

REGISTERED CHARITY NUMBER: 1193241

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
SUPPORTING HUMANITY CIO**

Prestons & Jacksons Partnership LLP
364 - 368 Cranbrook Road
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SUPPORTING HUMANITY CIO

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SUPPORTING HUMANITY CIO

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

INCORPORATION

The charitable incorporated organisation (CIO) was incorporated on 25th January 2021.

SUPPORTING HUMANITY CIO
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES

Objectives and aims

The aims of the charity are summarised as follows:

Supporting Humanity is a mental health and bereavement Charity that was set up in 2020 it aims to help empower, support and uplift all members of the community through activities centred around positive mental health. Its aim is to address the issues of mental health and help support people when they encounter loss - bereavement, are lonely, suffering from anxiety or other trauma.

Our long-term ambition is to promote positive mental health, help fight stigma in seeking help and support those in their time of need including bereavement through the provision, maintenance, activities and management of Supporting Humanity.

Our Objectives

Our objectives are set to reflect our aims. Each year our trustees review our objectives and activities to ensure they continue to reflect our aims. In carrying out this review the trustees have considered the Charity Commission's general guidance on public benefit.

Strategies

We want to make our charity an accessible and inclusive organisation where people of all ages, faiths and backgrounds needing emotional or bereavement support can find help.

We are aware that mental health is something that affects every person at some point in their life and have trained emotional support volunteers to help overcome the first hurdle and talk through some of the emotional challenges people may be experiencing during difficult periods in their life. Supporting Humanity offers an emotional support helpline that is open every day from 8:00am to 10:00pm.

We are also very aware that some people find it difficult to seek help when facing loneliness, anxiety, depression, or other mental health issues. To help combat this, Supporting Humanity organises regular community day trips for over 65's supported by local businesses and organised and run by our volunteers. We are further advancing this initiative by organising an intergeneration trip for underprivileged children and the elderly next year. The intention is to encourage communication and engagement between the generations and help tackle isolation collectively.

Burial and Bereavement Service - losing a loved one is emotionally, physically, and mentally difficult. Supporting Humanity help those who have lost a loved one by liaising with hospitals, local authorities, and registrars. We have also been educating people through free workshops on the washing and shrouding process following a death of a loved one which has grown and are in huge demand. All the charity's services are free and have saved people hundreds of pounds but most importantly helped them through the stressful administration at one of their most emotional periods of loss.

The Charity's strategy is to grow our support and activities in mental health, loneliness, anxiety and bereavement.

Public Benefit by the CIO

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Commission in determining the activities undertaken by the Charity.

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities and achievements

This year the Charity's CEO, Idris Patel, was awarded a **British Citizen Award** and **British Empire Medal** for services to the community through the charity. The CEO was recognised for the enormous contribution he and the charity are making to the lives of the community and was a significant recognition.

The charity has grown its activities and outreach this year, we have introduced new regular activities such as:

- **Introduced weekly over 60's class:** We noticed a huge gap in regular offerings for over 60s as part of our engagement with them on trips, whereby they can come together regularly to support their mental wellbeing, meet local community members and undertake fun and educational non intensive activities. We trialled a weekly class which immediately became very popular and Supporting Humanity has been approached to expand this to other local areas and additional days during the week. We intend to see how we can support this on with fully volunteer based resources however, many of our volunteers are in full time employment, so our recruitment team are seeking resources with weekday capacity.

- **Free weekly yoga classes: to support physical** wellbeing of the community. not restricted by financial and timely restrictions, we have introduced a weekly yoga class delivered through a fully qualified instructor that is accessible and free so the community members are not restricted by any financial constraint and also have to stick to the rigid times offered in the evenings elsewhere. This class has become popular as it offers accessibility, reliability and a judgment free environment for our attendees and all with no financial cost.

- **Podcasts:** we have introduced regular podcasts to encourage conversations about many unspoken challenges, struggles and traumas different communities suffer from and address the culture of shame which stands as a barrier from accessing help.

