

TRUSTEES ANNUAL REPORT FOR THE PERIOD 1 FEBRUARY 2024 TO 31 JANUARY 2025

BOLTON HINDUS' AGE INSPIRATION

CHARITY REGISTRATION NUMBER 1193340

BOLTON HINDUS' AGE INSPIRATION
TRUSTEES' REPORT
PERIOD 1 FEBRUARY 2024 TO 31 JANUARY 2025

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BOLTON HINDUS' AGE INSPIRATION
TRUSTEES' REPORT
PERIOD 1 FEBRUARY 2024 TO 31 JANUARY 2025

FINANCIAL REVIEW

YEAR END POSITION

As at 31 January 2025 the charity had reserves amounting to £57,890 . The charity had £17,308 deposited at the bank with liabilities amounting to £375.

RESERVES POLICY

The charity has a policy of trying to maintain reserves at six months annual running costs. The trustees are actively working on the necessary resources to achieve that target.

PRINCIPAL SOURCES OF FUNDING

The trustees extend their gratitude to Bolton Metropolitan Borough Council who continued to support the charity. The trustees meet regularly to review additional sources of funding.

The trustees also wish to express their thanks to the owners of the property who have foregone the annual rent charges as a means of contributing in support of the charity.

STRUCTURE ,GOVERNANCE AND MANAGEMENT

The constitution is the governance documents of the charity.

Organisational Structure

Bolton Hindus' Age Inspiration is governed by its trustees who are responsible for setting the strategic direction of the organisation and the policy of the charity. The trustees carry the ultimate responsibility for the conduct of Bolton Hindus Age Inspiration and ensuring that the charity satisfies its legal and contractual obligations. The trustees meet three times a year and delegate the day to day operations to the centre coordinator.

Recruitment and Appointment of Trustees

Trustees are elected for three years at Annual General Meeting. The criteria, eligibility criteria and restrictions for the elections are as per the constitution. Induction packages and away day sessions are held to explain the policies and procedures for newly appointed trustees. Specific training is planned for trustees however they are entitled to identify any training to improve their performance.

BOLTON HINDUS' AGE INSPIRATION
TRUSTEES' REPORT
PERIOD 1 FEBRUARY 2024 TO 31 JANUARY 2025

REFERENCE AND ADMINISTRATIVE DETAILS

TRUSTEES

Champaklal Gulabhai Mistry
Bhagvatiben Parmar
Jitendra Kumar Mistry
Rasik Gulabhai Mistry

The above trustees were in office on 1 February 2024 and remained in office throughout the whole of the period under review.

CENTRE COORDINATORS

Robert Moore
Joanne Schofield

CHARITY NUMBER

1193340

REGISTERED OFFICE

Oddfellows Hall
Rear 7 Bromwich Street
Bolton
BL2 1JF

INDEPENDENT EXAMINER

William Mc Carthy
22 Callis Road
Deane
Bolton
BL3 5QA

BANKERS

Barclays Bank plc
Victoria Square
Bolton
BL1 1RU

OBJECTIVES AND ACTIVITIES

To relieve the charitable needs of the elderly in the Borough of Bolton and the surrounding area in particular but not exclusively to those of the Hindu faith and their family and carers.

To provide for the public benefit by operating a day care facility and transport service and by providing advice and support as the Trustees deem fitting.

The principal activities of the Charity are to provide and assist in the provision of facilities for the recreation and leisure time occupation in the interests of social welfare for the inhabitants of Bolton and in particular older persons of Asian origin. At Bolton Hindus Age Inspiration we provide services and facilities for our users to get together for social interaction. Also we encourage social, educational, health promotion and craft activities which in turn encourages independence, healthy living and integration of communities. Activities include trips and excursions, armchair aerobics, computer and sewing classes and bingo sessions, park walks, weekly shopping and English classes. These all help in achieving our objectives.

Our users are mainly local elderly Asian people but is open to all communities regardless of creed, colour or faith. All our activities are targeted for our users to live an independent, active and healthy life and are well attended.

The maintenance of our comprehensive range of activities is our number one priority. We have developed our services over the years to meet the changing needs of older people with a focus on providing holistic prevention and exercise classes. We fully support adult learning and have regular Computer and English classes delivered in-house with trained staff.

The trustees confirm that they have complied with the requirements of Section 4 of The Charities Act 2011 to have due regard to the public benefit guidance published by The Charities Commission for England and Wales.

ACHIEVEMENTS AND PERFORMANCE

We provide the following services:

English classes
Art and craft
Massage and holistic therapy
Sound therapy
Yoga
Chair based exercises
Local and overseas trips
Empowerment
Home visits
Advocacy work
Transport facilities
Hot meals provision
Befriending
Hospital transport facilities
Spiritual hymns
Interpretation and translation services
Health checks
Indoor games and entertainment
Information sharing sessions

The trustees confirm that they have complied with the requirements of Section 4 of The Charities Act 2011 to have due regard to the public benefit guidance published by The Charities Commission for England and Wales.

