



York Down Syndrome Support Group

Charity Registration No: 1193370

Trustees Annual Report

For the year ended 31 December 2021

The trustees present their report along with consolidated financial statements of the charity for the year ended 31 December 2021.

The Objective of YDSSG

We are a parent led support group based in York in the UK. Our overall aim is to create and develop the conditions which will enable our children with Down syndrome to attain their full potential. We aim to support all those involved in the lives of our children including family members and professionals in York and the surrounding area.

What we aim to do:

- offer personal support to new parents or parents with an antenatal diagnosis in whatever form they prefer
- host regular social events where children can come together to chat, play and learn new skills
- host regular social events for the whole family
- lend useful resources to families and professionals
- provide training for parents and professionals
- provide weekly speech and language groups
- promote the awareness of Down syndrome and encourage the inclusion of all within society
- support high quality research about any aspect of living with Down Syndrome

In setting our programmes of activity, the trustees always ensure that the activities we undertake are in line with our charitable objects and aims.

How we work:

The Charity delivers its charitable aims with three focus areas:

- Education
 - Social Events
 - Fundraising
- All funds raised support with educational resources and subsidised social events.

Monthly committee meetings include performance reviews and ongoing activity planning.



Achievements and Performance

The Trustees and Committee have successfully re-introduced more face-to-face educational and social activities since the lift of COVID-19 Restrictions, including:

Educational Activities

2021 Chatterbox educational sessions were held via Zoom but have since resumed face-to-face every other week for the children attending Chatterbox. Chatterbox are our Speech and Language group sessions which are planned and delivered by a dedicated team of professional speech and language therapists and co-workers who are 'symbol' trained.

New for 2022: The weeks when they are not meeting up, our professional Speech and Language Therapist visits children individually in their education setting to review their progress and set new targets for the children to work towards.

A training programme for the new academic year has also been sent out to all primary, secondary and special school settings with Early Years settings informed through FIS. Training will run via Zoom to make it easier for settings to attend and will all be free to access. There are 6 sessions across the year.

We continue to loan educational resources to settings as requested.

Social Events

A Social Sub-Committee is now in place to ensure a regular calendar of social events is available to the families we support. We have held a series of social events during 2022 including:

- Swimming sessions for younger children at a local pool
- Alpaca walking for all age groups
- Story Craft sessions for younger children
- York Model Engineers trip for families
- Opportunities to join in with events hosted by "Phab" – a national charity with whom we are affiliated. This year two of our families were given the opportunity to go flying
- Opportunities to join with the local "Wet Wheels" CIC and in association with Alan Bott Charity to take rides on a power boat

New Parents

We have welcomed a number of new families to the group both those moving into the area and those who were resident in the City at time of birth.

York District Hospital have a regular supply of new-parent information packs on their maternity wards and on their ante-natal and children's wards.

Information gathering and dissemination

A key part of the group's activities involves sharing information that might be relevant to our families about national policy developments, local consultations and activities that are organised by other voluntary groups and other relevant bodies. Information about the Down Syndrome Act, legislation relating to health and social care, benefits rules, parent carer forum activity, as well as



more general information relating to support for families is shared via a closed Facebook group and an email list.

Our group has a large resource library which, in addition to educational material contains large print children's fiction and books for parents about the experience of raising children and young people who have Down Syndrome. These books are free for members of the group, and those who support them, to borrow by request

Financial Review

Financial position at the end of the period: £5,854.71 at Bank

Reserves

We aim to hold 12 months' costs in reserve at all times (c£6000)

- Reserves held at the end of the period: £5,854.71

Principal sources of funding

Our principal sources of funding are grants and local fundraising initiatives supported by the charity committee and our family members. We also have online fundraising options such as Easyfundraising and AmazonSmile, enabling any supporters of the charity to donate as they shop online.

Structure, Governance and Management

The charity is constituted as a Charitable Incorporated Organisation (CIO) whose only voting members are its charity trustees.

Trustees are interviewed and selected by the Committee, subject to enhanced DBS checks.

