



LooseHeadz
#TackleTheStigma

LooseHeadz Foundation
Annual Trustee Report

For the period 1st November 2023 to 31st October 2024

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What is LooseHeadz

The genesis of LooseHeadz is a familiar tale of friendship in a rugby club. It takes us back to 2017. There was nothing special about that day, and there were no lightning strikes or divine interventions; just three mates chatting away about what rugby meant to them while anticipating a great test match between the British and Irish Lions and the New Zealand All Blacks. Just three mates in the confines of their rugby club in Wilmslow, Cheshire in the UK being together.

That chance conversation which touched on some of mates who had struggled and the seeming lack of resources to help and support them led to LooseHeadz becoming the thing it is today: a charity devoted to #SaveLives across and beyond our rugby communities across the world. LooseHeadz exists to #TackleTheStigma surrounding and often pervading what we see one of the biggest issues not only facing rugby but also society at large: mental health.

Since our foundation in 2017, we have worked to place a mental health lead into every rugby club around the world. In doing so, we aim to create the world's largest community of like-minded clubs dedicated to changing the conversation around mental health. Helping our fellow man, woman, and child within and stretching outside our rugby communities has become our focus, shared now by 100,000+ people who follow us on our social channels and the now almost 1,300 rugby clubs we actively serve. We are not there yet, and that is why we carry on.

What began as a simple idea has grown into a movement powered by clubs, players, ambassadors, and generous partners, all united by a shared belief: that rugby has a responsibility, and a unique opportunity, to lead in the quest for better mental fitness for everyone while trying to save those for whom life's struggles sometimes become too much.

It is a privilege to be involved in the LooseHeadz movement and be part of its growth and proliferation across the community I grew up in and love to this day. Rugby is special and our community defines that specialty.

The Year in Summary

2023-2024 has been our most active and expansive year to date. Here are some highlights:

- **400 new rugby clubs** joined the LooseHeadz mission, taking our global total to over **1,500 clubs across 21 countries**, from grassroots to professional, from the UK to South Africa, Australia to the USA and beyond.
- We **launched a new digital platform**, built in partnership with Capgemini, allowing clubs to register, connect, and build a truly global LooseHeadz community.
- We piloted the **OneBright support package** in four clubs in the UK: Brixham, Chester, Sale FC, and Belsize Park, to test and hopefully prove the concept of delivering structured, accessible mental health support directly into rugby environments. The results were both moving and encouraging. Our plan now is to roll out this model internationally, funding permitting.

Our Original Mission

LooseHeadz was originally founded with a simple aim: to place a mental health lead into every rugby club around the world. That vision shaped who we are, but our purpose has deepened. Today, our mission is clear and urgent: to #SaveLives

How We Do It

During the course of the year we developed our approach across three core areas, namely:

We connect people and communities.

We deliver tools, training, and resources.

We support those in need, whenever and wherever they need us.

Building Better Support

To strengthen the foundation of what we offer, during the course of the year we brought in two outstanding individuals:

- **Hannah Stallard** joined LooseHeadz as **Partnerships Manager**, helping us deepen our relationships and secure strategic support across the rugby and business communities.
- **Heather Lewis**, formerly of the Mental Health Foundation, joined LooseHeadz as **Head of Delivery**, bringing clinical expertise and a pragmatic mindset to expand our ‘train the trainer’ approach.

Together, Hannah and Heather have brought LooseHeadz closer to the ground by working club-to-club supporting Rob and Dave with enthusiasm and passion to help everyone see the benefit of better mental fitness for everyone. We all know that prevention is so much better than cure, but LooseHeadz wants to address mental ill-health as well as preventative mental fitness.

We also partnered with **Suicide & Co** to provide tailored support to clubs and individuals experiencing the trauma of loss which serves as a stark reminder of why our work exists.

Raising Awareness, Rallying Support

We have always known that awareness is vital, not just to get the word out about what we do, but to make our resources easy to access and adopt.

This year we stopped thinking small and, with generous partners and a bit of bravery, we started to gain traction across several areas of activity via a greater understanding of what LooseHeadz means to the communities we serve.

- We broke the **Guinness World Record** for the longest rugby game (men’s and women’s), shining a spotlight on mental health while raising vital funds.
- We hosted a standout **event in Jersey**, with more to come spreading the LooseHeadz word in a rugby-loving island.
- In 2025, we will host our **inaugural Community Awards Dinner** and plan to pilot a **padel networking event** in London to connect our growing tribe of supporters and advocates.

