

# THE RESPITE ASSOCIATION

England & Wales · Charity number 1193232

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2021-01-25

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Highfield Barn  
Lewdown  
Okehampton  
EX20 4DS

**Phone** 01566783383

**Email** [help@respiteassociation.org](mailto:help@respiteassociation.org)

**Website** [www.respiteassociation.org](http://www.respiteassociation.org)

## Activities

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**Objects:** THE RELIEF OF SICKNESS AND POVERTY OF PEOPLE WITH DISABILITIES, LONG-TERM PHYSICAL OR MENTAL HEALTH CONDITIONS OR TERMINAL ILLNESSES, AND THEIR CARERS, WITHIN THE UNITED KINGDOM, BY (A) OFFERING ASSISTANCE TO ENABLE THOSE IN NEED TO SECURE RESPITE CARE AND (B) PROVIDING RESPITE BREAKS AND OTHER SUPPORT FOR CARERS.

**Activities:** Since 2001 (we became a CIO in 2021) we have enabled Carers, who are ordinary people doing extraordinary things, to obtain a well earned break by funding an alternative Carer to act in their place whilst they have a break. Breaks can take the form of anything from enabling attendance at an evening class, a weekend break or longer. We also provide free week long seaside holidays.

## Classification

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- **How:** Makes Grants To Individuals, Provides Services
- **What:** Disability, The Prevention Or Relief Of Poverty
- **Who:** People With Disabilities

## Geography

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- Scotland
- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31	£197,033	£216,991	-	-
2023-12-31	£181,987	£137,355	-	-
2022-12-31	£108,911	£132,414	-	-
2021-12-31	£127,629	£329,068	-	-

## Trustees

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Name	Role	Appointed
Claire Pond		2024-08-02
Hon. Alderman Alexander Michael Bentley		2021-01-25
Joanne Clark		2022-05-20
Rosemary Ann England		2021-01-25
Valerie Margaret England		2021-01-25