

Create Strength Group CIO

Charity number 1193551

Annual Report and Financial Statements for the year ended 31 December 2023



CREATE STRENGTH GROUP
RECOVERY SOLUTIONS



Create Strength Group CIO

Annual Report and Financial Statements for the year ended 31 December 2023

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Prepared by West Yorkshire Community Accountancy Service CIO

Create Strength Group CIO

Trustees' report for the year ended 31 December 2023

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Gabriel Stoltz	Chair	
Melva Burton	Vice chair	Resigned 1 June 2023
Rosemary Phillips	Secretary	
Paddy Gallagher		
Nicola Shaw		Appointed 29 November 2023
Colin Stansbie		Appointed 29 November 2023

Charity number	1193551	Registered in England and Wales
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Registered and principal address	Bankers
35 Salem Street, Bradford BD1 4QH	Charities Aid Foundation 25 Kings Hill Ave Kings Hill West Malling ME19 4TA

Independent examiner

Katy Sargeant ACA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 16 February 2021 and is governed by a constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the trustees at a duly convened meeting.

Create Strength Group CIO

Trustees' report (continued) for the year ended 31 December 2023

Objectives and activities

The charity's objects

The relief of the physical and mental sickness of persons in need by reason of addiction to cannabis, spice, novel psychoactive substances (NPS - previously referred to as 'legal highs') and other substances and to promote their rehabilitation in particular but not exclusively by:

- 1 the provision of mutual aid group support and the distribution of information, guidance and assistance to those close to or with an interest in such addictions, their families and concerned others;
- 2 delivering a series of local meetings to promote abstinence from drug use, share best practise and provide support information and advice;
- 3 working with groups of a similar nature and exchange information, advice and knowledge with them, including cooperation with other voluntary bodies, charities, statutory and non-statutory organisations to achieve our objects;
- 4 supporting social interaction / inclusion and awareness of; the reasons, symptoms and consequences of contemporary drug use, particularly regarding the three main specialist knowledge bases found within our membership; namely cannabis, spice and legal highs;
- 5 promoting a range of transferable skills within our membership and the community, such as; employability skills, confidence and social skills, IT and media skills and responsibility and organisational skills.

To encourage, develop and support the pursuit of education and training within our membership. Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the charities and trustee investment (Scotland) act 2005] and [section 2 of the charities act (northern Ireland) 2008].

The charity's main activities

Create Strength Group provides support to chronic users of cannabis, spice and legal highs and their families. We host mutual aid support groups across West Yorkshire and online, where experience and advice are shared in a safe, non-judgemental, abstinence-based user led environment. The group's services also include training and research.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular:

- 1 The provision of mutual aid group support and the distribution of information, guidance and assistance to those close to or with an interest in such addictions, their families and concerned others;
- 2 Delivering a series of local meetings to promote abstinence from drug use, share best practise and provide support information and advice;
- 3 Working with groups of a similar nature and exchange information, advice and knowledge with them, including cooperation with other voluntary bodies, charities, statutory and non-statutory organisations to achieve our objects;
- 4 Supporting social interaction / inclusion and awareness of; the reasons, symptoms and consequences of contemporary drug use, particularly regarding the three main specialist knowledge bases found within our membership; namely cannabis, spice and legal highs;
- 5 Promoting a range of transferable skills within our membership and the community, such as; employability skills, confidence and social skills, IT and media skills and responsibility and organisational skills. To encourage, develop and support the pursuit of education and training within our membership.

Create Strength Group CIO

Trustees' report (continued) for the year ended 31 December 2023

Achievements and performance

Create Strength Group (CSG) has continued the promising trajectory of the preceding year showing positive growth and strong potential development opportunities. 2023 was our first year as part of treatment services and memorable also for completing our first commissioned service year successfully.

The year ended with a compliment of 4 full-time staff and 7 contracted sessional workers supporting development and delivery. In addition we have introduced the CSG Recovery Academy, a volunteer plus scheme that supports associates into work by providing supported introduction into paid employment with CSG in meaningful roles below the threshold of universal credit rules.

As a project-based organisation, CSG executed 9 projects with the administration of a further 3 schemes allied to core funds in 2023. With projects ranging from mental health to adversity & trauma and nitrous oxide to lived experience; CSG is tackling a wide range of underlying issues contributing to and affecting causation within our cohort.

Our core **support networks** of face-to-face (f2f) online, physical and hybrid meetings were complemented by offering one-to-one (1-2-1) appointments both online and f2f in our dedicated room at 29 Salem Street. This was enhanced by the addition of a contractor trauma therapist and facilitator dedicating 2 days per week to CSG delivery.

