



York Down Syndrome Support Group

Charity Registration No: 1193370

Trustees Annual Report

For the year ended 31 December 2022

The trustees present their report along with consolidated financial statements of the charity for the year ended 31 December 2022.

The Objective of YDSSG

We are a parent led support group based in York in the UK. Our overall aim is to create and develop the conditions which will enable our children with Down syndrome to attain their full potential. We aim to support all those involved in the lives of our children including family members and professionals in York and the surrounding area.

What we aim to do:

- offer personal support to new parents or parents with an antenatal diagnosis in whatever form they prefer
- host regular social events where children can come together to chat, play and learn new skills
- provide information and signpost resources that might be helpful to those with Down Syndrome in York and all who support them personally or professionally
- host regular social events for the whole family
- lend useful resources to families and professionals
- provide training for parents and professionals
- provide weekly speech and language groups
- promote the awareness of Down syndrome and encourage the inclusion of all within society
- support high quality research about any aspect of living with Down Syndrome

The trustees always ensure that the activities we undertake are in line with our charitable objects and aims.

How we work:

The Charity delivers its charitable aims with three focus areas:

- Education
- Social Events
- Fundraising

Funds raised support educational and information provision, resources and subsidise social events. Monthly committee meetings include performance reviews and ongoing activity planning.



Achievements and Performance

Educational Activities

During 2022 Chatterbox educational sessions resumed face-to-face every other week for the children attending Chatterbox. Chatterbox is our Speech and Language group sessions which are planned and delivered by a professional speech and language therapist. The weeks when they are not meeting up, our professional Speech and Language Therapist visits children individually in their education setting to review their progress and set new targets for the children to work towards.



A training programme was circulated to all primary, secondary, and special school settings with Early Years settings informed through the Family Information Service. Training runs via Zoom to make it easier for settings to attend and is free to access. There were 6 sessions across the year. We continue to loan educational resources to settings as requested.

Social and sporting activities

We held a series of social and sporting during 2022 including:

- Regular Monday evening football sessions with our “DS Yorkies” team.
- Swimming sessions for younger children at a local pool and a summer one for older children at the open-air pool in Helmsley
- Alpaca walking for all age groups
- Story Craft sessions for younger children
- York Model Engineers trip for families
- Opportunities to join in with events hosted by “Phab” – a national charity with whom we are affiliated. This year two of our families were given the opportunity to go flying
- Opportunities to join with the local “Wet Wheels” CIC and in association with Alan Bott Charity to take rides on a power boat





Fundraiser Event

"Kayaking down the Mighty Ouse"



We were supported in our main fundraiser event in 2022 by members of York Canoe club. Members of the group were sponsored to have a go at Kayaking on the River Ouse on 24 July 2022. Despite torrential rain, the children and young people had a very enjoyable time and raised £795 for the charity.



New Parents

We continue to welcome new families to the group, both those moving into the area and those who were resident in the city at time of birth.

York Teaching Hospitals NHS Trust have a regular supply of new-parent information packs on their ante-natal, maternity and children's wards in both York and Scarborough.

Information gathering and dissemination

A key part of the group's activities is sharing information that might be relevant to our families about national policy developments, local consultations and activities that are organised by other voluntary groups or statutory bodies. Information about the Down Syndrome Act, legislation relating to health and social care, benefits rules, parent carer forum activity, as well as more general information relating to support for families is shared via a closed Facebook group and an email list.

Our group's resource library contains educational material as well as large print children's fiction and books for parents about the experience of raising children and young people who have Down Syndrome. These books are free for members of the group, and those who support them, to borrow by request. During 2022 we hosted informal coffee meet ups at which books and resources were made available to parents to browse through.





Financial Review

Financial position at the end of the period: £3743.92 at Bank

Reserves

We aim to hold 12 months' running costs in reserve. Running costs have increased since last year and are now c£7500

- Reserves held at the end of the period: £3743.92

As this figure is below the amount required for our usual 12 months running the necessity of expanding our fundraising activities and exploring more options to secure grant funding will be important in 2023.

Principal sources of funding

Our principal sources of funding during 2022 have been local fundraising initiatives supported by the charity committee and our family members. Fundraising options such as Easyfundraising and AmazonSmile, also enabled supporters of the charity to donate as they shop online. The charity benefits from regular monthly donations from a small number of committed family supporters.

