

MINDWORKSUK

England & Wales · Charity number 1192998

Details

Status Registered

Legal form CIO

Registered 2021-01-06

Register [View on the Charity Commission register](#)

Contact

Address 29 Gateside Road
London
SW17 7NB

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Website www.mindworksuk.co.uk

Activities

Objects: THE OBJECT OF THE CIO IS: TO PRESERVE AND PROTECT THE MENTAL HEALTH AND WELLBEING OF PEOPLE LIVING IN LONDON AND SUCH OTHER PARTS OF THE UK AS THE TRUSTEES SHALL DETERMINE, AND IN PARTICULAR BUT NOT EXCLUSIVELY PEOPLE FROM MARGINALISED COMMUNITIES, THROUGH THE PROVISION OF:A) ACCESS TO COUNSELLING AND COACHING, EITHER IN PERSON, ONLINE OR ON THE TELEPHONE, DESIGNED TO IMPROVE MENTAL AND EMOTIONAL HEALTH AND WELLBEING, BUILD CAPACITY AND CONFIDENCE;B) TRAINING TO COUNSELLORS, THERAPISTS AND OTHER MENTAL HEALTH CARE PRACTITIONERS TO SUPPORT THE DELIVERY OF SERVICES WHICH ARE APPROPRIATE TO MEET THEIR NEEDS; C) THE PROVISION OF A SIGNPOSTING SERVICE TO EXTERNAL SOURCES OF SUPPORT, RELEVANT INFORMATION AND OTHER ADVISORY SERVICES, AND THE SUPPORT OF OTHER ORGANISATIONS WHOSE WORK INVOLVES ASSISTING MARGINALISED GROUPS OR THOSE WITH MENTAL HEALTH NEEDS.

Activities: We are a counselling and psychotherapy charity that provides a low-cost contribution-based service to anyone in need of support, including refugees within communities that would not usually access one to one talking therapies. Our counsellors speak many languages including English, Urdu, Bengali, Hindi, Punjabi, Gujarati, Arabic, Somali, Pashto, Farsi, French, Spanish Portuguese, Polish.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, Disability, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-01	£37,008	£34,704	-	-
2023-09-01	£31,184	£25,804	-	-
2022-09-01	£20,913	£22,705	-	-
2021-09-01	£12,012	£10,124	-	-

Trustees

Name	Role	Appointed
SAHAR BEG	Chair	2021-01-01
ARSHAD HUSSEIN DAUD		2023-06-27
Ameepurva Thaker		2021-01-01
Mary Louise Al'Saedy		2024-04-30
Sana Zehra Jafri		2025-06-12