We also made it easier for the public to support us, launching a **streamlined donations page** to remove the admin that sometimes dogs such endeavours and allow funds to flow directly to our work.

Partnerships & People

None of what we do and have done would be possible without the generosity and vision of our partners.

We are incredibly grateful to **Vodafone, Capgemini, Charles Tyrwhitt, Nocco, and Titan Wealth**, whose support has been nothing short of transformational. Together, we are proving that 1 + 1 really can equal 3, 5 or more when the cause is this important.

We also received **three generous grants** during the year; each one allowing us to expand reach and deepen impact. We do not take this support for granted, and we remain focused on showing meaningful returns in the form of lives touched, clubs transformed, and conversations changed.

Our ambassadors

Our ambassadors, who number too many to name here, continue to be the lifeblood of our outreach.

From social media content to community events and corporate engagements, their time and passion amplify our message. We are starting to organise this resource more strategically, using their voices where they are needed most.

Research, Insight & Listening

Our **annual mental health survey** continues to grow in both relevance and response, with **over 600 participants** to our most recent survey. Thanks to our trustee Aurélie Lemouzy, we are interpreting the data and building smarter strategies as a result which are always insight-led and rugby-grounded.

LooseHeadz Abroad

Our team travelled to **Boston** for the **MLR Rugby Final both in 2024 and again in 2025** as we **supported the MLR's effort to place mental fitness higher up their agenda across their vast breadth**. This marks another step in our global journey.

We are also honoured to be an official **Charity Partner of the British & Irish Lions Tour to Australia**, helping to embed mental health support into their 2025 tour legacy. It is another signal that our message travels well across international boundaries and the universal language of rugby is alive and well. The tour was both successful and productive in building relationships with Rugby Australia and local State Unions. We visited three grassroots rugby clubs in Test locations to spread the LooseHeadz message and sign more clubs up to the programme.

Campaigns, Community & Culture

This year, we launched the **“Hugby” campaign**, a celebration of rugby’s power to connect through kindness. Sometimes all it takes is a hug. Rugby is, after all, a game built on love, camaraderie, and muddy affection so let us celebrate it... it might just save a life!

We are proud of the community we have built and continue to build. These quotes typify some of the verbatim comments we hear as feedback:

‘LooseHeadz basically saved my life’.

‘LooseHeadz saved me, there’s no dressing it up’.

‘LooseHeadz means just about everything to me’.

‘LooseHeadz helped pull me out of a really dark place’.

Governance & Guidance

In early 2025, our **trustee board** expanded to **eight members**, bringing greater diversity of experience and helping us steer a growing movement with clarity and care. While governance remains our primary role, trustees are also active contributors to the LooseHeadz movement bringing expertise in business administration, communications, finance and rugby operations; all trustees share a love of rugby and this passion shines through when we act as a group to the furthering of the LooseHeadz Foundation charitable objectives.

Two panels provide deeper support:

- Our **Mental Health Advisory Panel**, chaired by **Dr. Steffan Griffin**, continues to measure, guide and refine our impact.
- Our **Business Advisory Group** helps shape our strategic direction, offering hands-on leadership across key projects and fundraising efforts.

Looking into the future ...

LooseHeadz has never stood still, and we will not start now. Our values are not designed in a marketing suite on the 8th floor of a chrome and glass empire; they are lived every day by all of us, namely:

CRAWL, WALK, SPRINT - make sure it’s the right thing before throwing everything at it — and don’t be afraid to stop if it’s not.

ALWAYS DO THE RIGHT THING - we act with integrity and aim to cause no harm in the work and activities we take on.

BUSINESS UNUSUAL - nobody ever changed the world by doing things exactly the way they've always been done.

IMPORTANCE OF COMMUNITY - we believe in the power of the rugby community to change lives for the better.

In 2025 and beyond, we aim to grow our international footprint, deepen the resources available to each and every club, and continue embedding mental health support into the very fabric of rugby culture.

We know we are only part of the solution. But we also know that real change does not come from the sidelines. It comes from getting stuck in, with boots on the ground making a difference and saving lives.

Yours in Rugbyness,

Thank you.