2023 Milestones include:

- Exceeding the hosting of 1,440 support meetings since our formation
- The execution of our first year delivering as part of statutory treatment
- The execution of our first year delivering a Local Authority commission
- Increasing membership to 596
- Attracting 116 newcomers in the period
- Achieving 2,264 instances of attendances in 2023
- Offering 142 1-2-1 sessions to 25 individuals
- Increasing income by 210%
- Reducing expenditure to 58.9% of income
- Increasing workforce to 4 x full-time and 7 x part-time
- Maintaining 100% Lived Experience (LE) workforce
- Increasing the engagement rate of women into our support network to 38%

Ongoing **facilitation training development** is a vital part to our expansion plans. In 2023 we ran 2 facilitation courses for associates with 5 associates and 1 staff member completing training, with 1 associate going on to deliver a popular weekly meeting with good traction and engagement.

Projects

As a project-based organisation, CSG executed 9 projects with the administration of a further 3 schemes allied to core funds in 2023. With projects ranging from mental health to adversity & trauma and nitrous oxide to lived experience, CSG is tackling a wide range of underlying issues contributing to and affecting causation within our cohort.

- **Bradford Alcohol & Drug Treatment Service - New Vision Bradford (NVB)**
Awarded through Bradford Metropolitan District Council's (BMDC) Public Health (PH) commissioning team, NVB is a partnership led by Humankind as the contract holder and 3 local subcontractor charities - The Bridge Project, Project 6 and ourselves. The contract has the potential to run for a duration of 10 years and puts CSG at the heart of the treatment sector.

Create Strength Group CIO

Trustees' report (continued) for the year ended 31 December 2023

- **Lived Experience Evaluation Project Commission (LEEP)**

LEEP is a Bradford District Metropolitan Council (BDMC) commission to seek the views of those with lived experience (LE) of addiction in the Bradford district. This project is being executed using 2 main vehicles of an online questionnaire conducted by volunteers with LE and by self-referrals and an LE forum that meets monthly to listen to views and comments in the presence of representatives from the treatment sector.

This is CSG's first experience with a commissioned service and we are keen to shine in its execution. In addition this positions CSG's role within the NVB consortium as the main service user representative which is a key part of the contract in terms of both representation and co-design. Recommendations and insights were provided that will feed into the treatment sector plans for delivery.

The project completed its first year in December 2023 with good feedback from participants and commissioners, the contract has been extended a further year with much planned for future developments.

- **Nitrous Oxide Commission**

In early lockdown, CSG were asked to investigate the use of nitrous oxide (N₂O) by BDMC councillors who we had working relationships with and local community groups. We developed a mapping and scoping exercise to map disposal sites of N₂O canister disposal across the district.

This in turn led to a commission to produce an awareness campaign including the development of a reporting app. Again this is an example of CSG being chosen to develop innovative solutions to contemporary issues around substance use. We are building up an increasing expertise with the development of mobile applications in the substance use field.

- **CSG Mental Health Project (CHMH)**

CSG has a long tradition of running mental health projects with a specialism in mental health workshops and walk & talk events. We ran 2 projects in 2023. Both projects had the provision to taxi associates to and from walk & talk locations and provide a packed lunch.

- **Suicide Prevention Project 2023 (SPP)**

In January 2023 we took advantage of some funding available from BDMC and developed a project around suicide prevention. Incorporating strengths learned from other projects, such as the therapeutic value of walk and talks we contracted in some specialist suicide prevention training for our staff, volunteers, and associates. This has radically changed the way as a group we handle the subject. The confidence to address such issues has led us to consider developing our own training as an offering alongside our substance awareness courses.

- **Adverse Childhood Experiences, Trauma & Resilience (ATR) Grant**

In June 2023 CSG has been awarded a grant to investigate and deliver reporting and consultation on:

- Community Awareness Raising Community Insight,
- Awareness Raising Campaign,
- Safe Spaces provision.

This project feeds directly from CSG's ability to research, design and execute project-led solutions in a short lifecycle under a limited budget. This project runs until February 2024 and compliments our core specialisms.

- **National Lottery (NLRC) Foundation Project**

The NLRC Project remains our core driver and will remain so until July of 2024. It is closely allied to our Development Plan that was designed to lead us through the first 3-years of charity status in order to build a strong foundation to grow and further develop. In addition to funding 2 full-time posts, the NLRC Foundation Project also funds our sessional workers and the Recovery Academy.

Performance is monitored by progress meetings annually and a set of KPIs jointly agreed during the application process.

