

THYMICUK

England & Wales · Charity number 1193092

Details

Status Registered

Legal form CIO

Registered 2021-01-12

Register [View on the Charity Commission register](#)

Contact

Address 69 Worcester Road
London
E17 5QR

Phone 02085233468

Email hello@thymicuk.org

Website thymicuk.org

Activities

Objects: TO SUPPORT PEOPLE AFFECTED BY THYMIC CANCERS, AND TO IMPROVE THE QUALITY OF LIFE AND ACCESS TO AVAILABLE TREATMENTS FOR PATIENTS WITH THYMIC CANCERS IN THE UK. WE WILL ENDEAVOUR TO DO THIS BY:A. IDENTIFYING PATIENTS WITH THYMIC CANCERS AND OFFERING SUPPORT THROUGHOUT THEIR JOURNEY.B. PROVIDING INFORMATION RESOURCES FOR PATIENTS, CARERS AND MEDICAL PROFESSIONALS SUCH AS LISTING AVAILABLE TREATMENTS, CLINICAL TRIALS AND THE LOCATION OF THYMIC CANCER SPECIALISTS IN THE UK.C. RAISING AWARENESS OF THYMIC CANCERS AMONGST THE GENERAL PUBLIC AND MEDICAL PROFESSIONALS.D. PROMOTING RESEARCH INTO THE CAUSES, DETECTION, DIAGNOSIS, TREATMENT AND MANAGEMENT OF THYMIC CANCERS.E. LIAISING WITH RELEVANT ORGANISATIONS SUCH AS THE BRITISH THORACIC ONCOLOGY GROUP (BTOG), INTERNATIONAL THYMIC MALIGNANCY INTEREST GROUP (ITMIG) AND THE PHARMACEUTICAL INDUSTRY FOR THE ADVANCEMENT OF KNOWLEDGE AND TREATMENT OF THYMIC CANCERS.F. LIAISING WITH AND INFLUENCING KEY HEALTH DECISION MAKERS SUCH AS NICE AND THE NHS IN THE UK.G. FACILITATING FUNDRAISING TO PROMOTE THE ABOVE OBJECTIVES.

Activities: We provide a support network for patients with thymic cancers. We also advocate on their behalf.

Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£4,755	£584	-	-
2024-03-31	£16,805	£751	-	-
2023-03-31	£13,315	£758	-	-
2022-03-31	£3,911	£755	-	-

Trustees

Name	Role	Appointed
Karen Ruddock	Chair	2020-11-11
Dr Heidrun Bien		2020-11-11
Marrika Colvin		2020-11-11

THYMICUK

England & Wales - Charity number 1193092

Accounts



Trustees' Annual Report for the period

From **01 April 2024** (Period start date) To **31 March 2025** (Period end date)

