued, support, time and love.



This year we were saddened by the death of Sally Bradley who was one of our volunteers who had been with the charity right from the beginning, bringing her love and warmth to everyone she met, supporting many people and volunteers with her wealth of experience. She will be missed.

The Trustees present their report and financial statements for the period 5th October 2024 to 4th October 2025.

Name of Trustees & Role	
Rachel Salter – Chairperson	
Robert Wells – Treasurer	
Makaela Parkes – Administrator	

Declarations

The trustees declare that they have approved the trustees report above.
Signed on behalf of the charity's trustees.



Signed:

Full name: Rachel Salter

Position within charity: Trustee and Chairperson Dated: 30.4.26



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
CANCER SUPPORT SALISBURY

No (if any)
1193633

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	05-Oct-24		04-Oct-25

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
DROP IN COLLECTION BOXES	1,775	-	-	1,775	1,611
FUNDRAISING EVENTS	7,415	-	-	7,415	5,181
OUTSIDE GROUP DONATION	3,509	-	-	3,509	2,355
GRANTS	-	-	-	-	9,543
INDIVIDUAL DONATIONS	4,631	-	-	4,631	7,890
SALISBURY CITY LOTTERY	439	-	-	439	543
EASY FUNDRAISING	136	-	-	136	168
COUNSELLING DONATIONS	851	-	-	851	398
JUST GIVING	-	-	-	-	1,467
	-	-	-	-	-
Sub total (Gross income for AR)	18,756	-	-	18,756	29,156
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,756	-	-	18,756	29,156
A3 Payments					
REFRESHMENTS	-	83	-	83	183
ADVERTISING	74	24	-	98	326
ADMINISTRATION	440	-	-	440	662
FACILITIES	4,440	1,644	-	6,084	5,105
THERAPY	3,332	-	-	3,332	4,463
YOGA	1,080	-	-	1,080	1,080
COUNSELLING	2,880	-	-	2,880	1,590
FUNDRAISING EVENTS	2,901	-	-	2,901	580
DBS/TRAINING	-	-	-	-	24
VOLUNTEER EVENTS/ POLO SHIRTS	-	526	-	526	385
BANK CHARGES	93	-	-	93	98
	-	-	-	-	-
	-	-	-	-	-
Sub total	15,240	2,277	-	17,517	14,496
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	15,240	2,277	-	17,517	14,496
Net of receipts/(payments)	3,516	- 2,277	-	1,239	14,660
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	23,475	-	-	23,475	-
Cash funds this year end	26,991	- 2,277	-	24,714	14,660

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		23,052	1,662	-
		-	-	-
		-	-	-
	Total cash funds	23,052	1,662	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	EPSON PRINTER	ADVERTISING	250	250
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
REWells	Robert Wells	22-Jan-26

CANCER SUPPORT SALISBURY

England & Wales - Charity number 1193633

Accounts



Charity Registration No: 1193633
C/o 31 Empire Road Salisbury, Wiltshire SP2 9DE

Annual Report & Financial Records for Year ending 4th October 2024

Description of main purpose of charity

Cancer Support Salisbury (CSS) is a non-profit volunteer led charity based in Salisbury, which has been running since September 2019, offering support to anyone affected by cancer in Salisbury and the surrounding area, including their family, carers, relatives and friends, by providing twice weekly social drop-ins, in a safe, friendly non-medical environment alongside complementary therapies, counselling, yoga and meditation.

Employees

We have no employees. The charity has 12 regular volunteers to run the social drop-in sessions with some clients also helping with fundraising activities. Our volunteers helped at the social drop-in sessions for 360 hours during the year. We pay for the services of a Complementary Therapist, a Counsellor and this year, a Yoga & Meditation Teacher.



Fundraising

The charity raises funds from the public via volunteer led fundraising, easyfundraising and Salisbury Community Lotto. The charity market stalls, Christmas Carol Sing-a-long, local schools selling CSS Christmas Cards, Pub Quiz, Burlesque Evening and Bingo Evening have been successful in raising funds. At the social drop-in sessions, we also have collection boxes for voluntary contributions.

Finance Report

Cancer Support Salisbury started the financial year with £8813 in the bank and ended with £23475 in the bank, which has given the charity sufficient funds to continue for another 18 months.



We were successful in our grant application and received £9543 from Macmillan Cancer Support and an individual donation of £6000 with another £3000 to be included in the next financial year. Other sources of income during the year were:

Collection boxes at the social drop-in	£1611
Charity fundraising events	£5181
Outside group donations	£2355
Other individual donations	£1890
Salisbury City Lottery	£544
Easy Fundraising	£168
Counselling donations	£398
Just giving	£1468

This year more groups and individuals have made donations as we are gradually becoming more widely known in Salisbury and the surrounding area.

The charity continues to run a social drop-in on Wednesday mornings and Thursday afternoons, and provides counselling, complementary therapy and yoga and meditation. The hire of the Quaker Meeting House and the services provided are the main outgoings:

Hire of the Quaker Meeting House	£5104
Complementary Therapist	£4463
Counsellor	£1590
Yoga and Meditation Teacher	£1080

We bought a 3-metre advertising sail this year which is placed outside the Quaker Meeting House, when we have a social drop-in to help make the charity more visible and Polo shirts for volunteers to wear at drop-in and promote the charity at fundraising events. Our total expenditure for the year was £14496. Of the £23475 in the bank, £4585 is restricted funds.

As CSS raised more than £25,000 this year the accounts were inspected by an independent auditor.

Overall, Cancer Support Salisbury is in a healthier financial position.

Trading

This charity does not have any trading subsidiaries.

What the charity does

The advancement of health.

Organisation Type

Not for profit charity

Gift Aid

Not registered with Gift Aid at present.

Policies

Complaints Handling

Risk Management

Safeguarding

Volunteer Management

How we help

We offer social drop-in sessions, where clients are invited to talk on a 1-1 basis if needed, with our trained volunteers, or with other clients attending the drop which encourages sharing of experiences and positive rapport. Clients have the opportunity to access face-to-face counselling or complementary therapies, which are pre-booked via email or at the drop-in or by telephone. The first consultation is to go through details with the client including any medical background information that is needed, followed by six further treatments. Yoga and Meditation is available for clients for 12 sessions. All complementary therapy, counselling, yoga and meditation session are offered free of charge.

Who we help

CSS supports anyone affected by cancer including their family, carers, relatives and friends. We make our services available to all individuals from Salisbury and the surrounding areas. This year we had 101 clients who visited the social drop-in sessions 582 times. We supported 37 clients with 114 complementary therapies treatments, 20 clients with 61 counselling sessions and 20 clients with yoga and meditation. People make contact with us by dropping into our weekly social morning/afternoon, via our website contact form, direct email, telephone, word of mouth or referral from Salisbury District Hospital or local medical practices. Clients are contacted and given an overview of the services of the charity plus directions to the social drop-in.

Counselling

Our counselling services provide sessions on a 1-1 basis, which can help support clients with many of the complex psychological effects experienced with a diagnosis.

