

COUGARMANIA FOUNDATION  
ANNUAL REPORT AND ACCOUNTS  
For the period ended 30 April 2023

## **Report of the Trustees for the period ended 30 April 2023**

*"Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does. It speaks to youth in a language they understand. Sport can create hope where once there was only despair."* Nelson Mandela

### **Background and Rationale**

The Keighley district contains areas of high social deprivation, with Keighley Central Ward being identified as being within the 10% most deprived wards in England and life expectancy within the ward is below the district average. It has also been identified that 16% of children in Keighley are living in a home where there is no-one in employment, against a national average of 10%.

Obesity in the Bradford district is increasing in both children and adults and is, in some instances, higher than the national average.

In their most recent report, Sport England demonstrated that "Mixed and White Other adults continue to have the highest activity levels, while South Asian, Black and those with other ethnic origins are the least likely to be active." According to the 2011 census, the largest social groups in the Keighley Parish outside those described as White, were Asian/Asian British (23.5%)

Crime levels are a major concern within the Keighley area with statistics revealing a significant increase on the national average.

Over recent years, there has been a greater awareness of mental health issues. An increase in mental illness is an acknowledged consequence of the Covid-19 pandemic. According to the Mental Health Foundation, 'being in good physical health, eating a balanced diet and getting regular exercise' along with 'taking part in local activities for young people' are key components in the fight against mental health issues, therefore initiatives to promote fitness and diet are of paramount importance.

### **Our aims and objectives**

Our purposes as set out in the objects contained in the company's Memorandum and Articles of Association are:

To provide facilities to promote programs of recreational, educational and sporting activities and as a resource for, mainly, young people living in Keighley and surrounding areas; providing a means of:

- a) Promoting recreational, sporting and leisure-time sporting activity in the interests of social welfare for people living in the area of benefit who have, by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the life of such persons.
- b) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals and
- c) Advancing education

### **Chair's Report**

As we have started to emerge from the impacts of the pandemic, we have been able to recommence our efforts to gain support for activities to deliver our objectives. National lockdowns and other restrictions (particularly with schools and other communal venues), make things very hard to deliver, but we are trying to put things in place for the post Covid opportunities.

We have built on our stock of equipment to support rugby related activities, and have received some items from the RFL World Cup funding.

**Adrian Lisle, Chair**

### **Approach and Values**

Equality and diversity is fundamental to the policies and principles of Cougarmania Foundation. We support the belief that everyone be treated equally and be provided with equal opportunities to progress in sport and in life. To those ends, we will work to provide facilities for all members of the community, irrespective of age, race, gender, sexual orientation or physical ability to engage with the activities of the Foundation under our three principal headings of Sport, Community and Education.

### **Structure, governance and management**

#### **Governing Document**

The organisation is a charitable company limited by guarantee, incorporated on 15 April 2019. The company was established under Articles of Association identifying the objects and powers of the company and is governed by this document.

### **The Board**

The Directors of the company are also charity Trustees for the purposes of charity law and comprise the Board for the charitable company. All Directors/Trustees give their time voluntarily and receive no benefits from the charity.

### ***Our Trustees***

Mr. Adrian Jocelyn Lisle (appointed 8 February 2022)  
Mr. Marcus Niall Kilgour (appointed 28 February 2022)  
Mr. Andrew Deri Woods (appointed 28 February 2022)

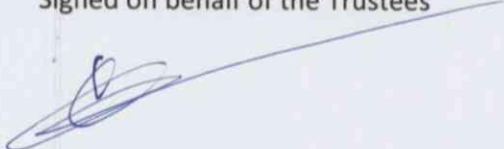
The Board is well represented in terms of the expertise and skills necessary to effectively lead and manage the charity with Directors providing a broad knowledge, particularly in the areas of national and local governance, education and social housing.

It is the intention of the board to extend the number of trustees to broaden the range of expertise and enable the Foundation to make use of the opportunities that may present themselves in the future and also to increase the diversity of representation.

### **Evaluation and Aspiration**

Moving forward, the Foundation recognises the need to recruit paid full-time or part-time staff in order to facilitate the development and expansion of its activities. It also recognises the importance of further improving facilities at Cougar Park in order to meet its objectives. In the short-term, the focus will be on extending the schools coaching offer and working with partner organisations, including amateur rugby league clubs to encourage participation in sport and fitness programs throughout the local community, to provide role models that can influence and encourage positive behavior and to support academic achievement.

