



Reach Impact Report 2023
Scan the QR code to see our Facebook page





“Diane is a great help to me. She is a very nice person and we have a good laugh together when she visits and laughter is in short supply in this world”

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Message From The CEOs

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We want to thank those who have supported us this year, and a special mention to our funders and sponsors. We could not have achieved what we have without your support, your help has made the difference.

We have had some great successes this year in all our projects, which you will see in our impact report. We hope you are encouraged by what you see, and know that our team works hard behind the scenes, because we all care about those we support.

As a Charity, we have worked this year on our long-term plan, networking and strategy to ensure that Reach can continue the great work for many years to come. It is thanks to those who have backed us that we are in the position we are in.

We look forward to working with you in 2024 to continue building on what we have achieved this year.

Angela Barry

Joint CEO/Befriending Project Manager

“I’ve really enjoyed the parenting course. It has helped me to see my children in a different way and because of that I understand them more. I don’t shout at them nowhere near as much, because I try and talk to them about things and we get on much better. Thankyou for the course and all your help”



Vision, Mission & Values

Pg.5

Vision

That no one will feel excluded from society, lonely or forgotten but instead know that they are valued.

Mission

To promote social inclusion and improve the quality of life of both children and families and those who are elderly and disabled in the Bolton and Bury area.

Values

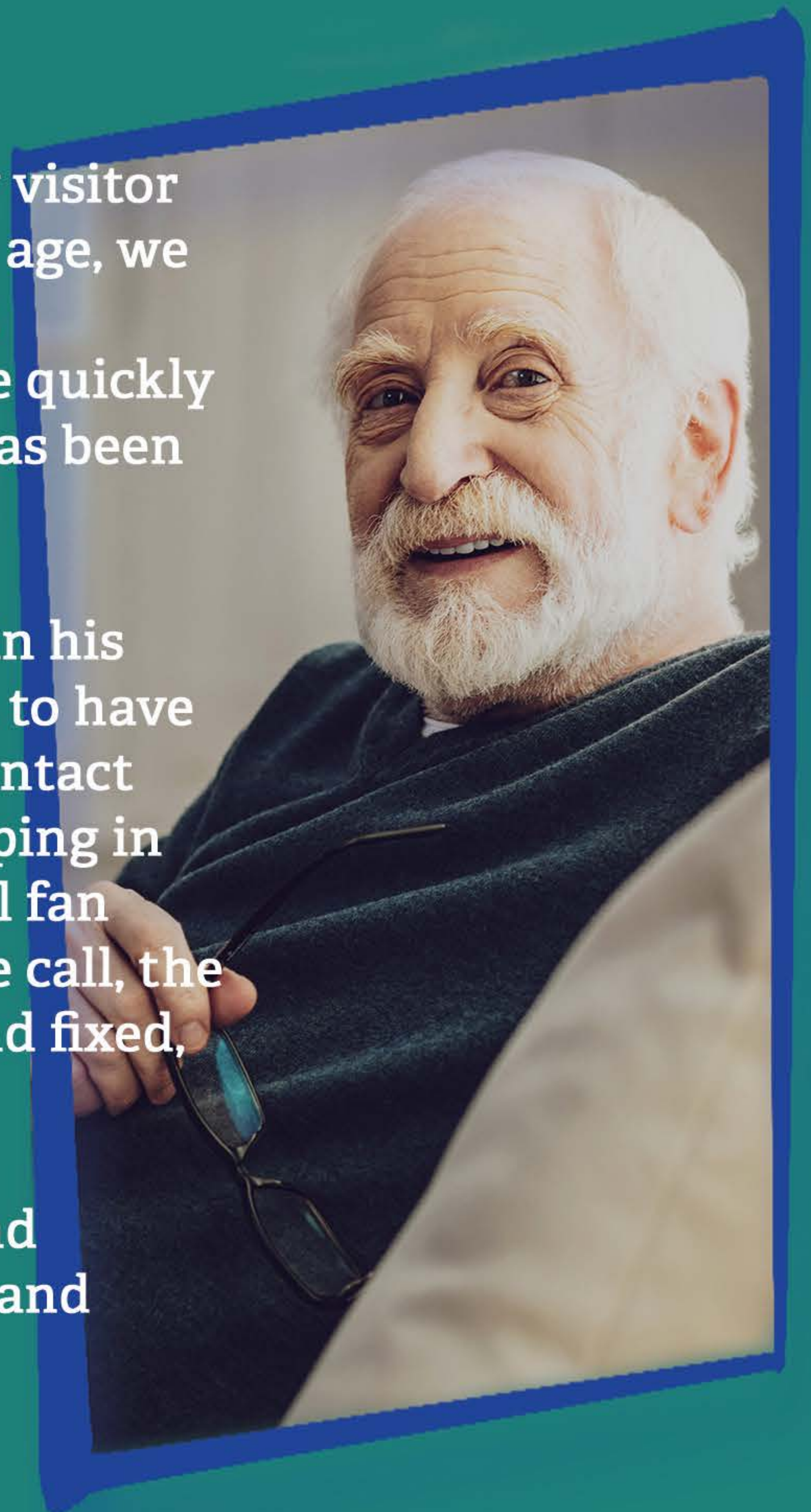
‘Loving others, giving out’ to always show love and care for those we support, always going the extra mile. To be reactive to the changing needs of the communities we work in.