Complementary therapies

Our complementary therapies include aromatherapy, massage and reflexology designed to help support and potentially alleviate associated physical, emotional and health challenges experienced with cancer.

*The complimentary therapies are such a treat . They give such a lift to the spirits. It feels so good to relax and feel safe and warm with people that totally understand what we've been through . Makes me feel good as new.
Client, Salisbury*

Yoga

Our classes offer gentle movement, breath work and relaxation to help promote health and well-being which has shown the importance of exercise for people with cancer. These classes take place during the social drop-in on Wednesdays and encourages people to attend the drop-in. Gentle Yoga helps calm the mind, and body and is provided by a specialist yoga teacher. We have provided 99 sessions of Yoga and Meditation for 20 clients.

Social Drop-In

We offer a social drop-in to anyone affected by cancer in Salisbury and the surrounding areas. Our trained volunteer Befrienders will talk with clients listening without judging, always aiming to protect confidentiality. This can help reduce anxieties and any mental stress incurred with a diagnosis and is carried out in a safe, nurturing and non-medical environment at the Quaker Meeting House. Free refreshments are available, and we can signpost to other resources, working with other charities offered in the community such as Breast Cancer Now.

5th October 2023 – 4th October 2024 Achievements

During the last year, we have been able to continue our social drop-in twice a week offering complementary therapies and counselling. In addition, this year we have been able to add Yoga & Meditation Classes to the services we offer.

Our monthly Market Stall in Salisbury has continued as a popular source of fundraising. The stall is run by our wonderful volunteers, with hourly shifts. Donations of home-baked cakes and handmade arts and crafts from volunteers are sold alongside, local handcrafted pottery, knitted garments and cards.

Fundraising has continued via Salisbury Community Lotto, a local council initiative, we promote via our social media platforms and newsletters.

Social Media has been successful in reaching local business and community particularly through Twitter (X) and Facebook. This has enlarged our online reach leading collaborations with local charities, groups and communities. Through this we were contacted by the Amesbury Burlesque group who put on an evenings entertainment to raise funds for our charity in November and also Salisbury Dancers UK during May, who held discos in various locations in Salisbury and proceeds were shared with ourselves and another local charity.

*Over this past year, I have found the drop-in sessions vital for my sanity, for companionship, camaraderie & above all else, understanding on the days when this "journey" felt very lonely
Client, Salisbury.*

A new jewellery workshop was held at drop-in with Sue W, which was open to the community to attend alongside clients past and present. This proved very popular, raised funds and was a fun afternoon of making personal and individual items of jewellery.



We held a Christmas Sing-a-long where clients past and present were invited alongside the community to enjoy an afternoon of carols and mince pies and tea. This was very well attended and made a wonderful round off to the year.



In January and July, we were able to host a Coffee Morning and Raffle at St Thomas's Church where volunteers all came together to run the event.

We also received support from a lovely client who has used the services of the charity in the past who wanted to give something back; her husband and his work colleagues kindly raised funds in the enduring Samworth Challenge in May.

In June we held our Bingo fundraiser event, an evening's entertainment of bingo, choice of chilli's, with raffle at Downton Football Club. Special thanks go to the Fundraising Team in particular Jackie D who



coordinated the event and volunteer Nicky W who cooked for the evening. This was a successful evening, and we are hoping to have another one next year.

In August, we joined many others at the Wessex Community Fair held in the grounds of Wilton House, which enabled us to raise funds and promote the services of the charity to the local community. Sporting our new CSS Polo Shirts funded by our Macmillan Grant alongside our new banner promoting the group, making us stand out from the crowd.



September saw our very own Pub Quiz come together at Salisbury & South Wiltshire Sports Club, who were incredibly supportive of the charity. This proved to be extremely popular and successful.

How does our year compare to our plans and aspirations from last year?

Our year has been steady. Our aims to keep the charity going have been met and the return to face-to-face drop-in has been successful with the additional attraction of Yoga, which many have enjoyed and has even led to a waiting list.

What have been the difficulties and challenges for the past year?

Trying to recruit new volunteers and trustees.

Lack of volunteers to run the social drop in and market stall on occasions.

Our Fundraising Practice

Our fundraising group of 7 volunteers meet every month to plan forthcoming events and discuss plans for the future fundraising.

The monthly market stall, where homemade cakes and savouries, handcrafted goods made by volunteers are sold, has been highly successful in fundraising for the group, spreading the word about social drop-ins, counselling and complementary therapies and recruiting new volunteers, raising our profile and widening our local community relationships.

We would like to thank all individuals and companies who have helped support the charity during the year:

Gilbert Scammell Tesco Stores Salisbury, All Seasons Laundry

Salisbury City Council! Waitrose

St Thomas Church, Bella's Burlesque Ladies, Salisbury Dancer UK

Radio Odstock, Salisbury & South Wiltshire Sports Club

What are our aims? How are we going to go about achieving them?

To continue to provide a service for anyone affected by cancer and their families and carers.

To build upon the success of complementary therapies and counselling.

To continue to maintain relations with local Salisbury District Hospital.

To continue building a selection of activities to attract people to participate in.

To continue with Yoga classes and add meditation to our services also.

To engage a different activity for Thursday afternoons during drop-in.

To continue raising funds through increasing the awareness of the charity in Salisbury and surrounding areas.

To recruit volunteers and trustees for the charity.

Mission

Our mission is to provide an accessible service; information, signposting (where appropriate), emotional support, psychical activities, complementary therapies and counselling to anyone affected by cancer including their families and carers, friends and relatives recognising their needs, to reach all sections of the community, and to encourage feedback from users to shape the future of the charity.

Future plans

To continue and improve existing services offered.

Build funds via fundraising and sponsorships from local businesses, schools and groups.

To build up a bank of volunteers and recruit trustees.

To have a part-time Manager/Co-ordinator.

Our ultimate goal would be to have a permanent space with a café which would serve the community as well as a base for the charity.

To use Gift Aid.

Further training for all volunteers.

*I found counselling to be extremely beneficial. Kate was easy to talk to and I was able to talk about experience that I hadn't been able to talk about previously
Client, Salisbury.*

What have our objectives been?

Our objective was to keep the charity going to be able to continue offering social drop-in, to build upon the availability of yoga and meditation, counselling and complementary therapies offered. To continue good relationships with the local hospital and medical practices.

How was our money spent and how did it make a difference?

We have rented the facilities at the Quaker Meeting House for the venue for social drop-in and additional rooms for complementary therapies and counselling.

We have rented the Market Stall pitch at Salisbury Market on Saturdays to use as a fundraising initiative for the charity. This enabled us to sell handcrafted goods, homemade cakes and savouries to the Salisbury community, also recruit new volunteers and raise the profile and awareness of the charity and its services. Retaining the services of our complementary therapist, counsellor, and Yoga & Meditation Teacher. We were able to continue to offer a selection of complementary therapies to clients and one-to-one counselling sessions, plus Gentle Yoga & Meditation Classes.