Charity name: **ThymicUK**

Charity registration number: **1193092**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>ThymicUK provides a support network for patients with thymic cancers in the United Kingdom and advocates on their behalf.</p> <p>The purposes of ThymicUK are to support people affected by thymic cancers, and to improve the quality of life and access to available treatments for patients with thymic cancers in the UK.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none">- Patient Advocates at the Annual Conference of the British Thoracic Oncology Group (BTOG2024);- ThymicUK charity stand at the Annual Conference of the British Thoracic Oncology Group (BTOG2024);- Co-Chairing of a dedicated session on Thymic Malignancies at the Annual Conference of the British Thoracic Oncology Group (BTOG2024)- Maintaining a dedicated website and mailing list;- Running the ThymicUK Patient Support Group;- Co-organising the International Thymic Malignancy Awareness Month;- Organising Patient Webinars;- Producing and distributing information leaflets for patients, carers and health care professionals, as well as awareness badges and ribbons;- Cancer52 Membership;- Association of Chairs Membership;- Patient Advocacy as member of the BTOG Special Interest Group for Thymic Malignancies
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>We confirm that all trustees have had regard to the guidance issued by the Charity Commission on public benefit.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Patient Advocates and charity stand at British Thoracic Oncology Group (BTOG) Conference 2024</p> <p>Our participation at the BTOG 2024 Conference in April in Belfast was an important opportunity to build new relationships, foster existing ones, and continue collaboration on ongoing initiatives. The 2024 conference counted over 1000 attendees including 70% healthcare professionals and 3% patient advocates. Over three packed conference days, we raised awareness of thymic cancers from our ThymicUK charity stand, distributing information materials for patients and health care professionals, and kept pushing the agenda to improve patient outcomes.</p> <p>Co-chairing of dedicated Thymic Malignancies Session at BTOG 2024</p> <p>The 2024 BTOG Annual Conference featured a session entirely dedicated to thymic malignancies. It was chaired by Dr David Gilligan and ThymicUK trustee, Marrika Colvin, a Clinical Nurse Specialist at Guys and St Thomas' hospital. The session included five outstanding presentations and was well attended, reflecting the growing interest and importance of this field. This session was crucial in raising awareness and we believe will impact patient outcomes.</p> <p>Launch of Anterior Mediastinal (suspected Thymic) Lesion Diagnostic Pathway</p> <p>BTOG has only two Special Interest Groups (SIGs), one of which is the SIG for Thymic Malignancies. ThymicUK has been a driving force in the creation of this SIG, and ThymicUK founder and chair Karen Ruddock has been a member from the start, representing the patient voice. Our trustee and Clinical Nurse Specialist, Marrika Colvin is also a SIG member.</p> <p>In 2024, the BTOG Special Interest Group for Thymic Malignancies proudly launched the Anterior Mediastinal Pathway, a new diagnostic algorithm designed for anterior mediastinal lesions. The group has developed this pathway through multidisciplinary discussion and identification of best practice. This initiative aims to standardise the management of these lesions across the UK, fostering improvements in patient care. The pathway represents a significant step toward uniformity in diagnostic and treatment approaches, benefiting patients nationwide.</p>

Working towards a comprehensive Thymic Cancer Database; a Thymic Epithelial Tumours (TETs) Registry

ThymicUK has long been advocating for the need of a comprehensive database that would allow healthcare professionals to bring together information on the rare cases of thymic malignancies, to advance learning and ultimately lead to more effective and safer treatment regimes. ThymicUK actively supports the setting up of a nationwide TET registry which is spearheaded by BTOG SIG members, Dr Josephides and Dr Karpanagiotou, based at London's Guys and St. Thomas' Hospital. The proposed comprehensive database will allow the observation and identification of responses to treatment regimens and recurrence trends between patients with similar TET profiles. It aims to serve as a collaborative platform between hospitals and clinicians around the UK and to promote the need for the development of more effective treatments and management protocols for patients with TETs. In turn this will empower patients and their families by contributing to TET research that can lead to earlier diagnoses, better-informed treatment decisions and evidence-based surveillance plans. The application is currently under review, and ThymicUK members have helped shape it by providing feedback on a draft patient information sheet in September.

Research on Clinical Trials Search by Clinical Net

Clinical Net is a free website, patients can use to search for potentially suitable trials. This are particularly important in rare cancers where treatment options are often limited. From the start, Clinical Net has actively sought patient feedback, including our own, and has continuously improved the website functionality and user friendliness. We facilitated Clinical Net's search for patients willing to participate in research to assess the effectiveness of methods used to match patients to trials. We shared information about the research in the support group and embedded an additional 'Find Clinical Trials' tab on our website. Patients who used this tab were given detailed information on the research study and able to choose to take part or to continue their trial search as normal.

Third International Thymic Malignancies Awareness Month

In May 2024 we held the 3rd International Thymic Malignancies Awareness Month in collaboration with the International Thymic Malignancy Interest Group (ITMIG). It included a series of events and webinars to help increase the knowledge of these rare cancers among patients and their families, as well as among doctors of various specialties who do not deal with mediastinal diseases on a daily basis. Webinar recordings are available on our website.

