

TRUSTEES ANNUAL REPORT FOR THE PERIOD 1 FEBRUARY 2023 TO 31 JANUARY 2024

BOLTON HINDUS' AGE INSPIRATION

CHARITY REGISTRATION NUMBER 1193340

BOLTON HINDUS' AGE INSPIRATION
TRUSTEES' REPORT
PERIOD 1 FEBRUARY 2023 TO 31 JANUARY 2024

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FINANCIAL REVIEW

YEAR END POSITION

As at 31 January 2024 the charity had reserves amounting to £51,101 . The charity had £10,569 deposited at the bank with liabilities amounting to £425.

RESERVES POLICY

The charity has a policy of trying to maintain reserves at six months annual running costs. The trustees are actively working on the necessary resources to achieve that target.

PRINCIPAL SOURCES OF FUNDING

The trustees extend their gratitude to Bolton Metropolitan Borough Council who continued to support the charity. The trustees meet regularly to review additional sources of funding.

The trustees also wish to express their thanks to the owners of the property who have foregone the annual rent charges as a means of contributing in support of the charity.

STRUCTURE ,GOVERNANCE AND MANAGEMENT

The constitution is the governance documents of the charity.

Organisational Structure

Bolton Hindus' Age Inspiration is governed by its trustees who are responsible for setting the strategic direction of the organisation and the policy of the charity. The trustees carry the ultimate responsibility for the conduct of Bolton Hindus Age Inspiration and ensuring that the charity satisfies its legal and contractual obligations. The trustees meet three times a year and delegate the day to day operations to the centre coordinator.

Recruitment and Appointment of Trustees

Trustees are elected for three years at Annual General Meeting. The criteria, eligibility criteria and restrictions for the elections are as per the constitution. Induction packages and away day sessions are held to explain the policies and procedures for newly appointed trustees. Specific training is planned for trustees however they are entitled to identify any training to improve their performance.

BOLTON HINDUS' AGE INSPIRATION
TRUSTEES' REPORT
PERIOD 1 FEBRUARY 2023 TO 31 JANUARY 2024

REFERENCE AND ADMINISTRATIVE DETAILS

TRUSTEES

Champaklal Gulabhai Mistry
Bhagvatiben Parmar
Jitendra Kumar Mistry
Rasik Gulabhai Mistry

The above trustees were in office on 1 February 2023 and remained in office throughout the whole of the period under review.

CENTRE COORDINATORS

Robert Moore
Joanne Ashcroft

CHARITY NUMBER

1193340

REGISTERED OFFICE

Oddfellows Hall
Rear 7 Bromwich Street
Bolton
BL2 1JF

INDEPENDENT EXAMINER

William Mc Carthy
22 Callis Road
Deane
Bolton
BL3 5QA

BANKERS

Barclays Bank plc
Victoria Square
Bolton
BL1 1RU

OBJECTIVES AND ACTIVITIES

To relieve the charitable needs of the elderly in the Borough of Bolton and the surrounding area in particular but not exclusively to those of the Hindu faith and their family and carers.

To provide for the public benefit by operating a day care facility and transport service and by providing advice and support as the Trustees deem fitting.

The principal activities of the Charity are to provide and assist in the provision of facilities for the recreation and leisure time occupation in the interests of social welfare for the inhabitants of Bolton and in particular older persons of Asian origin. At Bolton Hindus Age Inspiration we provide services and facilities for our users to get together for social interaction. Also we encourage social, educational, health promotion and craft activities which in turn encourages independence, healthy living and integration of communities. Activities include trips and excursions, armchair aerobics, computer and sewing classes and bingo sessions, park walks, weekly shopping and English classes. These all help in achieving our objectives.

Our users are mainly local elderly Asian people but is open to all communities regardless of creed, colour or faith. All our activities are targeted for our users to live an independent, active and healthy life and are well attended.

The maintenance of our comprehensive range of activities is our number one priority. We have developed our services over the years to meet the changing needs of older people with a focus on providing holistic prevention and exercise classes. We fully support adult learning and have regular Computer and English classes delivered in-house with trained staff.

The trustees confirm that they have complied with the requirements of Section 4 of The Charities Act 2011 to have due regard to the public benefit guidance published by The Charities Commission for England and Wales.

ACHIEVEMENTS AND PERFORMANCE

We provide the following services:

English classes
Art and craft
Massage and holistic therapy
Sound therapy
Yoga
Chair based exercises
Local and overseas trips
Empowerment
Home visits
Advocacy work
Transport facilities
Hot meals provision
Befriending
Hospital transport facilities
Spiritual hymns
Interpretation and translation services
Health checks
Indoor games and entertainment
Information sharing sessions

The trustees confirm that they have complied with the requirements of Section 4 of The Charities Act 2011 to have due regard to the public benefit guidance published by The Charities Commission for England and Wales.