Charity Name: York Down Syndrome Support Group

Registered Charity Number: 1193370

Names of the charity trustees who manage the charity				
	Trustee Name	Role	Dates Acted	Name of person or body entitled to appoint trustees
1	Charlotte Murray	Chair	October 2020 – date	YDSSG Committee
2	Richard Hodgkinson	Treasurer	October 2020 – date	
3	Laura Swales	Education Lead	October 2020 – date	
4	Liz Allen	Research Lead	October 2020 – date	
5	Theresa Ollerenshaw	New Parent Lead	October 2020 – date	
6	Sara Pay	Secretary	October 2020 – date	
7	Adela Felicia Parzanese Guerrero	Parent	October 2020 – date	
8	Barbara Lorraine Kerr	Professional	October 2020 – date	

York Down Syndrome Support Group

YDSSG

2021 Profit & Loss Statement

<u>Income</u>		£
Bank Current a/c		5756.47
Petty Cash a/c		<u>0</u>
	Total	5756.47
Gross Profit		<u>5756.47</u>
<u>Expenditure</u>		
Bank Current a/c		8739.34
Petty Cash a/c		<u>0</u>
	Total	8739.34
Net Profit		<u>-2982.87</u>

Balance Sheet

Assets and Liabilities

	£		£
Bank Current a/c	5800.71	Carried Forward	8837.58
Petty Cash a/c	54		
	<u>5854.71</u>	Balance	<u>5854.71</u>

Income, Assets and Liabilities					Expenditure				
Date	Description	Bank Current a/c	Petty Cash a/c	Total	Date	Description	Bank Current a/c	Petty Cash a/c	Total
01/01/2021	Opening Balance	£ 8,783.58	£ 54.00	£ 8,837.58					
04/01/2021	Chatterbox - Subs	£ 15.00		£ 15.00					
05/01/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
					44203	Zoom Subscription -	£ 14.39		£ 14.39
12/01/2021	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					
18/01/2021	Chatterbox - Subs	£ 20.00		£ 20.00					
					44218	Resource Library -	£ 210.36		£ 210.36
27/01/2021	Donations/Fundraising - LocalGiving	£ 1,027.94		£ 1,027.94					
29/01/2021	Donations/Fundraising - LocalGiving	£ 9.40		£ 9.40					
01/02/2021	Chatterbox - Subs	£ 15.00		£ 15.00					
05/02/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
					44235	Zoom Subscription -	£ 14.39		£ 14.39
10/02/2021	Donations/Fundraising - LocalGiving	£ 9.48		£ 9.48					
					44238	New Parent Packs -	£ 92.00		£ 92.00
					44238	Maths Mum -	£ 80.00		£ 80.00
					44238	Makaton -	£ 50.00		£ 50.00
					44238	Football - Facilities - York Council	£ 47.50		£ 47.50
12/02/2021	Donations/Fundraising - LocalGiving	£ 10.00		£ 10.00					
					44242	Software/Platforms - WIX	£ 106.40		£ 106.40
15/02/2021	Donations/Fundraising - LocalGiving	£ 10.00		£ 10.00					
17/02/2021	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					
26/02/2021	Donations/Fundraising - LocalGiving	£ 53.63		£ 53.63					