Signed on behalf of the Trustees



Cougarmania Foundation Company Number: 11948021

## **Cougarmania Foundation**

### **Independent Examiner's report to the trustees of Cougarmania Foundation**

I report on the accounts of the charitable company for the year ended 20 April 2023, which are set out on pages 6 to 9

#### **Respective responsibilities of the trustees and the examine**

The trustees (who are also the directors of the company for the purpose of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit on the company law and is eligible for independent examination, it is my responsibility to examine the accounts under section 145 of the 2011 Act, follow the procedures laid down in the general directions given by the Charity Commissions under section 145(5)(b) of the Act and state whether matters have come to my attention.

#### **Basis of independent examiner's statement**

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanation from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 386 of the Companies Act 2006 and to prepare accounts which are in accord with the accounting records, comply with the accounting requirements of section 296 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS 102)), have not been met; or to which, in my opinion, attention should be drawn in order to enable a full understanding of the accounts to be reached.

**Signed Mr J Hull ACA**



**Date 31 January 2024**

**Professional body - ICAEW**

**Cougarmania Foundation**  
**Statement of Financial Activities**  
(including summary income and expenditure account)  
for the year ending 30 April 2023

|                                      | Note | 2023           | 2023          | 2023           | 2022         | 2022          | 2022          |
|--------------------------------------|------|----------------|---------------|----------------|--------------|---------------|---------------|
|                                      |      | Unrestricted   | Restricted    | Total          | Unrestricted | Restricted    | Total         |
|                                      |      | Funds          | Funds         | Funds          | Funds        | Funds         | Funds         |
|                                      |      | £              | £             | £              | £            | £             | £             |
| <b>Income from:</b>                  |      |                |               |                |              |               |               |
| Donations                            | 2    | 341            |               | 341            | 2,040        | -             | 2,040         |
| Grants                               |      |                | 31,785        | 31,785         | 5,000        | 15,674        | 20,674        |
| <b>Total Income</b>                  |      | <b>341</b>     | <b>31,785</b> | <b>32,126</b>  | <b>7,040</b> | <b>15,674</b> | <b>22,714</b> |
| <b>Expenditure</b>                   |      |                |               |                |              |               |               |
| Capital Expenditure                  |      |                |               |                | -            | -             | -             |
| Equipment                            |      |                | 5,246         | 5,246          | 557          | 3,459         | 4,017         |
| Direct cost of Funding               |      |                | 26,539        | 26,539         | -            | 13,024        | 13,024        |
| Administrative expenses              |      | 7,091          |               | 7,091          | 360          | -             | 360           |
| <b>Total Expenditure</b>             |      | <b>7,091</b>   | <b>31,785</b> | <b>38,876</b>  | <b>917</b>   | <b>16,484</b> | <b>17,400</b> |
| Net Income / (expenditure)           |      | - 6,750        | (0)           | - 6,750        | 6,123        | (810)         | 5,314         |
| <b>Net Movement in funds</b>         |      | <b>- 6,750</b> | <b>(0)</b>    | <b>- 6,750</b> | <b>6,123</b> | <b>(810)</b>  | <b>5,314</b>  |
| <b>Funds balance brought forward</b> |      | <b>6,761</b>   | <b>0</b>      | <b>6,761</b>   | <b>638</b>   | <b>810</b>    | <b>1,447</b>  |
| <b>Funds carried forward</b>         | 4    | <b>11</b>      | <b>0</b>      | <b>11</b>      | <b>6,761</b> | <b>0</b>      | <b>6,761</b>  |

All Income resources and resources expenditure derive from continued activities

**Cougarmania Foundation**  
**Balance Sheet**  
**as at 30 April 2023**

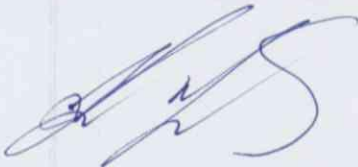
|                                           | 2023<br>Unrestricted<br>£ | 2023<br>Restricted<br>£ | 2023<br>Total<br>£ | 2022<br>Unrestricted<br>£ | 2022<br>Restricted<br>£ | 2022<br>Total<br>£ |
|-------------------------------------------|---------------------------|-------------------------|--------------------|---------------------------|-------------------------|--------------------|
| <b>Current Assets</b>                     |                           |                         |                    |                           |                         |                    |
| Cash at bank and in hand                  | 11                        | 0                       | 11                 | 6,761                     | -                       | 6,761              |
| <b>Total Current Assets</b>               | <u>11</u>                 | <u>0</u>                | <u>11</u>          | <u>6,761</u>              | <u>-</u>                | <u>6,761</u>       |
| <b>Current Liabilities</b>                |                           |                         |                    |                           |                         |                    |
| amounts falling due within one year       | -                         | -                       | -                  | -                         | -                       | -                  |
|                                           | <u>-</u>                  | <u>-</u>                | <u>-</u>           | <u>-</u>                  | <u>-</u>                | <u>-</u>           |
| <b>Net current assets / (liabilities)</b> | <u>11</u>                 | <u>0</u>                | <u>11</u>          | <u>6,761</u>              | <u>-</u>                | <u>6,761</u>       |
| <b>Net Assets</b>                         | <u>11</u>                 | <u>0</u>                | <u>11</u>          | <u>6,761</u>              | <u>-</u>                | <u>6,761</u>       |
| <b>Total Funds</b>                        | <u>11</u>                 | <u>0</u>                | <u>11</u>          | <u>6,761</u>              | <u>-</u>                | <u>6,761</u>       |

