



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's
report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Creative Support for Vulnerable Families & Children

On accounts for the year
ended

31/03/2023

Charity no
(if any)

1193582

Set out on pages

1-2 CC16a

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation
of the accounts in accordance with the requirements of the Charities Act
2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have
come to my attention (other than that disclosed below *) in connection with
the examination which gives me cause to believe that in, any material
respect:

- accounting records were not kept in accordance with section 130 of
the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

6/04/23

Name:

JOE LAMONT-FISHER

Relevant professional
qualification(s) or body
(if any):

Address:

14 HAWTHORN RISE
MUNDESLEY
NR11 8JY

Trustees' Annual Report

Creative Support For Vulnerable Families And Children

Registered Charity Number 1193582

Charitable Incorporated Organisation whose only voting members are its charity trustees

For the period commencing: 1st April 2022 up to and including 31st March 2023

Objectives and Activities

Summary:

The object of the CIO is to promote and protect good Mental Health to Families, Individuals and Children residing in North Norfolk in particular but not exclusively through the provision of psychotherapy sessions.

Our charity was set up to support a therapist who was working to improve mental well-being by reaching out to help vulnerable young people who were/are experiencing neurodiversity, cyberbullying, gender dysphoria, self-harming, family discord, low self-esteem, and much more.

What has been achieved:

Our work goes to the individual to help with engagement and literally 'work on the floor', one to one, utilising various art materials (paints, clay, journals etc.) to allow the individual to externalise anxieties through casual conversation, enabling re-framing of grief, anxiety, stress and aid in the creation of a new sense of meaning and purpose removing reliance on others, building self-confidence, and determination. To date there have been over 1,500 sessions working with vulnerable individuals impacting over 125 families. We also work with families experiencing life-limiting illnesses and the distress this can bring supporting them in many other ways.

The charity supports creatively promoting and protecting good mental health by working directly with the vulnerable families, individuals and children creating a cascade effect to the immediate family and supporters. This in turn has a greater impact on the areas in which they live and work.

The trustees have regard to the guidance issued by the Charity Commissioners on public benefit. This has also been passed to the trustee as no trustee has direct knowledge or contact with any of the individuals working with the therapist.

It is important to record the fact that the professionally qualified therapist has contributed their time and expertise to work with those in need of help at no charge retrospectively or currently to the individuals being helped or the charity. It is also noted that this will remain the status quo for the future.

Fundraising:

This year has been difficult for many in applying for grants, funding and support for something 'new' added to the international problems and the cost of living crisis. Understanding the demands of the grant givers, cyclic advice and much more is difficult with a charity such as our own. In addition learning all the prerequisites that are

needed to gain respect and credibility. Being unaware of the peaks and troughs in the grant giving season meant dependence on the generosity of the therapist again as in the year prior to registration when there were no funding opportunities. Overall, pleased with the end result of being able to meet all the demands. Looking forward to a better organised FY24 to aid reporting.

Financial planning:

The reserves plan for an independent reserves bank account by September 2022 did not happen. The speed of need and other complexities have deferred this until later in 2023. holding initially three months financial requirements. Once achieved and stabilised the longer term reserves goal is six months by the end of the year March 2024.

From the outset there were no objectives set with the only aim to help as many as possible by funding the work of the therapist. This year has helped to show what help was needed and is still required and what effort and funding is required to achieve that in the coming years.

This fiscal the charity has been 92% funded by grants, the balance made up of local authority grants and private and business donations. One contract may be maintained throughout FY24 and/or expanded. There was no direct fundraising in FY21, FY22 & FY23 but the charity intends to reach out for additional funding streams throughout FY24 with the help of a new trustee..

Constitution and Trustees:

The charity Creative Support For Vulnerable Families and Children (a.k.a. cs4vfc), has the Constitution of a Charitable Incorporated Organisation.

It is logistically difficult to convene a regular meeting of Trustees to agree anything so it is proposed that unless there is any objection the task of appointing a new trustee on this occasion will be undertaken by Mr Gregory Dunningham. This role will be primarily to help with fund raising. There will be no other changes.

With this in mind I have attached a form to register your vote on to this report. If you have any objections to the aforementioned proposals then please contact me. Thank you. If I have heard nothing by 15th May 2023, I shall assume you have no objections.