01/03/2021	Chatterbox - Subs	£ 15.00		£ 15.00					
					44257	Software/Platforms - WIX	£ 136.80		£ 136.80
03/03/2021	Donations/Fundraising - LocalGiving	£ 16.51		£ 16.51					
05/03/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
					44263	Zoom Subscription -	£ 14.39		£ 14.39
10/03/2021	Donations/Fundraising -	£ 68.25		£ 68.25					
10/03/2021	Donations/Fundraising - LocalGiving	£ 63.67		£ 63.67					
18/03/2021	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					
23/03/2021	Donations/Fundraising -	£ 500.00		£ 500.00					
					44284	Resource Library -	£ 117.46		£ 117.46
					44284	Resource Library -	£ 255.49		£ 255.49
					44284	Resource Library -	£ 97.11		£ 97.11
					44285	Resource Library -	£ 411.11		£ 411.11
					44285	Chatterbox - Kath Pringle	£ 195.00		£ 195.00
					44285	Chatterbox - Kath Pringle	£ 1,260.00		£ 1,260.00
31/03/2021	Donations/Fundraising - LocalGiving	£ 9.40		£ 9.40					
01/04/2021	Chatterbox - Subs	£ 15.00		£ 15.00					
06/04/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
					44292	Zoom Subscription -	£ 14.39		£ 14.39
14/04/2021	Donations/Fundraising - LocalGiving	£ 86.45		£ 86.45					
16/04/2021	Donations/Fundraising -	£ 100.72		£ 100.72					
					19/04/2021	Physiotherapy -	£ 60.00		£ 60.00
20/04/2021	Football - Subs	£ 48.00		£ 48.00					
20/04/2021	Football - Subs	£ 48.00		£ 48.00					
21/04/2021	Donations/Fundraising - LocalGiving	£ 197.04		£ 197.04					
23/04/2021	Football - Subs	£ 12.60		£ 12.60					
26/04/2021	Football - Subs	£ 48.00		£ 48.00					
27/04/2021	Football - Subs	£ 48.00		£ 48.00					
27/04/2021	Football - Subs	£ 36.00		£ 36.00					
28/04/2021	Donations/Fundraising - LocalGiving	£ 9.40		£ 9.40					
04/05/2021	Donations/Fundraising -	£ 15.00		£ 15.00					
04/05/2021	Chatterbox - Subs	£ 15.00		£ 15.00					
05/05/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
					06/05/2021	Zoom Subscription -	£ 14.39		£ 14.39
					07/05/2021	Maths Mum -	£ 120.00		£ 120.00
					07/05/2021	Football - Facilities - York Council	£ 102.00		£ 102.00
13/05/2021	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					
17/05/2021	Football - Subs	£ 32.00		£ 32.00					
17/05/2021	Football - Subs	£ 36.00		£ 36.00					
17/05/2021	Football - Subs	£ 24.00		£ 24.00					
					18/05/2021	Football - Facilities - York Council	£ 102.00		£ 102.00
					19/05/2021	Other -	£ 30.00		£ 30.00
19/05/2021	Donations/Fundraising - LocalGiving	£ 152.05		£ 152.05					
24/05/2021	Football - Subs	£ 32.00		£ 32.00					
24/05/2021	Other -	£ 5.00		£ 5.00					
26/05/2021	Donations/Fundraising - LocalGiving	£ 4.73		£ 4.73					

