

FIIT FOR LIFE PROGRAMME

England & Wales · Charity number 1193408

Details

Status Registered

Legal form CIO

Registered 2021-02-04

Register [View on the Charity Commission register](#)

Contact

Address FiiT UK/CrossFit Deviant
Unit 10 Parker Centre
Mansfield Road
Derby

Phone 07736283318

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Website www.fiiuk.co.uk/exercise-programming

Activities

Objects: THE OBJECT OF THE CIO IS: TO PRESERVE AND PROTECT GOOD HEALTH AMONG PEOPLE RESIDENT IN ENGLAND, SCOTLAND AND WALES WHO ARE AT RISK OF OR HAVE BEEN/ARE AFFECTED BY CANCER AND CHRONIC DISEASES WHICH NEGATIVELY IMPACT QUALITY OF LIFE AND LIFE EXPECTANCY THROUGH THE PROVISION OF ACCESS TO SPECIALIST PHYSICAL ACTIVITY PROGRAMMES DESIGNED TO IMPROVE FITNESS, HEALTH AND WELLBEING.

Activities: The FiiT for Life programme will provide physical activity opportunities and education in England, Scotland and Wales for people who are at risk of or have been/are affected by cancer and associated chronic diseases by providing access to specialist physical activity programmes to improve health and fitness, quality of life and well-being.

Classification

- **How:** Makes Grants To Individuals, Provides Buildings/facilities/open Space, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-25	£13,322	£6,515	-	-
2023-09-25	£10,809	£9,702	-	-
2022-09-25	£9,159	£3,996	-	-
2021-09-25	£2,250	£250	-	-

Trustees

Name	Role	Appointed
Dr Athalie Redwood-Mills PhD	Chair	2021-02-04
ABIGAIL RUTH MOORCROFT		2021-02-04
JENNIFER WILSON		2021-02-04
Robert Mills		2021-02-04
VANESSA BYRNE		2021-02-04