With funds from the Macmillan Grant, we were able to put in place peer supervision for volunteers to come together, have their say, give feedback. This was facilitated by WHY. services.

Reserves money whats it for?

Our reserve policy is that we keep three months expenditure in reserve.

How we work

The charity trustees, of up to 3 members are responsible for the overall management and control of the charity and meet quarterly. The work of the implementing policies is carried out by Trustees. All trustees give their time freely and no remuneration or expenses are paid in the year. Fundraising is carried out by the Fundraising Committee.

We recruit Trustees by the word of mouth, online social media platforms, Salisbury Bid and Wessex Community Action.

Our volunteers

We readily celebrated our Volunteers during 'Volunteers Week 3rd -9th June 2024 on social media. We would like to thank every one of them for their continued, support, time and love.

The Trustees present their report and financial statements for the period 5th October 2023 to 4th October 2024.

Name of Trustees & Role	
Rachel Salter – Chairperson	
Robert Wells – Treasurer	
Makaela Parkes – Administrator	

Declarations

The trustees declare that they have approved the trustees report above.

Signed on behalf of the charity's trustees.



Signed:

Full name: Rachel Salter

Position within charity: Trustee and Chairperson.

Dated: 6.6.2025



Receipts and payments account

For the period
from

05/10/23

To

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds
	to the nearest £	to the nearest £	to the nearest £
A1 Receipts			
Drop in collection boxes	1,611	-	-
Fundraising events –	5,181	-	-
Outside group donations	2,355	-	-
Individual donations	7,890	-	-
Salisbury city lottery	544	-	-
Easy fundraising	168	-	-
Counselling donations	398	-	-
Just Giving	1,468	-	-
Grants	-	9,543	-
	-	-	-
Sub total (Gross income for AR)	19,615	9,543	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	19,615	9,543	-
A3 Payments			
Refreshments	116	68	-
Advertising	-	326	-
Administration	562	100	-
Facilities	1,048	4,056	-
Therapy	4,463	-	-
Yoga	1,080	-	-
Counselling	1,590	-	-
Fundraising events	580	-	-
DBS/Training	-	24	-
Volunteer polo shirts, supervision	-	385	-
Bank charges	98	-	-
	-	-	-
Sub total	9,537	4,959	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-

1193633	
ounts	CC16a
04/10/24	



Total funds	Last year
to the nearest £	to the nearest £

1,611	1,240
5,181	6,647
2,355	2,700
7,890	3,405
544	624
168	81
398	589
1,468	-
9,543	1,293
-	-
29,158	16,579

-	
-	-
-	-

29,158	16,579
---------------	---------------

184	17
326	-
662	189
5,104	4,987
4,463	3,278
1,080	630
1,590	2,250
580	1,825
24	230
385	-
98	101
-	-
14,496	13,507

-	
-	
-	

Total payments	9,537	4,959	-
Net of receipts/(payments)	10,078	4,584	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	8,813	-	-
Cash funds this year end	18,891	4,584	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds	HSBC current account	18,891
		-
		-
	Total cash funds	18,891
	(agree balances with receipts and payments account (s))	OK
		Unrestricted funds
		to nearest £
B2 Other monetary assets		-
		-
		-
		-
		-
		-
B3 Investment assets		
B4 Assets retained for the charity's own use		

14,496	13,507
14,662	3,072
-	-
8,813	5,741
23,475	8,813

od

Restricted funds	Endowment funds
to nearest £	to nearest £
4,584	-
-	-
-	-
4,584	-

OK OK

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

-	-
-	-
-	-
-	-
Amount due (optional)	When due (optional)
-	
-	
-	
-	
-	
Name	Date of approval
t Wells	5/6/25



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Cancer Support Salisbury

**On accounts for the year
ended**

4th October 2024	Charity no (if any)	1193633
------------------	--------------------------------	---------

Set out on pages

1 to 2
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 4th October 2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

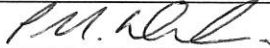
**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below*~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: 

Date: 24th March 2025

Name: Peter Murray Ward

**Relevant professional
qualification(s) or body
(if any):**

ACA

Address:

30 Empire Road
Salisbury
Wiltshire SP2 9DF

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

CANCER SUPPORT SALISBURY

England & Wales - Charity number 1193633

Accounts



Cancer Support Salisbury

Stronger side by side

Charity Registration No: 1193633
C/o 31 Empire Road Salisbury, Wiltshire SP2 9DE

Annual Report & Financial Records for Year ending 4th October 2023

Description of main purpose of charity

Cancer Support Salisbury (CSS) is a non-profit volunteer led charity based in Salisbury, which has been running since September 2019, offering support to anyone affected by cancer in Salisbury and the surrounding area, including their family, carers, relatives and friends, by providing twice weekly social drop-ins, in a safe, friendly non-medical environment alongside complementary therapies, counselling, and yoga.

Employees

We have no employees. The charity has 15 regular volunteers to run the social drop-in sessions with some clients also helping with fundraising activities. We pay for the services of a Complementary Therapist, a Counsellor and this year, Yoga & Meditation Instructor.



Fundraising

The charity raises funds from the public via volunteer led fundraising, easyfundraising and Salisbury Community Lotto. The charity market stalls, quiz nights, local schools selling CSS Christmas Cards, Non-Uniform Day and Christmas Party Casino Night have been successful in raising funds. At the social drop-in sessions, we also have collection boxes for voluntary contributions.

Finance

The Quaker Meeting House has been fully used on Wednesday mornings and Thursday afternoons with the social drop-in sessions. This year we have paid for the provision of a yoga and meditation practitioner in addition to counselling and complementary therapy services.

The majority of our expenditure is on renting the facility to provide the social drop-in sessions and providing counselling and complementary therapy to clients. There was a small increase in the expenditure for the provision of the yoga and meditation, but the facilities that were already rented for the social drop-in on Wednesdays were also able to be used for holding the yoga and meditation sessions.

Apart from promoting the charity, the market stalls continue to provide regular funding. Individual donations increased along with donations by clients attending the social drop-in sessions. The Salisbury Lotto has provided a small but steady stream of funding. We were able to get a grant from the Salisbury Journal – Cash for Charities, which enabled us to provide regular yoga and meditation sessions on Wednesday mornings.

We do not have any assets apart from a promotional banner and other minor items, but we also do not have any liabilities.

Income for the year was £16,512 and expenditure was £12,104 with a carry forward of £5765. Having started the year with five months funding available we ended the year with 8 months available. This gives us more confidence that the Charity can continue into its fifth year delivering much needed support to all our clients.

Trading

This charity does not have any trading subsidiaries.

What the charity does

The advancement of health.

Organisation Type

Not for profit charity

Gift Aid

Not registered with Gift Aid at present.