Mark Shotton

Chair of Trustees

August 2025

#TackleTheStigma #SaveLives

www.looseheadz.co.uk

REGISTERED COMPANY NUMBER: CE024560 (England and Wales)
REGISTERED CHARITY NUMBER: 1193051

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2024
for
Looseheadz Foundation

Higsons Limited
Accountants
Offices 1 and 2
1A King Street
Farnworth
Bolton
Greater Manchester
BL4 7AB

Looseheadz Foundation

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for the Year Ended 31 October 2024

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Looseheadz Foundation
Report of the Trustees
for the Year Ended 31 October 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives and aims of LooseHeadz Foundation are to promote and preserve the good mental and physical health of those suffering from or who are at risk of developing any form of mental ill-health but not exclusively by:

- (1) The provision of help, support and advice through school and work-based mental health and wellbeing training courses.
- (2) Promoting participation in healthy recreation by organising or assisting in the organisation of the playing of rugby to improve the mental and physical health of those suffering from or who are at risk of developing any form of mental ill-health.
- (3) Making grants to other charities which provide help, support, and advice to those suffering from or who are at risk of developing any form of mental ill-health.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Related parties

Looseheadz Limited

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE024560 (England and Wales)

Registered Charity number

1193051

Registered office

6 Stockton Road
Wilmslow
Cheshire
SK9 6EU

Trustees

M R C Shotton Chair
N Day
M W McCall
M Price

Independent Examiner

Higsons Limited
Accountants
Offices 1 and 2
1A King Street
Farnworth
Bolton
Greater Manchester
BL4 7AB

Approved by order of the board of trustees on 24 July 2025 and signed on its behalf by:

Looseheadz Foundation
Report of the Trustees
for the Year Ended 31 October 2024

M R C Shotton - Trustee

**Independent Examiner's Report to the Trustees of
Looseheadz Foundation**

Independent examiner's report to the trustees of Looseheadz Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Wilfred Rhodes

Higsons Limited
Accountants
Offices 1 and 2
1A King Street
Farnworth
Bolton
Greater Manchester
BL4 7AB

24 July 2025

Looseheadz Foundation

Statement of Financial Activities
for the Year Ended 31 October 2024

		31.10.24 Unrestricted fund £	31.10.23 Total funds £
	Notes		
INCOME AND ENDOWMENTS FROM			
Donations and legacies		175,830	148,065
Other trading activities	2	-	830
Total		<u>175,830</u>	<u>148,895</u>
EXPENDITURE ON			
Raising funds	3	82,269	25,776
Other		61,736	111,865
Total		<u>144,005</u>	<u>137,641</u>
NET INCOME		31,825	11,254
RECONCILIATION OF FUNDS			
Total funds brought forward		41,749	30,495
TOTAL FUNDS CARRIED FORWARD		<u><u>73,574</u></u>	<u><u>41,749</u></u>

The notes form part of these financial statements

Looseheadz Foundation

Balance Sheet
31 October 2024

	Notes	31.10.24 Unrestricted fund £	31.10.23 Total funds £
CURRENT ASSETS			
Debtors	6	8,621	-
Cash at bank		76,592	41,749
		85,213	41,749
CREDITORS			
Amounts falling due within one year	7	(11,639)	-
NET CURRENT ASSETS		73,574	41,749
TOTAL ASSETS LESS CURRENT LIABILITIES		73,574	41,749
NET ASSETS		73,574	41,749
FUNDS	8		
Unrestricted funds		73,574	41,749
TOTAL FUNDS		73,574	41,749

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 July 2025 and were signed on its behalf by:

M R C Shotton - Trustee

The notes form part of these financial statements

Looseheadz Foundation

Notes to the Financial Statements for the Year Ended 31 October 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	31.10.24	31.10.23
	£	£
Fundraising events	-	830
	<u> </u>	<u> </u>

Looseheadz Foundation

Notes to the Financial Statements - continued
for the Year Ended 31 October 2024

3. RAISING FUNDS

Raising donations and legacies

	31.10.24	31.10.23
	£	£
Support costs	<u>43,482</u>	<u>25,776</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2024 nor for the year ended 31 October 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2024 nor for the year ended 31 October 2023.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	148,065
Other trading activities	<u>830</u>
Total	<u>148,895</u>
EXPENDITURE ON	
Raising funds	25,776
Other	<u>111,865</u>
Total	<u>137,641</u>
NET INCOME	11,254
RECONCILIATION OF FUNDS	
Total funds brought forward	30,495
TOTAL FUNDS CARRIED FORWARD	<u><u>41,749</u></u>

