

Registered Charity NO 1192939

Annual Report April 2022 - March 2023

The Enneagram Inside

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The Enneagram Inside became a registered charity in December 2020. This report covers the second year of operation.

Mission

Our objective is to promote the rehabilitation of offenders serving in prison, those at risk of offending and ex-offenders for the public benefit by providing programmes based on the Enneagram and designed to create transformations through increased self-awareness, self-compassion and self-regulation in order to develop individual capabilities, competences, knowledge, skills and understanding, and enhance the emotional health and wellbeing of individuals.

Operational Focus

Our current programme is based on the highly successful work of a US based charity, The Enneagram Prison Project (EPP), founded by Susan Olesek in 2012. For more information see www.enneagramprisonproject.org.

We are a member of the EPP global community who all share a common mission of *'Freeing people from prisons of their own making: using the Enneagram to inspire transformation on both sides of the bars through self-awareness, self-regulation, and self-compassion.'*

Activities

The focus of our work is the development and delivery of in-custody programmes which are based on the 8-session curriculum developed by EPP. Although the pandemic was considered over in the spring of 2022 the impact on the prison service continued for the rest of the year. We were not able to start discussions to begin a new in-custody programme until midway through the year.

The EPP-based programmes are delivered by Guides who are trained and accredited by EPP.

During 2022-2023 we continued to build our infrastructure and resources:

- Promoting our organisation and work – we attended two events. Together with EEP founder (Susan Olesek) and some US EPP Ambassadors, who joined us online, we were guest speakers at Enneafest in April 2022. In May 2022 we exhibited at the Managing Chaplains conference for HMPP Chaplains and introduced ourselves to their network
- Governance – we agreed and published our key policy of how we would recruit new trustees.
- Supporting the ongoing training of our guides in training. The guides in training were commissioned to teach on two of EPP's public programmes, *Nine Prisons*, *One key* and *Path to Freedom*.
- Entered discussions with HMPP Holme House to restart programming and secured a contact to deliver a programme in April 2023.
- Continuing to learn about our criminal justice system and establishing contacts/networking.
- Working with EPP to develop our community of volunteers and our working practices around delivering the curriculum. Work also began on drafting an agreement between ourselves and EPP.

- Familiarising ourselves with the evolving EPP curriculum and teaching methodology
- Raised a small amount from fundraising (£306).

Our students' voices.

'Thank you for the course, it helped me to understand myself and helped me to see when I get angry, and I can do things to calm myself down before I get too far gone.'

'I was a bit sceptical; I have done many courses, and they didn't do much. For me the Enneagram has been a life changing course. I feel really quite moved; that I have a brand-new start and see a wonderful, beautiful future for everybody here.'

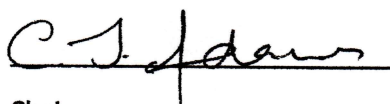
I spent a lifetime running away from myself with alcohol and drugs and my own fantasy world, doing things that weren't me. At first, I didn't want to go back to my childhood, I wanted to run, but I did go back and by the time my pen started writing (my third person bio) it was all coming back. It was like I was walking home. I felt all these feelings and emotions. My parents are no longer here. I am so grateful to reconnect to myself, I have been lost for so long in my own imagination and chaos. Once you have been back and look at yourself you understand; my imagination protected me when violence happened at home. I am grateful for the Enneagram, no one else asks where did it all start, where did you come from. Now I understand what's going on in my head and it's made me a better person.

Structure, Governance and Management

The Enneagram Inside is a registered CIO governed by its constitution and currently has three trustees.

Charity Name:	The Enneagram Inside
Registration no:	1192939
Address:	2 The Lane, Lower Icknield Way, Chinnor, O394P
Trustees:	Christine Adames - Chair
	Moirra Spence – Secretary
	Jill Armstrong

Signed on behalf of the charity's trustees.



Chair

Date: 31.12.23



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Enneagram Inside

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01.04.22

To

Period end date
31.03.23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	306	-	-	306	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	306	-	-	306	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	306	-	-	306	-
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	306	-	-	306	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	306	-	-	306	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	