



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 April 2024 to 31 March 2025

Charity name: British Association of Clinicians in ME/CFS (BACME)

Charity registration number: 1193035

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The relief of sickness for public benefit by:</p> <ul style="list-style-type: none">3.1 Championing clinically effective practice in treating ME/CFS and other primary fatigue conditions3.2 Disseminating recent evidence and practice to clinical practitioners3.3 Providing education and training for members using up-to-date evidence and best shared practice3.4 Advocating for equity of access and excellence in the provision of services3.5 Facilitating networking amongst clinicians, researchers and patients3.6 Advocating for and promoting relevant research and to publish all useful results arising from any research supported
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>BACME carried out its purposes for the public benefit and the relief of sickness through Board meetings, peer supervision and educational webinars, maintaining an up to date website, an annual conference, regular newsletters and collaboration with relevant organisations and patient groups.</p> <p>BACME membership is open to clinical professionals actively involved in providing care to people living with ME/CFS or working</p>

		<p>in services which provide healthcare to members of the public living with ME/CFS.</p> <p>BACME training events are primarily tailored for members. Conference is open to non-members who are professionals working in the field of ME/CFS. BACME provides a clear public benefit, the relief of sickness by supporting BACME members to deliver up to date, clinically effective treatment in the field of ME/CFS which reduces sickness by improving outcomes, quality of life and experiences for this patient group.</p> <p>All trustees have signed the statutory declaration regarding guidance issued by the charity commission on public benefit.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Each trustee attended training on the role of the trustee. This training is aligned with guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	All members of BACME Board are volunteers.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Summary of BACME key achievements and performance relating to BACME objectives in the relief of sickness for the public benefit.</p> <ol style="list-style-type: none"> 1. Championing clinically effective practice <ul style="list-style-type: none"> - BACME delivered regular training events to members including peer supervision webinars (4 per year) and training webinars on topics (6 per year). - BACME Board members took part in agreeing the final DHSC delivery plan for ME/CFS, which was published in 2025. BACME were also involved in dissemination and delivery of services in accordance with the plan. - BACME Chair was involved in heightening awareness of ME/CFS in national media on 3 occasions, including national television and radio. - BACME Board members, with other organisations, continued to provide feedback to NHS on the new e-learning modules on ME/CFS. 2. Dissemination of recent evidence & practice <ul style="list-style-type: none"> - Peer Supervision & topic based webinars - Newsletters & Communications with BACME members - Annual conference (online) in May 2024, focused on the NICE guidelines for ME/CFS 3. Provision of education & training <ul style="list-style-type: none"> - Peer review & topic based webinars and journal clubs - Newsletters & communications - Annual conference (online) in May 2024, focused on the NICE guidelines for ME/CFS 4. Advocating for equity & excellence <ul style="list-style-type: none"> - All BACME activities

- Operating as a Charitable Incorporated Organisation
- National Services Survey
- Media presence

5. Facilitating networking

- Webinars
- Conference
- Initial networking with Clinical Post Covid Society with a view to closer working

6. Advocate, promote and disseminate research

- Newsletters & Communications
- Conference

The Annual General Report delivered in February 2025 shares BACME Board and Executive Team's key achievements for 2024. At the AGM in February 2025, Chair Anna Gregorowski thanked those on Board for their continued dedication, hard work, and passion and other members for their contribution to the successful and challenging journey this past year.

BACME Chair's Report February 2025:

It is again a great privilege to deliver the BACME Chair's report highlighting the key outcomes of work undertaken by BACME Board and members over the past year. So much has been achieved be done to relieve suffering in people living with ME/CFS. This has been a very full year with key developments and much spotlight on ME/CFS particularly in the latter part of 2024 with the inquest into the death of Maeve Boothby O 'Neill and the report and recommendations that followed. Those working in specialist services are acutely aware of the increase in the complexity of the needs of those living with ME/CFS and the many challenges that are present in ensuring that appropriate care and support is in place for those who are severely and very severely affected. There is much work yet to be done. Board members, all of whom work as clinicians in the field of ME/CFS and PPI members have worked extremely hard to deliver all that BACME has achieved this past year. Thank you to all who contributed to workstreams and to conference this past year. It is appreciated that