Policies

Complaints Handling
Risk Management
Safeguarding
Volunteer Management

How we help

We offer social drop-in sessions, where clients are welcome to drop-in for any length of time during the drop-in hours; for people to talk one-to-one with a trained volunteer or talk to other clients attending the drop-in, encouraging rapport and conversation. Clients are offered the opportunity to access counselling and complementary therapies, which are then pre-booked via email or at the drop-in or by telephone. We offer an initial consultation of an hour to go through details with the client including any medical background information that is needed, followed by six further sessions. This is offered free of charge.

Who we help

CSS supports anyone affected by cancer including their family, carers, relatives and friends. We make our services available to all individuals from Salisbury and the surrounding areas. This year we had 121 clients who visited the social drop-in sessions 484 times. These figures are over 46 weeks to include holidays and a cancelled session.

Initial Contact

People make contact with us by dropping into our weekly social morning/afternoon, via our website contact form, direct email, telephone, word of mouth or referral from Salisbury District Hospital or local medical practices. Clients are contacted and given an overview of the services of the charity plus directions to the social drop-in.

Our services

We provide counselling, complementary therapies and physical gentle support through Yoga.

Counselling

Our counselling helps support clients with some of the psychological effects of cancer.

'I can't begin to describe how beneficial I find my counselling with Kate. She listens attentively, normalises the fear and anxiety that I feel, and provides ideas for ways to cope. I always walk away feeling 10 lb lighter' - Counselling Client, Salisbury

Complementary therapies

Our complementary therapies include aromatherapy, massage and reflexology designed to help support and potentially alleviate associated physical, emotional and health challenges experienced with cancer.

Yoga

Our classes offer gentle movement, breath work and relaxation to help promote health and well-being has shown the importance of exercise for people with cancer. These classes take place during the social drop-in on Wednesdays and encourages people to attend the drop-in. Gentle Yoga helps calm the mind, and body and are provided by a specialist yoga teacher.

Main activities we have carried out for the public benefit

We offer a social drop-in to anyone affected by cancer in Salisbury and the surrounding areas. Our trained volunteer Befrienders will talk with clients listening without judging, always aiming to protect confidentiality. This can help reduce anxieties and any mental stress incurred with a diagnosis and is carried out in a safe, nurturing and non-medical environment at the Quaker Meeting House. Free refreshments are available, and we can signpost to other resources, working with other charities offered in the community.

We have supported 58 clients who have received complementary therapy, including Reflexology, Aromatherapy and Aromatherapy Massage over 121 sessions.

We have provided 75 counselling sessions to 19 clients this year.

Clients benefit from having one-to-one sessions with our counsellor who offers five hourly sessions of counselling after an initial consultation. We were able to offer two counselling sessions per week.

We have been able to offer Yoga sessions for 56 clients over a period of 26 sessions. Gentle movement, breath work and relaxation to help promote health and well-being has shown the importance of exercise for people with cancer.

5th October 2022 – 4th October 2023 Achievements

During the last year:

We have been able to continue social drop-in twice a week offering complementary therapies and counselling. In addition, this year we have been able to add Yoga Classes to the services we offer.

'I wasn't expecting counselling to be the answer to helping my stress but it has been of a great benefit to me and I would highly recommend it" - Counselling Client, Salisbury

The Wig & Quill, Salisbury have supported us with a Quiz Evening alongside a raffle, which many local companies donated to as well as volunteers, the evening was a success with

supporters enjoying a meal and raffle for their ticket price. This fundraising evening was successful and raised the profile of the charity with the local community.

Our monthly Market Stall in Salisbury has continued as a popular source of fundraising, raising. The stall is run by our wonderful volunteers, with hourly shifts. Donations of home-baked cakes and handmade arts and crafts from volunteers are sold alongside, local handcrafted pottery, knitted garments and cards.



In November we held our first big fundraiser event, an evening's entertainment of music, three course meal, with casino tables, raffle and dance floor. Special thanks go to the Fundraising Team and volunteer Nicky W who cooked for the evening.

Fundraising has continued via Salisbury Community Lotto, a local council initiative, we promote via our social media platforms and newsletters.

Social Media has been successful in reaching local business and community particularly through Twitter (X) and Facebook. This has enlarged our online reach leading collaborations with local charities, groups and communities. We approached Twinings, who are locally based in Andover they helped supply tea for our social drop-

We took part in The Big Help Out in Salisbury, as part of the new Kings Coronation Celebrations, this saw local charities come together to promote themselves to the local community and create awareness of their services for the local community as well as volunteering opportunities.



How does our year compare to our plans and aspirations from last year?

Our year has been steady. Our aims to keep the charity going have been met and the return to face-to-face drop-in has been successful with the additional attraction of Yoga, which many have enjoyed and has even led to a waiting list.

What have been the difficulties and challenges for the past year?

Two of our Trustees stepping down for personal reasons.

Trying to recruit new volunteers and trustees.

Lack of volunteers to run the social drop in and market stall on occasions.

Our fundraising practice

Our fundraising group of 5 volunteers meet every three months to plan forthcoming events and discuss plans for the future fundraising.

The monthly market stall, where homemade cakes and savouries, handcrafted goods made by volunteers are sold. This has been very successful in fundraising for the group, spreading the word about social drop-ins, counselling and complementary therapies and recruiting new volunteers, raising our profile and widening our local community relationships.

We would like to thank all individuals and companies who have helped support the charity during the year:

The Charitable Baker
 The Wig & Quill, Salisbury
 Gilbert Scammell Tesco Stores Salisbury
 St John's Place Salisbury
 All Seasons Laundry

Salisbury City Council
Waitrose
St Thomas Church
Twinings

What are our aims? How are we going to go about achieving them?

To continue to provide a service for anyone affected by cancer and their families and carers.
To build upon the success of complementary therapies and counselling.
To build relations with local Salisbury District Hospital.
To continue building a selection of activities to attract people to participate in.
To continue with Yoga classes and add meditation to our services also.
To engage a different activity for Thursday afternoons during drop-in.
To continue raising funds for the charity through monthly market stall.
To recruit volunteers and trustees for the charity.

Our mission is to provide an accessible service; information, signposting (where appropriate), emotional support, psychical activities, complementary therapies and counselling to anyone affected by cancer including their families and carers, friends and relatives recognising their needs, to reach all sections of the community, and to encourage feedback from users to shape the future of the charity.

Future plans

To continue and improve existing services offered.
Build funds via fundraising and sponsorships from local businesses, schools and groups.
To build up a bank of volunteers and recruit trustees.
To have a part-time Manager/Co-ordinator.
Our goal would be to have a permanent space with a café which would serve the community as well as a base for the charity.
To use Gift Aid.

What have our objectives been?

Our objective was to keep the charity going to be able to continue offering social drop-in, to build upon the availability of yoga, counselling and therapies offered. To continue good relationships with the local hospital and medical practices.

How was our money spent and how did it make a difference?

We have rented the facilities at the Quaker Meeting House for the venue for social drop-in and additional rooms for complementary therapies and counselling.