Reference and Administrative Details:

Full Charity Name: Creative Support For Vulnerable Families And Children

also uses the abbreviated form of: cs4vfc

Registered Charity Number: 1193587

Charity Address: The Breakers, Poplar Drive, Walcott, Norfolk NR12 0LZ

Name of charity trustees responsible for managing the charity:

Greg Dunningham – Trustee Administrator

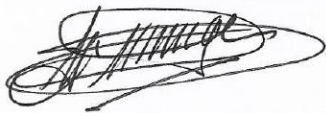
Sam Nokes – Trustee

Jane Simpson – Trustee

Signed on behalf of the charity's trustees by Greg Dunningham Trustee Administrator

Dated:

6.4.23



CREATIVE SUPPORT FOR VULNERABLE FAMILIES

AND CHILDREN Registration Number 1193582 *sz*

FINANCIAL STATEMENT FOR THE PERIODS UP TO MARCH 31st 2023

The charity continues to support the Therapist who continues to make no charge for their work helping those in need. The costs incurred by the therapist in the prior year are refunded here and no further reimbursement is due.

FINANCIAL STATEMENT ~ Receipts & Payments

FY23

Receipts/Income/Donations

Individual Payments	£4,560
Donations Organisations	£210
Local Authority	
Grants - Restricted	£39,520
Grants - Unrestricted	£22,309
Total Receipts/Income/Donations	£66,599

Payments For Charitable Activities

Room/Hall Hire/Refreshments/Consum	£4,542
Office/Admin/Postage	£10,780
Travel/Parking/Fuel	£9,608
Art Materials	£24,643
Professional Fees etc FY21 restored	£17,340
Total Payments For Charitable Activities	£66,913

Net Receipts v Net Payments

£314

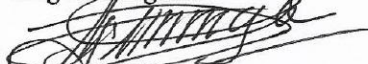
This deficit is covered by an amount owed.

The number of individuals helped and sessions involved has tripled in the last twelve months thanks to the support of several key Funding organisations. However, the national demand for help and funding has reduced the capacity and funds currently available. We remain confident that we can regain our FY23 impetus early in the Fiscal Year.

These accounts have been independently checked for procedure, record keeping and control by an independent assessor, Mr J Dahl-Fisher (contact details available upon request).

Signed:

Greg Dunneham

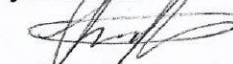


Trustee Administrator

Date: 4.4.23.

Signed:

J Dahl-Fisher



Independent Examiner

Date: 6/4/23



CHARITY COMMISSION
FOR ENGLAND AND WALES

Creative Support For Vulnerable Families and Children
Creative Support For Vulnerable Families and Children 1

No. 1193582
1193582

Receipts and payments accounts

CC16a

For the period from	April 1 st 2022 April 1st 2022	To	March 31 st 2023 March 31st 2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations Individuals		4,560	-	4,560	1,621
Donations Organisations	210		-	210	2,850
Grants – Various		39,520	-	39,520	14,592
Grants – Various	22,309	-	-	22,309	-
Local Authority	-		-		3,439
Govt Agy	-	-	-	-	1,870
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	22,519	44,080	-	66,599	24,372
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	22,519	44,080	-	66,599	24,372
A3 Payments					
Room/Hall Hire/Refreshments/ Consum	2,271	2,271	-	4,542	6,368
Off Admin Postage	5,390	5,390	-	10,780	1,037
Travel/ Parking/Fuel	4,804	4,804	-	9,608	2,603
Art Materials	-	23,609	-	23,609	9,659
Prof Fees + FY21 restored	10,054	8,320	-	18,374	4,320
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	22,519	44,394	-	66,913	23,987
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	22,519	44,394	-	66,913	23,987
Net of receipts/(payments)	-	-314	-	-314	385
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-314	-	-314	385

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	Agreement Error	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval

Section B**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



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FOR ENGLAND AND WALES**

**Independent examiner's
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Signed:

Date:

6/04/23

Name:

JOE LAMONT-FISHER

Relevant professional
qualification(s) or body
(if any):

Address:

14 HAWTHORN RISE

MUNDESLEY

NR11 8JY

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Reference and Administrative Details:

Full Charity Name: Creative Support For Vulnerable Families And Children

also uses the abbreviated form of: cs4vfc

Registered Charity Number: 1193587

Charity Address: The Breakers, Poplar Drive, Walcott, Norfolk NR12 0LZ

Name of charity trustees responsible for managing the charity:

Greg Dunningham – Trustee Administrator

Sam Nokes – Trustee

Jane Simpson – Trustee

Signed on behalf of the charity's trustees by Greg Dunningham Trustee Administrator

Dated:

6.4.23

