



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

Period start date: 01/1/2022

To Period end date: 31/12/ 2022

Charity name: **Hidden Help**

Charity registration number: **1193305**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	1. To relieve those in need, especially (but not exclusively) those rehoused after seeking refuge from domestic violence, asylum seekers, the long term unemployed, the homeless, those with chronic illness or disability, ex-offenders & veterans from the armed forces by providing such practical assistance or support as the trustees deem fit. 2. To advance education by proving training and training resources to increase the employment opportunities and potential of (but not limited to) those reintegrating into society, re-locating or in long term unemployment. 3. To relieve financial hardship by such means as the trustees deem fit.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Helping those in urgent need in Cornwall to make a new home and a fresh start with recycled household items from the local community. We help those referred to us by Social Services and other statutory bodies. We run two warehouses to store donated items, as well as a van to collect and distribute items. We also have a shop to sell vintage items to raise funds. We engage the community through our contacts, our website and social media. We employ a part time admin person to help

		us with these activities and processes.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We are aware of the guidance and run the charity for the sole purpose of benefiting our clients (those in need) and to do it in a sustainable manner which repurposes items from the local community and avoids waste to landfill. No trustee or volunteer benefits financially from the charity operations other than recompense for expenses. We are not aware of any harms resulting from our charity.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We have not offered any grants.
Policy on social investment including program related investment	Para 1.38	We have no social investments.
Contribution made by volunteers	Para 1.38	In order for the charity to function at low cost, and to provide household items to clients for free, the charity relies on volunteers to support its work. For example, someone to do stock checks, to drive the van, to carry furniture and household items into client homes, (and of course, the trustees are all unpaid volunteers).
Other		

Achievements and Performance

	SORP reference																							
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	In 2022 we helped 346 households /families. This compares to 217 for the period February to December 2021. We had a total of 85 referring organisations and individuals. Clients by category: <table><tr><td>Homeless rehousing:</td><td>25%</td></tr><tr><td>Vulnerable adult:</td><td>19%</td></tr><tr><td>Domestic violence:</td><td>11%</td></tr><tr><td>Sickness:</td><td>10%</td></tr><tr><td>Change in circumstances:</td><td>9%</td></tr><tr><td>Unemployed:</td><td>8%</td></tr><tr><td>L/T unemployed:</td><td>7%</td></tr><tr><td>Veteran:</td><td>2%</td></tr><tr><td>Benefit delay:</td><td>2%</td></tr><tr><td>Bereavement assistance:</td><td>1%</td></tr><tr><td>Other</td><td>6%</td></tr></table> These families have been given items, a home, dignity, and hope for the future. Our volunteers report the difference it makes to their own lives to know they are doing their bit to help people make a fresh start. In addition, almost 100% of the furnishings are donated free and second-hand rather than going to landfill, thus having a positive impact on the environment.	Homeless rehousing:	25%	Vulnerable adult:	19%	Domestic violence:	11%	Sickness:	10%	Change in circumstances:	9%	Unemployed:	8%	L/T unemployed:	7%	Veteran:	2%	Benefit delay:	2%	Bereavement assistance:	1%	Other	6%
Homeless rehousing:	25%																							
Vulnerable adult:	19%																							
Domestic violence:	11%																							
Sickness:	10%																							
Change in circumstances:	9%																							
Unemployed:	8%																							
L/T unemployed:	7%																							
Veteran:	2%																							
Benefit delay:	2%																							
Bereavement assistance:	1%																							
Other	6%																							

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income The total income for the charity was £33,159 compared with £51,282, a decrease of 35%. Whilst income is significantly down on 2021, that year was characterised by a specific fundraising event to purchase a new van. The charity derives most of its income from donations by individuals, corporations, grants from local government and the sale of donated items. There have been no claims for gift aid yet but an application for HMRC recognition has recently been sought. It held a large cash balance at year end due to an end of year fundraising event that couldn't be deposited at the new Metro bank account until Post Office banking was granted in early 2023. Expenditure Total expenditure by the charity in 2022 was £29,096 compared with £24,746 in 2021. This has been primarily due to increases in warehousing following the rental of a further storage facility, a full year of administrative salaries, and higher transportation costs due to increased charitable activity and fuel prices. Net income / deficit for the charity The charity had a net position of income over expenditure of plus £4,063. The charity is currently writing its reserves policy. Restricted funds The charity holds £10,308 in restricted funds compared to £20,251 stated in 2021. Outlook
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		The charity is reaching the end of its second year post-transition to a charitable incorporated organisation and its income and expenditure appear to be stable.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We hold reserves to cover the charity for years when our expenditure (costs) may exceed our income and to help ensure the continuity of the charity when the founder retires. Also, to cover the potential purchase of equipment like a van, or in case the charity needs to move premises or require an additional warehouse (to grow) or paid support staff.
Amount of reserves held	Para 1.22	£20,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations Grants Crowdfunding Shop sales
Investment policy and objectives including any social investment policy adopted	Para 1.46	
		The founder retiring / continuity plan Safeguarding

A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document (trust deed, royal charter)	Para 1.25	Written constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointment of charity trustees (1) Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	

Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Hidden Help
Other name the charity uses	Hidden Help Cornwall
Registered charity number	1193305
Charity's principal address	Primrose workshop Bissoe TR4 8RJ

Names of the charity trustees who manage the charity

		Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	1	Judith Backus	Founder		
	2	Fleur Davis			
	3	Jake Backus	Chair		
	4	Sinead Hanks			
	5	Merisa Macinnes			
	6	<i>Reece Heather</i>		<i>14 July 2022-13 Feb 2023</i>	<i>Board</i>
	7	<i>Neil Hamilton</i>	<i>Treasurer</i>	<i>1st Sept 2021-31 Dec 2022</i>	
	8	<i>Margo Standley</i>		<i>13 Feb 2023-14 June 2023</i>	<i>Board</i>
	9	<i>Luke Cuthbert</i>		<i>13 Feb 2023</i>	<i>Board</i>
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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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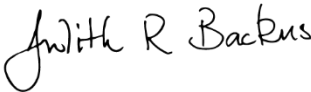
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)		
	Full name(s)	JAKE JAMES ROBERT BACKUS	JUDITH RACHEL BACKUS
	Position (eg Secretary, Chair, etc)	CHAIR	FOUNDER
	Date	26 th August 2023	

Cash Flow Report
01/01/22 Through 31/12/22 (in £s)

Category Description	01/01/'22- 31/12/'22
INFLOWS	
01 Planned regular giving	780.00
02 Annual Gifts and Legacies	1,000.00
03 Misc Cash Gifts	8,779.94
05 Shop sales	15,642.18
06 Restricted grants	2,457.38
07 Unrestricted Grants	4,500.00
TOTAL INFLOWS	33,159.50
OUTFLOWS	
10 Warehouse expenses	12,989.20
11 Shop expenses (non utility)	34.80
13 Provider costs	3,478.62
14 Charity Administration costs	7,536.38
15 Utility Bills	505.10
16 Vehicle costs	4,352.25
17 Other costs	200.00
TOTAL OUTFLOWS	29,096.35
OVERALL TOTAL	4,063.15



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

HIDDEN HELP

On accounts for the year
ended

31ST DECEMBER 2022

Charity no
(if any)

1193305

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 12 / 2022

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

CLMORGAN

Date:

16.02.2023

Name:

CLMORGAN

Relevant professional
qualification(s) or body

FMAAT

(if any):

Address:

East Lynne, Mithian Downs,
St Agnes.
TRS OPY

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.