Looseheadz Foundation

Notes to the Financial Statements - continued
for the Year Ended 31 October 2024

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.10.24	31.10.23
	£	£
Looseheadz Limited	8,621	-
	<u>8,621</u>	<u>-</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.10.24	31.10.23
	£	£
Social security and other taxes	6,207	-
Pension control	511	-
VAT	4,921	-
	<u>11,639</u>	<u>-</u>

8. MOVEMENT IN FUNDS

	At 1.11.23 £	Net movement in funds £	At 31.10.24 £
Unrestricted funds			
General fund	41,749	31,825	73,574
	<u>41,749</u>	<u>31,825</u>	<u>73,574</u>
TOTAL FUNDS	<u>41,749</u>	<u>31,825</u>	<u>73,574</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	175,830	(144,005)	31,825
	<u>175,830</u>	<u>(144,005)</u>	<u>31,825</u>
TOTAL FUNDS	<u>175,830</u>	<u>(144,005)</u>	<u>31,825</u>

Comparatives for movement in funds

	At 1.11.22 £	Net movement in funds £	At 31.10.23 £
Unrestricted funds			
General fund	30,495	11,254	41,749
	<u>30,495</u>	<u>11,254</u>	<u>41,749</u>
TOTAL FUNDS	<u>30,495</u>	<u>11,254</u>	<u>41,749</u>

Looseheadz Foundation

Notes to the Financial Statements - continued
for the Year Ended 31 October 2024

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,895	(137,641)	11,254
TOTAL FUNDS	<u>148,895</u>	<u>(137,641)</u>	<u>11,254</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.22 £	Net movement in funds £	At 31.10.24 £
Unrestricted funds			
General fund	30,495	43,079	73,574
TOTAL FUNDS	<u>30,495</u>	<u>43,079</u>	<u>73,574</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	324,725	(281,646)	43,079
TOTAL FUNDS	<u>324,725</u>	<u>(281,646)</u>	<u>43,079</u>

9. RELATED PARTY DISCLOSURES

The Looseheadz Foundation has a close operational relationship with LooseHeadz Limited, a related party by virtue of shared trustees and strategic alignment of charitable activities. LooseHeadz Limited supports the Foundation through the provision of management, marketing, and operational services.

During the year, the Foundation paid £61,287 (2023: £111,865) to LooseHeadz Limited in respect of management charges. These charges relate to staffing, marketing, logistics, and administrative support necessary to deliver the Foundation's charitable programmes.

All transactions were conducted at arm's length and were subject to appropriate oversight by the non-conflicted trustees, in line with the Foundation's conflict of interest policy.

At the balance sheet date, £8,621 was owed to the Foundation by LooseHeadz Limited (2023: £nil).

Looseheadz Foundation

Detailed Statement of Financial Activities
for the Year Ended 31 October 2024

	31.10.24 £	31.10.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	2	-
Donations	175,828	148,065
	175,830	148,065
Other trading activities		
Fundraising events	-	830
Total incoming resources	175,830	148,895
EXPENDITURE		
Other trading activities		
Wages	34,718	-
Social security	3,850	-
Pensions	219	-
	38,787	-
Other		
Staff training	400	-
Management charges	61,287	111,865
Interest on taxation paid late	49	-
	61,736	111,865
Support costs		
Management		
Insurance	-	220
Information technology		
Postage and stationery	3	-
Computer & IT costs	225	3,332
	228	3,332
Miscellaneous and travel		
Sundries	695	195
Travel	7,239	1,799
	7,934	1,994
Administration and other costs		
Advertising and marketing	33,877	16,558
Qbooks subscription	262	252
Shout Text Line subscription	-	3,420
	34,139	20,230

This page does not form part of the statutory financial statements

Looseheadz Foundation

Detailed Statement of Financial Activities
for the Year Ended 31 October 2024

	31.10.24 £	31.10.23 £
Administration and other costs		
Governance costs		
Accountancy and legal fees	1,181	-
Total resources expended	144,005	137,641
Net income	31,825	11,254

This page does not form part of the statutory financial statements

Signed By

MARK SHOTTON

Date Signed	2025-08-12 14:20:35
Email	mark@looseheadz.co.uk
Printed Name	Mark Shotton
IP Address	87.74.0.6
Browser User Agent	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_15_7) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/138.0.0.0 Safari/537.36
Name of signatory	Mark Shotton