We have rented the Market Stall pitch at Salisbury Market on Saturdays to use as a fundraising initiative for the charity. This enabled us to sell handcrafted goods, homemade cakes and savouries to the Salisbury community, also recruit new volunteers and raise the profile and awareness of the charity and its services.
Retaining the services of our complementary therapist and counsellor. We were able to continue to offer a selection of complementary therapies to clients and one-to-one counselling sessions.

Trustees were able to gain valuable knowledge and support from Trustee training supplied from Wessex Community Action.

Reserves money whats it for?

Our reserve policy is that we keep three months expenditure in reserve.

How we work

The charity trustees, of up to 5 members are responsible for the overall management and control of the charity and meet quarterly. The work of the implementing policies are carried out by the Steering Group, which works under the chairperson appointed. All trustees give their time freely and no remuneration or expenses are paid in the year.

We recruit Trustees by the word of mouth, online social media platforms, Salisbury Bid and Wessex Community Action.

Our volunteers

We readily celebrated our Volunteers during 'Volunteers Week 1st-7th June 2023 on social media. We would like to thank every one of them for their continued, support, time and love.

The Trustees present their report and financial statements for the period 5th October 2022 to 4th October 2023.

Name of Trustees & Role	
Rachel Salter – Chairperson	
Robert Wells – Treasurer	
Makaela Parkes – Administrator	
Alex Neale – Training & New Volunteers	Resigned August 2023
Sharon Knight – Fundraising/Networker	Resigned January 2023

Declarations

The trustees declare that they have approved the trustees report above.
Signed on behalf of the charity's trustees.



Signed:

Full name: Rachel Salter

Position within charity: Trustee and Chairperson

Dated:



CHARITY COMMISSION
FOR ENGLAND AND WALES

CANCER SUPPORT SALISBURY

No (if any)

Receipts and payments accounts

CC16a

For the period
from

05/10/22

To

04/10/23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Drop-in collection boxes	1,240		-	1,240	630
Fundraising events	6,647	-	-	6,647	2,153
Outside group donations	2,700	-	-	2,700	650
Individual donations	3,405	-	-	3,405	811
Salisbury City Lottery	624	-	-	624	814
Easyfundraising	81	-	-	81	98
Counselling donations	589	-	-	589	570
Grants		1,293	-	1,293	-
Sub total (Gross income for AR)	15,286	1,293	-	16,579	5,726
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,286	1,293	-	16,579	5,726
A3 Payments					
Refreshments	-	17	-	17	8
Advertising	-	-	-	-	64
Administration	189	-	-	189	341
Facilities	4,987	-	-	4,987	5,233
Complementary Therapy	3,278	-	-	3,278	3,270
Counselling	1,980	270	-	2,250	2,100
Fundraising	1,825	-	-	1,825	606
DBS/Training	-	230	-	230	406
Yoga	-	630	-	630	-
Bank charges	101	-	-	101	76
Sub total	12,360	1,147	-	13,507	12,104
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,360	1,147	-	13,507	12,104
Net of receipts/(payments)	2,926	146	-	3,072	- 6,378
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,159	5,198	-	11,357	-
Cash funds this year end	9,085	5,344	-	14,429	- 6,378

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	4,959	806	-
		-		-
		-	-	-
	Total cash funds	4,959	806	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Robert Wells	06/12/23

CANCER SUPPORT SALISBURY

England & Wales - Charity number 1193633

Accounts

Cancer Support Salisbury

Charity Registration No: 1193633

C/o 31 Empire Road Salisbury, Wiltshire SP2 9DE

Annual Report & Financial Records for Year ending 4th October 2022

Description of main purpose of charity

Cancer Support Salisbury (CSS) is a non-profit volunteer led charity based in Salisbury, which has been running since September 2019, offering support to anyone affected by cancer in Salisbury and the surrounding area, including their family, carers, relatives and friends, by providing twice weekly social drop-ins, in a safe, friendly non-medical environment alongside complementary therapies, counselling, and yoga.

Employees

We have no employees. The charity has 12 regular volunteers to run the social drop-in sessions with some clients also helping with fundraising activities. We pay for the services of a Complementary Therapist and this year we also paid for the services of a Counsellor.

Fundraising

The charity raises funds from the public via volunteer led fundraising, easyfundraising and Salisbury Community Lotto. The charity market stalls, and quiz nights have been successful in raising funds. At the social drop-in sessions, we also have collection boxes for voluntary contributions. This year we received no grants.

Trading

This charity does not have any trading subsidiaries.

What the charity does

The advancement of health.

Organisation Type

Not for profit charity

Gift Aid

Not registered with Gift Aid at present.

Policies

Complaints Handling
Risk Management
Safeguarding
Volunteer management

How we help

We offer social drop-in sessions, where clients are welcome to drop-in for any length of time during the drop-in hours; for people to talk one-to-one with a trained volunteer or talk to other clients attending the drop-in, encouraging rapport and conversation. Clients are offered the opportunity to access counselling and complementary therapies, which are then

pre-booked via email or at the drop-in or by telephone. We offer an initial consultation of an hour to go through details with the client including any medical background information that is needed, followed by six further sessions. This is offered free of charge.

Who we help

CSS supports anyone affected by cancer including their family, carers, relatives and friends. We make our services available to all individuals from Salisbury and the surrounding areas. This year we had 109 clients who visited the social drop-in sessions 421 times.

Initial Contact

People make contact with us by dropping into our weekly social morning/afternoon; via our website contact form, direct email, telephone, word of mouth or referral from Salisbury District Hospital or local medical practices. Clients are contacted and given an overview of the services of the charity plus directions to the social drop-in.

Our services

We provide counselling, complementary therapies and physical gentle support through Yoga.

Counselling

Our counselling helps support clients with some of the psychological effects of cancer.

'I was also very lucky to meet Kate and have some counselling sessions with her which have really helped.' Counselling Client, Salisbury

Complementary therapies

Our complementary therapies include aromatherapy, massage and reflexology designed to help support and potentially alleviate associated physical, emotional and health challenges experienced with cancer.

CSS complementary therapies over the last few months have been an uplifting experience in many ways. They have really helped me to adjust after diagnosis & treatment in such a calming atmosphere for the body and mind. – Client, Salisbury

Yoga

Our classes offer gentle movement, breath work and relaxation to help promote health and well-being. has shown the importance of exercise for people with cancer. These classes take place during the social drop-in on Wednesdays and encourages people to attend the drop-in. Yoga classes were introduced in February 2022 and are provided by a specialist yoga teacher who volunteered her services. Gentle Yoga helps calm the mind, and body.

Main activities we have carried out for the public benefit

We offer a social drop-in to anyone affected by cancer in Salisbury and the surrounding areas. Our trained volunteer Befrienders will talk with clients listening without judging, always aiming to protect confidentiality. This can help reduce anxieties and any mental stress incurred with a diagnosis and is carried out in a safe, nurturing and non-medical environment at the Quaker Meeting House. Free refreshments are available, and we can signpost to other resources, working with other charities offered in the community.

This year we have successfully held 88 weekly social drop-in sessions.

