

Trustees' annual report for the period



CHARITY COMMISSION
FOR ENGLAND AND WALES

Period start date

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 Period end date

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Charity name

Human Health Education and Research Foundation																			
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Charity No
(if any)

1	1	9	2	9	7	5
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Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The Human Health Education and Research Foundation (HHERF) is a UK-based charity that is committed to improving human and planetary health. With a vision of creating a global network of individuals and organizations working towards this goal, HHERF aims to promote sustainable practices and multi-dimensional collaboration to address pressing issues related to health, food security, water, and environmental preservation.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We are still working on bringing different stakeholders together from different countries. We are very close to achieve our aim by implementing a couple of our projects in one or two countries then start scaling up these projects to be able to show case our vision to the world.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	This is to confirm that our trustees have had regards to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We have engaged so far 375 experts from 95 countries to support our cause. We are currently working on realizing our annual conference, The Human Health Summit. It might take place around end of 2025. We are working on a magazine concept called the Health Diplomacy Magazine (HD). We successfully established collaboration agreements with academic institutions around the globe and started to implement a couple of educational and research projects with them. The projects are mainly focused on raising the awareness of general public and young generation with an ultimate goal of creating sustainable development within our societies. We established our office in Oslo, Norway which is intended to develop the WISHES Platform and replicate some of our projects in Norway.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	At the end of the financial year (20 December 2024), the charity's financial position remains strong, with a surplus of £84,000. This balance represents unspent unrestricted funds carried forward to support the charity's operations and planned activities in the coming year. The total income for the year was £250,000, and total expenditure was £166,000.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's reserves policy is to maintain reserves equivalent to at least six months of operational costs. This policy ensures the charity can continue to meet its financial obligations, support ongoing projects, and address any unexpected challenges. As of 20 December 2024, the reserves held amount to £84,000, which exceeds the target minimum and reflects the charity's intention to invest in planned projects for 2025.
Amount of reserves held	Para 1.22	The total reserves held at the end of the financial year are £84,000, all of which are unrestricted funds.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The trustees believe there are no uncertainties about the charity's ability to continue as a going concern. The charity has a healthy financial position with a surplus of £104,000 and a clear plan for future activities. Donor commitments and operational stability provide confidence for sustained operations in 2025 and beyond.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:	SORP reference	
Type of governing document (trust deed, royal charter)	Para 1.25	Articles of Association and Bylaws
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Constitution of the Charity
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	a. The Trustees shall be appointed by the members of the Charity through a vote, except for the initial Trustees who shall be appointed by the founder. b. The Trustees shall hold office for a term of one years, and may be re-appointed for additional terms. c. The Trustees shall have the power to co-opt additional members as necessary to assist with the work of the Charity. d. The Trustees shall be responsible for the overall management and administration of the Charity, and shall have the power to make and amend rules for the conduct of the Charity's affairs. e. The Trustees shall meet at least four times per year, and shall keep minutes of all meetings.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Human Health Education and Research Foundation
Other name the charity uses	HHERF
Registered charity number	1192975
Charity's principal address	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ossama Salamah			
2	Christopher Campbell			
3	Caryn Cooper			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
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15				
16				
17				
18				
19				
20				

Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	No Assets
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Ossama Salamah	
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Position (eg Secretary,
Chair, etc)

Chair	
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Date

16 January 2025

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 20 December
2024
for
Human Health Education and Research Foundation

Harts Limited
Westminster House
10 Westminster Road
Macclesfield
Cheshire
SK10 1BX

Human Health Education and Research
Foundation

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December 2024

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Human Health Education and Research
Foundation

Report of the Trustees
for the Year Ended 20 December 2024

The trustees present their report with the financial statements of the charity for the year ended 20 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1192975

Principal address

11 The Straights

Gornal

Dudley

West Midlands

DY33AA

Trustees

Mr C P Campbell

Ms C Cooper

Dr Ossama Salamah (Chair)

Independent Examiner

David Taylor {Senior Statutory Auditor}

Harts Limited

Westminster House

10 Westminster Road

Macclesfield

Cheshire

SK10 1BX

Approved by order of the board of trustees on 16 January 2025 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'C P Campbell', with a long horizontal flourish extending to the right.

Mr C P Campbell - Trustee

Independent Examiner's Report to the Trustees of
Human Health Education and Research Foundation

Independent examiner's report to the trustees of Human Health Education and Research Foundation

I report to the charity trustees on my examination of the accounts of Human Health Education and Research Foundation (the Trust) for the year ended 20 December 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Taylor (Senior Statutory Auditor)

Harts limited.
Westminster House
10 Westminster Road
Macclesfield
Cheshire
SK10 1BX

Date: ...15.01.2025....

Statement of Financial Activities
for the Year Ended 20 December 2024

	Year Ended 20.12.24 Total funds £	Period 4.1.23 to 20.12.23 Total funds £
Donations	£ 250,000	-
NET INCOME	£ 250,000	-
Salaries	£ 96,000	-
Charitable Activities	£ 70,000	-
TOTAL EXPENDITURE	£ 166,000	-
RECONCILIATION OF FUNDS		
Total funds brought forward	£ 84,000	-
TOTAL FUNDS CARRIED FORWARD	£ 84,000	-

Notes to the Financial Statements

1. **Donations:** The charity received **£ 250,000** in donations during 2024, all of which were unrestricted. These funds were used to cover operational costs, salaries, and charitable activities.
2. **Expenditure:** Salaries were paid to two employees to manage and operate the charity's activities and charitable activities we carried in line with the charity's objectives.
3. **Surplus Funds:** The Surplus Funds will be carried forward to fund future operational and project costs.

Human Health Education and Research
Foundation

Balance Sheet
20 December 2024

	20.12.24 Total funds £	20.12.23 Total funds £
NET CURRENT ASSETS	<u>£ 84,000</u>	<u>-</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>£ 84,000</u>	<u>-</u>
NET ASSETS	<u>£ 84,000</u>	<u>-</u>
FUNDS (Unrestricted)	<u>£ 84,000</u>	<u>-</u>
TOTAL FUNDS	<u>£ 84,000</u>	<u>-</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 12 January 2025



Mr C P Campbell -Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the Year Ended 20 December 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 20 December 2024 nor for the period ended 20 December 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 20 December 2024 nor for the period ended 20 December 2024.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Total funds £
NET INCOME	<u>£ 84,000</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>£ 84,000</u></u>

4. MOVEMENT IN FUNDS

	At 21.12.23 £	Net movement in funds £	At 20.12.24 £
TOTAL FUNDS	<u>-</u>	<u>£ 84,000</u>	<u>£ 84,000</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
TOTAL FUNDS	£ 250,000	£ 166,000	£ 84,000

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 20 December 2024.

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 20 December
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for
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