

Invictus Wellbeing Foundation CIO

Charity number 1193094

Annual Report and Financial Statements for the year ended 31 March 2024

The logo for Invictus Wellbeing features the word "INVICTUS" in a large, bold, black, sans-serif font. Below it, the words "well-being" are written in a smaller, grey, lowercase, sans-serif font. The entire logo is centered within a light grey rectangular background.

INVICTUS
well-being

Invictus Wellbeing Foundation CIO

Annual Report and Financial Statements for the year ended 31 March 2024

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Invictus Wellbeing Foundation CIO

Trustees' report for the year ended 31 March 2024

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Alexander Berry	Chairman	
Jeremy Hall		
Adam Brosnan		Resigned April 2023
Richard Blackburn		Resigned April 2023
Mark Pearson	Treasurer	
Benjamin Heavyside		
Sophie Varley		
Elizabeth Lee		Appointed July 2023
Maryanne Loiacono		Appointed June 2024
Keira Tynan		Appointed November 2024
Charity number	1193094	Registered in England and Wales

Registered and principal address

Office Suite E323
E Mill
Dean Clough
Halifax
HX3 5AX

Bankers

Lloyds Bank plc
1 Legg Street
Chelmsford
CM1 1JS

Independent examiner

Alan Dodd FCCA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 13 January 2021 and is governed by a constitution.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the trustees at a duly convened meeting.

Invictus Wellbeing Foundation CIO

Trustees' report (continued) for the year ended 31 March 2024

Objectives and activities

The charity's objects

For the public benefit, to relieve the needs of young people in Yorkshire affected by, or at risk of developing, poor mental health, in particular, but not exclusively by:

- A) Working with specialist agencies and mental health professionals to provide counselling and related mental health support;
- B) Raising awareness and providing information to people within the community about mental health illnesses and ways to maintain good mental health.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the preservation, protection and enhancement of good mental health of young people in Yorkshire.

Achievements and performance

The BREW Project

The Brew Project continues to be our flagship service throughout West Yorkshire. We have continued to offer hundreds of children and young people with timely, effective and accessible mental health support and the demand for this service continues to grow (over 900 referrals per annum). We have received fantastic feedback from young people, parents and professionals and continue to improve the mental health and wellbeing of young people who need support (using clinical outcome scores, we see an average increase in wellbeing of 19% over a 6-8 week period).

Transition Support Service

The Transition Support Service has run as a pilot beginning in April 2022 and has been a resounding success. The project has aligned with the NHS Long Term Plan strategy in ensuring there is comprehensive support for young people aged 16-25. The project has established itself as a strong wraparound support project and supports nearly 250 young people per annum through counselling, support and activities. The service has now been made recurrent from 2023.

Try High Holiday Club

Delivering through the national HAF framework, we delivered Try High for a fourth year throughout 2023 and 2024. Working in partnership with Calder Community Squash and Halifax Panthers we have gone on to deliver thousands of sessions to children accessing free school meals throughout Calderdale. We have worked with over 530 children in Park, Town, Warley, Illingworth, Mixenden and Ovenden wards, offering sports, creative, wellbeing and enriching activities.

Thrive Holiday Club.

Our Thrive Holiday Club premiered in 2023 and worked with nearly 200 children in its first year. Funded by HAF, Thrive Holiday Club is solely staffed and organised by Invictus Wellbeing in Bradford. While providing over 1,300 sessions to children accessing free school meals in Bradford, we have created a sensory quiet area for SEN/Autistic/ADHD children we work with. There is a mental health awareness theme running through every session delivered at Thrive Holiday Club while working alongside college students to provide placement hours for their studies.

Liaison & Diversion

Throughout the year, we have continued our partnership with Liaison & Diversion (L&D) across West Yorkshire. We have offered therapeutic support and intervention to 62 of the most at risk young people in our region; supporting them with their mental health and wellbeing and dealing with complex needs and trauma. The project is now established across Calderdale, Bradford and Kirklees and engagement rates for L&D service users in mental health services have increased threefold.

Invictus Wellbeing Foundation CIO

Trustees' report (continued) for the year ended 31 March 2024

Achievements and performance (continued)

COPE

Our COPE Bereavement Project has been running for 4 years in 2024, thanks to funding from the COOP Foundation. The project has been very well received by schools across Calderdale and Bradford and has been an essential support to some schools who have felt unsure on how to manage complex bereavement and trauma for their students. We have worked with groups of young people, offering an open space, psycho education and youth social action to work through bereavement, loss and change.