- **Collaborated with other organisations** to offer our services such as washing and shrouding classes at universities and other places of worship and at different times for those with young families.

- Supporting Humanity secured a contract with **Newham University Hospital** to commence work 22/11/2022 to help process the management of deceased bodies when there is no on-site refrigeration capacity on a 24/7 call out basis. Supporting Humanity will be paid in the next accounting period for this work, but was a significant milestone in the charities work to be chosen as a trusted partner in this work.

The Charity has also run a number of campaigns and other activities during 2022/23 focused on mental health and those in need. Some examples are set out below:

- **Ramdan kids campaign and intergenerational trip:** 20 children raised money for other children's mental health, inspired by one child and his love for cooking they undertook a series of cooking sessions with various restaurant chefs and taught recipes to others. The money raised will go towards an intergenerational trip to Woburn safari park for children and over 65's.

- **Date decorating workshop:** Supporting Humanity: Supporting humanity ran a workshop decorating dates with local businesses sponsoring the resources a number of children came together to be creative collectively and support their mental wellbeing.

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- Easter and Eid card making workshop for children run by a qualified art teacher and other craft businesses. The workshop encouraged children of different faiths to come together and also celebrate the different occasions and be creative! The free workshop ran for half a day and was thoroughly enjoyed by the children and supported their mental wellbeing by having fun and explore their creativity in a non-stressed environment.

- Care home Yoga and arts workshop: Supporting Humanity visited care homes and took activities to them as they were unable to travel to us to help support their mental wellbeing by delivering Yoga and art activities.

- First ever all-day indoor community event with quizzes, games, activities and a three course meal sponsored by a local business. The event was set up in a very nice venue (donated for the day free of charge) with volunteers organising gifts (donated) and games for the elderly.

- A number of workshops were held at school assemblies by Supporting Humanity, whereby our emotional support volunteers delivered material on how to support mental wellbeing - the training was tailored to students and done with school children of both secondary and primary schools in conjunction with the teachers.

The Charity which has grown significantly since inception in 2020, has expanded its services and as part of our commitment to encourage community spirit and support people's mental health and wellbeing organised several community trips in 2022/23 primarily for the vulnerable over 65s. The trips have been very popular with those that are lonely and would not otherwise venture out and have received very positive feedback with a demand for more. The trips have been supported by local businesses and have taken the over 65's to Windsor castle, Cambridge, Camber Sands and an indoor community day at a events venue.

Training

Several training opportunities were given to our leaders and volunteers this year to help ensure they were qualified to provide the relevant services:

- Emotional Support training: This year the charity run regular inhouse training to remind and refresh volunteers of their role and responsibilities.
- Disclosure Barring Service Checks are and continue to be undertaken for all volunteers in the charity who might be interacting with vulnerable people.
- In house training on data protection, through qualified data protection and training leads tailored to charity requirements and responsibilities on handling data.
- All volunteers are given in house training on policies, procedures, and safeguarding and refresher Emotional support training.

Funding sources

1. Supporting Humanity collaborated with Sporting Equals who had funding for doing work in the community on wellbeing. For Supporting Humanity's weekly elders class, Sporting Equal paid Supporting Humanity £50 per session. This arrangement began on the 12th of January and we were paid for 10 weeks. Supporting Humanity used this funding to buy resources for the class so activities could be undertaken such as Yoga and light cricket. A total sum of £500 was received till March 2023.

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2. Fundraising event: the charity ran two fundraising events in 2022. The first was on world mental health day where over a 100 people walked, ran and cycled across London 'Supporting Humanity Moonwalk' and raised £2,345. The funds were raised to help promote the mental health services. The second was a campaign by children in Ramadan, known as the 'Ramdan Kids' where over 20 children undertook fundraising activities by cooking and raised money to be spent on children's mental wellbeing, here they raised £2700

3. Trips: all the Supporting Humanity trips have been part sponsored by local businesses who have donated the use of coaches, food and tickets for venues. We charge a nominal fee for each ticket to ensure attendance which has been used towards the cost of the trip.