		<p>you have worked together, with many on Board collaborating with ME/CFS charities and national groups, to move towards our shared aim of improving the lives of those living with ME/CFS and the lives of their parents, partners and carers. Those on Board have given much time, expertise and so much of themselves to deliver in key areas. Many members too have joined in projects, attended webinars and thought together how best to take forward key areas of work. Thank you for the part you have played.</p> <p>The PPI group has continued to work collaboratively, creatively and constructively to contribute their expertise at all Board and other meetings. They meet regularly as a group to work on specific areas that need addressing. The PPI group ensures that people living with ME/CFS are kept at the heart of all that BACME undertakes. This workstream is expertly led by Ceri Rutter who is handing over the lead role to Les Parry, with a transition over the next 6 months. Each of the four PPI trustees bring their lived experience, expertise and commitment to each BACME activity, in this way guiding the work of our charity and enhancing the work and effectiveness of BACME clinicians.</p> <p>Charlie Adler has continued to lead the Education and Training workstream expertly and efficiently to deliver an impressive 10 BACME training events over the past year, a great achievement. A key Education and Training event was a fully subscribed virtual conference in May 2024. This event focused on delivering NICE compliant care and support to people living with ME/CFS. The day was very well organised by outgoing deputy chair Christine Oliver and proved a great success with attendees benefitting from all on offer including an opportunity to network.</p> <p>Fiona McKechnie has taken on an Editorial Lead role for BACME and helped us to think more about the role of social media. E now have a BACME Linked In profile and a small working group to think about the ways that we communicate. Fiona has been leading on collating and delivering BACME Bulletins, each of which prove rich in information and include very helpful signposting.</p> <p>Dr David Vickers ensures BACME's finances are in order and that BACME can meet its aims as a</p>
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		<p>charity from a financial perspective, his expertise is much appreciated. I am pleased to report that BACME is in a good financial position which allows much needed administrative support to continue. This support ensures we can function seamlessly, carry out our aims and objectives on a daily basis and be responsive to the many communications we receive. Many thanks to Rachel and Craig for your expert support. Work on the Therapies Guide has been diligently and quietly happening, in the background, with Dr Pete Gladwell expertly leading a small group of Board and other members to update the Therapies guide so it is fit for purpose and relevant for use in 2025 and beyond. Additionally, Pete has been working with Sarah Tyson on an outcome measures project, linking BACME with this important piece of work. Pete's intelligence and knowledge of when and how to bring BACME in is much appreciated. Many thanks to Pete for all he has done and is doing.</p> <p>BACME Board members continued to attend the DHSC working group meetings which recently reached the task and finish stage. This work has proved significant, took much time and is leading to further pieces of work. Alongside this, BACME Board and other members have been helping develop the NHS England e-learning modules and providing feedback along the way and as this work nears completion. Two modules have been launched with one further to be developed and refined before it is ready to be launched.</p> <p>Most recently, Board members met to update BACME's plan on a page, the 2025 to 2027 version will be shared soon. While we will continue to ensure we meet our four strategic priorities across financial growth and sustainability, marketing and visibility, training and education, and influence and innovation, there will be a focus on meeting the needs of children, young people and adults living with severe and very severe ME/CFS.</p> <p>Many thanks to all Board members who have worked tirelessly, often with significant competing priorities, to deliver all we have collectively achieved this past year. I would now like to thank three Board members as they move on from BACME Board:</p> <p>Many thanks to Christine Oliver, outgoing</p>
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		<p>deputy chair, who over many years in this role has led key projects, supported significant activities and transformed BACME, moving us to charity status and securing a lottery grant for a new website. Christine worked tirelessly and enthusiastically to achieve BACME's aims, always providing excellent and thoughtful support for me in the chair role, for this I am hugely grateful. Her vision and drive helped BACME become the charity it is today. Many and heartfelt thanks from all on Board, Christine.</p> <p>Many thanks too to Dr Pete Gladwell, a BACME trustee for the past three years. Pete's quiet leadership, deep intelligence and consistent and unassuming work led to an update of the Therapies Guide which is almost complete. Pete also contributed significantly to national work on ME/CFS outcomes, again work which is nearing completion. We are most fortunate to have benefitted from having Pete on Board and for the expert work he has carried out, many thanks, Pete.</p> <p>I am also going to thank Ceri Rutter, though she is not stepping down until July. Ceri has provided PPI leadership to BACME from the outset and developed a great PPI team. Ceri brought vision, expertise and a steady drive to the work of the PPI group and to the BACME Board. Ceri has given so much to BACME that it is hard to imagine BACME without you, Ceri.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is dependent on membership income, and this has remained resilient.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	BACME holds £8000 in reserve for all eventualities and aims for the bank Balance to remain above £14000 which is the reserve plus forecast annual expenditure.
Amount of reserves held	Para 1.22	As above
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	BACME's principle source of funding is through membership fees and conference. BACME currently has around 200 professional members which generates an annual income in the region of £6000. BACME hold no materiel assets. BACME funds are used to pay for running costs of website, video conference platforms and self-employed BACME virtual administrators and on this occasion, a conference organiser.
Investment policy and objectives including any social investment policy adopted	Para 1.46	BACME does not have funds to invest in anything other than delivery of its objectives.
A description of the principal risks facing the charity	Para 1.46	Loss of membership. Currently the Trustees do not consider this a significant risk.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	BACME constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	BACME is an association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Trustees are appointed by an election process conducted at an AGM and in accordance with the BACME constitution.</p> <p>The following conditions are cited at section 12.2 of the BACME constitution;</p> <ul style="list-style-type: none"> Charity trustees must be a member of a professional body relevant to their professional role and deliver or support clinical care to people with ME/CFS. In the case of patient and carer representatives, trustees must have direct personal experience of the condition, either as a patient or carer and be affiliated with an ME/CFS service delivering care in line with BACME objects. Charity trustees agree to uphold and support the BACME constitution. Charity Trustees must hold current BACME membership and have been a BACME member for a minimum of 6 months prior to becoming a trustee