‘Throughout, Cancer Support Salisbury has been a safe space for me. I knew I could turn up, even when my hair was falling out, and no one would judge me. I am incredibly grateful to CSS for their support. The positive impact their services have had on my healing and recovery journey is evident to not just me, but my friends and family - it gives me strength and confidence, knowing that I have CSS on my team!’ CSS Client

We have supported 39 clients who received 125 sessions of complementary therapy, including Reflexology, Aromatherapy and Aromatherapy Massage.

We have provided 60 counselling sessions to 16 clients this year.

Clients benefit from having one-to-one sessions with our counsellor who offers five hourly sessions of counselling after an initial consultation. We were able to offer two counselling sessions per week.

5th October 2021 – 4th October 2022 Achievements

During the last year:

We have been able to continue social drop-in twice a week offering complementary therapies and counselling. In addition, this year we have been able to add Yoga Classes to the services we offer.

‘I would arrive early for my complementary therapy session, to have a cup of tea and chat with other people. We would chat about anything, but of course it also meant that I learnt from, and was inspired by, other peoples' experiences - so there is an important social element to this too.’ CSS Client

After our first virtual online Quiz last year, we held our first Pub Quiz, with support from The Wig & Quill, Salisbury as a venue. The evening was a success with supporters enjoying a



meal and raffle to ticket for their ticket price of £10. This fundraising evening raised £260 and raised the profile of the charity with the local community.

Our monthly Market Stall in Salisbury has continued as a popular source of fundraising, raising £1310. The stall is run by our wonderful volunteers, with hourly shifts. Donations of home-baked cakes and handmade arts and crafts from volunteers are sold alongside, local handcrafted pottery, knitted garments and cards.



Fundraising through Salisbury Community Lotto has raised £813.50, promoted via our social media platforms and newsletters.

Our Trustees attended a training session held at Wiltshire Community Action. This gave Trustees an overview of their responsibilities and refreshed the requirements for each Trustee.

Social Media has been successful in reaching local business and community particularly through Twitter and Facebook. This has enlarged our online reach leading collaborations with local charities, groups and communities.

How does our year compare to our plans and aspirations from last year?

Our year has been steady. Our aims to keep the charity going have been met and the return to face-to-face drop-in has been successful with the additional attraction of Yoga, which many have enjoyed and has even led to a waiting list.

What have been the difficulties and challenges for the past year?

Our difficulties in the past year have been encouraging people to come and use the service after covid and fear during lockdown. This also impacted our volunteers with many shielding themselves and unable to return to the number of hours they were volunteering before the lockdown.

Listening Ear service ceased as volunteers were unable to monitor the phone and face-to-face was introduced again with a greater demand.

Recruiting new volunteers and trustees. Since covid there has been a reluctance from the public to offer support to charities.

Our fundraising practice

Our fundraising group of 5 volunteers meet every three months to plan forthcoming events and discuss plans for the future fundraising.

The monthly market stall, where homemade cakes and savouries, handcrafted goods made by volunteers are sold. This has been very successful in fundraising for the group, spreading the word about social drop-ins, counselling and complementary therapies and recruiting new volunteers, raising our profile and widening our local community relationships.

We would like to thank all individuals and companies who have helped support the charity during the year.

The Charitable Baker
The Wig & Quill, Salisbury
Gilbert Scammell Tesco Stores Salisbury
St John's Place Salisbury
All Seasons Laundry
Salisbury City Council
Wagammass Salisbury
Waitrose
Julie MacDonald & Sharon Covil-Jones from the Adult Sarum Support Team, Salisbury.

What are our aims? How are we going to go about achieving them?

To continue to provide a service for anyone affected by cancer and their families and carers.

To build upon the success of complementary therapies and counselling.

To build relations with local Salisbury District Hospital.

To continue building a selection of activities to attract people to participate in.

To continue with Yoga classes and add meditation to our services also.

To engage a different activity for Thursday afternoons during drop-in.

To continue raising funds for the charity through monthly market stall.

To recruit volunteers and trustees for the charity.

Our mission is to provide an accessible service; information, signposting (where appropriate), emotional support, psychical activities, complementary therapies and

counselling to anyone affected by cancer including their families and carers, friends and relatives recognising their needs, to reach all sections of the community, and to encourage feedback from users to shape the future of the charity.

Future plans

To continue and improve existing services offered.

Build funds via fundraising and sponsorships from local businesses.

To build up a bank of volunteers and recruit trustees.

To have a part-time Manager/Co-ordinator.

Our goal would be to have a permanent space with a café which would serve the community as well as a base for the charity.

What have our objectives been?

Our objective was to keep the charity going to be able to continue offering social drop-in, to build upon the availability of yoga, counselling and therapies offered.

How was our money spent and how did it make a difference?

We have rented the facilities at the Quaker Meeting House for the venue for social drop-in and additional rooms for complementary therapies and counselling.

We have rented the Market Stall pitch at Salisbury Market on Saturdays to use as a fundraising initiative for the charity. This enabled us to sell handcrafted goods, homemade cakes and savouries to the Salisbury community, also recruit new volunteers and raise the profile and awareness of the charity and its services.

Retaining the services of our complementary therapist and counsellor. We were able to continue to offer a selection of complementary therapies to clients and on-to -one counselling sessions.

'I was greeted with kindness and support from everyone at the centre, and was offered some lovely treatments from Rachel which have helped immensely. I have loved the time to just relax and feel pampered, it's been something to look forward to instead of endless hospital appointments' Client, Salisbury.

Trustees were able to gain valuable knowledge and support from training from Wessex Community Action.

This year we have successfully held 88 weekly social drop-in sessions offering free beverages, biscuits and cake.

Reserves money whats it for?

Our reserve policy is that we keep three months expenditure in reserve.

How we work

The charity trustees, of up to 5 members are responsible for the overall management and control of the charity and meet quarterly. The work of the implementing policies are carried

out by the Steering Group, which works under the chairperson appointed. All trustees give their time freely and no remuneration or expenses are paid in the year.

We recruit Trustees by the word of mouth, online social media platforms, Salisbury Bid and Wessex Community Action.

Our volunteers

Our volunteers have been brilliant during lockdown and coming out the other side. Without them the charity would cease to run, they are friendly, warm-hearted people with our clients' interests at heart. The kettle is always on at drop-in, our volunteers give a warm welcome to anyone who comes through the door, ready to listen and chat over a cuppa.

Online training was provided through Community First for volunteers in March 2022.

'Using existing experience and combining it with learning toolkits and reflection we are better able to support our communities and link up and work together' – Community First Team leader.

We readily celebrated our Volunteers during 'Volunteers Week 1st-7th June 2022 on social media. We would like to thank every one of them for their continued, support, time and love.

The Trustees present their report and financial statements for the period 5th October 2021 to 4th October 2022.

Name of Trustees & Role
Rachel Salter – Chairperson
Robert Wells – Treasurer
Makaela Parkes – Administrator
Alex Neale – Training & New Volunteers
Sharon Knight – Fundraising/Networker

Declarations

The trustees declare that they have approved the trustees report above.
Signed on behalf of the charity's trustees.



