

## Trustees' Annual Report for the period

From 01.04.2022 to 31.03.2023

Charity name: Stockport User Friendly Fellowship STUFF

Charity registration number: 1193586 Charitable Incorporated Organisation

### Objectives and Activities

|                                                                                                                                                                      | SORP reference     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Summary of the purposes of the charity as set out in its governing document                                                                                          | Para 1.17          | <b>The object[s] of the CIO are to protect and promote good health among people experiencing mental health conditions in the Stockport Metropolitan Borough, their carers and families by the provision of a group providing such people with support, information, advice and a range of therapeutic and skills-based activities focused on mental health and the development of capacities and capabilities designed to enable them to take/maintain control of their health and remain within the local community.</b> |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | <b>We provide mental health support for people in the Stockport area who are suffering and recovering from a range of mental health problems. We offer a range of social, therapeutic, leisure, volunteering opportunities/activities that take place in mental health community settings and throughout the wider community recognising individuality and support people on their recovery journey.</b>                                                                                                                  |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit                                         | Para 1.18          | <b>Trustees have had regard to the guidance issued by the Charity Commission on public benefit.</b>                                                                                                                                                                                                                                                                                                                                                                                                                       |

## Achievements and Performance

|                                                                                                                                                                                                 | SORP reference |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20      | <p><b>After a significant increase in numbers of people accessing our service since the COVID-19 pandemic we have continued to deliver a community focused outreach service for people with serious mental health issues taking a community-based approach that is fully inclusive regardless of condition, diagnosis or circumstance, in other words a person-centred approach to wellbeing and recovery. We have progressed with our joined-up partnership working approach to enable us not to duplicate other service offers. We are able to meet some very diverse and complex needs within the local community. The benefit to the public is that we are able to support more individuals becoming non-dependent on statutory organisations, a reduction in attendances to the Accident and Emergency departments, enabling people to be embedded within their own communities giving them better life choices and life chances particularly around people with dual diagnosis where there has been also a problematic misuse of alcohol.</b></p> |

## Financial Review

|                                                                                |           |                                                                                                                                                                  |
|--------------------------------------------------------------------------------|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Review of the charity's financial position at the end of the period            | Para 1.21 | <b>The trustees have reviewed the charity's financial position at the end of the period and consider it to be satisfactory.</b>                                  |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | <b>The balance held in unrestricted reserves at 31<sup>st</sup> of March 2023 was £20,000 all of which are free reserves after allowing for funds tied up in</b> |

|                                                                                  |           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|----------------------------------------------------------------------------------|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                  |           | tangible fixed assets. The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure. The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered. The Charity's main source of income is grants and donations. The trustees consider that it is appropriate to prepare the accounts on a going concern basis and, consequently, the accounts do not include any adjustments that would be necessary if these sources of income should cease. |
| Amount of reserves held                                                          | Para 1.22 | <b>£20,000,-</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Reasons for holding zero reserves                                                | Para 1.22 | <b>n/a</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Details of fund materially in deficit                                            | Para 1.24 | <b>n/a</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | <b>n/a</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

## Structure, Governance and Management

|                                                                                                                                                                           |           |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Description of charity's trusts:                                                                                                                                          |           |                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Type of governing document<br>(trust deed, royal charter)                                                                                                                 | Para 1.25 | <b>CIO Association Constitution</b>                                                                                                                                                                                                                                                                                                                                                                                                      |
| How is the charity constituted?<br>(e.g unincorporated association, CIO)                                                                                                  | Para 1.25 | <b>CIO Charitable Incorporated Organisation</b>                                                                                                                                                                                                                                                                                                                                                                                          |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | <b>Trustee selection methods followed within CIO constitutional provisions. Each of the trustees retires with effect from the conclusion of the annual general meeting next after his or her appointment but is eligible for re-election. At the monthly trustee meetings, the trustees agree the broad strategy and areas of activity for the charity, including investment, reserves and risk management policies and performance.</b> |

## Reference and Administrative details

|                             |                                                                                                                           |
|-----------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Charity name                | <b>Stockport User Friendly Fellowship STUFF</b>                                                                           |
| Other name the charity uses | <b>n/a</b>                                                                                                                |
| Registered charity number   | <b>1193586</b>                                                                                                            |
| Charity's principal address | <b>STUFF Oasis Building,<br/>Mental Health Unit<br/>Stepping Hill Hospital<br/>Poplar Grove<br/>Stockport<br/>SK2 7JE</b> |
|                             |                                                                                                                           |

## Names of Charity Trustees

Dianne Scott-Fowler

Naomi Yates

Mirosława Ludzen

Janina Sporyszkiewicz

Jean Hickie

Bartłomiej Sporyszkiewicz

## Funds held as custodian trustees on behalf of others

|                                                                                                                               |     |
|-------------------------------------------------------------------------------------------------------------------------------|-----|
| Description of the assets held in this capacity                                                                               | n/a |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | n/a |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                         | n/a |

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

## Other optional information

n/a

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

**Bartłomiej Sporyszkiewicz**  
Secretary  
25.10.2023

# **Stockport User Friendly Fellowship STUFF**

**Charitable Incorporated Organisation CIO reg.no. 1193586**

**Accounting period from 01.04.2022 to 31.03.2023**

## **Income**

|                 |          |
|-----------------|----------|
| DONATIONS       | £179.42  |
| COUNCIL FUNDING | £8698.40 |
| OTHER FUNDING   | £4780.00 |

|              |                  |
|--------------|------------------|
| <b>TOTAL</b> | <b>£13657.82</b> |
|--------------|------------------|

## **Expenditure**

|                      |          |
|----------------------|----------|
| PETTY CASH           | £90.00   |
| MILEAGE              | £4862.98 |
| TRAVEL               | £1463.18 |
| LUNCHES              | £857.10  |
| PHONE                | £373.15  |
| REFRESHMENT          | £1087.84 |
| SERVICE USER SUPPORT | £617.02  |
| STATIONARY           | £314.90  |
| INSURANCE            | £145.60  |
| SESSIONAL            | £7235.00 |
| SOFTWARE             | £946.18  |
| MINOR EQUIPMENT      | £138.35  |
| ROOM HIRE            | £1840.00 |
| PARKING              | £0.81    |

|              |                   |
|--------------|-------------------|
| POSTAGE      | £65.41            |
| ADMIN        | £1026.48          |
| MISC         | £3054.09          |
| <b>TOTAL</b> | <b>£24,118.09</b> |