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2025

for

**BOLTON HINDUS' AGE INSPIRATION
(REGISTERED CHARITY 1193340)**

W McCarthy Accountancy Services

22 Callis Road, Bolton. BL3 5QA

tel 01204 654993

BOLTON HINDUS' AGE INSPIRATION

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BOLTON HINDUS' AGE INSPIRATION

GENERAL INFORMATION FOR THE YEAR ENDED 31 JANUARY 2025

ADDRESS : Oddfellows Hall
Rear 7 Bromwich Street
Bolton
BL2 1JF

INDEPENDENT EXAMINER : Mr W Mc Carthy
22 Callis Road
Deane
Bolton
Lancs
BL3 5QA

BANK : Barclays Bank plc
Victoria Square
Bolton
BL1 1RU

TRUSTEES : Champaklal Gulabhai Mistry
Bhagvatiben Parmar
Jitendra Kumar Mistry
Rasik Gulabhai Mistry

**BOLTON HINDUS' AGE INSPIRATION
FOR THE YEAR ENDED 31 JANUARY 2025**

**ACCOUNTANT'S REPORT TO
BOLTON HINDUS' AGE INSPIRATION**

In accordance with instructions given to us we have prepared without carrying out an audit the Annexed Accounts from the accounting records of Bolton Hindus' Age Inspiration and from information and explanations supplied to us.

W Mc Carthy
22 Callis Road
Deane
Bolton
Lancs
BL3 5QA

CLIENT APPROVAL CERTIFICATE

I approve the Annexed Accounts and confirm that I have made available all relevant records and information for its preparation.

BOLTON HINDUS' AGE INSPIRATION

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 JANUARY 2025

		2025			2024		
		£	£	£	£	£	£
ANALYSIS OF INCOMING RESOURCES							
	Notes	Restricted	Non Restricted	Total	Restricted	Non Restricted	Total
Grants							
Bolton MBC		11929	-	11929	15364	-	15364
Bolton Community Volunteers		5700	-	5700	-	-	-
UK Shared Prosperity		5000	-	5000	-	-	-
Bolton at Home		11475	-	11475	15492	-	15492
Together		2500	-	2500	-	-	-
Warm Places Grant		-	-	-	1440	-	1440
EW Grant		-	-	-	5000	-	5000
Owners Contribution		5200	-	5200	-	-	-
		41804	-	41804	37296	-	37296
Other Income							
Donations		-	3996	3996	-	2179	2179
Rents		-	2390	2390	-	1980	1980
Other		-	-	-	-	780	780
		-	6386	6386	-	4939	4939
Total Income		41804	6386	48190	37296	4939	42235
ANALYSIS OF EXPENDITURE							
Direct Charitable Expenditure							
Activities		5725	-	5725	4765	-	4765
Catering and Tiffin		1435	-	1435	2131	-	2131
		7160	-	7160	6896	-	6896
Support Costs							
Administration Expenses	1	16066	-	16066	14556	-	14556
Establishment Expenses	2	17712	-	17712	12296	-	12296
Other Expenses	3	463	-	463	356	-	356
Total Expenditure		34241	-	34241	27208	-	27208
Surplus for the Year		403	6386	6789	3192	4939	8131
Total Funds brought forward		41353	9748	51101	38161	4809	42970
Total Funds carried forward		41756	16134	57890	41353	9748	51101

BOLTON HINDUS' AGE INSPIRATION

BALANCE SHEET as at 31 January 2025

	2025	2024
	£	£
FIXED ASSETS		
Property Improvements	40957	40957
CURRENT ASSETS		
Cash at Bank and in hand	17308	10569
	<u>17308</u>	<u>10569</u>
CURRENT LIABILITIES		
Accrued Expenses	<u>375</u>	<u>425</u>
NET CURRENT ASSETS	16933	10144
NET ASSETS	<u>57890</u>	<u>51101</u>
FINANCED BY :		
UNRESTRICTED FUNDS	16134	9748
RESTRICTED FUNDS	41756	41353
	<u>57890</u>	<u>51101</u>

BOLTON HINDUS' AGE INSPIRATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2025

	2025 £	2024 £
1 Administration Expenses		
Salary and National Insurance	9505	9445
Printing, Postage and Stationery	3059	2021
Telephone and Website Costs	2012	1181
Accountancy Fees	300	795
Volunteers Expenses	120	100
Motor Expenses	1070	1014
	16066	14556
	2025 £	2024 £
2 Establishment Expenses		
Light and Heat	5334	5846
Insurance Cost	1130	958
Kitchen and Repairs	3955	292
Computer expenses	2093	-
Rent	5200	5200
	17712	12296
	2025 £	2024 £
3 Other Expenses		
Sundry Expenses	299	224
Bank Charges	164	132
	463	356



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Bolton Hindus Age Inspiration

On accounts for the year
ended

31 January 2025

Charity no
(if any)

1193340

Set out on pages

3 to 5

33(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity for the year ended 31/01/2025DD / MM / YYYY.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: WR McCarthy

Date: 01/07/2025

Name: William Robert McCarhy

Relevant professional
qualification(s) or body
(if any):

Address: 22 Callis Road Bolton Lancs BL3 5QA

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.