BEFRIENDING

Geoff, 80 was referred to us due to extreme loneliness. His only visitor was his brother, who was unwell so not able to visit. Due to his age, we moved Geoff straight onto our pastoral extra support pathway, meaning he received a visit within a week of being referred. We quickly found a match with Paul, a male befriender on our team who has been visiting Geoff ever since.

Paul quickly became aware that Geoff didn't have any heating in his warden controlled flat. Geoff's flat had been on the waiting list to have his heating looked at since before winter. Paul quickly made contact with the warden and made them aware, as Geoff had been sleeping in his day clothes all winter to keep warm in bed, with just a small fan heater in his bedroom for warmth. Within a week of this phone call, the heating was checked, and a fault with the system was found and fixed, so Geoff now has heating again.

Paul has since supported Geoff in arranging a shave, shower and haircut, among other things. Paul is continuously going above and beyond to make sure Geoff knows he isn't alone.



Befriending 1:1

Our Befriending service has continued to go from strength to strength this year, where we celebrated our milestone of reaching 100 Befriending volunteers. We continue to work closely with local GPs, NHS services, churches and other community groups who refer to us as some of the most elderly and vulnerable individuals from across the whole of Bolton. These service users are then matched with one of our volunteer befrienders who lives within their local postcode area. Our heart is to see neighbours looking after neighbours. Most often, these matches lead to real friendships. We continue to be extremely proud of the impact this service has on reducing the effects of loneliness experienced by our service users.

Pastoral Support

Last year, we focused heavily on our pastoral support project. This project was created to ensure that those most impacted by isolation were quickly visited, without waiting for an available befriending volunteer. Everyone referred to us who is either over 80 years or completely isolated is put onto our pastoral project and will be visited within 2-3 weeks. A member of the pastoral team will continue to visit them until they are matched with a volunteer. This project has seen much success and is a key part of our befriending project.

Reach Together

Pg.9

After a successful pilot of our Reach Together social eating project for the over 65s last year, we are now continuing this permanently. The group is regularly attended by 18-20 local elderly people, who, alongside receiving a free hot meal and warm space, also enjoy various activities. These have expanded to include singing for the memory, painting with a local artist, and games. The group also enjoyed a day trip to Southport last year. We have been pleased to see real friendships and care forming through the group.

Hot Meal Delivery

Our most vulnerable service users are offered a weekly hot meal, delivered to their home free of charge. This offers us a chance outside planned weekly visits to perform welfare checks and ensure they are eating at least one hot meal a week.

Above & Beyond

We always aim to go above and beyond in the care and support we provide, being reactive to the changing needs of those we support. This year, we have provided gas and electricity payments and food vouchers through funding from the household support fund. We also ensure all our service users receive a handwritten birthday card and are sure to mark big birthdays. At Christmas, we were able to provide a hot Christmas dinner delivered to those who are housebound, a Christmas hamper to those spending the period alone, and through our successful gift appeal, provide a gift for every one of our service users. We will continue to ensure that our service users know that they are cared for and not forgotten.

Statistics

4486

**Befriending
Visits & Calls**

538

**Extra Pastoral
Hours**

79

**New Service
Users**

6620

**Volunteer
Hours**

153

**Total Service
Users**

78

**New
Volunteers**

1300

**Hot Meals
Provided**

145

**Total
Volunteers**

68

**Extra Pastoral
Users**

CHILDREN & FAMILIES

Kathy has been feeling isolated, low in mood, and struggling with her 4 year old daughter's behaviour for a while.