Patient Webinars

ThymicUK hosted two patient webinars in 2024 and a Social Xmas Meeting, providing a supportive platform for patients to share their experiences, receive updates on the latest research, and gain valuable insights from medical professionals. These meetings are integral to our mission of

	<p>fostering a strong, informed patient community. In May we held a Patient Webinar, with presentations by Dr Gilligan and Dr Josephides. It was well attended and feedback to the webinar in our support group described it as informative, useful and clear, and even recommended it as a must see for new patients. Our September Patient Webinar included presentations on Energy Conservation, Pain Management, and Physiotherapy post Thymectomy Surgery, as well as an introduction to Maggie's UK on the challenges of rare cancers.</p> <p>Cancer52 Health Inequalities Report ThymicUK is a member of Cancer52, the umbrella charity for rare and less common cancers in the UK. In July 2024, 44 of our members took part in a Patient Survey to identify Health Inequalities which has led to a very interesting report which can be accessed on the Cancer52 news page.</p> <p>Group's Growth and Increase of Awareness 2024 has been a year of significant growth for ThymicUK's Support Group and Mailing List. Due to our work, advocating for patients, attending conferences, producing information leaflets and awareness badges, running a dedicated website, collaborating with relevant medical bodies, posting on social media etc., patients and carers seem to find us more easily. More and more healthcare professionals are aware of our charity and support group and are able to signpost to us. We have seen an increase in awareness of thymic cancers and our charity's aims, thanks to the dedication of our members, our ongoing efforts, expanding network and the enhanced visibility we all work towards. Members take time to share their experiences which in turn helps guide and empower others in their choices. Almost every day there are posts from members asking questions, sharing experiences, and giving emotional support.</p> <p>Website, mailing list, and information materials We continued to provide our dedicated website, (https://www.thymicuk.org), email, and mailing list. We distributed information leaflets for patients/carers and healthcare professionals at events as well as posting these for free to patients/carers and healthcare professionals who request them through our website or email.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	31 st March 2025: £35,936 (1 st April 2024: £31,766; Incoming funds over the reporting period: £4,755; Outgoing funds over the reporting period: £584)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The ThymicUK policy to holding reserves is that we currently only use funds as needed to produce information and awareness materials (such as leaflets, posters badges and ribbons), for postage and other essential costs (e.g., our website domain, hosting, and mailing list, zoom subscription for patient webinars), and for our patient advocacy and raising of awareness activities (e.g. conference attendance / charity stands). All trustees volunteer their time.</p> <p>We hold as reserves all those funds not immediately needed for the above aims, to - in the near future - be in a position to initiate/ support vital research into the causes, detection, diagnosis, treatment, and management of thymic cancers.</p>
Amount of reserves held	Para 1.22	No set amount
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	All three trustees have been co-founders of the charity. The appointment of any new trustee would be agreed by all current trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	ThymicUK
Other name the charity uses	
Registered charity number	1193092
Charity's principal address	69 Worcester Road London E17 5QR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Ruddock			
2	Heidrun Bien			
3	Marrika Colvin			
4				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser Name Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Dr Heidrun Bien

Karen Ruddock

Full name(s)

Dr Heidrun Bien

Karen Ruddock

Position (eg Secretary, Chair, etc)

Trustee, Secretary & Treasurer

Chair

Date

30.01.2026

Charity Name ThymicUK	No (if any) 1193092
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Receipts and payments accounts

For the period from	Period start date 01.04.2024	To	Period end date 31.03.2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations through fundraisers via Justgiving and enthuse	1,953	-	-	1,953
Donations as direct transfers to the charity bank account	459	-	-	459
Donations and fundraisers via PayPal Giving Fund	1,125	-	-	1,125
Donations through donate button on the charity website via PayPal	5	-	-	5
awareness badges and ribbons donations via website via PayPal	59	-	-	59
BTOG2024 patient advocate costs reimbursed KH	249	-	-	249
	-	-	-	-
	-	-	-	-
Sub total(Gross income for AR)	3,849	-	-	3,849
A2 Asset and investment sales, (see table).				
charity savings account interest	906	-	-	906
Sub total	906	-	-	906
Total receipts	4,755	-	-	4,755
A3 Payments				
postage (sending patient leaflets)	14	-	-	14
mailchimp email platform	110	-	-	110
zoom account fees for webinars and virtual meetings	58	-	-	58
website IT support from GMT solutions	60	-	-	60
website domain costs	90	-	-	90
BTOG2024 travel costs patient advocates KH	249	-	-	249
paypal fees	4	-	-	4
Sub total	584	-	-	584
A4 Asset and investment purchases, (see table)				
	-	-	-	-
Sub total	-	-	-	-
Total payments	584	-	-	584
Net of receipts/(payments)	4,170	-	-	4,170
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	31,766	-	-	31,766
Cash funds this year end	35,936	-	-	35,936