REGISTERED COMPANY NUMBER: CE024560 (England and Wales)
REGISTERED CHARITY NUMBER: 1193051

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 October 2024
for
Looseheadz Foundation

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Looseheadz Foundation

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Looseheadz Foundation
Report of the Trustees
for the Year Ended 31 October 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives and aims of LooseHeadz Foundation are to promote and preserve the good mental and physical health of those suffering from or who are at risk of developing any form of mental ill-health but not exclusively by:

- (1) The provision of help, support and advice through school and work-based mental health and wellbeing training courses.
- (2) Promoting participation in healthy recreation by organising or assisting in the organisation of the playing of rugby to improve the mental and physical health of those suffering from or who are at risk of developing any form of mental ill-health.
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STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

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Related parties

Looseheadz Limited

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE024560 (England and Wales)

Registered Charity number

1193051

Registered office

6 Stockton Road
Wilmslow
Cheshire
SK9 6EU

Trustees

M R C Shotton Chair
N Day
M W McCall
M Price

Independent Examiner

Higsons Limited
Accountants
Offices 1 and 2
1A King Street
Farnworth
Bolton
Greater Manchester
BL4 7AB

Approved by order of the board of trustees on 24 July 2025 and signed on its behalf by:

Looseheadz Foundation
Report of the Trustees
for the Year Ended 31 October 2024

M R C Shotton - Trustee

**Independent Examiner's Report to the Trustees of
Looseheadz Foundation**

Independent examiner's report to the trustees of Looseheadz Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2024.

Responsibilities and basis of report

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Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Wilfred Rhodes

Higsons Limited
Accountants
Offices 1 and 2
1A King Street
Farnworth
Bolton
Greater Manchester
BL4 7AB

24 July 2025

Looseheadz Foundation

Statement of Financial Activities
for the Year Ended 31 October 2024

		31.10.24 Unrestricted fund £	31.10.23 Total funds £
	Notes		
INCOME AND ENDOWMENTS FROM			
Donations and legacies		175,830	148,065
Other trading activities	2	-	830
Total		<u>175,830</u>	<u>148,895</u>
EXPENDITURE ON			
Raising funds	3	82,269	25,776
Other		61,736	111,865
Total		<u>144,005</u>	<u>137,641</u>
NET INCOME		31,825	11,254
RECONCILIATION OF FUNDS			
Total funds brought forward		41,749	30,495
TOTAL FUNDS CARRIED FORWARD		<u><u>73,574</u></u>	<u><u>41,749</u></u>

The notes form part of these financial statements

Looseheadz Foundation

Balance Sheet
31 October 2024

	Notes	31.10.24 Unrestricted fund £	31.10.23 Total funds £
CURRENT ASSETS			
Debtors	6	8,621	-
Cash at bank		76,592	41,749
		85,213	41,749
CREDITORS			
Amounts falling due within one year	7	(11,639)	-
NET CURRENT ASSETS		73,574	41,749
TOTAL ASSETS LESS CURRENT LIABILITIES		73,574	41,749
NET ASSETS		73,574	41,749
FUNDS	8		
Unrestricted funds		73,574	41,749
TOTAL FUNDS		73,574	41,749

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 July 2025 and were signed on its behalf by:

M R C Shotton - Trustee

The notes form part of these financial statements

Looseheadz Foundation

Notes to the Financial Statements for the Year Ended 31 October 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	31.10.24	31.10.23
	£	£
Fundraising events	-	830
	<u> </u>	<u> </u>

Looseheadz Foundation

Notes to the Financial Statements - continued
for the Year Ended 31 October 2024

3. RAISING FUNDS

Raising donations and legacies

	31.10.24	31.10.23
	£	£
Support costs	<u>43,482</u>	<u>25,776</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 October 2024 nor for the year ended 31 October 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 October 2024 nor for the year ended 31 October 2023.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	148,065
Other trading activities	<u>830</u>
Total	<u>148,895</u>
EXPENDITURE ON	
Raising funds	25,776
Other	<u>111,865</u>
Total	<u>137,641</u>
NET INCOME	11,254
RECONCILIATION OF FUNDS	
Total funds brought forward	30,495
TOTAL FUNDS CARRIED FORWARD	<u><u>41,749</u></u>