Create Strength Group CIO

Trustees' report (continued) for the year ended 31 December 2023

- **Programmes & Schemes (funded through projects)**

Allied to some CSG projects are 3 schemes that support our charity objects in innovative and mutually beneficial ways. In addition to developing associates and volunteers we are also supporting our local communities, raising CSG's profile and reputation and benefiting our organisation directly.

- **Gym Buddying Scheme**

As part of MH23/24 we fund 3 x 3-month gym passes to associates. In addition we provide a qualified personal trainer who is also a peer with LE to accompany and train the participants.

- **CSG Recovery Academy**

A volunteer plus scheme that supports associates into work by providing supported introduction into paid employment with CSG in meaningful roles below the threshold of universal credit rules.

- **CSG Internship Programme**

A University of Bradford intern assisted us with programme delivery on the ATR project.

- **Development Overview**

CSG have developed into a project-led organisation incorporating an ADPE (Analysis, Design, Production, and Evaluation) methodology. This allows us the flexibility to bid for grants and awards and then rapidly develop recovery solutions.

Financial review

The net income for the year was £164,866, including net income of £117,096 on unrestricted funds and net income of £47,770 on restricted funds.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £124,635.

The charity aims to hold a Reserves Balance made up of unrestricted funds to cover potential risks and opportunities that have been identified by the Board of Trustees and in accordance to the Charity's constitution.

- 1 If project funding reduces or ceased during the forthcoming year we aim to have sufficient reserves available to cover up to 3 months staff costs and rent plus a contingency for redundancy costs. Based on our 2024 forecast we estimate the liability to be approximately £60k.
- 2 Where there are additional project costs, those costs not provided for in the agreed project budget, which are essential to delivering the agreed objectives of the project.
- 3 We receive contract income for some projects which is accounted for in accordance with the Charities SORP. As a result, the funds are spread evenly over the term of the contract. The spend associated with these projects is not linear, therefore the reserves balance includes an element committed to future project expenditure. Estimated value carried forward to 2024 is £38k.
- 4 When there are surplus reserves over and above our monthly working capital requirements, we intend to invest this in instant access savings accounts up to a maximum of £85k per account.
- 5 In the future we intend to use surplus reserves to purchase premises for the charity. The premises will accommodate staff and provide residential supported housing for our associates in recovery to support our community.

Approved by the board of trustees on 25/9/2024

Gabriel Stoltz (Trustee)

Create Strength Group CIO

Independent examiner's report to the trustees of Create Strength Group CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 December 2023, which are set out on pages 8 to 14.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the CIO's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Katy Sargeant ACA

30/9/2024

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Create Strength Group CIO
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 December 2023

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	restated 2022 Total funds £
Income from:					
Grants and donations	(2)	176	222,840	223,016	77,141
Contract income		130,770	-	130,770	5,417
Other income		250	-	250	500
Bank interest		253	-	253	30
Total income		<u>131,449</u>	<u>222,840</u>	<u>354,289</u>	<u>83,088</u>
Expenditure on:					
Salaries NI and pensions	(3)	20,797	51,296	72,093	41,581
Freelance workers		20,479	53,275	73,754	4,105
Project expenses		1,698	5,049	6,747	3,003
Volunteer expenses		-	2,940	2,940	633
Travel and accommodation		450	3,732	4,182	976
IT and software		707	8,890	9,597	2,150
Office expenses		56	735	791	404
Food and refreshments		-	-	-	80
Advertising and publicity		-	3,744	3,744	3,522
Printing, stationery and postage		1,026	1,230	2,256	198
Equipment		-	2,922	2,922	650
Subscriptions		384	892	1,276	447
Insurance		112	224	336	224
Phone		-	250	250	730
Meeting costs		-	1,126	1,126	2,304
Other services		15	30	45	-
Bank charges		60	-	60	81
Independent examination fee		-	1,140	1,140	900
Rent		-	3,600	3,600	5,185
Recruitment costs		-	136	136	149
Training		-	1,069	1,069	-
Accountancy and bookkeeping		-	1,359	1,359	-
Total expenditure		<u>45,784</u>	<u>143,639</u>	<u>189,423</u>	<u>67,322</u>
Net income / (expenditure)		<u>85,665</u>	<u>79,201</u>	<u>164,866</u>	<u>15,766</u>
Transfers between funds		<u>31,431</u>	<u>(31,431)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>117,096</u>	<u>47,770</u>	<u>164,866</u>	<u>15,766</u>
Fund balances brought forward		<u>7,539</u>	<u>21,594</u>	<u>29,133</u>	<u>13,367</u>
Fund balances carried forward	(4)	<u>124,635</u>	<u>69,364</u>	<u>193,999</u>	<u>29,133</u>

All incoming resources and resources expended derive from continuing activities.