Fundraising and Donations

We entered the second year of our fundraising strategy this year, expanding and growing our events and fundraising efforts across West Yorkshire. Our #BlueSomeGood campaign saw over 7,000 school pupils dress in blue and fundraise for us, together with the community, support for our charitable cause has been fantastic. We thank the many businesses, schools and individuals that chose to support us this year.

Active Calderdale

Our partnership with Active Calderdale has remained strong this year and has allowed the charity to embed physical activity into our work and conversations. The partnership secured us with funding to develop new and exciting projects, support our service users and staff with sports, physical activity and moving more.

Youth Leaders

Our Youth Leaders are a group of young people who support the organisation in ensuring that our services and practice are youth led and that any developments are engaged and consulted with young people first. They have been involved in fundraising, interviews, community engagement, speeches, project volunteering and much more. We are excited to be working with our youth leader to expand the project next year and create our first ever Youth Advisory Board.

Awards and Recognition

Four of our Youth leaders won the Community Foundation for Calderdale's Young Community Champion Award this year in recognition of their incredible efforts and volunteer work at Invictus Wellbeing. A massive well done to Harry, Kiera, Mal and Ruby.

Plans for future periods

Invictus Wellbeing has had its biggest year yet, and with that we have some big plans for the coming years. We are moving into a critical period for the charity and the work we do, and one of our top targets next year is to acquire a secure, bigger and better headquarters; this will allow our teams to collaborate and work alongside each other in the most efficient way.

We hope to further solidify our presence in Calderdale and Bradford, while continuing to pursue a presence in Kirklees, to provide core services across the region. We want our charity to become more sustainable by securing long-term contracts and grants to offer our staff the permanent contracts they deserve. We aim to increase our fundraising through community engagement, supporting businesses and utilising the power of social media.

Our CEO states that we aim to continue developing our partnerships and our workforce, ultimately supporting more and more young people.

Invictus Wellbeing Foundation CIO

Trustees' report (continued) for the year ended 31 March 2024

Financial review

The net expenditure for the year was £95,089, including net expenditure of £87,819 on unrestricted funds and net expenditure of £7,270 on restricted funds after transfers.

Reserves policy

The charity's free reserves at the year end were £15,676.

The trustees will aim to maintain a minimum reserve of £83,000 to cover estimated costs in the event of closure (redundancy payments, lease terminations and legal and professional fees).. This amount will be reviewed annually.

The current reserves are well below the minimum level and this has been identified as a significant risk and concern by the board. The current Chief Executive Officer and Senior Leadership team have, however, agreed steps to increase these reserves and have secured significant contracts and funding from January and April 2025 respectively.

The aim is to hold free reserves of £35,000 by January 2025 and £80,000 by April 25. We then aim to finish the financial year of 25/26 with a total reserves amount of £165,000.

This will be possible due to us:

- having agreed a number of unrestricted contracts from January 25 which allows us 25% unrestricted costs;
- securing unrestricted core cost funding from BBC Children in Need lasting for three years;
- being a growing charity and expecting our income to grow significantly over the next financial year, allowing more finances to flow to unrestricted costs;
- having employed a fundraising professional and strategy to significantly increase our corporate and individual fundraising income;
- requesting significant increases to our current contracts and other funders to reflect inflation and the cost of living crisis and
- freezing/reducing the core costs of the organisation (in real terms i.e. in line with inflation).

Going Concern Statement

At the time of signing these accounts the charity the trustees have assessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

Approved by the board of trustees on 14/1/2025

Alex Berry (Trustee)

Invictus Wellbeing Foundation CIO

Independent examiner's report to the trustees of Invictus Wellbeing Foundation CIO

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2024, which are set out on pages 7 to 17.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a fellow of a body listed in section 145 of the 2011 Act.

I confirm that I am qualified to undertake the examination because I am a fellow of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alan Dodd FCCA

15/1/25

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Invictus Wellbeing Foundation CIO
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2024

	Notes	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Income from:					
Donations	(2)	60,974	-	60,974	17,714
Charitable activities	(3)	346,059	143,680	489,739	459,892
Fundraising		9,682	-	9,682	2,561
Total income		<u>416,715</u>	<u>143,680</u>	<u>560,395</u>	<u>480,167</u>
Expenditure on:					
Charitable activities	(4)	<u>477,849</u>	<u>177,635</u>	<u>655,484</u>	<u>404,457</u>
Total expenditure		<u>477,849</u>	<u>177,635</u>	<u>655,484</u>	<u>404,457</u>
Net income / (expenditure)		(61,134)	(33,955)	(95,089)	75,710
Transfers between funds		<u>(26,685)</u>	<u>26,685</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>(87,819)</u>	<u>(7,270)</u>	<u>(95,089)</u>	<u>75,710</u>
Fund balances brought forward		<u>103,495</u>	<u>59,756</u>	<u>163,251</u>	<u>87,541</u>
Fund balances carried forward	(5)	<u>15,676</u>	<u>52,486</u>	<u>68,162</u>	<u>163,251</u>

All incoming resources and resources expended derive from continuing activities.

