



Trustees' Annual Report for the period

From

To

Period start date

Period end date

Day 01
Month 01
Year 2017

Day 31
Month 12
Year 2017

Section A

Reference and administration details

Charity name

Save Your Soul Society

Other names charity is known by

Registered charity number (if any)

1193564

Charity's principal address

97 Walbrook Road

Derby

Postcode
DE23 8SF

Names of the charity trustees who manage the charity

Trustee name
Office (if any)
Dates acted if not for whole year
Name of person (or body) entitled to appoint trustee (if any)

Abdus-Samad Rana 1

Malik Tahir Saleem Awan 2

Rizwana Shabbir 3

Umar Butt 4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name

Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser

Name

Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

	Type of governing document (eg. trust deed, constitution)
Constitution	
	How the charity is constituted (eg. trust, association, company)
Unincorporated Association	
	Trustee selection methods (eg. appointed by, elected by)
Appointment by existing trustees	

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To encourage and help all persons to a greater knowledge and understanding of all aspects of Yoga and its practice by provision of study, education and training. To set up and operate Meditation and Yoga clubs with a view to manage spiritual, mental and body fitness-problems and diseases especially tension, anxiety, hopelessness, blood pressure, diabetes, overweight etc. through spiritual, mental, physical and breathing exercises.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Providing yoga classes for individuals from all walks of life.

We have provided ladies only classes so that ladies are able to do yoga in a safe and comfortable environment.

We provided yoga classes for individuals with mental and physical disabilities.

We provided group classes and 1-to-1 sessions.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The charity has completed another successful year of work, and our activities in the above areas shall continue along these lines.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity is operated by volunteers and instructors who take a fee for providing their services.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees



Signature(s)

Full name(s)

Abdus-Samad Rana

**Position (eg Secretary,
Chair, etc)**
Treasurer

Date

30/04/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Save Your Soul Society

No (if any)
1193564

CC16a

Receipts and payments accounts

For the period
from

Period start date
06-Jan-21

To

Period end date
30-Jun-22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	25,500.00	-	-	25,500	-
Class Membership Fees	51,330	-	-	51,330	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	76,830	-	-	76,830	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	76,830	-	-	76,830	-
A3 Payments					
Loan repayments	22,417	-	-	22,417	-
Business Rates	140	-	-	140	-
Rent (including utilities)	9,777	-	-	9,777	-
Instructor fees	21,141	-	-	21,141	-
Volunteer expenses	4,640	-	-	4,640	-
Consumables	1,770	-	-	1,770	-
Website	37	-	-	37	-
Repairs	4,026	-	-	4,026	-
Outdoor events and seminars	6,700	-	-	6,700	-
Accountancy fees	1,000	-	-	1,000	-
Sub total	71,648	-	-	71,648	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	71,648	-	-	71,648	-
Net of receipts/(payments)	5,182	-	-	5,182	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,884	-	-	7,884	671
Cash funds this year end	13,066	-	-	13,066	9

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	9	-	-
		-	-	-
		-	-	-
	Total cash funds	9	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Equipment		2,500	-
	Furniture		1,500	-
	Sign Boards		1,500	-
	Other miscellaneous		1,300	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
	Yoga Centre Rent & utilities		12,000	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Abdus-Samad Rana	28/04/2023	



Section A

Independent Examiner's Report

**Report to the
trustees/ members
of**

Charity Name
Save Your Soul Society

**On accounts for the
year ended**

30th January 2022

**Charity
no (if
any)**

1193564

Set out on pages

1 & 2 of CC16a

**Responsibilities and
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2021**.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's
statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ☐ the accounting records were not kept in accordance with section 130 of the Charities Act; or
- ☐ the accounts did not accord with the accounting records; or
- ☐ the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Z Imteyaz

Date: 28/04/2023

Name: Zain Imteyaz MAAT

**Relevant
professional
qualification(s) or
body (if any):**

Association of Accounting Technicians (AAT)

Address:

97 Walbrook Road, Derby, DE23 8SF

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief
details of any items
that the examiner
wishes to disclose.**