FINANCIAL REVIEW

Financial position

During the year, total incoming resources were £109,009 (2022: £92,277) while total outgoing resources were £48,446 (2022: £35,489). As a result, a surplus of £60,563 (2022: £56,788) was generated in the year.

Total funds carried forward as at 31st March 2023 were £117,351 (2022: £56,788) of which all were unrestricted. (2022: £3,698 - Restricted).

VISION AND STRATEGY FOR 2023

The focus for 2022/23 will be to:

- Offer more regular and varied activities around mental wellbeing
- Continue to support the burial and bereavement services
- Recruit more skilled and diverse range of volunteers to strengthen our service offering and increase our outreach

Mental health wellbeing

- **Increase support post loss:** The Charity provides significant free of charge support when a family member loses a loved one. But during our engagement with hospitals and mortuaries we have found that there is a lack of resources for collecting and storing the deceased in timely manner - we will look to engage with hospitals and see how we can work with them on such contracts and where we can offer our trained resources.

We will also look to reach out to those families we support at the time of loss with the paperwork, shrouding and burial through mental wellbeing support, encouraging them to come to our circles or workshops, use our helpline when going through the cycle of grief.

- **Increase number, diversity, demographic and geographical coverage of trips:** The Charity has been supporting over 65's in helping fight loneliness by organising free day trips to London and south east areas. In 2022/23 we will continue to increase the number of trips we organise, trying to outreach to wider communities and organise an inter-generational trips where possible. We will also look to offer more frequent smaller, local outings.

Campaigns

All of the 2023 campaigns and activities will focus and centre around mental wellbeing and will be organised around key mental health dates such as children's mental health week and world mental health day. The activities will either increase awareness of mental health or help support those in need.

Resources and Bids

To help the charity grow in the two key areas set out above (mental health wellbeing and burial and bereavement services) the Charity will be seeking to apply for grants and bids that will help aid this growth.

SUPPORTING HUMANITY CIO

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FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity governing documents is a CIO Foundation model constitution registered with the Charity Commission on 25th January 2021.

The charity is controlled by its governing document, a deed of trust, and constitutes a Charitable Incorporated Organisation (CIO) as defined by the Charities Act 2011.

Recruitment and appointment of new trustees

The existing trustees are responsible for the recruitment of new trustees, in doing so the charity considers diversity and inclusion, skills, experience and other relevant factors such as ability to volunteer that will help ensure the charity operates in a professional manner in line with its aims and objectives and operates with integrity and honesty.

Potential trustees are encouraged to first volunteer with the charity so can familiarise themselves with the charities aims and, if all agree, they are then proposed as new trustees. This process allows due consideration of the persons eligibility, personal competence, specialist knowledge and skill.

Organisational structure

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits.

The trustees meet once every quarter formally and more often for events and execution of activities and are responsible for all decisions taken in relation to running the organisation and the services provided by the charity.

Induction and training of new trustees

Following appointment, new trustees are introduced to their new role and given copies of the trust deed and a guide to the policies and procedures adopted by our charity. A number of publications from the Charity Commission are also provided including the guidance on charities and public benefit. This ensures that new trustees are aware of the scope of their responsibilities under the Charities Act. Trust Deed is adhered to by all Trustees.

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STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have set up a governance team to help assess the risks the charity faces and have drawn up a risk assessment which identifies the major risks by area of activity, the nature of those risks, the likelihood of the risks happening and the measures taken to manage them. This is regularly reviewed in advance of any new activity. The trustees are satisfied that systems are in place, or arrangements are in hand, to manage the risks that have been identified. Appropriate Disclosure and Barring Service (DBS) checks, supported by regularly reviewed policies, are made available for all those who work with children and vulnerable groups within the Charity.

IT Management

As the activities of our organisation increases, we are keen that we manage our resources effectively and safely and therefore are investing in our IT. Our ongoing investment in IT includes the research of a Volunteer Management system. This system will enable us to gain a deeper understanding of our dedicated volunteers, their availability, and their unique attributes. This enhanced insight allows us to provide them with more personalized support, aligning our efforts with their contributions to our cause.

