

MBC

England & Wales · Charity number 1193631

Details

Status Registered

Legal form CIO

Registered 2021-02-23

Register [View on the Charity Commission register](#)

Contact

Address Jerroms
West Point
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Activities

Objects: THE OBJECTS OF THE CIO ARE:3.1 TO PROTECT AND PROMOTE GOOD MENTAL HEALTH BY REDUCING UNNECESSARY STRESS IN THE WORKPLACE; AND3.2 TO ADVANCE THE UNDERSTANDING OF MENTAL HEALTH ISSUES AS THEY RELATE TO WORKPLACE PRACTICES AND THE INTERRELATIONSHIP BETWEEN WORKPLACE STRESS AND MENTAL HEALTH;

Activities: The charity helps employers and those working in them to be more aware of the unnecessary causes of stress in the ways in which we work with each other, provides a framework for discussing the same, and in so doing helps remove those unnecessary sources of stress leading to healthier and more effective ways of working

Classification

- **How:** Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£271,247	£275,272	-	-
2023-12-31	£259,845	£169,753	-	-
2022-12-31	£200,466	£122,122	-	-
2021-12-31	£192,621	£139,734	-	-

Trustees

Name	Role	Appointed
Bola Giam-Lin Gibson		2021-03-10
Hemal Parekh		2024-01-10
Jonathan Christopher Hoey		2021-03-10
KATE DODD		2021-02-23
Mary Peterson		2021-02-23
Michael John Cavers		2021-03-10
Moira Elspeth Hay Slape		2021-03-10
William Merry		2024-01-10