Structure, Governance and Management

The charity is constituted as a Charitable Incorporated Organisation (CIO) who's only voting members are its charity trustees.

During 2022 our chair of Trustees resigned her position. A new chair is currently being sought whilst another trustee stands in as acting chair. New trustees are interviewed and selected by the Committee of Trustees, subject to enhanced DBS checks.

Charity Name: York Down Syndrome Support Group

Registered Charity Number: 1193370

Names of the charity trustees who manage the charity				
	Trustee Name	Role	Dates Acted	Name of person or body entitled to appoint trustees
1	Charlotte Murray	Chair – resigned Nov 2022	October 2020 – Nov 2022	YDSSG Committee
2	Richard Hodgkinson	Treasurer	October 2020 – date	
3	Laura Swales	Education Lead	October 2020 – date	
4	Liz Allen	Acting Chair & Research Lead	October 2020 – date	
5	Theresa Ollerenshaw	New Parent Lead	October 2020 – date	
6	Sara Pay	Secretary	October 2020 – date	
7	Adela Felicia Parzanese Guerrero	Parent	October 2020 – date	
8	Barbara Lorraine Kerr	Retired professional	October 2020 – date	

YDSSG**2022 Profit & Loss Statement**

<u>Income</u>	£
Bank Current a/c	5518.73
Petty Cash a/c	<u>54</u>
Total	5572.73

Gross Profit 5572.73

<u>Expenditure</u>	
Bank Current a/c	7683.52
Petty Cash a/c	<u>0</u>
Total	7683.52

Net Profit -2110.79

Balance Sheet**Assets and Liabilities**

	£		£
Bank Current a/c	3635.92	Carried Forward	5854.71
Petty Cash a/c	54		
	<u>3689.92</u>	Balance	<u>3743.92</u>

