

Fairhealth

Charity number 1193223

Annual Report and Financial Statements
for the year ended 31 January 2026



**Annual Report and Financial Statements
for the year ended 31 January 2026**

Contents	Page
Trustees' report	2 to 3
Receipts and payments account	4
Statement of assets and liabilities	5
Notes to the accounts	6 to 7

Prepared by West Yorkshire Community Accountancy Service CIO

Fairhealth

Trustees' report for the year ended 31 January 2026

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name

Dr Dominic Patterson
Dr Thomas Ratcliffe
William Graham
Marie Stout
Dr Benjamin Jackson
Dr Hareen De Silva
Nicholas Nurden

Charity number

1193223

Registered in England and Wales

Registered and principal address

22a Church Lane
Bessacarr
Doncaster
DN4 6QB

Bankers

Triodos Bank UK Ltd
Deanery Road
Bristol
BS1 5AS

Accountants

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 25 January 2021 and is governed by a constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the trustees at a duly convened meeting.

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Trustees' report (continued) for the year ended 31 January 2026

Objectives and activities

The charity's objects

The promotion of equality and diversity for the public benefit by:

1. Working to actively confront individual, collective, institutional, and structural discrimination and prejudice that worsen health inequalities, including racism.
2. Working to reduce health inequalities by improving health outcomes for patients who are socioeconomically disadvantaged and/or who belong to marginalised patient groups, including but not limited to:
 - * Homeless patients
 - * Vulnerable migrants, asylum seekers and refugees
 - * Gypsies and Travellers
 - * LGBTQ+ patients
 - * Sex workers
3. Working to improve health outcomes for these groups in any way that the charity trustees see fit, including but not limited to:
 - * health professionals' education
 - * research and academic activities
 - * advocacy
 - * support to policy development
 - * support to healthcare workforce initiatives

The charity's main activities

Fairhealth is a charity offering courses, elearning, blogs, a podcast and more. Materials are largely delivered online. All activities and learning are designed to enable healthcare professionals to develop the knowledge, skills and confidence to work in areas of deprivation, with marginalised patients and to reduce health inequalities.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular, the advancement of equality and diversity.

Achievements and performance

This year we have again focused on consolidation with our Trustees and refreshing our content. We have launched a number of new free learning modules and undertaken a refresh of all our existing content. We have recruited new "Champions" and offered a further Creative Writing course.

Financial review

The net payments for the year were £6,180, including net payments of £5,865 on unrestricted funds and net payments of £315 on restricted funds.

Reserves policy

The charity's free reserves, at the year end were £10,419.

The trustees have not yet adopted a reserves policy.

Approved by the board of trustees on 22/07/2026

Nicholas Nurden (Trustee)

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Receipts and payments account
for the year ended 31 January 2026

	Notes	2026	2026	2026	2025
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
Receipts					
Commissioned work		450	-	450	2,851
Bank interest		63	-	63	90
Total receipts		<u>513</u>	<u>-</u>	<u>513</u>	<u>2,941</u>
Payments					
Volunteer reimbursement		-	-	-	115
Software fees		4,128	315	4,443	4,366
Bank charges		54	-	54	109
Accountancy		396	-	396	378
Trailblazer project expenses		-	-	-	468
Facilitator fees		<u>1,800</u>	<u>-</u>	<u>1,800</u>	<u>800</u>
Total payments		<u>6,378</u>	<u>315</u>	<u>6,693</u>	<u>6,236</u>
Net receipts / (payments)		<u>(5,865)</u>	<u>(315)</u>	<u>(6,180)</u>	<u>(3,295)</u>
Fund balances brought forward		<u>16,284</u>	<u>315</u>	<u>16,599</u>	<u>19,894</u>
Fund balances carried forward	(2)	<u>10,419</u>	<u>-</u>	<u>10,419</u>	<u>16,599</u>

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Statement of assets and liabilities
as at 31 January 2026

	2026	2026	2026	2025
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	10,419	-	10,419	16,599
Total cash funds	<u>10,419</u>	<u>-</u>	<u>10,419</u>	<u>16,599</u>

Liabilities	2026
	£
Accruals	<u>408</u>
	<u>408</u>

The financial statements were approved by the board of trustees on 22/07/2026

Nicholas Nurden (Trustee)

Fairhealth

Notes to the accounts

for the year ended 31 January 2026

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Fairhealth
Notes to the accounts continued
for the year ended 31 January 2026

2 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Trailblazer fund	315	-	315	-	-
	<u>315</u>	<u>-</u>	<u>315</u>	<u>-</u>	<u>-</u>

Fund name

Trailblazer fund

Purpose of restriction

To expand the production of online learning modules, patient stories and humanities resources for primary care health professionals, with the aim of reducing health inequalities.

3 Related party transactions

Trustee expenses

During the year no trustee expenses were paid (previous year: 7 trustees and £115 for travel expenses).

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.