Her health visitor has supported where she can and signposted Kathy to local groups where she could access further support. Kathy didn't feel comfortable and stopped attending them.

She was then encouraged to attend one of our Drop In sessions, and after a few persuasive conversations, Kathy came along. Kathy said that although she was anxious about attending, she needn't have worried, as she immediately felt at ease and welcomed.

Through accessing the group, Kathy has been able to build positive relationships with others, which has had a positive impact on her mental wellbeing. She says she has been able to build on these relationships outside of the group.

Through peer to peer support and advice from the group facilitators, Kathy is now making small but positive changes within the family home, and she feels things are much better.



We aim to see families thriving in all areas and achieving their potential, with improved relationships and becoming active members of their community. The work we do makes a huge difference in their lives and is seen in areas such as parenting skills, household routines, basic money management, healthy eating and lifestyles and community engagement. We do this by offering the following services:

Parenting Courses

Our six-week parenting courses run throughout the communities of Bolton and are open to anyone to attend. The courses are free and help parents engage with their children and improve relationships by looking at things such as children's needs, parenting styles, boundaries, discipline and safety. The courses consistently receive excellent feedback from both parents and referrers. Many of the parents go on to build friendships outside the group and continue to provide peer support.

Peer Support Groups

The 'Time Out Drop In' is a peer support group started as a result of conversations with parents attending one of our parenting courses who wanted to continue meeting in a group setting. Those who are isolated and have little or no involvement in the community are particularly encouraged to attend.

The Drop In provides a warm space where parents are able to stay for the whole session or pop in for a brew and a chat; it is a place where they can seek advice and support on a range of topics. This can include, for example, parenting issues, routines, healthy eating, basic money skills, health and wellbeing, signposting, housing support, etc. Parents are able to make new friendships and build strong relationships with those they may otherwise not have met. During each session, activities are also available for the parents to take part in. These include things such as arts and crafts, baking, games and quizzes, local walks, etc.

One to One Support

We provide one to one, early intervention family support for families facing various challenges. Families access support through either self-referral, attending one of our parenting courses, or referral agencies, including children's services, education and health professionals. Families are matched with trained volunteers who work with and support the family through weekly visits, working through goals set out in their action plan. These weekly visits can include, for example, introducing isolated parents to community groups, working through behaviour strategies and parenting techniques, looking at healthy eating on a budget, accessing education, etc.

Above and Beyond

As with the other teams of Reach Family Project, the Children and Families team continually endeavours to go above and beyond in the services and support we offer to our service users. This can be seen in a variety of ways, from cakes and celebrations for special birthdays to recognising the achievements of all family members through the use of cards and letters and by providing extra toys, games and resources to encourage positive family relationships. Through some very welcome funding from the Household Support Fund, we have been able to support many families across Bolton with food vouchers and gas and electricity payments. Over the next year, we will continue to go the extra mile with all those we support so they really know they are valued, significant and special.

Statistics

125

**Sessions
& Visits**

12

Volunteers

35

**New Service
Users**

433

**Volunteer
Hours**

91

**Total Service
Users**

6

**New
Volunteers**

With the cost of everything going up in the shops, and bill prices increasing, the cost of living crisis is affecting many people. A single parent now struggling with the costs of living after a relationship breakdown came to us for help during our gift appeal. They said, "Thanks to the gift appeal, my children will now have gifts to open on Christmas Day."



We introduced our Community Project this year to encompass all our community events and projects. This arm of Reach works with other local groups, charities and organisations to support the community through one-off events and both short and long term projects. This year, these have included:

Christmas Gift Appeal

Our Christmas gift appeal is now in its fourth year and each year it has continued to grow. In 2023, we were fortunate to be sponsored by local business Change Glazing and Locks, which enabled us to make the event bigger than ever! Working in partnership with both Kings Church, Bolton and Brightmet Community Group, we were able to engage businesses to act as collection points for new, unopened gifts for both children and the elderly. People from across Bolton donated gifts to us that we could then distribute through a one-off event, where families referred through local agencies were invited to choose 3 gifts per child from our donations. Those who are elderly and isolated had their gifts delivered by our Befriending volunteers. The feedback and public response from the gift appeal was incredible, and we are grateful to bring the community together to support one another in this way.