For the year ending 30 April 2023 the charitable company was entitled to exemption from the audit under section 477 of the Companies Act 2006 relating to small companies

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476.  
The trustees (who are also the directors for the purpose of company law) acknowledge their responsibilities for the company with the requirement for the Act with respect to accounting records and preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019)

Signed Mr. Andrew Woods



Date 31 January 2024

# **Cougarmania Foundation**

## **Notes to the accounts**

**For the year ending 30 April 2023**

### **1. Accounting policies**

#### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

#### **Going Concern**

The trustees are satisfied that there are no material uncertainties surrounding the charity's ability to continue.

#### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

#### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources. Where grants are relating to performance and specific deliverables, they are accounted for as the charity earns the right to the consideration by its performance.

Donated assets, facilities or services are valued at their estimated value to the charity. This is the price that the charity estimates it would pay in the open market for equivalent items, or services and facilities of equivalent utilities to the charity.

#### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or contractual obligation committing the charity to pay out the resource and the amount of the obligation can be measured within reasonable certainty.

#### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax and VAT.

#### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subject to restrictions on their expenditure imposed by the donor or the terms of an appeal

Further explanation of the nature and purpose of each fund is included on the notes to the accounts

**Cougarmania Foundation**  
**Notes to the accounts continued**  
**for the year ending 30 April 2023**

**2. Grants and donations**

|                                                   | 2023         | 2023          | 2023          | 2022         | 2022          | 2022          |
|---------------------------------------------------|--------------|---------------|---------------|--------------|---------------|---------------|
|                                                   | Unrestricted | Restricted    | Total         | Unrestricted | Restricted    | Total         |
|                                                   | Funds        | Funds         | Funds         | Funds        | Funds         | Funds         |
|                                                   | £            | £             | £             | £            | £             | £             |
| Awards For All (National Lottery Community Funds) | -            | 8,660         | 8,660         | -            | 12,370        | 12,370        |
| InCommunities Grant                               | -            | 12,275        | 12,275        | -            | -             | -             |
| Comic Relief Funds                                | -            | 10,850        | 10,850        | -            | -             | -             |
| Donation                                          | 341          | -             | 341           | 2,040        | -             | 2,040         |
| RLWC Legacy                                       | -            | -             | -             | -            | 3,304         | 3,304         |
| Sir George Fund                                   | -            | -             | -             | 5,000        | -             | 5,000         |
|                                                   | <u>341</u>   | <u>31,785</u> | <u>32,126</u> | <u>7,040</u> | <u>15,674</u> | <u>22,714</u> |

**3. Restricted funds**

|                                                   | Balance b/f | Incoming      | Outgoings     | Transfers | Balance c/f |
|---------------------------------------------------|-------------|---------------|---------------|-----------|-------------|
|                                                   | £           | £             | £             | £         | £           |
| Awards For All (National Lottery Community Funds) | -           | 8,660         | 8,660         | -         | -           |
| InCommunities Grant                               | -           | 12,275        | 12,275        | -         | -           |
| Comic Relief Funds                                | -           | 10,850        | 10,850        | -         | -           |
| Donation                                          | -           | -             | -             | -         | -           |
|                                                   | <u>-</u>    | <u>31,785</u> | <u>31,785</u> | <u>-</u>  | <u>-</u>    |

**Fund Name**

Jubilee Fund Lottery  
 Comic Relief Groundworks  
 Keighly Town Council  
 Leeds Community Fund  
 Sovereign Healthcare  
 mayors Safer Community

**Purpose**

Childrens Physical Activities  
 Men's Mental Health  
 Childrens Physical Activities  
 Community Health Day  
 Community Heritage  
 Women's Empowerment

**4. Cash at bank and in hand**

|                 | 2023      | 2022         |
|-----------------|-----------|--------------|
|                 | £         | £            |
| Current Account | <u>11</u> | <u>6,761</u> |
|                 | <u>11</u> | <u>6,761</u> |