Create Strength Group CIO
Balance sheet
as at 31 December 2023

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Current assets				
Debtors and prepayments	(5) 27,452	-	27,452	122
Cash at bank and in hand	(6) 104,277	71,404	175,681	48,082
Total current assets	<u>131,729</u>	<u>71,404</u>	<u>203,133</u>	<u>48,204</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(7) 7,094	2,040	9,134	19,071
Total current liabilities	<u>7,094</u>	<u>2,040</u>	<u>9,134</u>	<u>19,071</u>
Net current assets / (liabilities)	<u>124,635</u>	<u>69,364</u>	<u>193,999</u>	<u>29,133</u>
Net assets	<u>124,635</u>	<u>69,364</u>	<u>193,999</u>	<u>29,133</u>
Funds				
Unrestricted funds	124,635	-	124,635	7,539
Restricted funds	-	69,364	69,364	21,594
Total funds	<u>124,635</u>	<u>69,364</u>	<u>193,999</u>	<u>29,133</u>

The financial statements were approved by the board of trustees on 25/9/2024

Gabriel Stoltz (Trustee)

Create Strength Group CIO

Notes to the accounts

for the year ended 31 December 2023

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The accounting policies have changed in that the charity has moved to accruals accounting from receipts and payments based accounts.

The accounts for the previous year have been restated to reflect this change. Details of the changes can be found in the notes.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Create Strength Group CIO

Notes to the accounts continued

for the year ended 31 December 2023

2 Grants and donations	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Coalfields Regeneration Trust	-	-	-	8,850
National Lottery Community Fund (NLCF)	-	104,295	104,295	67,995
Bradford Met. District Council (BMDC)	-	113,770	113,770	-
The Bridge Project	-	4,775	4,775	-
Other donations	176	-	176	296
	<u>176</u>	<u>222,840</u>	<u>223,016</u>	<u>77,141</u>

3 Staff costs and numbers	2023 £	2022 £
Gross salaries	69,909	40,369
Social security costs	6,510	3,555
Employment allowance	(5,899)	(3,555)
Pensions	<u>1,573</u>	<u>1,212</u>
	<u>72,093</u>	<u>41,581</u>

The average number of employees during the year was 2.4, being an average of 2.3 full time equivalent (2022: 2.4, 2 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2023 £	2022 £
Costs of the scheme to the charity for the year	1,573	1,212
Amount of any contributions outstanding at the year end	-	226
Amount of any contributions prepaid at the year end		

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Adversity, Trauma and Resilience	-	73,750	30,019	(14,900)	28,831
City Hub Mental Health Project	-	4,775	3,262	(1,513)	-
NCLF Reaching Communities	19,190	104,295	94,008	-	29,477
BMDC Mental Health	-	5,000	1,397	(500)	3,103
BMDC Nitrous Oxide Project	-	20,020	5,647	(6,420)	7,953
CBMDC Cleaner streets	457	-	-	(457)	-
Coalfields Regeneration Trust	1,947	-	487	(1,460)	-
BMDC Suicide Prevention Project	-	15,000	8,819	(6,181)	-
	<u>21,594</u>	<u>222,840</u>	<u>143,639</u>	<u>(31,431)</u>	<u>69,364</u>

Create Strength Group CIO

Notes to the accounts continued

for the year ended 31 December 2023

4 Restricted funds continued

Fund name	Purpose of restriction
Adversity, Trauma and Resilience	Adversity, Trauma & Resilience Programme
City Hub Mental Health Project	Towards a mental health project
NCLF Reaching Communities	Towards the ongoing Create Strength Foundation Project.
BMDC Mental Health	Towards a mental health project
BMDC Nitrous Oxide Project	Nitrous Oxide awareness campaign
CBMDC Cleaner streets	Towards the costs of the nitrous oxide project, litter picking and awareness raising.
Coalfields Regeneration Trust	To deliver a range of health and wellbeing, skills and employment focused activities, workshops, groups and services for homeless adults.
BMDC Suicide Prevention Project	Towards a suicide prevention project

5 Debtors and prepayments

	2023	2022
	£	£
Debtors	-	10
Prepayments	112	112
Accrued income	27,340	-
	<u>27,452</u>	<u>122</u>

6 Cash at bank and in hand

	2023	2022
	£	£
Cash at bank	175,560	48,061
Cash in hand	121	21
	<u>175,681</u>	<u>48,082</u>

7 Creditors and accruals

	2023	2022
	£	£
Amounts received on account for contracts / performance related grants	-	16,250
Accruals	2,040	900
Taxation and social security	7,094	1,695
Other creditors	-	226
	<u>9,134</u>	<u>19,071</u>

8 Related party transactions

Trustee expenses

During the year 1 trustee was paid a total of £583 in respect of travel (previous year: 1 trustees and £201).