Community Dance Classes

Partnering with local dance school Refresh Dance and Brightmet Community Group this year, we launched free community dance classes aimed at children who otherwise wouldn't have the opportunity to attend a dance school. These classes have been well attended, and feedback has been positive. We hope to build on this success next year.

Sew Simple

Local group, Sew Simple, approached us this year about a possible partnership to offer sewing classes to all adults. We have run one group of sessions, and these were attended by a mix of people, from young mums to elderly people. The group made positive relationships, while also learning a skill which will be extremely useful during the cost of living crisis.

Other Events

We are pleased that our ongoing partnership with both Kings Church, Bolton and Brightmet Community Group has also led to us supporting other events this year, including a 'winter event' which provided winter essentials for children and young people, and a 'shoe event' where new and preloved school shoes were provided. We look forward to continuing these partnerships next year and hope to work with other organisations to further support our communities.

Statistics

1104

**Gifts Given
to Children**

246

**Gifts Delivered
to the Elderly**

14

**Christmas
Dinners Provided**

741

**People
Supported**

202

**Families
Supported**

12

**Sessions
Provided**

288

**Volunteer
Hours**

38

Volunteers

CENTRAL

In the Autumn of 2023 we were delighted to be notified that we had been successful in our application for the Household Support Fund. The funding was split between our Children & Families team and the Befriending team and allowed us to help lessen the burden of the cost of living increases, to not only our service users but also many others across the town. One off payments to help with gas and electricity bills were made to those in need. In addition to this payment, recipients also received a food voucher to be used at local supermarkets. The feedback we have received really puts into perspective what some people are living with day to day;

“I won’t feel as worried to put the heating on now. Thankyou so much”

“Sometimes I have to decide whether to put the fire on or do a bit of shopping. This will help me to buy some proper food. I can’t thank you enough”

“You are superstars, thankyou for helping! So much appreciated!”

“Instead of all my money going in the gas meter, this will allow me to use that money to buy a few bits for the kids for Christmas. Thankyou so much, the kids will be happy on Christmas morning now!”

**Household
Support Fund**

**Food
Vouchers**

**Gas &
Electricity
Payments**

**Children &
Families**

181

61

Befriending

54

10

Meet The Team

Pg.25



Angela Barry

— **Joint CEO** —

Befriending Project Manager



Jean Barrass

— **Joint CEO** —

Children & Families
Project Manager



Tanya Cutter

Community Support Manager



Michelle Hardman

Volunteer Manager



Christine Dunn

Pastoral Lead



Debbie Jenkinson

Volunteer Coordinator



Ste Hardman

Content Creator / IT Lead

Stakeholders/Partners

Logos

Pg.26



McCARTHY STONE
FOUNDATION

Elise Pilkington
Charitable Trust



THE DOWAGER COUNTESS
ELEANOR PEEL TRUST



Sir J & LST
THE SIR JAMES & LADY SCOTT TRUST

👑 **KINGS** Church





Reach Impact Report 2023
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CHARITY COMMISSION
FOR ENGLAND AND WALES

Reach Family Project

1193527

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/01/23

To

Period end date
31/12/23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	9,920	-	-	9,920	5,133
Grants	-	90,475	-	90,475	83,659
Fundraising	1,938	-	-	1,938	1,502
Gift Aid	1,540	-	-	1,540	242
Other	1,174	-	-	1,174	12
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,572	90,475	-	105,047	90,548
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,572	90,475	-	105,047	90,548

A3 Payments

Advertising and PR	276	254	-	530	199
Building	174	95	-	269	1,787
Fundraising	39	5	-	44	83
General Expenditure	3,755	4,935	-	8,690	8,264

Project Costs	1,573	23,461	-	25,034	35,738
Training	93	56	-	149	167
Volunteer Costs	700	3,119	-	3,819	5,483
Wages & Salaries	477	43,742	-	44,219	27,280
	-	-	-	-	-
Sub total	7,087	75,667	-	82,754	79,001

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	

Total payments	7,087	75,667	-	82,754	79,001
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Net of receipts/(payments)	7,485	14,808	-	22,293	11,547
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	4,103	50,964	-	55,067	43,519
Cash funds this year end	11,588	65,772	-	77,360	55,066

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Balance held at bank	11,588	65,772	-
		-	-	-
		-	-	-
	Total cash funds	11,588	65,772	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds

B2 Other monetary assets

Details	to nearest £	to nearest £	to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

