

Registered Charity Number
1193400

SUNSHINE WELLNESS HUB

TRUSTEES REPORT AND ACCOUNTS

31 December 2024

SUNSHINE WELLNESS HUB
Financial statement
Year ended 31 December 2024

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SUNSHINE WELLNESS HUB
Charity Information
Year ended 31 December 2024

Registered charity name	SUNSHINE WELLNESS HUB
Charity number	1193400
Registered office	17 Lower Lime Road Oldham OL8 3NN
Trustees	Anne Uzo (Chair) Obinna Lawrence Nwankwo
Accountants	BC NWAIWU & CO LTD Building 1 Suit 4A Office 6 Wilsons Park Business Centre Manchester M40 8WN

SUNSHINE WELLNESS HUB
Trustees' Report
Year ended 31 December 2024

The Trustees, present their annual report with the unaudited financial statements of the charity for the year ended 31 December 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the Charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019).

Reference and administrative details

The Charity is a charitable incorporated organisation and was formed on 4 February 2021 as Sunshine Wellness Hub.

Objectives

The objects of the charity for the public benefit include;

1. the relief of the physical and mental sickness of persons in need by reason of depression and domestic violence, in particular by the provision of counselling and support, including signposting to other services, and by any other means as the trustees in their discretion shall determine.
2. to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those who are socially excluded and assisting them to integrate into society.

Public Benefit

The board of trustees have given due consideration to Charity Commission's published guidance on the operation of the public benefit requirement and confirm that these requirements are met by the charity.

Going concern

The trustees have assessed the ability of the charity to continue operating and discharging its role for the foreseeable future, and have made financial projections, taken into consideration the current economic climate because. We have adequate financial resources and are able to manage our business risks.

SUNSHINE WELLNESS HUB
Trustees' Report
Year ended 31 December 2024

Statement of responsibilities of the trustees

The trustees are required to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income or expenditure, of the charity for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011.

Anne Uzo
Chair of Trustees

SUNSHINE WELLNESS HUB

Accountant's report

For the period ended 31 December 2024

Accountants' report to the board of trustees on the preparation of the unaudited statutory accounts of Sunshine Wellness Hub for the period ended 31 December 2024.

In order to assist you to fulfil your duties under the Charity Act 2011, we have prepared for your approval the accounts of Sunshine Wellness Hub for the period ended 31 December 2024 which comprise of the Statement of financial activities (incorporating income & expenditure account), the Balance Sheet and the related notes from the charity's accounting records and from information and explanations you have given us.

This report is made solely to the Trustees of Sunshine Wellness Hub, as a body, in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the accounts of Sunshine Wellness Hub and state those matters that we have agreed to state to the Trustees of Sunshine Wellness Hub, as a body, in this report to the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Sunshine Wellness Hub and its Trustees as a body for our work or for this report.

It is your duty to ensure that Sunshine Wellness Hub has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position of Sunshine Wellness Hub. You consider that Sunshine Wellness Hub is exempt from the statutory audit/independent examination requirement for the period.

We have not been instructed to carry out an audit/independent examination or a review of the accounts of Sunshine Wellness Hub. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

BC NWAIWU & CO LTD

Building 1 Suit 4A Office 6
Wilsons Park Business Centre
Manchester
M40 8WN

Date: 7th November 2024

SUNSHINE WELLNESS HUB
Income Statement
For the period ended 31 December 2024

	Note	Unrestricted	Restricted	2024	2023
		£	£	£	£
Income from:					
Donations and legacies	2	915	-	915	-
Charitable activities	3	-	-	-	-
Total income		915	-	915	-
Expenditure on:					
charitable activities	4	350	570	920	6,744
Total expenditure		350	570	920	6,744
Net income/(expenditure) for the year	5	565	(570)	(5)	(6,744)
Transfer between funds		-	-	-	-
Net movement in funds for the year		565	(570)	(5)	(6,744)
Reconciliation of funds					
Total funds brought forward		-	-	-	-
Total funds carried forward		565	(570)	(5)	(6,744)

The notes on pages 9 to 14 form part of these financial statements

SUNSHINE WELLNESS HUB
Statement of Financial Position
As at 31 December 2024

	Note	£	2024 £	2023
Fixed assets				
Tangible assets	6		904	1,205
Total fixed assets			<u>904</u>	<u>1,205</u>
Current assets				
Cash at bank and in hand	7	1	20	
Debtors	8	<u>-</u>	<u>-</u>	
Total current assets		1	20	
Liabilities				
Creditors - <i>Amount falling due within one year</i>	9	<u>(350)</u>	<u>(365)</u>	
Net current assets			<u>(349)</u>	<u>(345)</u>
Total assets less current liabilities			555	860
Creditors - <i>Amount falling due after more than one year</i>	10		<u>-</u>	<u>300</u>
Net assets			<u>555</u>	<u>560</u>
The funds of the charity:				
Unrestricted funds	11		231	(334)
Restricted funds	11		324	894
Total charity funds			<u>555</u>	<u>560</u>