Create Strength Group CIO

Notes to the accounts continued

for the year ended 31 December 2023

8 Related party transactions continued

Trustee remuneration and benefits

		2023	2022
		£	£
Patrick Gallagher	Gross pay	2,488	506

Reason for remuneration

The trustee received the payments in respect of sessional delivery work.

Legal authority for the payment

The legal authority for the payment is via a provision within the charity's governing document.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £44,189 (previous year: £31,209).

9 Restatement of prior year figures due to change in accounting basis

As a result of the change in the basis of accounting from receipts and payments to accruals, there have been a number of adjustments made to the comparative figures, analysed below.

Effect of change on Statement of Financial Activities

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £
Contract income			
Original figure in statutory accounts, year ended 31 Dec 2022	21,667	-	21,667
Deduct income in advance (Dec 2022 year end)	(16,250)	-	(16,250)
Restated total	<u>5,417</u>	<u>-</u>	<u>5,417</u>

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £
Total expenditure			
Original figure in statutory accounts, year ended 31 Dec 2022	610	67,265	67,875
Deduct accruals (Dec 2021 year end)	(480)	(2,772)	(3,252)
Add accruals (Dec 2022 year end)		2,821	2,821
Deduct prepayments (Dec 2022 year end)	-	(122)	(122)
Restated total	<u>130</u>	<u>67,192</u>	<u>67,322</u>

Effect of change on fund balances as reported at 31 Dec 2022

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £
Original fund balances carried forward as at 31 Dec 2022	291	16,328	16,619
Deduct accruals (Dec 2021 year end)	(480)	(2,772)	(3,252)
Restated fund balances carried forward as at 31 Dec 2022	<u>(189)</u>	<u>13,556</u>	<u>13,367</u>

Create Strength Group CIO

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 December 2023

	2023	restated 2022	2023	restated 2022	2023	restated 2022
	Unrestricted funds	Unrestricted funds	Restricted funds	Restricted funds	Total funds	Total funds
	£	£	£	£	£	£
Income						
Grants and donations	176	296	222,840	76,845	223,016	77,141
Contract income	130,770	5,417	-	-	130,770	5,417
Other income	250	500	-	-	250	500
Bank interest	253	30	-	-	253	30
Total income	131,449	6,243	222,840	76,845	354,289	83,088
Expenditure						
Salaries NI and pensions	20,797	27	51,296	41,554	72,093	41,581
Freelance workers	20,479	-	53,275	4,105	73,754	4,105
Project expenses	1,698	-	5,049	3,003	6,747	3,003
Volunteer expenses	-	-	2,940	633	2,940	633
Travel and accommodation	450	-	3,732	976	4,182	976
IT and software	707	-	8,890	2,150	9,597	2,150
Office expenses	56	-	735	404	791	404
Food and refreshments	-	-	-	80	-	80
Advertising and publicity	-	-	3,744	3,522	3,744	3,522
Printing, stationery and postage	1,026	-	1,230	198	2,256	198
Equipment	-	-	2,922	650	2,922	650
Subscriptions	384	-	892	447	1,276	447
Insurance	112	-	224	224	336	224
Phone	-	22	250	708	250	730
Meeting costs	-	-	1,126	2,304	1,126	2,304
Other services	15	-	30	-	45	-
Bank charges	60	81	-	-	60	81
Independent examination fee	-	-	1,140	900	1,140	900
Rent	-	-	3,600	5,185	3,600	5,185
Recruitment costs	-	-	136	149	136	149
Training	-	-	1,069	-	1,069	-
Accountancy and bookkeeping	-	-	1,359	-	1,359	-
Total expenditure	45,784	130	143,639	67,192	189,423	67,322
Net gains/(losses) on investments	-	-	-	-	-	-
Net income / (expenditure)	85,665	6,113	79,201	9,653	164,866	15,766
Transfers between funds	31,431	1,615	(31,431)	(1,615)	-	-
Net movement in funds	117,096	7,728	47,770	8,038	164,866	15,766
Fund balances brought forward	7,539	(189)	21,594	13,556	29,133	13,367
Fund balances carried forward	124,635	7,539	69,364	21,594	193,999	29,133