Income, Assets and Liabilities					Expenditure				
Date	Description	Bank Current a/c	Petty Cash a/c	Total	Date	Description	Bank Current a/c	Petty Cash a/c	Total
01/01/2021	Opening Balance	£ 5,800.71	£ 54.00	£ 5,854.71					
04/01/2022	Football - Subs	£ 44.00		£ 44.00					£ -
04/01/2022	Football - Subs	£ 20.00		£ 20.00					£ -
04/01/2022	Chatterbox - Subs	£ 15.00		£ 15.00					£ -
				£ -	04/01/2022	Other -	£ 63.33		£ 63.33
				£ -	04/01/2022	Other -	£ 16.00		£ 16.00
05/01/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
				£ -	06/01/2022	Zoom Subscription -	£ 14.39		£ 14.39
07/01/2022	Chatterbox - Subs	£ 180.00		£ 180.00					£ -
10/01/2022	Football - Subs	£ 44.00		£ 44.00					£ -
14/01/2022	Donations/Fundraising -	£ 200.00		£ 200.00					£ -
17/01/2022	Football - Subs	£ 20.00		£ 20.00					£ -
17/01/2022	Football - Subs	£ 20.00		£ 20.00					£ -
19/01/2022	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					£ -
31/01/2022	Donations/Fundraising -	£ 188.47		£ 188.47					£ -
31/01/2022	Football - Subs	£ 44.00		£ 44.00					£ -
31/01/2022	Donations/Fundraising -	£ 212.00		£ 212.00					£ -
01/02/2022	Chatterbox - Subs	£ 15.00		£ 15.00					£ -
02/02/2022	Football - Subs	£ 44.00		£ 44.00					£ -
				£ -	02/02/2022	Chatterbox - Kath Pringle	£ 805.56		£ 805.56
				£ -	02/02/2022	Chatterbox - Kath Pringle	£ 139.00		£ 139.00
				£ -	07/02/2022	Zoom Subscription -	£ 14.39		£ 14.39
07/02/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
08/02/2022	Donations/Fundraising - LocalGiving	£ 14.63		£ 14.63					£ -
				£ -	14/02/2022	Software/Platforms - WIX	£ 66.62		£ 66.62
16/02/2022	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					£ -
18/02/2022	Donations/Fundraising -	£ 21.67		£ 21.67					£ -
23/02/2022	Donations/Fundraising -	£ 7.30		£ 7.30					£ -
28/02/2022	Football - Subs	£ 24.00		£ 24.00					£ -
28/02/2022	Football - Subs	£ 52.00		£ 52.00					£ -
01/03/2022	Chatterbox - Subs	£ 15.00		£ 15.00					£ -
				£ -	03/03/2022	Chatterbox - Kath Pringle	£ 785.00		£ 785.00
07/03/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
				£ -	07/03/2022	Football - Facilities - York Council	£ 96.92		£ 96.92
				£ -	07/03/2022	Zoom Subscription -	£ 14.39		£ 14.39
				£ -	09/03/2022	Events -	£ 58.50		£ 58.50
09/03/2022	Donations/Fundraising - LocalGiving	£ 135.19		£ 135.19					£ -
14/03/2022	Football - Subs	£ 40.00		£ 40.00					£ -
15/03/2022	Football - Subs	£ 44.00		£ 44.00					£ -
16/03/2022	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					£ -
18/03/2022	Football - Subs	£ 24.00		£ 24.00					£ -
18/03/2022	Football - Subs	£ 8.00		£ 8.00					£ -
21/03/2022	Football - Subs	£ 4.00		£ 4.00					£ -
23/03/2022	Donations/Fundraising - LocalGiving	£ 142.47		£ 142.47					£ -
				£ -	25/03/2022	Football - Facilities - York Council	£ 72.69		£ 72.69
30/03/2022	Donations/Fundraising - LocalGiving	£ 19.52		£ 19.52					£ -
				£ -	01/04/2022	Football - Facilities - York Council	£ 200.00		£ 200.00
01/04/2022	Chatterbox - Subs	£ 15.00		£ 15.00					£ -
				£ -	04/04/2022	Football - Facilities - York Council	£ 96.92		£ 96.92
05/04/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
				£ -	06/04/2022	Zoom Subscription -	£ 14.39		£ 14.39
13/04/2022	Donations/Fundraising - LocalGiving	£ 49.14		£ 49.14					£ -
				£ -	19/04/2022	Chatterbox - Kath Pringle	£ 740.00		£ 740.00
26/04/2022	Football - Subs	£ 44.00		£ 44.00					£ -
26/04/2022	Football - Facilities - York Council	£ 44.00		£ 44.00					£ -
26/04/2022	Football - Facilities - York Council	£ 44.00		£ 44.00					£ -
26/04/2022	Football - Facilities - York Council	£ 44.00		£ 44.00					£ -
26/04/2022	Karate -	£ 16.00		£ 16.00					£ -
26/04/2022	Karate -	£ 16.00		£ 16.00					£ -
27/04/2022	Football - Subs	£ 44.00		£ 44.00					£ -
27/04/2022	Football - Subs	£ 44.00		£ 44.00					£ -
27/04/2022	Karate -	£ 16.00		£ 16.00					£ -
27/04/2022	Karate -	£ 16.00		£ 16.00					£ -
27/04/2022	Karate -	£ 16.00		£ 16.00					£ -
27/04/2022	Donations/Fundraising - LocalGiving	£ 35.60		£ 35.60					£ -
03/05/2022	Donations/Fundraising -	£ 21.20		£ 21.20					£ -
03/05/2022	Karate -	£ 16.00		£ 16.00					£ -
03/05/2022	Chatterbox - Subs	£ 15.00		£ 15.00					£ -
				£ -	04/05/2022	Bank Fees -	£ 2.50		£ 2.50
				£ -	04/05/2022	Bank Fees -	£ 2.50		£ 2.50
05/05/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
05/05/2022	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					£ -
				£ -	06/05/2022	Football -	£ 139.20		£ 139.20
				£ -	06/05/2022	Football -	£ 66.60		£ 66.60
09/05/2022	Football - Subs	£ 44.00		£ 44.00					£ -

Income, Assets and Liabilities	Expenditure
--------------------------------	-------------