Invictus Wellbeing Foundation CIO

Balance sheet

as at 31 March 2024

		2024	2024	2024	2023
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Current assets					
Debtors and prepayments	(6)	27,766	-	27,766	26,488
Cash at bank and in hand	(7)	(7,529)	53,485	45,956	140,534
Total current assets		<u>20,237</u>	<u>53,485</u>	<u>73,722</u>	<u>167,022</u>
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(8)	4,561	999	5,560	3,771
Total current liabilities		<u>4,561</u>	<u>999</u>	<u>5,560</u>	<u>3,771</u>
Net current assets		<u>15,676</u>	<u>52,486</u>	<u>68,162</u>	<u>163,251</u>
Net assets		<u>15,676</u>	<u>52,486</u>	<u>68,162</u>	<u>163,251</u>
Funds					
Unrestricted funds		15,676	-	15,676	103,495
Restricted funds		-	52,486	52,486	59,756
Total funds		<u>15,676</u>	<u>52,486</u>	<u>68,162</u>	<u>163,251</u>

The financial statements were approved by the board of trustees on 14/1/2025

Alex Berry (Trustee)

Invictus Wellbeing Foundation CIO
Statement of cash flows
for the year ended 31 March 2024

	2024 £	2023 £
Cash flows from operating activities:		
Net cash provided by (used in) operating activities	<u>(94,578)</u>	<u>61,127</u>
Change in cash and cash equivalents in the reporting period	(94,578)	61,127
Cash and cash equivalents at the beginning of the reporting period	<u>140,534</u>	<u>79,407</u>
Cash and cash equivalents at the end of the reporting period	<u>45,956</u>	<u>140,534</u>
 Reconciliation of net movement in funds to net cash flow from operating activities		
	2024	2023
	£	£
Net movement in funds for the reporting period (as per the statement of financial activities)	(95,089)	75,710
Adjustments for:		
(Increase) / decrease in debtors	(1,278)	(17,091)
Increase / (decrease) in creditors	<u>1,789</u>	<u>2,508</u>
Net cash provided by (used in) operating activities	<u>(94,578)</u>	<u>61,127</u>
 Analysis of cash and cash equivalents		
	2024	2023
	£	£
Cash in hand	103	97
Notice deposits (less than 30 days)	<u>45,853</u>	<u>140,437</u>
Total cash and cash equivalents	<u>45,956</u>	<u>140,534</u>

Invictus Wellbeing Foundation CIO

Notes to the accounts

for the year ended 31 March 2024

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Donated assets, facilities or services are valued at their estimated value to the charity. This is the price that the charity estimates it would pay in the open market for equivalent items; or services and facilities of equivalent utility to the charity.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Project and office equipment: over 5 years

Computer equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Invictus Wellbeing Foundation CIO

Notes to the accounts

for the year ended 31 March 2024

1 Accounting policies continued

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

Invictus Wellbeing Foundation CIO
Notes to the accounts continued
for the year ended 31 March 2024

2 Donations	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
ICCM Calderdale Borough Council	14,000	-	14,000	-
Invictus Wellbeing Services CIC	10,176	-	10,176	-
Next PLC	6,000	-	6,000	-
Crossley Scott	9,762	-	9,762	-
Hargreaves Foundry	2,710	-	2,710	-
Sheard Packaging	6,113	-	6,113	-
General donations	12,213	-	12,213	17,714
	<u>60,974</u>	<u>-</u>	<u>60,974</u>	<u>17,714</u>

