

My Oppo Supporting Families with PTSD

England & Wales · Charity number 1193061

Details

Other names	OPPO SUPPORTING FAMILIES WITH PTSD
Status	Registered
Legal form	CIO
Registered	2021-01-11
Register	View on the Charity Commission register

Contact

Address	101 Alspath Road Meriden Coventry CV7 7NR
Phone	07854106218
Email	help@myoppo.org
Website	www.myoppo.org

Activities

Objects: FOR THE PUBLIC BENEFIT, TO RELIEVE THE NEEDS OF THE FAMILIES OF THOSE SERVING AND FORMER MEMBERS OF THE ARMED FORCES WHO ARE DIAGNOSED WITH OR WHO ARE EXPERIENCING SYMPTOMS OF POST-TRAUMATIC STRESS DISORDER (PTSD) BY WORKING WITH ARMED FORCES AGENCIES, HEALTH SERVICES AND MENTAL HEALTH EXPERTISE AND: - RAISING PUBLIC AWARENESS OF PTSD; - PROVIDING SUPPORT GROUPS AND RELATED SERVICES TO ENABLE THOSE FAMILIES TO BEST SUPPORT THEIR LOVED ONES;- PROVIDING GRANT FUNDING FOR FAMILY ORIENTED SHORT BREAKS AND ACTIVITIES.

Activities: To relieve the needs of the families of those serving and former members of the Armed Forces who are diagnosed with or who are experiencing symptoms of PTSD by working with Armed Forces agencies, health services and mental health expertise and:-raising public awareness of PTSD;-providing support groups and related services to enable those families to best their loved ones;

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Disability, Armed Forces/emergency Service Efficiency
- **Who:** Other Defined Groups

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£146	£0	-	-
2024-04-05	£150	£0	-	-
2023-04-05	£610	£3,250	-	-
2022-04-05	£16,431	£16,100	-	-

Trustees

Name	Role	Appointed
Kheiron Howard	Chair	2021-01-22
Rachel louise bryan		2026-01-27
dawn julie howard		2026-01-27