

Annual Report Peer Advice Services UK

Peer advice has been used over a number of years to assist people affected by life changing trauma, and it was initially formalised into a service through those affected by spinal cord injury. It is an integral part of the recovery pathway and an important support mechanism for the injured person and for their family and friends. The lived experience of a person's journey through life changing trauma being used to support those going through the same.

It is our vision that:

- Everyone affected by spinal cord injury has access to Peer Advice
- Everyone has access to support as early as possible after injury
- Everyone receives an in depth, bespoke service tailored to their needs

We work to support and enhance NHS and MOD injury pathways delivering our services for patients and providing training to healthcare staff in both primary and specialist settings. Our services are designed to complement the needs of patients, staff and organisations which gives us the opportunity to be a recognised part of the care pathway rather than a bolt on sideshow.

We are working on ways to measure the impact of services and for the coming year aim to create an evaluation system to quantify the effectiveness of our peer advice services. Traditionally anecdotal evidence in the form of case studies is provided and whilst we have that it is felt a more in depth mechanism is needed. This will help our stakeholders and funders see the impact we achieve and help them feel encouraged to engage with PAS UK.

Our values play an important part in reviewing our progress and in setting future targets:

- We listen to patients and their families
- We support professionals working in the health service and MOD medical services
- We foster a culture of learning

We collaborate with patient groups and other charities in the spinal cord injury and armed forces arena. As we build and expand the charity the aim is to employ staff with the necessary knowledge, experience, and skills to be able to represent the charity at the highest levels.

In our first year of operation, we have established service delivery in spite of the barriers that resulted through the Covid-19 pandemic. We have delivered peer advice services in MCSI Oswestry at the Robert Jones & Agnes Hunt Hospital and in the Defence Medical Rehabilitation Centre Stanford Hall. Alongside this we have provided for patients in the community across the whole of the UK. This is self-evident in our expenditure with a large part of our funding being spent on travel expenses. We have provided a dedicated support mechanism for MCSI Oswestry which includes their catchment area of the West Midlands and North Wales. We have also developed our services for the serving and veteran community which makes our work a unique proposition in spinal cord injury and armed forces charitable support. We have supported 60 people within the civilian spinal cord injury populous and 30 within the armed forces spinal cord injury cohort; in the coming year we look to increase our reach.



We fund our work with corporate donations within the legal sector, successful bids to trusts and funds and donations from members of the public who support our work. In the coming year we aim to increase our income across all these areas. This has been limited in the first year of operation due to the impact of the Covid-19 pandemic and also by virtue of the fact that a large number of trusts require a year of accounts before an application will be considered. As this goal has now been reached, we are in a position to make approaches to apply for funds, which we are hopeful will be successful.

Sustainability is key and to that end we will also be exploring other ways to generate income such as philanthropic investment and collaboration on projects with other organisations and charities that share our direction, values, and vision. Whilst we have an online donation facility and always welcome support from the public there are no plans to employ a community fundraising team. This is a costly investment in employment terms and would require significant expenditure at a time when our funds are best spent elsewhere; in time as we grow then this can be revaluated.

Governance is an important part of what we do and as we move into our second year of operation it is planned that the Trustees will meet four times a year via electronic means and hold a face to face AGM as well. The Trustees review all charity policies before implementation and will then review all policies on a rolling three-year cycle, or as necessary through the need to update policies in line with potential wider changes in legislation and government guidelines.

Our policies will be equality impact assessed to allow checks for gaps and points that may negatively impact any particular group of individuals as outlined through the nine characteristics under the Equality Act 2010. We are an organisation that embraces and celebrate diversity and promotes inclusive practices across our services. We aim at all times to adhere to the rules of our constitution and operate effectively as a Charitable Incorporated Organisation.



PEER ADVICE SERVICES UK CIO

ANNUAL ACCOUNTS

For the period ending 31 December 2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Peer Advice Services UK CIO

1193338

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/02/2021		31/12/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and legacies	18,672	-	-	18,672	-
Other income	13	-	-	13	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	18,685	-	-	18,685	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18,685	-	-	18,685	-
A3 Payments					
Administrative services	2,160	-	-	2,160	-
Advertising and marketing	2,307	-	-	2,307	-
Insurance	833	-	-	833	-
Office and general expenses	2,203	-	-	2,203	-
Printing, postage and stationery	27	-	-	27	-
Professional services	3,410	-	-	3,410	-
Salaries	1,200	-	-	1,200	-
Subscriptions	533	-	-	533	-
Travel and accommodation	3,278	-	-	3,278	-
Sub total	15,951	-	-	15,951	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	15,951	-	-	15,951	-
Net of receipts/(payments)	2,734	-	-	2,734	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,734	-	-	2,734	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	2,484	-	-
	Savings account	250	-	-
		-	-	-
	Total cash funds	2,734	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		James Orr	22/02/2022	
	Tracey Ann Lockley	22/02/2022		