Signed:

Full name: Rachel Salter

Position within charity: Trustee and Chairperson

Dated: 26.7.23



Receipts and payments accounts

For the period from	05/10/21	To	04/10/22
---------------------	----------	----	----------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Drop-in collection boxes	630		-	630
Fundraising events	2,189	-	-	2,189
Outside group donations	650	-	-	650
Individual donations	1,561	-	-	1,561
Salisbury City Lottery	814	-	-	814
Easyfundraising	98	-	-	98
Counselling donations	570	-	-	570
Grants			-	-
Sub total (Gross income for AR)	6,512	-	-	6,512
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	6,512	-	-	6,512
A3 Payments				
Refreshments	-	8	-	8
Advertising	39	25	-	64
Administration	341	-	-	341
Facilities	5,233	-	-	5,233
Complementary Therapy	1,417	1,853	-	3,270
Counselling	-	2,100	-	2,100
Fundraising	606	-	-	606
DBS/Training	-	406	-	406
Bank charges	76	-	-	76
Sub total	7,712	4,392	-	12,104
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	7,712	4,392	-	12,104
Net of receipts/(payments)	- 1,200	- 4,392	-	- 5,592
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	- 1,200	- 4,392	-	- 5,592

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Bank account	4,959	806
		-	
		-	-
	Total cash funds	4,959	806
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

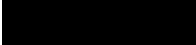
	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature <div style="border: 1px solid black; padding: 5px; display: inline-block; margin-top: 10px;">R E Wells</div>	Print Name <div style="border: 1px solid black; padding: 5px; display: inline-block; margin-top: 10px;">Robert Wells</div>
---	---

CC16a



Last year

to the nearest £

422
2,093
68
811
299
-
-
1,000
4,693

-
-

4,693

192
562
220
2,751
3,264
630
37
-
-
7,656

-

7,656

- 2,963
-
- 2,963



Endowment funds
to nearest £

-
-
-
-

OK

Endowment funds
to nearest £

-
-
-
-
-
-

Current value (optional)

-
-
-
-
-

Current value (optional)

-
-
-
-
-
-
-
-
-

When due (optional)

Date of approval

12/05/23

CANCER SUPPORT SALISBURY

England & Wales - Charity number 1193633

Accounts

Annual Report and Accounts for year ending 4 October 2021

Introduction

The service was formed as a result of Wessex Cancer Trust closing their centre in Salisbury.

Recognising that this would leave many attending clients without support, the volunteers aspired, with determination, to create and maintain another similar service.

We offer practical and emotional support in a safe and calming space to people, their families, and friends, living in Salisbury and the wider area, that have been affected by a cancer diagnosis of any type. It is a non-profit organisation, led by volunteers living in the local community. The charity pays for the services of a fully qualified and experienced Complementary Therapist and Counsellor.

Rooms are rented at The Salisbury Quaker Meeting House, Salisbury, for one morning and one afternoon a week, where anyone who has been affected by cancer is able to 'drop-in' and made to feel welcome by volunteers. Refreshments are available free of charge. Our services offer complementary therapies and counselling sessions which are by appointment, and these can be made by contacting us by phone, email or asking at Drop-In. Visitors can also talk privately, and in confidence, with a trained Befriender (no need to book), or people can just socialise in a convivial atmosphere.

Benefits

Drop-in sessions

Due to Covid lockdowns and restrictions physical drop-in sessions only took place on Thursday afternoons at the Quaker Meeting House as many clients and volunteers were still self-isolating from the covid pandemic. We were able to adapt and change the Wednesday morning Drop-In to a remote Zoom Drop-In, which proved popular; people were able to see one another for support on screen from the comfort of their armchair plus 'breakout rooms' could be used for one-to-one Befriender support. In July 2021 we were able to offer again face-to-face Wednesday morning Drop-In. Precautions were taken to ensure that clients and volunteers were able to attend in a safe environment. Forty-three service users used the drop-in sessions 219 times.

Clients benefit from:

- Helps reduce feelings of isolation, particularly during COVID, and continuance of Zoom sessions.
- Sharing experiences is therapeutic and healing
- Each clients story can be invaluable and supportive to others.
- Peer support helps maintain a sense of hope for the future
- Our trained Befrienders can offer emotional and practical support - which has helped reduce mental distress, and by signposting to other resources
- Our safe, supportive, non medical environment allows our clients to explore and share with confidence their feelings and concerns with others who empathise.
- Hearing others stories, seeing others at different stages of their diagnosis can bring about a sense of resilience and strength which is empowering to our clients.



- Attending our social drop-in, brings about a sense of belonging, relief and community to all of our clients.
- We enable clients to speak, and feel freely without worrying about protecting family members.



Counselling

Counselling was an added service to the charity in October 2020. During the lockdown period of covid, counselling was carried out through Zoom as our counsellor had to self-isolate, this also meant counselling could take place from the comfort of the client's own home. Two sessions were available every Wednesday between 9am-11am. Eight service users used the counselling services. Several clients found the counselling helpful and though some did not need the full six sessions offered, one client had an additional session. One client who had a high need with possibly more support required, was signposted to MIND following the final session.

Clients benefit from:

- An initial consultation and a further five hourly sessions of talking therapy.
- One-to-one support with a professional counsellor.
- Being given a chance to talk openly about the impact their diagnosis has had upon themselves and their loved ones, in a safe and non-medical environment.

Complementary Therapies

At Cancer Support Salisbury we offer every client a course of 6 sessions to include either Massage, Aromatherapy or Reflexology. If the therapist feels that the client will benefit from additional treatments, this will be arranged. The choice is the client's own, but the therapist can advise if required.

Many people with a diagnosis are turning towards Complementary Therapies to help support their physical and emotional health, to relieve symptoms and side effects of medication.

Some of the potential benefits associated with each therapy:

- Reflexology - May help to reduce stress, tension, and anxiety, stimulate the lymphatic system, increase circulation and energy, and support pain management. It may also help reduce nausea caused by chemotherapy, or radiation. Being a non-invasive therapy, it can be ideal for those who are very sick, immobile and those who prefer to avoid full body touch. In one case, a client was able to reduce his medication following a course of Reflexology, with the knowledge of his GP.
- Massage - The techniques used at Cancer Support Salisbury are very soft, and gentle, incorporating lymphatic drainage which may relieve lymphoedema (swelling induced by surgery and/or medication).
Some clients have reported an improvement with sleep and their general sense of wellbeing. It may lift mood and encourage a deeper sense of relaxation, which in turn supports coping with stress, anxiety, headaches, and pain.
- Aromatherapy - Given as either a gentle massage, or to inhale. Aromatherapy Massage may help to reduce anxiety, nausea, depression, and high blood pressure. Some clients undergoing treatment have mentioned that by inhaling particular oils, such as ginger, peppermint and lavender (following advice from the therapist) symptoms such as nausea, caused by chemotherapy and radiation, have been relieved.