In addition, we're also researching a comprehensive Customer Relationship Management (CRM) system. This platform facilitates more effective communication with our sponsors, donors, and other essential individuals. Through targeted interactions and data-driven insights, we aim to strengthen our engagement with these critical individuals. Furthermore, the CRM system empowers us to closely monitor and report on the evolving dynamics within this area, enhancing our ability to showcase the impact of Supporting Humanity.

As part of our commitment to staying current and responsive to the needs of our community, we are also focused on implementing an online chat functionality. This initiative seeks to provide tailored support to our younger community members who favour mobile and interactive solutions. Our aim is to leverage technology to create a more accessible and responsive support framework for their mental health needs.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1193241

Principal address

57 New North Road
Ilford
England
IG6 2UE

SUPPORTING HUMANITY CIO

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

Trustees

Sumaiya Khoda (Chair)
Iqbal Patel
Jill Savager
Saeed Musa
Yunus Patel
Zulfiqar Ali

Chief Executive Officer

Idris Patel BEM, BCA

Independent Examiner

A. Patel BA(Hons) BFP FCA
Prestons & Jacksons Partnership LLP
364 - 368 Cranbrook Road
Ilford
Essex
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Approved by order of the board of trustees on 31/03/2023 and signed on its behalf by:



Trustee: Idris Patel (BEM, BCA)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SUPPORTING HUMANITY CIO

Independent examiner's report to the trustees of Supporting Humanity CIO

I report to the charity trustees on my examination of the accounts of Supporting Humanity CIO (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



A. Patel BA(Hons) BFP FCA

Prestons & Jacksons Partnership LLP
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Essex
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Date:23/09/23.....

SUPPORTING HUMANITY CIO

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

				Year Ended 31/3/23 Total funds £	Period 25/1/21 to 31/3/22 Total funds £
	Notes	Unrestricted fund £	Restricted fund £		
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	108,509	500	109,009	75,860
Other trading activities	3	-	-	-	16,417
Total		108,509	500	109,009	92,277
EXPENDITURE ON					
Charitable activities	4				
Charitable Activities		25,654	4,198	29,852	31,389
Support Costs		18,594	-	18,594	4,100
Total		44,248	4,198	48,446	35,489
NET INCOME/(EXPENDITURE)		64,261	(3,698)	60,563	56,788
RECONCILIATION OF FUNDS					
Total funds brought forward		53,090	3,698	56,788	-
TOTAL FUNDS CARRIED FORWARD		117,351	-	117,351	56,788

The notes form part of these financial statements

SUPPORTING HUMANITY CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Supporting Humanity is a charitable incorporated organisation (CIO) registered with Charity Commission in England and Wales. The registered office address can be found at the information page.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles - 25% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

SUPPORTING HUMANITY CIO

**BALANCE SHEET
31 MARCH 2023**

	Notes	31.3.23 £	31.3.22 £
FIXED ASSETS			
Tangible assets	8	38,242	-
CURRENT ASSETS			
Cash at bank		82,649	60,228
CREDITORS			
Amounts falling due within one year	9	(3,540)	(3,440)
NET CURRENT ASSETS		<u>79,109</u>	<u>56,788</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>117,351</u>	<u>56,788</u>
NET ASSETS		<u>117,351</u>	<u>56,788</u>
FUNDS	11		
Unrestricted funds		117,351	53,090
Restricted funds		-	3,698
TOTAL FUNDS		<u>117,351</u>	<u>56,788</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31.03.2023 and were signed on its behalf by:


Trustee: Idrrs Patel (Bem)

The notes form part of these financial statements

SUPPORTING HUMANITY CIO

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

2. DONATIONS AND LEGACIES

	Year Ended 31/3/23 £	Period 25/1/21 to 31/3/22 £
Donations	106,775	57,435
Gift aid	1,521	475
Grants	500	15,450
Donated services and facilities	213	2,500
	<u>109,009</u>	<u>75,860</u>

Grants received, included in the above, are as follows:

	Year Ended 31/3/23 £	Period 25/1/21 to 31/3/22 £
Eastend Community Foundation	-	3,000
The London Community Foundation	-	10,000
National Lottery Local Community	-	2,450
L.B. NEWHAM	500	-
	<u>500</u>	<u>15,450</u>

The above grants are all restricted.

