

AYLSHAM COMMUNITY GYM

England & Wales · Charity number 1193277

Details

Status Registered

Legal form CIO

Registered 2021-01-27

Register [View on the Charity Commission register](#)

Contact

Address Aylsham Youth & Community Centre
Cawston Road
Aylsham
Norwich
NR11 6BX

Phone 07895759100

Email aylshamgym@gmail.com

Website www.aylshamcommunitygym.co.uk

Activities

Objects: THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION AND THE PROMOTION OF GOOD HEALTH FOR THE BENEFIT OF THE INHABITANTS OF AYLSHAM, NORFOLK AND THE SURROUNDING AREA BY THE PROVISION OF A COMMUNITY GYM AND THE PROVISION OF INFORMATION, ADVICE AND TRAINING IN SUBJECTS RELATING TO HEALTH INCLUDING EXERCISE AND HEALTHY EATING.

Activities: Community Gym based in Aylsham. Offering gym facilities and exercise classes.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Norfolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£24,202	£26,064	-	-
2024-03-31	£29,569	£32,422	-	-
2023-03-31	£36,722	£40,756	-	-
2022-03-31	£53,879	£52,215	-	-

Trustees

Name	Role	Appointed
Derek Player		2021-02-24
Paul Smithson		2013-02-13
Sally Jane Thornton		2021-01-21
christopher brian penn		2021-10-31