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	net tax year income (receipts minus payments)	4,170	-
		-	-
		-	-
	Total cash funds	35,936	-
	(agree balances with receipts and payments account(s))	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
B3 Investment assets			-
			-
B4 Assets retained for the charity's own use			-
			-
B5 Liabilities			-
			-
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name
		Dr Heidrun Bien	Dr Heidrun Bien
		Karen Ruddock	Karen Ruddock

CC16a



**Last year
to the nearest £**

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Endowment funds

to nearest £

-
-
-
-

OK

Endowment funds

to nearest £

-
-

Current value (optional)

-
-

Current value (optional)

-
-

When due (optional)

Date of approval

30.01.2026
30.01.2026

THYMICUK

England & Wales - Charity number 1193092

Accounts



Trustees' Annual Report for the period

From **01 April 2023** (Period start date) To **31 March 2024** (Period end date)

Charity name: ThymicUK

Charity registration number: 1193092

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	ThymicUK provides a support network for patients with thymic cancers in the United Kingdom and advocates on their behalf. The purposes of ThymicUK are to support people affected by thymic cancers, and to improve the quality of life and access to available treatments for patients with thymic cancers in the UK.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	-ThymicUK charity stand at the Annual Conference of the British Thoracic Oncology Group (BTOG2023); -Patient Advocates at BTOG2023; -ThymicUK Research Poster at BTOG2023; Maintaining a dedicated website and mailing list; -Co-organisation of the International Thymic Malignancy Awareness Month; -Running the ThymicUK Patient Support Group; -Organisation of Patient Webinars; -Production and distribution of Information Leaflets, awareness badges and ribbons; -Cancer52 Membership; Association of Chairs Membership; -Patient Advocacy as member of the BTOG Thymic Cancer Special Interest Group.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm that all trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>Research Poster Prize at BTOG2023 Our ThymicUK research poster "THE EXPERIENCE OF PATIENTS WITH THYMIC EPITHELIAL TUMOURS: A survey of patient perception of support from their clinical team and beyond" raised awareness of thymic cancers and won a runner up conference poster prize (£100 that went to the charity funds).</p> <p>As patient advocates, we have been effective in liaising with relevant professional bodies, including the International Thymic Malignancy Interest Group (ITMIG), the British Thoracic Oncology Group (BTOG), and as a member of the rare cancer umbrella charity Cancer 52.</p> <ul style="list-style-type: none"> - We continued our work in the BTOG Special Interest Group (SIG) for Thymic Malignancies, with chair Karen Ruddock being a member representing ThymicUK. - Together with ITMIG and BTOG, we ran a successful 2nd edition of the Thymic Malignancy Awareness Month in May 2023. - We continued to work closely with both professional bodies to co-organise the 3rd edition of the Thymic Malignancy Awareness Month to be held in May 2024. - We attended the ITMIG virtual conference and Cancer 52 events to represent the voice of those affected by thymic cancers. <p>We organised two ThymicUK Patient Events; an in-person Patient Meeting with Allied Healthcare Professionals in London (24 May 2023); an End of Year Patient Webinar (7 December 2023).</p>