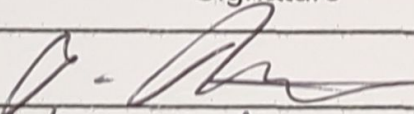
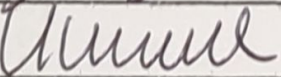
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
IT equipment	Unrestricted	1,540	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	J. FEARNEY	27/2/24
	H NORWOOD	27/2/24



Reach Family Project

Financial statements
for the year ended
31st December 2023

Reach Family Project
Trustees annual report
for the year ended 31st December 2023

Registered address
19 Dovedale Road, BL2 5HT

Trustee Details
Helen Norwood - Appointed July 2022
Paul Reid - Appointed October 2022
Esther Bullock - Appointed May 2022
James Fearnley - Appointed March 2023

Charity Registration Number
1193527

Bankers
NatWest
36 The Rock
Bury
Lancs
BL9 0NU

Independent examiner
Ron Hewitt (FFA)
4 Newham Drive
Bury
BL8 2EH

Governance and management

Reach Family Project is a Charitable Incorporated Organisation registered on the 15th February 2021, previous to which it operated as a constituted community group from 2014.

Reserves Policy

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure. The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

Based on current operating costs we expect reserves needed to be £11870.

Reach Family Project
Receipts & payments account
for the year ended 31st December 2023

£	
Receipts	
<i>Donations</i>	9920
<i>Grants</i>	90475
<i>Fundraising</i>	1938
<i>Gift aid</i>	1540
<i>Other</i>	1174
Total receipts	<u>105047</u>

Payments	
<i>Advertising & PR</i>	530
<i>Building</i>	269
<i>Fundraising</i>	44
<i>General Expenditure</i>	8690
<i>Project Costs</i>	25034
<i>Training</i>	149
<i>Volunteer Expenses</i>	3819
<i>Wages & Salaries</i>	44219

Total Payments **82754**

Net receipts/payments **22293**

Bank and cash at the start of the period **55066**

Bank and cash at the end of the period **77360**

Reach Family Project
Statement of assets and liabilities
at 31st December 2023

£	
Cash assets	
Current account	77360
Total cash assets	<u>77360</u>

Liabilities
There are no liabilities

These financial statements are accepted on behalf of the organisation by:

Signed



Dated

27.2.24

Printed

J. FEARNLEY

Reach Family Project
Notes to the accounts
for the year ended 31st December 2023

1. Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants & Donations

	£
Grants and donations	
National Lottery Reaching Communities	19322
Household support funding	19500
National Lottery Awards for all	10000
McCarthy Stone	7000
Sir James & Lady Scott	3000
Peter Kershaw	2000
Peel Trust	5000
Albert Hunt	2000
PWBT	500
Manchester Guardian Society	500

Reach Family Project
Notes to the accounts
for the year ended 31st December 2023

3. Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

4. Grants & Donations

	£
Grants and donations	
<i>National Lottery Reaching Communities</i>	19322
<i>Household support funding</i>	19500
<i>National Lottery Awards for all</i>	10000
<i>McCarthy Stone</i>	7000
<i>Sir James & Lady Scott</i>	3000
<i>Peter Kershaw</i>	2000
<i>Peel Trust</i>	5000
<i>Albert Hunt</i>	2000
<i>PWBT</i>	500
<i>Manchester Guardian Society</i>	500
<i>The Charity Service</i>	3000
<i>Boltons Fund</i>	3555
<i>W.G Edwards</i>	2000
<i>Bolton Community Homes</i>	1000
<i>Tesco</i>	1000
<i>Other</i>	21017

Total grants and donations **100395**

<i>The Charity Service</i>	3000
<i>Boltons Fund</i>	3555
<i>W.G Edwards</i>	2000
<i>Bolton Community Homes</i>	1000
<i>Tesco</i>	1000
<i>Other</i>	21017

Total grants and donations **100395**



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Reach Family Project

On accounts for the year
ended

31st December 2023

Charity no
(if any)

1193527

Set out on pages

1 to 2 (Receipts and Payments Account form CC16a)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st December 2023

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

21/02/2024

Name:

Ron Hewitt FFA

Relevant professional
qualification(s) or body
(if any):

IFA (Institute of Financial Accountants)

Address:

4 Newham Drive

Bury

Lancashire BL8 2EH

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

None