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Each new trustee attends BACME trustee training
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Board has a Chair; Deputy Chair; PPI Lead; Education and Training Lead; Editorial Lead; and Treasurer.
Relationship with any related parties	Para 1.51	BACME meets with patient charities on a regular basis; BACME attended monthly Forward ME (coalition of ME/CFS charities)

		meetings in this time period.
Other		

Reference and Administrative details

Charity name	British Association of Clinicians in ME/CFS
Other name the charity uses	BACME
Registered charity number	1193035
Charity's principal address	Paediatric and Adolescent Division 6 th floor central 250 Euston Road London NW12PG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Anna Gregorowski	Chair		BACME AGM
2	Christine Mary Oliver	Deputy Chair	Until 3 February 2025	BACME AGM
	Marina Townend	Deputy Chair	From 3 February 2025	BACME AGM
3	David Vickers	Treasurer		BACME AGM
4	Ceridwen Rutter	Patient & Public Involvement Executive Lead	Until 3 February 2025	BACME AGM
	Les Parry	Patient & Public Involvement Executive lead	From 3 February 2025	
5	Charlotte Joanna Adler	Training & Education Executive		BACME AGM
6	Fiona McKechnie	Editorial Lead		BACME AGM
8	Marta Prytys	Non-executive Trustee		BACME AGM
9	Peter Gladwell	Non-executive Trustee	Until 3 February 2025	BACME AGM
11	Selwyn Richards	Non-executive Trustee	Until 3 February 2025	BACME AGM
12	Louise Humphrey	Non-executive Trustee		BACME AGM
13	Sheila Miller	Non-executive Trustee (PPI)		BACME AGM
14	Charley Wrey	Non-executive Trustee (PPI)		BACME AGM
16	Melissa Sargaison	Non-executive trustee		BACME AGM
17	Nigel Lewis-Carpenter	Non-executive Trustee (PPI)	From 3 February 2025	BACME AGM

Corporate trustees – names of the directors at the date the report was approved

Director name		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.		
Signed on behalf of the charity's trustees		
Signature(s)		
Full name(s)	Anna Gregorowski	
Position (eg Secretary, Chair, etc)	Chair	
Date	29/01/2026	



CHARITY COMMISSION
FOR ENGLAND AND WALES

British Association for Clinicians in ME/CFS (BACME)

1193035

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/04/2024

To

Period end date
31/03/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Balance forward	23,805	-	-	23,805	-
	-	-	-	-	-
Membership and course fees	13,243	-	-	13,243	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	37,048	-	-	37,048	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	37,048	-	-	37,048	-
A3 Payments					
Administration	3,497	-	-	3,497	-
Licences and fees	591	-	-	591	-
Conference expenditure	2,417	-	-	2,417	-
Website	3,370	-	-	3,370	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	9,875	-	-	9,875	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	9,875	-	-	9,875	-
Net of receipts/(payments)					
A5 Transfers between funds					
A6 Cash funds last year end					
Cash funds this year end	27,137	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	27,137	-	-	-
		-	-	-
		-	-	-
	Total cash funds	27,137	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	none		-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	david vickers	david vickers	21/01/2026	