		<p>Working towards a comprehensive Thymic Cancer Database ThymicUK has long been advocating for the need of a comprehensive database that would allow healthcare professionals to bring together information on the rare cases of thymic malignancies, to advance learning and ultimately lead to more effective and safer treatment regimes.</p> <p>Support Group, Mailing List and website: We continued to run the website, the ThymicUK mailing list and the closed ThymicUK patient support group on Facebook. The group provides a safe space, in which patients and carers can exchange experiences and often very practical tips, supporting each other. Both forums have seen sustained growth with about 100 new patients and carers joining. This indicates that more doctors and nurses are aware of and signpost patients to ThymicUK as a source of information and support.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	31 st March 2024: £31766 (Starting position on 1 st April 2023: £15712 Incoming funds over the reporting period: £16805; Outgoing funds over the reporting period: £751)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The ThymicUK policy to holding reserves is that we currently only use funds as needed to produce information and awareness materials (such as leaflets, posters badges and ribbons), for postage and other essential costs (e.g., our website domain, hosting, and mailing list, zoom subscription for patient webinars, and for our patient advocacy and raising of awareness activities (e.g. conference charity stand). No personal expenses are used as all trustees volunteer their time. With the aim to initiate research into the causes, detection, diagnosis, treatment, and management of thymic cancers, we hold as reserves all those funds not immediately needed for the above charity aims.
Amount of reserves held	Para 1.22	No set amount
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	All three trustees have been co-founders of the charity. The appointment of any new trustee would be agreed by all current trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	ThymicUK
Other name the charity uses	
Registered charity number	1193092
Charity's principal address	69 Worcester Road London E17 5QR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Ruddock		Whole Year	
2	Heidrun Bien		Whole Year	
3	Marrika Colvin		Whole Year	
4	Oliver Neeley		01.04.23 – 01.02.24	
5				
6				
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8				
9				
10				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Dr Heidrun Bien	Karen Ruddock
Full name(s)	Dr Heidrun Bien	Karen Ruddock
Position (eg Secretary, Chair, etc)	Trustee, Secretary & Treasurer	Chair
Date	26.01.2025	



Receipts and payments accounts

For the period from	01.04.2023	To	31.03.2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations through fundraisers via Justgiving	3,280	-	-	3,280	-
Donations as direct transfers to the charity bank account	8,351	-	-	8,351	-
Donations and fundraisers via PayPal Giving Fund	4,490	-	-	4,490	-
Donations through donate button on the charity website via PayPal	30	-	-	30	-
awareness badges and ribbons donations via website via PayPal	107	-	-	107	-
donations via AmazonSmile	132	-	-	132	-
research poster prize at BTOG 2023 annual conference	100	-	-	100	-
Sub total (Gross income for AR)	16,490	-	-	16,490	-
A2 Asset and investment sales, (see table).					
charity savings account interest	315	-	-	315	-
	-	-	-	-	-
Sub total	315	-	-	315	-
Total receipts	16,805	-	-	16,805	-
A3 Payments					
postage (sending awareness badges/ribbons/information)	74	-	-	74	-
mailchimp and webhosting fees	324	-	-	324	-
printing reserarch poster for BTOG 2023	45	-	-	45	-
cost for charity stand at BTOG2024	300	-	-	300	-
paypal fees	8	-	-	8	-
Sub total	751	-	-	751	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	751	-	-	751	-
Net of receipts/(payments)	16,054	-	-	16,054	-

A5 Transfers between funds
A6 Cash funds last year end

	-	-	-	-	-
	15,712	-	-	15,712	-
<i>Cash funds this year end</i>	31,766	-	-	31,766	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	net tax year income (receipt minus payments)	16,054	-	-
		-	-	-
	Total cash funds	31,766	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		Dr Heidrun Bien	Dr Heidrun Bien	26.01.2025
		Karen Ruddock	Karen Ruddock	26.01.2025

THYMICUK

England & Wales - Charity number 1193092

Accounts



Trustees' Annual Report for the period

From 01 April 2022 **Period start date** **To** 31 March 2023 **Period end date**

Charity name: ThymicUK

Charity registration number: 1193092

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>ThymicUK provides a support network for patients with thymic cancers in the United Kingdom and advocates on their behalf.</p> <p>The purposes of ThymicUK are to support people affected by thymic cancers, and to improve the quality of life and access to available treatments for patients with thymic cancers in the UK. We endeavour to do this by:</p> <ul style="list-style-type: none">a) identifying patients with thymic cancers and offering support throughout their journey.b) providing information resources for patients, carers, and medical professionals such as listing available treatments, clinical trials, and the location of thymic cancer specialists in the UK.c) raising awareness of thymic cancers among the general public, and medical professionals.d) promoting research into the causes, detection, diagnosis, treatment, and management of thymic cancers.e) liaising with relevant organisations such as the British Thoracic Oncology Group (BTOG), the International Thymic Malignancy Interest Group (ITMIG), and the pharmaceutical industry for the advancement of knowledge and treatment of thymic cancers.f) liaising with and influencing key health decision makers such as NICE and the NHS in the UK.g) facilitating fundraising to promote the above objectives.
Summary of the main activities in relation to those	Para 1.17 and 1.19	<i>This section lists only those activities with direct costs attached. For all other main activities please</i>

purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

see *Para 1.20 below*.

