



Trustees' Annual Report for the period 22nd October 2021 – 31st October 2022

**Georgia's Voice
Registered Charity Number 1193028**

Objectives and Activities

At Georgia's Voice we benefit the public by supporting young women living in Cornwall aged 18-25 with Mental health concerns. We do this by providing free support groups where they can receive emotional support by a team of trained and DBS checked volunteer facilitators, by helping build a support network to help preserve and protect good mental health. We support with signposting to professional mental health services; we fund and make referrals for talking therapy. We also organise regular wellbeing activities that promote good mental health.

Our objective going forward is to continue opening more groups across Cornwall so that every young woman living in Cornwall can easily access one, and to keep coming up with new ideas for raising money to pay for the costs involved with this.

We organise regular fundraisers to fund our groups and activities.

We set up our charity shop to bring in a regular steady income for the charity.

I can confirm all trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and performance

- We have successfully set up 15 support groups across Cornwall (Some with no members have been paused) with 2-25 members in each
- We have completed safety plans with members in Crisis, preventing possible suicide attempts/self-harm
- We have gathered testimonials from members which are available on our website detailing how the groups have benefit their life and mental health
- We have achieved integration of the girls into the community by collaborating with other organisations and charities at wellbeing events and fundraisers

- Our founder received a Westcountry Womens Award in the Phoenix category in the members testimonials and through group talks, some of the differences reported by members have been:
 - Consistency through the weekly support groups
 - Feelings of increased confidence
 - Feeling empowered
 - Increased ability to impose boundaries
 - Personal growth
 - Resolving trauma through the therapy funded by us
 - Making friends
 - Reduced isolation
 - Reduced self-harm
 - Building social skills
 - Feeling safe
 - Feeling part of a community
 - Reduced/no hospital visits

Financial Review

At the end of the financial period our Income was £107,663

Our expenditure was £95,112

Where our money comes from:

- Donations and legacies
- Fundraising
- Our charity shop
- Grants
- Website sales of branded merchandise

We have a reserves policy in place stating that we keep 6 months running costs in the bank which totals £33,000.

Structure, Governance and Management

We are structured as a charitable trust. We abide by the rules set out in our governing document, (trust deed) and the guidelines set by the charity commission.

The charity is managed by the Founder/Director Sophie Alway and the trustees who have regular meetings. There is no fixed term for a trustee, but when a trustee wishes to leave, we will advertise for another, through interviews we will ensure we chose an appropriate individual with the relevant skills, knowledge, and experience needed for the effective administration of the charity.

Reference and Administrative details

Charity name-Georgia's Voice

Also known as-Georgia's Voice Preloved Boutique (Our charity shop)

Registered Charity no- 1193028

Charity principal address-

5 Killigrew Street
Falmouth
TR11 3PG

Trustees:

Louise Blenkinsop 

Kirsty Barker-Langdon 

Sarah Brandwood

Julie Lusk  

Director name: *Sophie Alway*

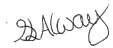
Sophie Alway's name is also on the lease for charity the shop, the lease started on 04/08/2021

Funds held as custodian trustees on behalf of others

Sophie Alway (Director not a trustee) holds the lease for the shop.
The bank holds all other assets safe.

Declarations

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees

Signature: 

Full name: Sophie Alway

Position: Director

Date: 22/08/2022

Georgia's Voice Charitable Trust

Financial Statements

Year Ended 31st October 2022

Registered Charity 1193028

Georgia's Voice Charitable Trust 1193028
Receipts and Payments Account
For the Year Ended 31 October 2022

	<i>Notes</i>	Unrestricted funds £	Restricted funds £	Total funds £	<i>Period End 31.10.2021</i>
Receipts					
Donations	1	29,540	2,000	31,540	26,536
Grants		10,484	-	10,484	-
Events		4,164	-	4,164	35,685
Shop		61,453	-	61,453	21,491
Interest		22	-	22	120
<i>Sub total</i>		105,663	2,000	107,663	83,832
Payments					
Events		716		716	6,624
Group Expenditure	2	10,592	7,182	17,774	9,727
Trading		59,764		59,764	25,691
Advertising		7,858	-	7,858	1,694
Insurance		331	-	331	463
General Expenses		1,943	-	1,943	856
Legal & Professional		6,726		6,726	-
<i>Sub total</i>		87,930	7,182	95,112	45,055
Asset and investment purchases					
Asset purchases		135	-	135	1,229
<i>Sub total</i>		135	-	135	1,229
<i>Total payments</i>		88,065	7,182	95,247	46,284
<i>Net receipts/(payments)</i>		17,598	- 5,182	12,416	37,548
Cash funds last period end		31,738	5,810	37,548	
Cash funds at 31.10.2022		49,336	628	49,964	

Georgia's Voice Charitable Trust 1193028
Statement of Assets and Liabilities
As at 31 October 2022

	Unrestricted funds £	Restricted funds £	Total funds £
Cash funds			
Cash at bank	49,336	628	49,964
Total cash funds	<u>49,336</u>	<u>628</u>	<u>49,964</u>
Other monetary assets	-	-	-
Investment assets	-	-	-
Assets retained for the charity's own use			Value
	£	£	£
Equipment	1,364	-	1,364
	<u>1,364</u>	<u>-</u>	<u>1,364</u>

Accountants Report

I have verified the accounting records of Georgia's Voice Charitable Trust and from these records have prepared, without audit, the attached Receipts and Payments Account and Statement of Assets and Liabilities. I certify that the Accounts are correctly drawn up in accordance therewith.