Looseheadz Foundation

Notes to the Financial Statements - continued
for the Year Ended 31 October 2024

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.10.24	31.10.23
	£	£
Looseheadz Limited	8,621	-
	<u>8,621</u>	<u>-</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.10.24	31.10.23
	£	£
Social security and other taxes	6,207	-
Pension control	511	-
VAT	4,921	-
	<u>11,639</u>	<u>-</u>

8. MOVEMENT IN FUNDS

	At 1.11.23 £	Net movement in funds £	At 31.10.24 £
Unrestricted funds			
General fund	41,749	31,825	73,574
	<u>41,749</u>	<u>31,825</u>	<u>73,574</u>
TOTAL FUNDS	<u>41,749</u>	<u>31,825</u>	<u>73,574</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	175,830	(144,005)	31,825
	<u>175,830</u>	<u>(144,005)</u>	<u>31,825</u>
TOTAL FUNDS	<u>175,830</u>	<u>(144,005)</u>	<u>31,825</u>

Comparatives for movement in funds

	At 1.11.22 £	Net movement in funds £	At 31.10.23 £
Unrestricted funds			
General fund	30,495	11,254	41,749
	<u>30,495</u>	<u>11,254</u>	<u>41,749</u>
TOTAL FUNDS	<u>30,495</u>	<u>11,254</u>	<u>41,749</u>

Looseheadz Foundation

Notes to the Financial Statements - continued
for the Year Ended 31 October 2024

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	148,895	(137,641)	11,254
TOTAL FUNDS	<u>148,895</u>	<u>(137,641)</u>	<u>11,254</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.11.22 £	Net movement in funds £	At 31.10.24 £
Unrestricted funds			
General fund	30,495	43,079	73,574
TOTAL FUNDS	<u>30,495</u>	<u>43,079</u>	<u>73,574</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	324,725	(281,646)	43,079
TOTAL FUNDS	<u>324,725</u>	<u>(281,646)</u>	<u>43,079</u>

9. RELATED PARTY DISCLOSURES

The Looseheadz Foundation has a close operational relationship with LooseHeadz Limited, a related party by virtue of shared trustees and strategic alignment of charitable activities. LooseHeadz Limited supports the Foundation through the provision of management, marketing, and operational services.

During the year, the Foundation paid £61,287 (2023: £111,865) to LooseHeadz Limited in respect of management charges. These charges relate to staffing, marketing, logistics, and administrative support necessary to deliver the Foundation's charitable programmes.

All transactions were conducted at arm's length and were subject to appropriate oversight by the non-conflicted trustees, in line with the Foundation's conflict of interest policy.

At the balance sheet date, £8,621 was owed to the Foundation by LooseHeadz Limited (2023: £nil).

Looseheadz Foundation

Detailed Statement of Financial Activities
for the Year Ended 31 October 2024

	31.10.24 £	31.10.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	2	-
Donations	175,828	148,065
	175,830	148,065
Other trading activities		
Fundraising events	-	830
Total incoming resources	175,830	148,895
EXPENDITURE		
Other trading activities		
Wages	34,718	-
Social security	3,850	-
Pensions	219	-
	38,787	-
Other		
Staff training	400	-
Management charges	61,287	111,865
Interest on taxation paid late	49	-
	61,736	111,865
Support costs		
Management		
Insurance	-	220
Information technology		
Postage and stationery	3	-
Computer & IT costs	225	3,332
	228	3,332
Miscellaneous and travel		
Sundries	695	195
Travel	7,239	1,799
	7,934	1,994
Administration and other costs		
Advertising and marketing	33,877	16,558
Qbooks subscription	262	252
Shout Text Line subscription	-	3,420
	34,139	20,230

This page does not form part of the statutory financial statements

Looseheadz Foundation

Detailed Statement of Financial Activities
for the Year Ended 31 October 2024

	31.10.24 £	31.10.23 £
Administration and other costs		
Governance costs		
Accountancy and legal fees	1,181	-
Total resources expended	144,005	137,641
Net income	31,825	11,254

This page does not form part of the statutory financial statements

Signed By

MARK SHOTTON

Date Signed	2025-08-12 14:20:35
Email	mark@looseheadz.co.uk
Printed Name	Mark Shotton
IP Address	87.74.0.6
Browser User Agent	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_15_7) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/138.0.0.0 Safari/537.36
Name of signatory	Mark Shotton