Information & awareness materials: We produced information and awareness materials about thymic cancers, for patients and for healthcare professionals, to increase the awareness and understanding of thymic cancers, and help signpost to relevant organisations. The Materials included leaflets, posters, banners, and collection boxes, in addition to the previously produced awareness ribbons and badges. Printed materials were distributed at events and posted free of charge to patients and fundraisers. The leaflets and posters are also available for download on our website. £402.26 printing costs; £76.75 costs for posting materials out.

Research Project: As a first research project led by ThymicUK, we conducted a patient survey into the experience of patients with thymic epithelial tumours. In December 2022 and January 2023, all those registered on the ThymicUK mailing list and closed Facebook group were invited to participate in an electronic and anonymous survey. Directed at patients, the survey comprised of ten questions designed to explore patient experience and support needs. The 72 responses revealed important findings, and the research was accepted for a poster presentation at the 21st annual conference of the British Thoracic Oncology Group (BTOG) in April 2024 in Belfast, where it was awarded a runner up poster price. Direct costs: £49 for a subscription (surveymonkey) to enable anonymous data collection and processing.

Charity stand at BTOG2023: We paid £180 for a ThymicUK charity stand at the 21st conference of the British Thoracic Oncology Group [BTOG2023].

Website, Mailing list: We continued to run and further develop our website (www.thymicuk.org). All work with regards to content development, and the user interface was provided free of charge by trustees volunteering their time and expertise. We paid for the domain registration/renewal, shared website hosting, and email list platform (mailchimp). These costs were reimbursed to the trustee who had initially covered in the following reporting period and will be listed there.

Cancer52 reduced membership. As a small member of the rare cancer umbrella charity Cancer52, we paid a reduced membership fee of £50 for 2023.

During the reporting period, several fundraisers were held for ThymicUK; donations were received

		by direct bank transfer or via a donation button on our website. We also received a small amount of funds through AmazonSmile and through the sale of awareness badges and ribbons.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm that all trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><i>In addition to the activities with direct fund implications listed under Para 1.17, main achievements of ThymicUK between 1st April 2022 and 31st March 2023 included the below.</i></p> <p>Launch of 1st International Thymic Malignancy Awareness Month: In collaboration with the International Thymic Malignancy Interest Group [ITMIG], ThymicUK launched the 1st edition of an annual international awareness month for thymic malignancies (May 2022). We co-organised and promoted a range of events for patients and/or healthcare professionals. The awareness month also saw an uptake in fundraisers and in the distribution of information leaflets and other materials to increase the awareness and understanding of thymic cancers.</p> <p>Support Group, Mailing List and website: We continued to run the website, the ThymicUK mailing</p>

list and the closed ThymicUK patient support group on Meta (formerly Facebook). The group provides a safe space, in which patients and carers can exchange experiences and often very practical tips, supporting each other.

Both forums have seen sustained growth (the support groups reached 300 members in March 2023), indicating that more doctors and nurses are aware of and signpost patients to ThymicUK as a source of information and support.

Events for Patients:

- In October 2022, we held a Patient Webinar and Q&A with a Thymic Oncologist.
- We continued to hold virtual patient meetings and a virtual Christmas Social.

As patient advocates, we have been effective in liaising with relevant professional bodies, including the International Thymic Malignancy Interest Group (ITMIG), the British Thoracic Oncology Group (BTOG), and as a member of the rare cancer umbrella charity Cancer 52.