Clients have also benefited from:

- Increased/Improved Muscular Flexibility
- Restored Sleep Pattern
- By providing Home Care advice, this has enabled our clients to continue/maintain treatment safely in their own home, and share with family members eg using Aromatherapy, and some Massage Techniques.
- Supported and Improved Digestive issues (created by chemotherapy and radiotherapy).
- Uplifted and Enhanced Mood.

Complementary therapies took place on Thursday afternoons for three sessions with 38 clients receiving 138 therapy sessions.

In addition, by offering Complementary Therapies we are providing our clients with a sense of empowerment, and choice to help themselves, which they are often deprived of during a diagnosis.

Public Benefit Statement

The Trustees consider that they have taken into account the commission's public benefit guidance in the provision of support provided to the public who may be affected by cancer.

2020/21 Achievements

- Adapting to the covid restrictions and seeking alternative ways to continue to offer support via online Zoom Drop-Ins and Listening Ear Service, offering one-to-one prior arranged calls with clients for support.
- Achieving charity status February 2021.
- Charity Launch - a celebration of everything achieved by the group, including the newly found charity status, took the form of a launch at The Quaker Meeting House, Salisbury. Past and present clients and their families, attended alongside Wessex Cancer Trust Chief Executive, representatives from Macmillan and local press.
- Training – a cost effective programme of training has been set up and implemented to ensure the service meets legal and professional requirements. Volunteers have been trained in Listening Skills and Handling Difficult Conversations and appointed First Aiders have been Certified in First Aid training. In addition, most trustees attended a training day covering the legal requirements of being a trustee.
- Applied and accepted for Salisbury City Community Lotto in March 2021, which for every £1 ticket sold 50% is paid to the charity, a good fundraiser for the group.
- Joined easyfundraising – an online website where a percentage of payback is offered to the charity every time a supporter uses the site to purchase goods from retailers.
- Market Stall Fundraising – May 2021 we started selling hand baked goods and handmade arts and crafts to the local community to raise funds for the charity. This has been successful



in fundraising for the group as well as spreading the word about social drop-ins, counselling, and complementary therapies.

- Positive media coverage from Radio Odstock and New Valley News.


Objectives for 2021/2022

- Continue the current Social Drop-In's on Wednesdays 9.30am to 11.30am and Thursdays 2pm to 5pm.
- To build upon the success of the complementary therapies and counselling that we offer, to increase engagement and meet demand. For example – art sessions, talks, yoga.
- Continue raising funds for the charity through the monthly Market Stall, where homemade cakes and savouries, handcrafted goods made by volunteers are sold.
- Raise the profile for us through the local community fundraising lottery, Salisbury City Community Lotto –this has enabled us to build up our presence online and, in the community, and additional fundraising through this platform.
- continue raising the profile and widening the community offering through online, word-of-mouth, and fund raising.
- Continue to collaborate our relationship with NHS Hospitals and local GP's, with the aim to build on the referrals to us for the services we offer.
- Trustees to attend a refresher training session in 2022.
- To build up a volunteer's bank and enlarge the trustees group.
- Increase the awareness of the charity in South Wiltshire.
- Build upon our reserves in a post pandemic world which is both resilient and sustainable.
- To increase the number of fundraising events.



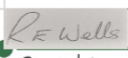



Accounts – Income & Expenditure

 CHARITY COMMISSION FOR ENGLAND AND WALES	CANCER SUPPORT SALISBURY		1193633		CC16a
	Receipts and payments accounts				
	For the period from	05/10/20	To	04/10/21	
Section A Receipts and payments					
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
COLLECTION BOXES	422	-	-	422	145
FUND RAISING EVENTS	2,093	-	-	2,093	1,310
OUTSIDE GROUP DONATIONS	68	-	-	68	1,039
GRANTS	-	1,000	-	1,000	16,000
INDIVIDUAL DONATIONS	811	-	-	811	646
SALISBURY CITY LOTTERY	299	-	-	299	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	3,693	1,000	-	4,693	19,140
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,693	1,000	-	4,693	19,140
A3 Payments					
REFRESHMENTS	-	192	-	192	125
ADVERTISING/ PROMOTION	-	562	-	562	119
ADMINISTRATION	108	112	-	220	470
FACILITIES	-	2,751	-	2,751	2,112
COMPLEMENTARY THERAPY SERVICE	-	3,264	-	3,264	2,054
COUNSELLING SERVICE	-	630	-	630	-
FUNDRAISING	37	-	-	37	40
	-	-	-	-	-
	-	-	-	-	-
Sub total	145	7,511	-	7,656	4,920
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	145	7,511	-	7,656	4,920
Net of receipts/(payments)	3,548	- 6,511	-	- 2,963	14,220
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	3,548	- 6,511	-	- 2,963	14,220



Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	BANK ACCOUNT	9,022	5,198	-
		-	-	-
		-	-	-
	Total cash funds	9,022	5,198	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	 	ROBERT WELLS RACHEL SALTER	20/06/22 20/06/22	

Structure, Governance and Management

The Charity Trustees, who are also the Steering Committee, of up to 5 members are responsible for the overall management and control of the charity and meet quarterly (Trustees) and monthly (Steering Committee).

The work of implementing the policies is carried out by the Steering Group, which works under the chairmanship appointed. All trustees give of their time freely and no remuneration or expenses were paid in the year.

Volunteers run the weekly Drop-In's in Salisbury. They have adapted and changed to the online Drop-In and returning to face-to-face Drop-In. Have been responsive to volunteering and making goods to sell for the Market Stall. Embraced training and learning online. We are grateful to our volunteers for their valuable contribution of time, energy, for giving a warm welcome to anyone coming to Drop-In or visiting the Market Stall, without them we would not have achieved so much.

Volunteers and Trustees are recruited by word of mouth, online social media platforms, Wessex Community Action and from clients if they wish to volunteer.

Reference and Administrative Details

Cancer Support Salisbury Charity No: 1193633
c/o 31 EMPIRE ROAD, SALISBURY SP2 9DE

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not whole year	Name of person entitled to appoint Trustee
1 Rachel Salter	Chairperson		
2 Robert Wells	Treasurer		
3 Alex Neale			
4 Sharon Knight			
5 Makaela Parkes	Administrator		
6 Sue Waldron		Feb 2021-April 2021	

Reserves Policy

Our reserves policy is that we maintain a balance of unrestricted funds (if Possible) which equates to three months unrestricted payments in reserve.



Cancer Support Salisbury

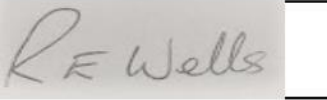
Stronger side by side

Declarations

The trustees declare that they have approved the trustee's report above.

Signed on behalf of the charity's trustees.

Signatures





Full name (s)

Robert Wells

Position within the charity: Treasurer & Trustee

Rachel Salter

Position within the charity: Chairperson & Trustee

Date 8th July 2022