Anne Uzo
Chair of Trustees

Approved by the board on 7th November 2024

The notes on pages 9 to 14 form part of these financial statements

SUNSHINE WELLNESS HUB

Notes to the Financial Statements

For the period ended 31 December 2024

1. Accounting Policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) - (Charities SORP (FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

Sunshine Wellness Hub meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

b. Judgments and estimates

The trustees have made no key judgments which have a significant effect on the accounts. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c. Going concern

The trustees have reviewed the charity's forecasts and projections taking into consideration the current cost of living crises, the trustees are confident that the charity can fulfil its commitments to its beneficiaries for the period ending 31 December 2025.

d. Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are grants and donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

e. Income

The Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

SUNSHINE WELLNESS HUB

Notes to the Financial Statements

For the period ended 31 December 2024

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

f. **Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes all costs undertaken to further the purposes of the charity and their associated support costs.
- Finance costs includes all interest and other costs the charity incurs in connection with the borrowing of funds.

g. **Tangible fixed assets**

All expenditure of a capital nature on development work overseas is expensed as incurred, while tangible fixed assets in the UK costing more than £100 are capitalized and included at cost, including any incidental expenses of acquisition. Depreciation is provided on tangible fixed assets at rates calculated to write off the cost by equal annual instalments over their expected useful economic lives as follows:

Freehold land and buildings	Nil
Computer infrastructure	5 years
Computer equipment	4 years
Furniture, fixtures and equipment	4 years

Impairment reviews are conducted when events and changes in circumstances indicate that an impairment may have occurred. If any asset is found to have a carrying value materially higher than its recoverable amount, it is written down accordingly.

h. **Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

SUNSHINE WELLNESS HUB

Notes to the Financial Statements

For the period ended 31 December 2024

i. **Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j. **Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2. Donations and legacies	Unrestricted	Restricted	2024	2023
	£	£	£	£
Donations	250	-	250	-
Other income	665	-	665	-
Total	915	-	915	-

3. Charitable activities	Unrestricted	Restricted	2024	2023
	£	£	£	£
Grants				
National Lottery Community	-	-	-	-
	-	-	-	-
Charitable trading				
Charity sales	-	-	-	-
Support services	-	-	-	-
	-	-	-	-
Total income from charitable activities	-	-	-	-

SUNSHINE WELLNESS HUB
Notes to the Financial Statements
For the period ended 31 December 2024

4.	Expenditure on charitable activities	2024	2023		
		£	£		
	Staff cost	-	1,260		
	Project costs	-	2,138		
	Depreciation	301	402		
	Professional fees	-	125		
	Governance costs	350	365		
	Support costs	269	2,455		
		<u>920</u>	<u>6,744</u>		
	Restricted expenditure	570	6,379		
	Unrestricted expenditure	<u>350</u>	<u>365</u>		
		<u>920</u>	<u>6,744</u>		
5.	Net income/(expenditure) for the year	2024	2023		
		£	£		
	This is stated after charging/(crediting):				
	Depreciation	<u>301</u>	<u>402</u>		
6.	Fixed assets: tangible assets				
		Land and Buildings	Fixtures and fittings	Computer equipment	Total
		£	£	£	£
	Cost				
	At 01 January 2024	-	114	2,596	2,710
	Additions	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	At 31 December 2024	<u>-</u>	<u>114</u>	<u>2,596</u>	<u>2,710</u>
	Depreciation				
	At 01 January 2024	-	66	1,439	1,505
	Charge for the year	<u>-</u>	<u>12</u>	<u>289</u>	<u>301</u>
	At 31 December 2024	<u>-</u>	<u>78</u>	<u>1,728</u>	<u>1,806</u>
	Net book value				
	At 31 December 2024	<u>-</u>	<u>36</u>	<u>868</u>	<u>904</u>
	At 01 January 2024	<u>-</u>	<u>48</u>	<u>1,157</u>	<u>1,205</u>

SUNSHINE WELLNESS HUB

Notes to the Financial Statements

For the period ended 31 December 2024

7	Cash at bank and in hand	2024	2023
		£	£
	Cash at bank	1	20
	Cash in hand	-	-
		<u>1</u>	<u>20</u>
8	Debtors	2024	2023
		£	£
	Trading debtors	-	-
	Grant debtors	-	-
	Prepayments	-	-
		<u>-</u>	<u>-</u>
9	Creditors - <i>Amount falling due within one year</i>	2024	2023
		£	£
	Accountancy fee	350	365
		<u>350</u>	<u>365</u>
10	Creditors - <i>Amount falling due after more than one year</i>	2024	2023
		£	£
	Trade creditors	-	300
	Other creditors	-	-
		<u>-</u>	<u>300</u>

SUNSHINE WELLNESS HUB
Notes to the Financial Statements
For the period ended 31 December 2024

11. Fund movements	Balance at 01 January 2024 £	Income £	Expenditure £	As at 31 December 2024 £
Restricted funds				
Restricted project fund	894	-	(570)	324
	894	-	(570)	324
Unrestricted funds				
General fund	(334)	915	(350)	231
	(334)	915	(350)	231
The funds of the charity	560	915	(920)	555