- We continued our work in the BTOG Special Interest Group (SIG) for Thymic Malignancies, with chair Karen Ruddock being a member representing ThymicUK.
- Together with ITMIG and BTOG, we ran a successful 1st edition of the Thymic Malignancy Awareness Month in May 2022.
- We continued to work closely with both professional bodies to co-organise the 2nd edition of the Thymic Malignancy Awareness Month to be held in May 2023.
- We attended the ITMIG virtual conference and Cancer 52 events to represent the voice of those affected by thymic cancers.

Featured in Showcase Video from rare cancer umbrella charity Cancer52: ThymicUK, represented by chair Karen Ruddock, has been featured in a showcase video from Cancer52, the common voice for rare and less common cancers. The video highlights how charities have responded to changes in the world since the COVID-19 pandemic, have adapted and innovated to support their patient communities.

Research Project: As a first research project led by ThymicUK, we conducted a patient survey into the experience of patients with thymic epithelial tumours. In December 2022 and January 2023, all those registered on the ThymicUK mailing list and closed Facebook group were invited to participate in an electronic and anonymous survey. Directed at patients, the survey comprised of ten questions designed to explore patient experience and support needs. The 72 responses revealed important findings, and the research was accepted for a poster

		presentation at the 21 st annual conference of the British Thoracic Oncology Group (BTOG) in April 2024 in Belfast, where it was awarded a runner up poster price. (With April 2023 falling just outside of this reporting period, the various roles of ThymicUK at BTOG2023 (research presentation; charity stand; patient advocates) will be captured in the next report.)
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	31 st March 2023: £15,712.84 (Starting position on 1 st April 2022: £3,156. Incoming funds over the reporting period: 13314.87; Outgoing funds over the reporting period: £758.03)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The ThymicUK policy to holding reserves is that we currently only use funds as needed to produce information and awareness materials (such as leaflets, posters badges and ribbons), for postage, and other essential costs (e.g., our website domain, hosting, and mailing list). No personal expenses are used as all trustees volunteer their time. With the aim to initiate research into the causes, detection, diagnosis, treatment, and management of thymic cancers, we hold as reserves all those funds not immediately needed for the above.
Amount of reserves held	Para 1.22	£15,712.84
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	All four trustees have been co-founders of the charity. The appointment of any new trustee would be agreed by all current trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	ThymicUK
Other name the charity uses	
Registered charity number	1193092
Charity's principal address	69 Worcester Road London E17 5QR

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Ruddock (chair)		Whole year	
2	Heidrun Bien		Whole year	
3	Oliver Neely		Whole year	
4	Marrika Colvin		Whole year	
5				
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10				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A

Details of arrangements for safe custody and segregation of such assets from the charity's own asset	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Dr Heidrun Bien	Karen Ruddock
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Full name(s)	Dr Heidrun Bien	Karen Ruddock
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**Position (eg Secretary,
Chair, etc)**

Trustee - Secretary & Treasurer

Chair & Trustee

Date

31.01.2024

THYMICUK

England & Wales - Charity number 1193092

Accounts



Trustees' Annual Report for the period

From 12 January 2021 **Period start date** **To** 31 March 2022
Period end date

Charity name: ThymicUK

Charity registration number: 1193092

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>ThymicUK provides a support network for patients with thymic cancers in the United Kingdom and advocates on their behalf.</p> <p>The purposes of ThymicUK are to support people affected by thymic cancers, and to improve the quality of life and access to available treatments for patients with thymic cancers in the UK. We endeavour to do this by:</p> <ul style="list-style-type: none">a) identifying patients with thymic cancers and offering support throughout their journey.b) providing information resources for patients, carers, and medical professionals such as listing available treatments, clinical trials, and the location of thymic cancer specialists in the UK.c) raising awareness of thymic cancers among the general public, and medical professionals.d) promoting research into the causes, detection, diagnosis, treatment, and management of thymic cancers.e) liaising with relevant organisations such as the British Thoracic Oncology Group (BTOG), the International Thymic Malignancy Interest Group (ITMIG), and the pharmaceutical industry for the advancement of knowledge and treatment of thymic cancers.f) liaising with and influencing key health decision makers such as NICE and the NHS in the UK.g) facilitating fundraising to promote the above objectives.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services	Para 1.17 and 1.19	<p>Between 1 April 2021 and 31 March 2022, ThymicUK has provided information and support to patients, carers, and medical professionals. We have further developed our dedicated website (www.thymicuk.org), and continued to provide a mailing list, and a closed group</p>