Date	Description	Bank Current a/c	Petty Cash a/c	Total	Date	Description	Bank Current a/c	Petty Cash a/c	Total
				£ -	09/05/2022	Zoom Subscription -	£ 14.39		£ 14.39
09/05/2022	Donations/Fundraising -	£ 5.89		£ 5.89					£ -
				£ -	10/05/2022	Other -	£ 30.00		£ 30.00
16/05/2022	Football - Subs	£ 44.00		£ 44.00					£ -
19/05/2022	Donations/Fundraising - LocalGiving	£ 42.34		£ 42.34					£ -
26/05/2022	Donations/Fundraising - LocalGiving	£ 59.35		£ 59.35					£ -
31/05/2022	Football - Subs	£ 44.00		£ 44.00					£ -
01/06/2022	Chatterbox - Subs	£ 15.00		£ 15.00					£ -
06/06/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
				£ -	06/06/2022	Chatterbox - Kath Pringle	£ 740.00		£ 740.00
				£ -	06/06/2022	Karate -	£ 100.00		£ 100.00
				£ -	06/06/2022	Zoom Subscription -	£ 14.39		£ 14.39
06/06/2022	Donations/Fundraising -	£ 328.10		£ 328.10					£ -
07/06/2022	Donations/Fundraising -	£ 40.21		£ 40.21					£ -
08/06/2022	Football - Subs	£ 80.00		£ 80.00					£ -
				£ -	08/06/2022	Other -	£ 270.10		£ 270.10
				£ -	08/06/2022	Football - Facilities - York Council	£ 75.21		£ 75.21
				£ -	08/06/2022	Other -	£ 43.20		£ 43.20
				£ -	08/06/2022	Football - Facilities - York Council	£ 25.07		£ 25.07
16/06/2022	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					£ -
29/06/2022	Donations/Fundraising - LocalGiving	£ 4.74		£ 4.74					£ -
01/07/2022	Chatterbox - Subs	£ 15.00		£ 15.00					£ -
04/07/2022	Football - Subs	£ 48.00		£ 48.00					£ -
04/07/2022	Football - Subs	£ 24.00		£ 24.00					£ -
05/07/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
				£ -	05/07/2022	Alpaca Trip -	£ 132.00		£ 132.00
				£ -	05/07/2022	Football - Facilities - York Council	£ 100.28		£ 100.28
				£ -	05/07/2022	Swimming -	£ 45.00		£ 45.00
				£ -	06/07/2022	Zoom Subscription -	£ 14.39		£ 14.39
14/07/2022	Football - Subs	£ 10.00		£ 10.00					£ -
15/07/2022	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					£ -
20/07/2022	Donations/Fundraising - LocalGiving	£ 4.74		£ 4.74					£ -
21/07/2022	Chatterbox - Subs	£ 70.00		£ 70.00					£ -
25/07/2022	Alpaca Trip -	£ 48.00		£ 48.00					£ -
25/07/2022	Alpaca Trip -	£ 12.00		£ 12.00					£ -
26/07/2022	Alpaca Trip -	£ 12.00		£ 12.00					£ -
27/07/2022	Donations/Fundraising - LocalGiving	£ 14.59		£ 14.59					£ -
29/07/2022	Alpaca Trip -	£ 12.00		£ 12.00					£ -
29/07/2022	Alpaca Trip -	£ 12.00		£ 12.00					£ -
01/08/2022	Chatterbox - Subs	£ 15.00		£ 15.00					£ -
02/08/2022	Alpaca Trip -	£ 12.00		£ 12.00					£ -
03/08/2022	Alpaca Trip -	£ 12.00		£ 12.00					£ -
03/08/2022	Alpaca Trip -	£ 24.00		£ 24.00					£ -
04/08/2022	Swimming -	£ 6.00		£ 6.00					£ -
04/08/2022	Swimming -	£ 6.00		£ 6.00					£ -
05/08/2022	Donations/Fundraising - LocalGiving	£ 651.96		£ 651.96					£ -
05/08/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
05/08/2022	Swimming -	£ 6.00		£ 6.00					£ -
08/08/2022	Swimming -	£ 6.00		£ 6.00					£ -
				£ -	08/08/2022	Zoom Subscription -	£ 14.39		£ 14.39
08/08/2022	Swimming -	£ 6.00		£ 6.00					£ -
10/08/2022	Swimming -	£ 6.00		£ 6.00					£ -
10/08/2022	Swimming -	£ 6.00		£ 6.00					£ -
12/08/2022	Alpaca Trip -	£ 6.00		£ 6.00					£ -
12/08/2022	Alpaca Trip -	£ 6.00		£ 6.00					£ -
				£ -	12/08/2022	Football - Facilities - York Council	£ 50.14		£ 50.14
16/08/2022	Donations/Fundraising -	£ 6.39		£ 6.39					£ -
17/08/2022	Donations/Fundraising - LocalGiving	£ 161.06		£ 161.06					£ -
23/08/2022	Football - Subs	£ 54.18		£ 54.18					£ -
30/08/2022	Football - Subs	£ 52.00		£ 52.00					£ -
30/08/2022	Football - Subs	£ 52.00		£ 52.00					£ -
30/08/2022	Football - Subs	£ 52.00		£ 52.00					£ -
				£ -	30/08/2022	Chatterbox - Kath Pringle	£ 1,122.60		£ 1,122.60
01/09/2022	Chatterbox - Subs	£ 15.00		£ 15.00	31/08/2022	Football - Subs	£ 37.00		£ 37.00
05/09/2022	Football - Subs	£ 52.00		£ 52.00					£ -
05/09/2022	Football - Subs	£ 52.00		£ 52.00					£ -
05/09/2022	Chatterbox - Subs	£ 25.00		£ 25.00					£ -
				£ -	06/09/2022	Zoom Subscription -	£ 14.39		£ 14.39
06/09/2022	Football - Subs	£ 24.00		£ 24.00					£ -
09/09/2022	Football - Subs	£ 24.00		£ 24.00					£ -
12/09/2022	Football - Subs	£ 52.00		£ 52.00					£ -
12/09/2022	Football - Subs	£ 52.00		£ 52.00					£ -
12/09/2022	Football - Subs	£ 24.00		£ 24.00					£ -
14/09/2022	Donations/Fundraising - LocalGiving	£ 42.34		£ 42.34					£ -