Helen Laws BA(HONS), FMAAT
Membership No 2046
Licence No 9338
Lukes Cottage, Green Lane, Mawla, Redruth, Cornwall. TR16 5DW

Approved on behalf of the Trustees by

Print Name

Position

Date



Director

05/03/2024



Louise Blenkinsop



Kirsty Barker-Langdon



Julie Lusk



Sarah Brandwood

Georgia's Voice Charitable Trust 1193028
Notes to the Financial Statements
For the Year Ending 31 October 2022

1 Accounts Basis

The accounts are prepared on a receipts and payments basis, all revenue is shown on a cash basis.

2 Reserves

A reserve level of £33,000 is maintained to ensure operation of the Charity for a 6 month period.

3 Restricted Funds

Funds received for talking therapy

	£
Balance b/f 1.11.2021	5,810
Counselling Fees	5,182
Balance c/f 31.10.2022	<u>628</u>

Funds received for Group Activities

	£	£
Received 14.06.2022		2,000
Well Being Sailing Day	1,100	
Pole Dance Workshop	720	
Horseriding (contribution)	<u>180</u>	<u>2,000</u>
		<u>-</u>

4 Group Expenditure

	£
Center Hire	2,016
Counselling Fees	5,182
Group Advertising	623
Group Excursions	4,026
Legal and Professional fees	254
Purchases and Travel	1,325
Refreshments	773
Training and Staff Welfare	3,575
	<u><u>17,774</u></u>

Georgia's Voice Charitable Trust

Financial Statements

Year Ended 31st October 2022

Registered Charity 1193028

Georgia's Voice Charitable Trust 1193028
Receipts and Payments Account
For the Year Ended 31 October 2022

	<i>Notes</i>	Unrestricted funds £	Restricted funds £	Total funds £	<i>Period End 31.10.2021</i>
Receipts					
Donations	1	29,540	2,000	31,540	26,536
Grants		10,484	-	10,484	-
Events		4,164	-	4,164	35,685
Shop		61,453	-	61,453	21,491
Interest		22	-	22	120
<i>Sub total</i>		105,663	2,000	107,663	83,832
Payments					
Events		716		716	6,624
Group Expenditure	2	10,592	7,182	17,774	9,727
Trading		59,764		59,764	25,691
Advertising		7,858	-	7,858	1,694
Insurance		331	-	331	463
General Expenses		1,943	-	1,943	856
Legal & Professional		6,726		6,726	-
<i>Sub total</i>		87,930	7,182	95,112	45,055
Asset and investment purchases					
Asset purchases		135	-	135	1,229
<i>Sub total</i>		135	-	135	1,229
<i>Total payments</i>		88,065	7,182	95,247	46,284
<i>Net receipts/(payments)</i>		17,598	- 5,182	12,416	37,548
Cash funds last period end		31,738	5,810	37,548	
Cash funds at 31.10.2022		49,336	628	49,964	

Georgia's Voice Charitable Trust 1193028
Statement of Assets and Liabilities
As at 31 October 2022

	Unrestricted funds £	Restricted funds £	Total funds £
Cash funds			
Cash at bank	49,336	628	49,964
Total cash funds	<u>49,336</u>	<u>628</u>	<u>49,964</u>
Other monetary assets	-	-	-
Investment assets	-	-	-
Assets retained for the charity's own use			Value
	£	£	£
Equipment	1,364	-	1,364
	<u>1,364</u>	<u>-</u>	<u>1,364</u>

Accountants Report

I have verified the accounting records of Georgia's Voice Charitable Trust and from these records have prepared, without audit, the attached Receipts and Payments Account and Statement of Assets and Liabilities. I certify that the Accounts are correctly drawn up in accordance therewith.



Helen Laws BA(HONS), FMAAT
Membership No 2046
Licence No 9338
Lukes Cottage, Green Lane, Mawla, Redruth, Cornwall. TR16 5DW

Approved on behalf of the Trustees by

Print Name

Position

Date



Director

05/03/2024



Louise Blenkinsop



Kirsty Barker-Langdon



Julie Lusk



Sarah Brandwood

Georgia's Voice Charitable Trust 1193028
Notes to the Financial Statements
For the Year Ending 31 October 2022

1 Accounts Basis

The accounts are prepared on a receipts and payments basis, all revenue is shown on a cash basis.

2 Reserves

A reserve level of £33,000 is maintained to ensure operation of the Charity for a 6 month period.

3 Restricted Funds

Funds received for talking therapy

	£
Balance b/f 1.11.2021	5,810
Counselling Fees	5,182
Balance c/f 31.10.2022	<u>628</u>

Funds received for Group Activities

	£	£
Received 14.06.2022		2,000
Well Being Sailing Day	1,100	
Pole Dance Workshop	720	
Horseriding (contribution)	<u>180</u>	<u>2,000</u>
		<u>-</u>

4 Group Expenditure

	£
Center Hire	2,016
Counselling Fees	5,182
Group Advertising	623
Group Excursions	4,026
Legal and Professional fees	254
Purchases and Travel	1,325
Refreshments	773
Training and Staff Welfare	3,575
	<u><u>17,774</u></u>