<p>identified in the accounts.</p>		<p>on the social media platform Facebook. We have seen a substantial growth in traffic on the website, in the number of subscribers to the mailing list, and in people joining our support group. All the above indicate that more people affected by thymic cancers in the UK are becoming aware of our existence and are reaching out for support.</p> <p>We organised two virtual meetings for the support group; a social meeting on 14.06.2021, and a session with expert speakers on 'responding to cancer, tips for managing anxiety, depression, stress and more' on 30.11.2021.</p> <p>We liaised with BTOG and ITMIG, amongst others in preparation to co-organise the first international Thymic Malignancy Awareness Month to be held in May 2022. As patient advocates, we attended the BTOG virtual conference (22-23.04.2021) and the ITMIG virtual conference (16-17.10.2021).</p> <p>We produced ThymicUK awareness badges and ribbons and started to sell these on our website and at fundraising events. We also produced contact cards and distributed them to hospitals.</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>We confirm that all trustees have had regard to the guidance issued by the Charity Commission on public benefit.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
<p>Policy on grant making</p>	<p>Para 1.38</p>	
<p>Policy on social investment including program related investment</p>	<p>Para 1.38</p>	
<p>Contribution made by volunteers</p>	<p>Para 1.38</p>	
<p>Other</p>		

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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>ThymicUK has been effective in reaching and supporting more of those affected by thymic cancers in the UK. This includes patients, carers and medical professionals.</p> <ul style="list-style-type: none"> - We have further developed our dedicated website (www.thymicuk.org), and continued to provide a mailing list, and a closed group on the social media platform Facebook. We have seen a substantial growth in traffic on the website, in the number of subscribers to the mailing list, and in people joining our support group. All the above indicate that more people affected by thymic cancers in the UK are becoming aware of our existence and are reaching out for support. - We organised two virtual meetings for the support group; a social meeting on 14.06.2021, and a session with expert speakers on 'responding to cancer, tips for managing anxiety, depression, stress and more' on 30.11.2021. <p>We have been effective in liaising with relevant professional bodies, including the International Thymic Malignancy Interest Group (ITMIG), and the British Thoracic Oncology Group (BTOG).</p> <ul style="list-style-type: none"> - With the latter, we were instrumental in the creation of a Special Interest Group (SIG) dedicated to Thymic Malignancies. The ThymicUK chair is a member of the group. - We liaised with both professional bodies to co-organise the first international Thymic Malignancy Awareness Month to be held in May 2022. - We attended the BTOG virtual conference (22-23.04.2021) and the ITMIG virtual conference (16-

		<p>17.10.2021) as patient advocates.</p> <p>To increase the awareness of thymic cancers, we produced ThymicUK awareness badges and ribbons, and started to sell these on our website and at fundraising events. We also produced contact cards and distributed them to hospitals.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£3156
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The ThymicUK policy to holding reserves is that we currently only use funds as needed to produce information and awareness materials (such as leaflets, posters badges and ribbons) and for essential costs (e.g., our website domain). No personal expenses are used as all trustees volunteer their time.</p> <p>All funds which are not immediately needed for the above are to be held as reserves, with the aim to initiate research into the causes, detection, diagnosis, treatment, and management of thymic cancers.</p>
Amount of reserves held	Para 1.22	This is a varying amount as explained above. It started from £0 at 12 th January 2021, and had reached £3156 at 31 st March 2022.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	All four trustees have been co-founders of the charity. The appointment of any new trustee would be agreed by all current trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	ThymicUK
Other name the charity uses	
Registered charity number	1193092

Charity's principal address	69 Worcester Road London E17 5QR
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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Ruddock (chair)		Whole year	
2	Heidrun Bien		Whole year	
3	Oliver Neely		Whole year	
4	Marrika Colvin		Whole year	
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Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information



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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Dr Heidrun Bien	Karen Ruddock
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Position (eg
Secretary, Chair, etc)

Trustee - Secretary & Treasurer	Chair & Trustee
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Date

25.01.2023