Income, Assets and Liabilities					Expenditure				
Date	Description	Bank Current a/c	Petty Cash a/c	Total	Date	Description	Bank Current a/c	Petty Cash a/c	Total
20/09/2022	Football - Subs	£ 52.00		£ 52.00					-
				-	30/09/2022	LocalGiving -	£ 96.00		£ 96.00
03/10/2022	Chatterbox - Subs	£ 15.00		£ 15.00					-
05/10/2022	Chatterbox - Subs	£ 25.00		£ 25.00					-
				-	44840	Zoom Subscription -	£ 14.39		£ 14.39
12/10/2022	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					-
26/10/2022	Donations/Fundraising - LocalGiving	£ 4.74		£ 4.74					-
				-	26/10/2022	Football - Facilities - York Council	£ 50.14		£ 50.14
31/10/2022	Football - Subs	£ 28.00		£ 28.00					-
01/11/2022	Chatterbox - Subs	£ 15.00		£ 15.00					-
07/11/2022	Chatterbox - Subs	£ 25.00		£ 25.00					-
				-	07/11/2022	Zoom Subscription -	£ 14.39		£ 14.39
15/11/2022	Other -	£ 10.82		£ 10.82					-
16/11/2022	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					-
				-	18/11/2022	Chatterbox - Kath Pringle	£ 1,042.20		£ 1,042.20
22/11/2022	Donations/Fundraising - LocalGiving	£ 22.21		£ 22.21					-
23/11/2022	Donations/Fundraising - LocalGiving	£ 4.74		£ 4.74					-
				-	23/11/2022	Football - Facilities - York Council	£ 100.28		£ 100.28
01/12/2022	Chatterbox - Subs	£ 15.00		£ 15.00					-
05/12/2022	Chatterbox - Subs	£ 70.00		£ 70.00					-
05/12/2022	Chatterbox - Subs	£ 25.00		£ 25.00					-
				-	06/12/2022	Zoom Subscription -	£ 14.39		£ 14.39
				-	07/12/2022	Football - Facilities - York Council	£ 100.28		£ 100.28
08/12/2022	Donations/Fundraising -	£ 70.00		£ 70.00					-
22/12/2022	Donations/Fundraising - LocalGiving	£ 42.34		£ 42.34					-
31/12/2022	Closing Balance	£ 3,635.92	£ 54.00	£ 3,689.92	31/12/2022		£ 7,683.52	£ -	£ 7,683.52