3 Charitable activities income	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Grants for charitable activities				
Asda Foundation	-	-	-	515
Calderdale MBC	20,796	-	20,796	10,500
City of Bradford MDC	-	16,252	16,252	8,160
Community Foundation for Calderdale (CFFC)	-	63,124	63,124	91,232
Co-op Foundation	-	749	749	9,980
NHS Bradford District and Craven CCG	-	-	-	27,900
West Yorkshire Integrated Care Board	-	48,800	48,800	-
Sir George Martin Trust	-	3,333	3,333	4,000
Voluntary & Community (VAC)	-	-	-	850
The National Lottery Community Fund	-	10,000	10,000	-
Groundwork UK	625	-	625	-
Affinity Care	-	1,422	1,422	-
North Halifax Ward Forum	500	-	500	-
Yorkshire Building Society	2,000	-	2,000	-
Contract income	273,510	-	273,510	270,069
Rental income	2,520	-	2,520	10,851
Support service income	44,960	-	44,960	25,835
Other income	1,148	-	1,148	-
	<u>346,059</u>	<u>143,680</u>	<u>489,739</u>	<u>459,892</u>

4 Charitable activities expenditure	Activities		2024	2023
	undertaken	Support	Total	Total
	directly	costs	cost	cost
	£	£	£	£
Charitable activities	613,046	42,438	655,484	404,457
	<u>613,046</u>	<u>42,438</u>	<u>655,484</u>	<u>404,457</u>

Invictus Wellbeing Foundation CIO
Notes to the accounts continued
for the year ended 31 March 2024

4a Support costs	2024	2023
	Total	Total
	cost	cost
Support cost type	£	£
Management, finance and admin support	26,124	19,809
Office costs	10,288	8,184
Human resources	1,879	-
Payroll administration	1,404	836
Memberships and subscriptions	1,933	125
Governance	810	768
	<u>42,438</u>	<u>29,722</u>

4b Charitable activities expenditure detail	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	cost	cost
	£	£	£	£
Salaries NI and pensions (4c)	354,268	95,501	449,769	253,363
Direct project expenditure	34,625	49,445	84,070	81,406
Consultancy	21,368	100	21,468	18,772
Advertising and website	789	-	789	1,731
Computer and software	1,948	-	1,948	977
General office expenses	1,002	220	1,222	1,057
Legal and professional fees	5,056	384	5,440	4,112
Office equipment and furniture	692	223	915	1,838
Printing, postage and stationery	1,403	541	1,944	1,569
Resources	-	176	176	364
Media and marketing	2,529	750	3,279	-
Telephone and mobile	3,517	1,224	4,741	3,793
Rent and rates	23,830	21,484	45,314	23,677
Repairs and renewals	470	152	622	848
Room hire	1,336	2,686	4,022	2,275
Training and supervision	11,322	675	11,997	941
Events	1,370	-	1,370	1,289
Fundraising expenditure	4,744	-	4,744	2,355
Travel expenses	1,714	441	2,155	351
Bank charges	133	-	133	64
Insurance and licenses	1,600	11	1,611	1,062
Independent examination	810	-	810	768
Membership and subscriptions	1,807	126	1,933	125
Payroll fees	1,144	260	1,404	836
Utilities	372	2,890	3,262	210
Volunteer training and expenses	-	346	346	674
	<u>477,849</u>	<u>177,635</u>	<u>655,484</u>	<u>404,457</u>

Invictus Wellbeing Foundation CIO

Notes to the accounts continued

for the year ended 31 March 2024

4c Staff costs and numbers	2024	2023
	£	£
Gross salaries	420,542	239,145
Social security costs	26,053	15,197
Employment allowance	(5,000)	(5,000)
Settlement agreement	1,370	-
Pensions	6,804	4,021
	<u>449,769</u>	<u>253,363</u>

The average number of employees during the year was 42.9, being an average of 13.7 full time equivalent (2023: 21.9, 8.8 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2024	2023
	£	£
Costs of the scheme to the charity for the year	6,804	4,021
Amount of any contributions outstanding at the year end	1,399	1,093

5 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
CFFC (1)	3,757	-	3,757	-	-
CFFC (2)	11,638	63,124	61,293	-	13,469
City of Bradford MDC (1)	5,057	-	5,057	-	-
Brew Bradford	4,760	48,800	49,745	26,685	30,500
CFFC (3)	30,000	-	30,000	-	-
Co-op Foundation	2,543	749	3,292	-	-
City of Bradford MDC (2)	2,001	16,252	16,580	-	1,673
Community Fund	-	10,000	7,584	-	2,416
Thrive Approach	-	1,422	327	-	1,095
COPE	-	3,333	-	-	3,333
	<u>59,756</u>	<u>143,680</u>	<u>177,635</u>	<u>26,685</u>	<u>52,486</u>