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JANUARY 2024

for

**BOLTON HINDUS' AGE INSPIRATION
(REGISTERED CHARITY 1193340)**

W McCarthy Accountancy Services

22 Callis Road, Bolton. BL3 5QA
tel 01204 654993

BOLTON HINDUS' AGE INSPIRATION

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BOLTON HINDUS' AGE INSPIRATION

GENERAL INFORMATION FOR THE YEAR ENDED 31 JANUARY 2024

ADDRESS : Oddfellows Hall
Rear 7 Bromwich Street
Bolton
BL2 1JF

INDEPENDENT EXAMINER : Mr W Mc Carthy
22 Callis Road
Deane
Bolton
Lancs
BL3 5QA

BANK : Barclays Bank plc
Victoria Square
Bolton
BL1 1RU

TRUSTEES : Champaklal Gulabhai Mistry
Bhagvatiben Parmar
Jitendra Kumar Mistry
Rasik Gulabhai Mistry

**BOLTON HINDUS' AGE INSPIRATION
FOR THE YEAR ENDED 31 JANUARY 2024**

**ACCOUNTANT'S REPORT TO
BOLTON HINDUS' AGE INSPIRATION**

In accordance with instructions given to us we have prepared without carrying out an audit the Annexed Accounts from the accounting records of Bolton Hindus' Age Inspiration and from information and explanations supplied to us.

W Mc Carthy
22 Callis Road
Deane
Bolton
Lancs
BL3 5QA

CLIENT APPROVAL CERTIFICATE

I approve the Annexed Accounts and confirm that I have made available all relevant records and information for its preparation.

BOLTON HINDUS' AGE INSPIRATION

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 JANUARY 2024

		2024			2023		
		£	£	£	£	£	£
ANALYSIS OF INCOMING RESOURCES							
	Notes	Restricted	Non Restricted	Total	Restricted	Non Restricted	Total
Grants							
Bolton MBC		15364	-	15364	23440	-	23440
One GM		-	-	-	1000	-	1000
Bolton CVS		-	-	-	1380	-	1380
Bolton at Home		15492	-	15492	35250	-	35250
GMC		-	-	-	750	-	750
Warm Places Grant		1440	-	1440	-	-	-
EW Grant		5000	-	5000	-	-	-
		37296	-	37296	61820	-	61820
Other Income							
Donations		-	2179	2179	12148	-	12148
Rents		-	1980	1980	-	-	-
Other		-	780	780	-	-	-
		-	4939	4939	-	-	12148
Total Income		37296	4939	42235	73968	-	73968
ANALYSIS OF EXPENDITURE							
Direct Charitable Expenditure							
Activities		4765	-	4765	-	-	-
Catering and Tiffin		2131	-	2131	2922	-	2922
		6896	-	6896	2922	-	2922
Support Costs							
Administration Expenses	1	14556	-	14556	23332	-	23332
Establishment Expenses	2	12296	-	12296	10668	-	10668
Other Expenses	3	356	-	356	849	-	849
Total Expenditure		27208	-	27208	34849	-	34849
Surplus for the Year		3192	4939	8131	36197	-	36197
Total Funds brought forward		38161	4809	42970	1964	4809	6773
Total Funds carried forward		41353	9748	51101	38161	4809	42970

BOLTON HINDUS' AGE INSPIRATION

BALANCE SHEET as at 31 January 2024

	2024	2023
	£	£
FIXED ASSETS		
Property Improvements	40957	29923
CURRENT ASSETS		
Cash at Bank and in hand	10569	29478
	<u>10569</u>	<u>29478</u>
CURRENT LIABILITIES		
Accrued Expenses	<u>425</u>	<u>16431</u>
NET CURRENT ASSETS	10144	13047
NET ASSETS	<u>51101</u>	<u>42970</u>
FINANCED BY :		
UNRESTRICTED FUNDS	9748	4809
RESTRICTED FUNDS	41353	38161
	<u>51101</u>	<u>42970</u>

BOLTON HINDUS' AGE INSPIRATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JANUARY 2024

	2024	2023
	£	£
1 Administration Expenses		
Salary and National Insurance	9445	16170
Printing, Postage and Stationery	2021	2363
Telephone and Website Costs	1181	1184
Accountancy Fees	795	746
Volunteers Expenses	100	-
Motor Expenses	1014	2869
	14556	23332
	2024	2023
	£	£
2 Establishment Expenses		
Light and Heat	5846	4434
Insurance Cost	958	748
Kitchen and Repairs	292	286
Rent	5200	5200
	12296	10668
	2024	2023
	£	£
3 Other Expenses		
Sundry Expenses	224	746
Bank Charges	132	103
	356	849



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Bolton Hindus Age Inspiration

On accounts for the year
ended

31 January 2024

Charity no
(if any)

1193340

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/01.2024

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: WR McCarthy

22 May 2024

Name: William Robert McCarthy

Relevant professional
qualification(s) or body
(if any):

Address: 22 Callis Road Bolton Lancs BL3 5QA

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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