3. OTHER TRADING ACTIVITIES

	Year Ended 31/3/23 £	Period 25/1/21 to 31/3/22 £
Events and Outings	-	1,695
Workshops	-	250
Other Projects	-	11,372
Funeral Income	-	3,100
	<u>-</u>	<u>16,417</u>

SUPPORTING HUMANITY CIO

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Charitable Activities	28,623	1,229	29,852
Support Costs	14,196	4,398	18,594
	<u>42,819</u>	<u>5,627</u>	<u>48,446</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the period ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the period ended 31 March 2022.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 31.3.2022

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	60,410	15,450	75,860
Other trading activities	16,417	-	16,417
Total	<u>76,827</u>	<u>15,450</u>	<u>92,277</u>
EXPENDITURE ON			
Charitable activities			
Charitable Activities	18,153	13,236	31,389
Support Costs	4,100	-	4,100
Total	<u>22,253</u>	<u>13,236</u>	<u>35,489</u>
NET INCOME	54,574	2,214	56,788
Transfers between funds	(1,484)	1,484	-
Net movement in funds	<u>53,090</u>	<u>3,698</u>	<u>56,788</u>
TOTAL FUNDS CARRIED FORWARD	<u>53,090</u>	<u>3,698</u>	<u>56,788</u>

SUPPORTING HUMANITY CIO

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

7. KEY MANAGEMENT PERSONNEL

Key Management Personnel comprises of the Board of Trustees.

8. TANGIBLE FIXED ASSETS

	Motor vehicles £
COST	
Additions	<u>50,990</u>
DEPRECIATION	
Charge for year	<u>12,748</u>
NET BOOK VALUE	
At 31 March 2023	<u>38,242</u>
At 31 March 2022	<u>-</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	1,440	1,440
Other creditors	2,100	2,000
	<u>3,540</u>	<u>3,440</u>

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
Fixed assets	38,242	-	38,242	-
Current assets	82,649	-	82,649	60,228
Current liabilities	(3,540)	-	(3,540)	(3,440)
	<u>117,351</u>	<u>-</u>	<u>117,351</u>	<u>56,788</u>

SUPPORTING HUMANITY CIO

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

11. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	At 31/3/23 £
Unrestricted funds			
General fund	53,090	64,261	117,351
Restricted funds			
Restricted Funds	3,698	(3,698)	-
TOTAL FUNDS	<u>56,788</u>	<u>60,563</u>	<u>117,351</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	108,509	(44,248)	64,261
Restricted funds			
Restricted Funds	500	(4,198)	(3,698)
TOTAL FUNDS	<u>109,009</u>	<u>(48,446)</u>	<u>60,563</u>

Comparatives for movement in funds

	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds			
General fund	54,574	(1,484)	53,090
Restricted funds			
Restricted Funds	2,214	1,484	3,698
TOTAL FUNDS	<u>56,788</u>	<u>-</u>	<u>56,788</u>

SUPPORTING HUMANITY CIO

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	76,827	(22,253)	54,574
Restricted funds			
Restricted Funds	15,450	(13,236)	2,214
TOTAL FUNDS	<u>92,277</u>	<u>(35,489)</u>	<u>56,788</u>

	B/fwd 1.4.22	Income	Expenditure	C/fwd 31.3.23
Analysis of Restricted Funds				
East End Community Foundation	1,000	-	(1,000)	-
The London Community Foundation	2,400	-	(2,400)	-
Local Connect Fund	298	-	(298)	-
L B of Newham	-	500	(500)	-
TOTAL	<u>3,698</u>	<u>500</u>	<u>(4,198)</u>	<u>-</u>

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.