Fund name	Purpose of restriction
CFFC (1)	Towards Brew Calderdale and the Cope project
CFFC (2)	For the Try High holiday club
City of Bradford MDC (1)	For the Peer Support project
Brew Bradford	For the delivery of the Brew project across Bradford. Unrestricted funds were used to support this project which is reflected in the transfer figure.
CFFC (3)	Towards the Brew Calderdale project
Co-op Foundation	For the Cope project providing group bereavement support for 12-17 year olds
City of Bradford MDC (2)	For Thrive holiday club activities and food for children accessing free school meals
Community Fund	For 1-2-1 support and group sessions around mental health and wellbeing
Thrive Approach	For a group and 1-2-1 initiative to support the Brew Bradford project
COPE	For the Cope project providing a bereavement support programme for young people

Invictus Wellbeing Foundation CIO
Notes to the accounts continued
for the year ended 31 March 2024

6 Debtors and prepayments	2024	2023
	£	£
Debtors	21,513	13,679
Prepayments	5,489	12,809
Other debtors	764	-
	<u>27,766</u>	<u>26,488</u>

7 Cash at bank and in hand	2024	2023
	£	£
Cash at bank	45,853	140,437
Cash in hand	103	97
	<u>45,956</u>	<u>140,534</u>

8 Creditors and accruals	2024	2023
	£	£
Creditors	3,846	3,003
Accruals	810	768
Deferred income (see note below for analysis)	904	-
	<u>5,560</u>	<u>3,771</u>

Deferred income	Deferred to next year	Released from last
	£	£
Golf day income	<u>904</u>	<u>-</u>

Item name	Reason for deferral
Golf day income	This is for income received in advance for the charity golf day held in April 2024. This event was cancelled in the current financial year, with supporters allowing us to keep the funds on the understanding that they will be used for the next golf day.

Invictus Wellbeing Foundation CIO

Notes to the accounts continued

for the year ended 31 March 2024

9 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Payments and benefits received by key management personnel

The total benefits received by key management personnel were £37,083 (previous year: £31,124).

Other transactions with trustees or related parties			2024	2023
			£	£
Name of trustee or related party	Relationship to charity	Description of transaction		
Adam Brosnan	Trustee	Director of Brosnans Chartered Accountants who provide payroll services to the charity	-	836
Mark Pearson	Trustee	Director of PIB Insurance Brokers who provide combined insurance to the charity	1,331	918
Jeremy Hall	Trustee	Director of Dean Clough Ltd who supply office rental and services to the charity	25,040	16,373
			<u>26,371</u>	<u>18,127</u>

10 Operating leases

Expected future minimum lease payments over the remaining life of the		2024	2023
		£	£
Within one year		24,520	30,706
In the second to fifth years inclusive		<u>16,223</u>	<u>55,328</u>
		<u>40,743</u>	<u>86,034</u>

Invictus Wellbeing Foundation CIO

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2024

	2024 Unrestricted funds £	2023 Unrestricted funds £	2024 Restricted funds £	2023 Restricted funds £	2024 Total funds £	2023 Total funds £
Income						
Donations	60,974	17,714	-	-	60,974	17,714
Charitable activities	346,059	312,120	143,680	147,772	489,739	459,892
Fundraising	9,682	2,561	-	-	9,682	2,561
Total income	<u>416,715</u>	<u>332,395</u>	<u>143,680</u>	<u>147,772</u>	<u>560,395</u>	<u>480,167</u>
Expenditure						
Charitable activities	<u>477,849</u>	<u>285,357</u>	<u>177,635</u>	<u>119,100</u>	<u>655,484</u>	<u>404,457</u>
Total expenditure	<u>477,849</u>	<u>285,357</u>	<u>177,635</u>	<u>119,100</u>	<u>655,484</u>	<u>404,457</u>
Net income / (expenditure)	(61,134)	47,038	(33,955)	28,672	(95,089)	75,710
Transfers between funds	<u>(26,685)</u>	<u>-</u>	<u>26,685</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds	<u>(87,819)</u>	<u>47,038</u>	<u>(7,270)</u>	<u>28,672</u>	<u>(95,089)</u>	<u>75,710</u>
Fund balances brought forward	<u>103,495</u>	<u>56,457</u>	<u>59,756</u>	<u>31,084</u>	<u>163,251</u>	<u>87,541</u>
Fund balances carried forward	<u>15,676</u>	<u>103,495</u>	<u>52,486</u>	<u>59,756</u>	<u>68,162</u>	<u>163,251</u>