Income, Assets and Liabilities					Expenditure				
Date	Description	Bank Current a/c	Petty Cash a/c	Total	Date	Description	Bank Current a/c	Petty Cash a/c	Total
01/06/2021	Chatterbox - Subs	£ 15.00		£ 15.00					
03/06/2021	Donations/Fundraising - LocalGiving	£ 19.14		£ 19.14					
07/06/2021	Football - Subs	£ 32.00		£ 32.00					
					07/06/2021	Physiotherapy -	£ 120.00		£ 120.00
					07/06/2021	Zoom Subscription -	£ 14.39		£ 14.39
07/06/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
16/06/2021	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					
21/06/2021	Football - Subs	£ 16.00		£ 16.00					
30/06/2021	Donations/Fundraising - LocalGiving	£ 9.40		£ 9.40					
01/07/2021	Chatterbox - Subs	£ 15.00		£ 15.00					
05/07/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
					06/07/2021	Zoom Subscription -	£ 14.39		£ 14.39
12/07/2021	York Maze - York Maze	£ 30.00		£ 30.00					
12/07/2021	York Maze - York Maze	£ 22.50		£ 22.50					
12/07/2021	York Maze - York Maze	£ 22.50		£ 22.50					
12/07/2021	York Maze - York Maze	£ 30.00		£ 30.00					
13/07/2021	York Maze - York Maze	£ 30.00		£ 30.00					
13/07/2021	York Maze - York Maze	£ 37.50		£ 37.50					
13/07/2021	York Maze - York Maze	£ 30.00		£ 30.00					
13/07/2021	York Maze - York Maze	£ 45.00		£ 45.00					
14/07/2021	York Maze - York Maze	£ 22.50		£ 22.50					
					16/07/2021	Chatterbox - Facilities - Poppleton	£ 45.00		£ 45.00
16/07/2021	York Maze - York Maze	£ 22.50		£ 22.50					
					16/07/2021	Chatterbox - Facilities - St. Aelreds	£ 19.00		£ 19.00
					16/07/2021	Chatterbox - Facilities - St. Aelreds	£ 19.00		£ 19.00
					16/07/2021	Chatterbox - Facilities - Poppleton	£ 30.00		£ 30.00
					16/07/2021	Chatterbox - Kath Pringle	£ 870.00		£ 870.00
					19/07/2021	York Maze - York Maze	£ 292.50		£ 292.50
22/07/2021	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					
28/07/2021	Swimming -						£ 60.00		£ 60.00
					28/07/2021	Alpaca Trip -	£ 100.00		£ 100.00
02/08/2021	Football - Subs	£ 24.00		£ 24.00					
02/08/2021	Chatterbox - Subs	£ 15.00		£ 15.00					
03/08/2021	Alpaca Trip -	£ 24.00		£ 24.00					
03/08/2021	Football - Subs	£ 20.00		£ 20.00					
05/08/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
					06/08/2021	Zoom Subscription -	£ 14.39		£ 14.39
					13/08/2021	Football - Facilities - York Council	£ 136.00		£ 136.00
					13/08/2021	Makaton -	£ 50.00		£ 50.00
					13/08/2021	Makaton -	£ 200.00		£ 200.00
17/08/2021	Other -	£ 7.34		£ 7.34					
18/08/2021	Other -	£ 20.31		£ 20.31					
23/08/2021	Football - Subs	£ 48.00		£ 48.00					
25/08/2021	Donations/Fundraising - LocalGiving	£ 47.00		£ 47.00					
31/08/2021	Football - Subs	£ 52.00		£ 52.00					
31/08/2021	Football - Subs	£ 52.00		£ 52.00					
01/09/2021	Football - Subs	£ 15.00		£ 15.00					
01/09/2021	Football - Subs	£ 52.00		£ 52.00					
01/09/2021	Swimming -	£ 60.00		£ 60.00					
06/09/2021	Chatterbox - Subs	£ 25.00		£ 25.00					
09/09/2021	Donations/Fundraising - LocalGiving	£ 9.40		£ 9.40					
					7927	Zoom Subscription -	£ 14.39		£ 14.39
13/09/2021	Football - Subs	£ 52.00		£ 52.00					
13/09/2021	Football - Subs	£ 52.00		£ 52.00					
15/09/2021	Football - Subs	£ 24.00		£ 24.00					
					44459	Chatterbox - Kath Pringle	£ 870.00		£ 870.00
20/09/2021	Alpaca Trip -	£ 12.00		£ 12.00					
20/09/2021	Football - Subs	£ 52.00		£ 52.00					
20/09/2021	Football - Subs	£ 54.00		£ 54.00					
22/09/2021	Donations/Fundraising - LocalGiving	£ 37.60		£ 37.60					
23/09/2021	Alpaca Trip -	£ 12.00		£ 12.00					
					44463	Alpaca Trip -	£ 20.00		£ 20.00
24/09/2021	Football - Subs	£ 52.00		£ 52.00		44466	Chatterbox - Kath Pringle	£ 201.00	£ 201.00
27/09/2021	Alpaca Trip -	£ 12.00		£ 12.00					
27/09/2021	Alpaca Trip -	£ 24.00		£ 24.00					
27/09/2021	Football - Subs	£ 24.00		£ 24.00					
29/09/2021	Donations/Fundraising - LocalGiving	£ 9.40		£ 9.40					
					44469	Donations/Fundraising - LocalGiving	£ 96.00		£ 96.00

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